Welcome to a brighter day!

2717 67th Street Kenosha, WI 53143 262-359-6262

Vol. 30, No. 11

November 2025

## **NEWSLETTER**

#### **Senior Center Hours:**

Monday-Friday 8:30am-3:45pm

#### Visit us at:

www.kusd.edu/seniorcenter

#### Facebook:

www.facebook.com/kenoshasenior

#### Program Director:

Annette Ruffalo aeruffal@kusd.edu

#### **Administrative Assistant:**

Kandy Stull kstull@kusd.edu

#### Senior Dining:

KAFASI 262-351-6246

#### **BOARD OF DIRECTORS**

President: Ron Mengel
Vice President: Kathy Flammang
Secretary: Carol Kessler
Asst. Secretary: Jill Robinson
Treasurer: Bryan Mogensen

### **BOARD MEMBERS**

Jim Bellantonio Phyllis Mattox
MaryAnn Bourget Dewey Sammons
Carol Sieber Sue Moe
Joan Hall Cheryl Millholland
Barbara Johnson Barb Van Dyke

Dear Members,

As we step into November and the season of gratitude, I want to take a moment to say thank you—to each and every one of you—for being a part of the Kenosha Senior Center community. Whether you've been active in our programs for years or just recently joined us, your presence brings life and warmth to this center.



We're also hosting our first Round Robin Pool Tournament on November 19, 20, and 21. Whether you're competing or cheering from the sidelines, it's going to be a fun and friendly competition.

And while there won't be a December dance at the Senior Center this year, we invite all of you to join us at the Snowflake Soirée—a wonderful winter dance sponsored in partnership with our community supporters St. Catherine Commons. See inside the newsletter for details!

As Thanksgiving approaches, I'm reminded daily of how much we have to be thankful for. Thank you for bringing your energy, kindness, and joy into this center.

Wishing you and your loved ones a safe, warm, and happy Thanksgiving.

Annette



## BUS TRIPS

## **A Wonderful Life**

**Sold Out** 

Date: Thursday, December 18, 2025
Destination: Fireside Theatre, Fort Atkins

Prices: Members: \$110.00, Non-members: \$115.00



**Trip Description:** The story of George Bailey and his wonderful life in Bedford Falls has brought hope and inspiration to every heart with its celebration of the goodness in all of us. This stunning, live stage version of Frank Capra's beloved film, written by Pulitzer Prize and Tony Award winning lyricist Sheldon Harnick, one of the creators of FIDDLER ON THE ROOF, and Grammy and Emmy Award winner Joe Raposo whose music from SESAME STREET inspired generations of young people, captures all the magic of the film as it shines with the spirit of Christmas.

**Meal Choices:** Chicken Monterey, Grilled Atlantic or Roast Beef Tenderloin. Bailey's Irish Cream Cheesecake for dessert.

Please let us know when you purchase ticket if you will need a gluten-free or vegetarian option.

On the day of the trip arrive at the <u>Southwest</u> side of the Indian Trail parking lot, 6800 60th Street in Kenosha, by 8:30 am to sign in and load the bus. Use the 60th Street entrance. The bus will depart at 8:45am am and return at approximately 6:00 pm.

## **Beehive**

Date: Thursday, February 5, 2026
Destination: Fireside Theatre, Fort Atkins

Prices: Members: \$110.00, Non-members: \$115.00

New Trip



Tickets go on sale to members on Tuesday, November 11, 2025. Non-members can purchase the next day. Numbers will be handed out at 8:30am, sign up begins at 8:40am. You are allowed to sign up yourself and only one other member, membership cards must be present. Space is limited.

**Trip Description:** Everybody loves the '60s – the fashions, the movies, and, of course, the greatest decade for popular music. BEEHIVE celebrates the powerful female voices of the 1960s, featuring songs by everyone from Lesley Gore to Janis Joplin, The Shirelles to The Supremes, Aretha Franklin to Tina Turner, and so many more! The show is a nostalgic journey through the decade, told from the perspective of six young women coming of age and accompanied by a live band. Join us as we showcase hits like "My Boyfriend's Back," "Be My Baby," "Son of a Preacher Man," and "Me and Bobby McGee."

Meal Choices: Grilled Pork Ribeye: Boneless Pork Loin Chop seasoned and grilled with a rich homemade pork stock demi-glace served with Basmati Rice and Broccolini. Seared Atlantic Salmon: 6 oz. filet of Fresh Atlantic Salmon seared and accompanied by a luscious Lemon Velouté Sauce served with Basmati Rice and Broccolini. Mediterranean Short Ribs: 8 oz. Beef Short Rib seared then slowly braised in Olives, Capers, Tomato, Basil, and Red Wine and resting on a bed of Garlic and Herb Whipped Potatoes and served with flavored pan sauce and Broccolini. Georgia Pecan Pie for dessert.

Please let us know when you purchase ticket if you will need a gluten-free or vegetarian option.

On the day of the trip arrive at the <u>Southwest</u> side of the Indian Trail parking lot, 6800 60th Street in Kenosha, by 8:30 am to sign in and load the bus. Use the 60th Street entrance. The bus will depart at 8:45am am and return at approximately 6:00 pm.

## **Holiday Christmas Party**

Date: Friday, December 12, 2025

Time: 11am - 2:30pm

Destination: Italian American Society, 2217 52nd Street, Kenosha

Prices: Members ONLY: \$50.00

**Trip Description:** Come celebrate the spirit of the holidays in good company, surrounded by warmth, cheer and plenty of the holiday magic at our annual member holiday party. This is a perfect opportunity to connect and share laughter with other members creating memories together. Enjoy a delicious buffet and holiday spread featuring all your favorite classics of savory entrees and sweet treats. Get ready to shake, rattle and roll into the holiday spirit.

**Check for availability** 

The meal will consist of a salad, vegetables, pasta and two selections of meat. Coffee and soda are included, and a cash bar will be available for purchases.

11am-12pm | Welcome and Mingle

12pm-1pm | Lunch is Served

1pm-3pm | Entertainment

Reminder: doors will open at 11am- please wait in your car if you arrive early.

## 2025/2026 Special Events and Trips

## **ALL EVENTS & TRIPS ARE SUBJECT TO CHANGE!**

Saturday, Nov. 8 Holiday Craft Fair KSC

Friday, Nov. 21 Thanksgiving Dance KSC

Friday, Dec. 5 Deck the Halls/Holiday party KSC

Friday, Dec. 12 Christmas Party Italian American Club

Thursday, Dec. 18 A Wonderful Life Fireside Theater

Thursday Feb. 5 Beehive - '60's Musical Fireside Theater

Thursday March 19 The Addams Family Fireside Theater

#### Kenosha Senior Center Trip Policy

If you are unable to attend a trip, call the center 359-6262 and staff will try to find a replacement for you.

Refunds are only issued if the show is sold out and we are able to replace your place on the trip.

## Join Us for the Annual Holiday Craft Fair!

Saturday November 8, 2025 8:30am - 3pm

- Handmade Crafts Unique, locally made gifts and decorations
- **Lunch for Sale** Warm up with delicious food and holiday treats
- **Raffle Baskets** Enter to win fun and festive prize baskets
- Bake Sale Stock up on homemade goodies for the season

## CALLING ALL BAKERS & VOLUNTEERS!

We need bakers and volunteers to help make the fair a success! you can donate baked goods or lend a hand, please contact the front desk! Don't miss this festive event – shop, eat, and support your community!

## Deck the Halls with Holiday Cheer Friday, December 5th \* 12:30pm - 3:00pm

Join us for a cozy and festive afternoon as we decorate the Senior Center with some cheerful Christmas touches. While we add just the right amount of sparkle, enjoy the warm sounds of the Forever Young Chorus singing classic holiday carols.

We'll be serving cookies, cocoa, and lots of cheer, thanks to the generous support of our holiday sponsors who are helping bring the spirit of the season to life!

> Bring your holiday spirit—and maybe a friend or two—and let's make the season merry and bright together!











## Sit Down Meals Served at 11:30am Suggested Donation is \$5.00

- Meals include dessert and beverage
- Open to anyone 60+ and their spouse, regardless of age
- leflet Menus available at the Senior Center or on-line at <code>kafasi.org/nutrition.html</code>
- Great way to meet new friends

Reservations required by 10:00am the prior day: 262-351-6246

In-Person Senior Dining ... More than just a meal



#### FREE

### Coffee and Donuts 9:30am-10:30am

#### Wednesday, November 5, 2025

Sponsored by : Horizon Home Care & Hospice

#### Wednesday, November 12, 2025

Sponsored by : Kenosha Senior Living & Northpoint Senior Living

#### Wednesday, November 19, 2025

**Sponsored by: Fountain Hills Apartments** 

#### Wednesday, November 26, 2025

Sponsored by: BrightStar Care of Racine

## **Classes & Center Updates**

- Senior Center will be <u>CLOSED</u>
   Nov. 27-28 for Thanksgiving Break.
- Senior Center building will be <u>CLOSED</u> for construction starting Monday, Dec. 15, 2025 through Friday January 9, 2026. We will reopen on Monday, January 12, 2026. Days may be subject to change due to construction timeline.
- There will be NO logo contest in the December newsletter
- There will not be a dance in December
- We will <u>CLOSE</u> at noon on Friday, Nov. 7th to set up for the Craft Fair
- NO Line Dance on Wed, Nov. 26th

# Chorus Thursdays at 10:30am

Join the Forever Young Chorus!
Find your inner songbird!
Bring your musical talent in unison with other singing members.

#### **FREE BINGO**



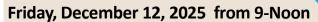
## Tuesday, November 25, 2025 at 1pm For Senior Center Members

- **Register:** front desk or call 262-359-6262 by Noon on the Thursday before BINGO
- **Supplies:** Cards and markers are provided to play.

#### Sponsored by:



#### **Foot Clinic**



The Foot Clinic is offered by the Kenosha Visiting Nurse Association at the Senior Center every other month. Foot service includes a foot soak, nail care and lotion application. Call the Senior Center at 262-359-6262 to make an appointment. You need to sign up by the 1st Friday of the month. You can pre-register for future months.

\*\*\*Price increased to \$40.00 for service. \*\*\*





## Kenosha Senior Center Memberships

For anyone at least 55 years old (or the spouse of a current member, if you are under 55)

## Join Today

Renew Membership 2025 - 2026

Current Membership 2024-2025 Memberships Run From July 1, 2024 thru June 30, 2025

### **Membership Form**

You can pick up a form at the Senior Center or find one online at www.kusd.edu/seniorcenter

#### **Membership Card**

Renewing Members: You already have your white Forever Card
No return envelope is needed

New Members: A card will be given to you when you turn in your registration form

## Membership Payment

Fee: \$12.00 per year for those in the KUSD boundaries, \$50 if you live outside the boundaries and \$12 if you moved outside the KUSD boundaries and have a current membership (grandfathered in at the \$12 rate).

Questions? Call 262-359-6262

#### Find the NEW LOGO Contest

We've hidden our logo in this newsletter! It's a **smaller** version of the one here.

To win: Call the Center at 262-359-6262 or email kstull@kusd.edu with your information by the 20th of the Month:

- 1. Member's Name
- 2. Phone Number
- 3. Page # you found the logo on

You must include all of this information to be included in the drawing and be an active member.

September Winners: Eva Hoey, Hattie Jones, Dennis Manke, Carol McGinnis



## **Drop In Craft Day**

### Wednesdays & Thursdays 9am-Noon

This group meets Wednesday & Thursday mornings to socialize and make crafts. The activity is FREE. There is no lesson. Bring your own project to work on or stop in and be inspired by other crafters. Some projects the crafters are working on include wood burning, card making, barn quilts, knitting, diamond art and more. Spark your imagination and check out this fun activity!

## Make Crafts. Meet Friends.



## **Senior Athletic Passes**

**Members** of the Kenosha Senior Center may receive one FREE pass each year. **Non-members** may purchase a pass for \$5.00 These passes are good for entrance into Kenosha Unified Middle and High school home athletic events for this school year.

## **Support Our Student Athletes!**

Passes available at the Kenosha Senior Center



## **Kenosha Senior Center Suggestion Box Policy**

The Kenosha Senior Center welcomes member input to help improve programs, activities, and the overall experience for everyone. The Suggestion Box is intended as a place for members to share ideas, feedback, and positive suggestions that benefit the entire senior center community.



TICKET

This is not a complaint box. Instead, it's a way for members to contribute constructive, forward-thinking ideas that support the center's mission.

#### **Submission Guidelines:**

- Please keep suggestions respectful and solution-oriented.
- Include your name (optional) if you'd like follow-up or clarification.
- Avoid personal complaints or grievances—important issues should be addressed directly with staff.

#### **Review Process:**

- Ideas are presented to the Board of Directors at their regular meeting on the second Tuesday of each month.
- The Board considers each suggestion carefully to determine feasibility and potential implementation.

## Kenosha Senior Center Class & Activity List

## Classes, activities and fees are subject to change. Call 262-359-6262 to confirm an activity

Class/Activity	Days	Times	Cost		
Ageless Motion	Wednesday	1pm-2pm	\$2.00 per class		
American Issues	Friday	10:00am - Noon	Free		
Art Class	Wednesday	9:00am - 11:00am	\$5.00 per class Bring your own supplies		
Art a la Carte!	Most 1st and 3rd Mondays	10:30am-12:30pm	Varies: based on project		
Ballroom Dance	Wednesday	10:30am	Free		
Bingo for Members	4th Tuesday (Check Calendar)	1:00pm	Free		
Book Discussion	Monday	2:15pm	Free		
Bridge for Beginners	Wednesday	12:00pm	Free		
Cardio Drumming	Friday	10:30am	Pre-register for each session		
Chess & Checkers	Tuesday	1:00pm	Free		
Chorus	Thursday	10:30am-Noon	\$2.00 per class		
Cribbage	Friday	10:15am	Free		
Dances	3rd Friday of Month (Sept June)	1:30-3:30pm	Free		
Dominos	Tuesday	1:00pm	Free		
Drop In Craft	Wednesday & Thursday	9:00am - 12:00pm	Free - Bring your own supplies		
Euchre	Thursday	1:00pm	Free		
Exercise Class	Monday, Wednesday & Friday	9:00am - 10:00am	Free		
Foot Clinic	2nd Friday every other month	9-12:30pm by appt.	\$40.00		
Golf Card Game	Monday	1:00pm	Free		
History Book Discussion	2nd Wednesday of month	1pm-2:30pm	Free		
Knit & Crochet	Friday	9:00am - 11:00 am	Free - Bring your own supplies		
Line Dance with Norm	Monday and Wednesday	9:00am-10:30am	\$5.00 per class		
Mahjong	Tuesday and Friday	T: 1:00 pm, F: 10:15 am	Free		
Pinochle	Friday	12:00pm	Free		
Ping Pong	Monday and Thursday	9:00am-Noon	Free		
Pool (Billiards) - Open	Monday thru Friday	Closed during events	Free		
Sheepshead	Tuesday and Wednesday	T:8:30am W:1:00pm	Free		
Tai Chi	Tuesday	9:45am	\$3.00 per class		
TOPS WI 1593	Thursday	2:00pm-3:30pm	Check with Class Instructor		
Total Body Conditioning	Tuesday and Thursday	T:11:00am Th:9:00am	\$2.00 per class		
Trips	One or Two a Month	See Newsletter	See Newsletter		
Wii Bowling	Thursday/Monday during taxes	12:30pm - 3:00pm	\$5.00 sign up fee		
Wood Burning	Monday	9:00 - 11:00 am	Free - Bring your own supplies		
Wood Carving	Monday	9:00 - 11:00 am	Free - Bring your own supplies		
Woodturning	Monday thru Thursday	8:30-10:30am by appt.	First lesson \$20, then \$1 per class		
Writing for Fun	Tuesday	10:30 - 11:30 am	Free - Bring your own supplies		
Yoga (Chair)	Monday	1:00pm	\$2.00 per class		
World Dance	Tuesday	Twice a year - 10:30am	\$3.00 per class		
10					

Activity Calendar	KENC	DSHA SENIOR (	CENTER	November 2025
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 8:30-10:30am Woodturning by Appt. 9-10am Exercise Class 9-Noon Ping Pong 9-11am Woodcarving 9-11am Wood Burning 9-10:30am Line Dance 1pm Chair Yoga 1pm Golf Card Game 2:15pm Book Discussion	8:30-10:30am Woodturning by Appt. 8:30-11 Sheepshead 9:30 Mahjong Lesson 9:45am Tai Chi 10:30am Writing for Fun 11-12pm Strength Training 1pm Dominos, Mahjong, Checkers & Chess	8:30-10:30am Woodturning by Appt. 9-11am Art Class 9-12pm Drop In Craft 9:30am Donut Day 9-10am Exercise Class 9-10:30am Line Dance 10:30am Ballroom Dance 12:00pm Beginner Bridge 1pm Ageless Motion 1pm Sheepshead	8:30-10:30am Woodturning by Appt. 9-10am Strength Training 9-Noon Ping Pong 9-12 Drop in Craft 10:30am Chorus 12:30 Wii Bowling 1pm Euchre 2:00pm TOPS Group	9-10am Exercise Class 9-11am Knit & Crochet 10am Am. Issues 10:15am Cribbage 10:15am Mahjong 10:30am Cardio Drum 12:00pm NO Pinochle  CLOSE at NOON for Craft Fair Set Up
10 8:30-10:30am Woodturning by Appt. 9-10am Exercise Class 9-Noon Ping Pong 9-11am Woodcarving 9-11am Wood Burning 9-10:30am Line Dance 1pm Chair Yoga 1pm Golf Card Game 2:15pm Book Discussion	8:30-10:30am Woodturning by Appt. 8:30-11 Sheepshead 9:30 Mahjong Lesson 9:45am Tai Chi 10:30am Writing for Fun 11-12pm Strength Training 1pm Dominos, Mahjong, Checkers & Chess 1pm Board Meeting	8:30-10:30am Woodturning by Appt. 9-11am Art Class 9-12pm Drop In Craft 9:30am Donut Day 9-10am Exercise Class 9-10:30am Line Dance 10:30am Ballroom Dance 12:00pm Beginner Bridge 1pm Ageless Motion 1pm Sheepshead 1pm History Book Discussion	8:30-10:30am Woodturning by Appt. 9-10am Strength Training 9-Noon Ping Pong 9-12 Drop in Craft 10:30am Chorus 12:30 Wii Bowling 1pm Euchre 2:00pm TOPS Group	9-10am Exercise Class 9-11am Knit & Crochet 10am Am. Issues 10:15am Cribbage 10:15am Mahjong 10:30am Cardio Drum 12:00pm Pinochle
8:30-10:30am Woodturning by Appt. 9-10am Exercise Class 9-Noon Ping Pong 9-11am Woodcarving 9-11am Wood Burning 9-10:30am Line Dance 11am Trivia 1pm Chair Yoga 1pm Golf Card Game 2:15pm Book Discussion	8:30-10:30am Woodturning by Appt. 8:30-11 Sheepshead 9:30 Mahjong Lesson 9:45am Tai Chi 10:30am Writing for Fun 11-12pm Strength Training 1pm Dominos, Mahjong, Checkers & Chess	8:30-10:30am Woodturning by Appt. 9-11am Art Class 9-12pm Drop In Craft 9:30am Donut Day 9-10am Exercise Class 9-10:30am Line Dance 9-12pm Pool Tourney 10:30am Ballroom Dance 12:00pm Beginner Bridge 1pm Ageless Motion 1pm Sheepshead	8:30-10:30am Woodturning by Appt. 9-10am Strength Training 9-12pm Pool Tourney 9-Noon Ping Pong 9-12 Drop in Craft 9:30-12:30 Blood Pressure & Bone Density 10:30am Chorus 12:30 Wii Bowling 1pm Euchre 2:00pm TOPS Group	9-10am Exercise Class 9-11am Knit & Crochet 9-12pm Pool Tourney 10am Am. Issues 10:15am Cribbage 10:15am Mahjong 10:30am Cardio Drum 12:00pm Pinochle 1:30pm Fall Dance
8:30-10:30am Woodturning by Appt. 9-10am Exercise Class 9-Noon Ping Pong 9-11am Woodcarving 9-11am Wood Burning 9-10:30am Line Dance 12:30pm Earring Class 1pm Chair Yoga 1pm Golf Card Game 2:15pm Book Discussion	8:30-10:30am Woodturning by Appt. 8:30-11 Sheepshead 9:30 Mahjong Lesson 9:45am Tai Chi 10:30am Writing for Fun 11-12pm Strength Training 1pm Dominos, Mahjong, Checkers & Chess 1pm BINGO	26 8:30-10:30am Woodturning by Appt. 9-11am Art Class 9-12pm Drop In Craft 9:30am Donut Day 9-10am Exercise Class 9-10:30am NO Line Dance 10:30am Ballroom Dance 12:00pm Beginner Bridge 1pm Ageless Motion 1pm Sheepshead	CLOSED HAPPY hanksgiving	28 CLOSED



#### Sudoku Puzzle #1 8 **Basic Directions** Each column must contain all of the 4 9 numbers 1 through 9, without repeating any of the numbers. Each row must contain all of the numbers 1 through 9, without repeating 9 any of the numbers. 2 Each block in the grid must contain all 9 5 of the numbers 1 through 9, without repeating any of the numbers. 5 You cannot change any of the prefilled 2 9 4 numbers. The puzzle is complete when all the 3 8 boxes are correctly filled in. 3 4 DIFFICULTY: ★★☆☆ ©2020 Satori Publishing

The answer to this puzzle in on page 23

## CROSSWORD PUZZLE

#### **ACROSS**

1 N.Z. evergreen

5 Ruler (suf.)

9 Amount (abbr.)

12 Blister

13 Molten rock

14 Grasp

15 Thick slice

16 Danube tributary

17 Carriage

18 Stinging ant

20 First bishop of

Paris

22 Stinging segment

24 Wood fastener

25 Tilting: naut.

26 Wool fat

30 Jap. family

badge

31 Irish church

32 Axilla

33 Queue

36 Confess

38 Too

39 Universal

40 Off

43 Irish poet

44 Amer.

Automobile Assn.

(abbr.)

45 Lower intestine

47 Nipa palm

50 Amer. Cancer

Society (abbr.)

51 Tidy

52 Hereditary

factor

53 Federal excise

tax (abbr.)

54 Pretensions

55 Pitcher



#### DOWN

1 Tablespoon (abbr.)

2 Complete

3 Wimp

4 Head nun

5 Extraneous

6 Abrasive tool7 Columbia Valley

Authority (abbr.)

8 Become solid

9 Association (abbr.)

10 Physician (pref.)

11 Ionian city

19 Son of Haran

21 Vanity

22 Pound down

23 "The Time

Machine" people 24 Companion

26 "\_\_\_ Abner" 27 Haricot (2

words) 28 Hip

29 National (abbr.)

31 Glove leather

34 Prepare leather

35 Heart problem 36 According to (2)

words)

37 Senility

39 Scand. people

40 Women's Aux. Air Force (abbr.)

41 Tribe

42 Oven

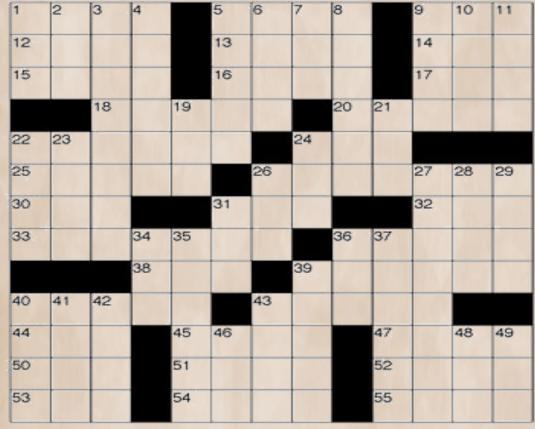
43 Time period

46 Garland

48 Donkey (Fr.)

49 Via

Games & Puzzles



## Calling All Craft Fair Volunteers!

The success of our Craft Fair each year is thanks to our dedicated staff, Board of Directors, and especially you our amazing volunteers!

This year's Craft Fair will be held on Saturday, November 8th, and we're looking for extra hands to help make it another great event.

If you're available, please sign up at the front desk for a morning or afternoon shift.

#### **Volunteer Opportunities:**

- **Set Up** (Friday)
- Greeting the Community
- Selling Door Prize Tickets
- Take Down (Saturday)

Your support makes a big difference thank you in advance for helping bring this special event to life!

## Beginner Bridge Group

Come Join The Fun!
Our friendly group is perfect for those new to the game or anyone who wants a refresher.

Wednesdays @ 12:00pm

#### **TOPS WI 1593**

### **Take Off Pounds Sensibly**

Thursdays at 2:30pm-3:30pm



Are you looking for a support system to help you achieve wellness goals, including weight loss? Then TOPS WI 1593 Kenosha could be for you! For more information, stop in at one of our meetings. You can also visit <a href="https://www.tops.org">www.tops.org</a>

Contact: Mary Hotle at <a href="Maryehotle@gmail.com">Maryehotle@gmail.com</a> or call/ text her at 262-930-9582

## Ballroom Dancing Wednesdays at 10:30am



Come try out this month's dances:

#### Country 10 Step & Country 2 Step

Singles, couples, beginners, intermediate or advanced dancers are welcome to dance and socialize with others that love to move their feet. There is no fee.

### Presented by Aurora Health Care

Blood Pressure Screenings & Bone Density Thursday, Nov. 20, 2025 9:30am-Noon

Take advantage of monthly health screenings at the Senior Center.

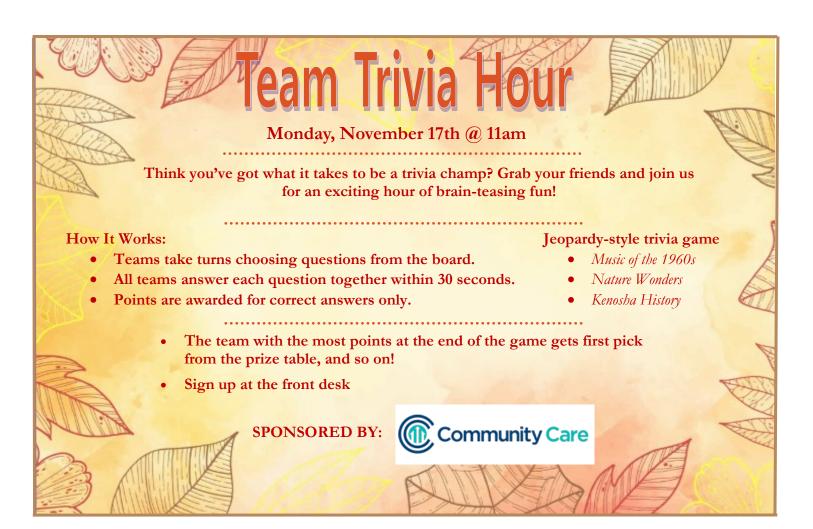
Registration not required.

## Chess & Checkers Group Tuesdays 1:00pm

Looking for someone to play chess or checkers with? Here's your group!

Just drop in for a game.

It's a great way to meet new people.





## December 10 \* 1:30 – 3PM

St. Catherine Commons | 3524 7th Avenue, Kenosha 53140

Dress to impress and get ready to dance the afternoon away at this special event for seniors! Enjoy a sweet treat, live music by Joe Kadlec, and the chance to connect with friends old and new. Take a tour and see how we enjoy life at St. Catherine Commmons!

RSVP by 12/4 to stcatsevents.com or call 262-653-1234

DANCING • RAFFLE • REFRESHMENTS • LIVE MUSIC

ST. CATHERINE COMMONS

a (capri) community

#### **PLEASE NOTE:**

**NO** December Dance at the Kenosha Senior Center this year







Instead, we invite all members and the senior community to join us at the Snowflake Soirée sponsored in partnership with our community sponsors!

ST. CATHERINE COMMONS

a (capri) community



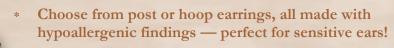
FREE to Attend! Donations benefiting



Get crafty and festive with us this season! A fun and creative workshop where you'll make your own holiday-themed earrings using adorable decorative buttons.

Monday November 24th @ 12:30pm





- \* All Supplies Provided! Create as many pairs as you like! Each pair costs just \$2.50 to \$5.00, depending on the style and materials you choose.
- \* Holiday themes galore! Think snowflakes, Santa buttons, glittery trees, and more!
- \* Come on your own or bring a friend no experience needed, just your holiday spirit and a love for creativity!

Registration at the front desk.



NEW TON BUILD THE PARTY OF THE



### Monday, Wednesday and Friday at 9am Fee: Free

Exercise with Jordan

This class combines safe stretching and strengthening exercises designed to increase muscular strength, range of motion and activity for daily life. Exercises are performed while seated.

## Monday at 1pm Fee: \$2.00 per class

Chair Yoga with Denise

This class involves a series of seated and standing postures to improve balance, increase strength, lubricate joints and increase mobility. Movements are connected with breath work, to calm and focus the mind. The class ends with a quiet meditation.

### Tuesday at 9:45am Fee: \$3.00 per class

Tai Chi with Trish

Tai Chi is a gentle Chinese martial art that involves fluid, choreographed movements. It's an effective exercise for seniors because it is low-impact and can be performed anywhere. Join this class and improve your balance, coordination, flexibility and overall quality of life.

### Tuesday at 11am - Thursday at 9am Fee: \$2.00 per class Total Body Conditioning with Denise

This strength training class incorporates body weight resistance along with hand weights and resistance bands to achieve a total body workout. Exercises are designed to increase muscular strength & endurance with flexibility balance & core work for the perfect workout.

## Wednesday at 1pm Fee: \$2.00 per class

## Ageless Motion with Theresa

Stay active, energized, and heart-healthy with low-impact cardio class designed for seniors. Fun, upbeat workout focuses on improving cardiovascular endurance, coordination, and balance. If you're looking to maintain your active lifestyle, this class meets you with easy-to-follow movements and motivating music. All fitness levels welcome — because movement has no age limit!

## Fridays at 10:30am Fee: \$20.00 per session Cardio Drumming Class with Denise

Low impact workout that helps drum off pounds and relieve stress! This fun class uses exercise balls and sticks choreographed to music. Strengthen stabilizer muscles, improve endurance and enhance overall fitness. The class is done standing but can be modified for a seated workout. Drop-Ins welcome to come try it out! **Current Session Oct. 11 - Dec. 12** 

## **Kenosha Senior Center Apparel**



Gildan Softstyle Hoodie S-XL \$31.75 2XL \$33.75 3XL **\$35.75** 

Military Green Paragon Royal





Gildan Softstyle Crewneck S-XL **\$26.50** 2XL **\$28.50** 3XL \$30.50

Brown Black Savana





Gildan Softstyle Short Sleeve Tee S-XL **\$15.50** 2XL **\$17.50** 3XL **\$19.50** 

Kiwi

Heather Heather Sport Purple Sapphire Grey

#### **Order Forms**

- Available at the Front Desk
- Must be filled out completely
- Turn in your completed form with **payment**

#### **Order Deadline**

- Forms **must** be submitted by 3rd Friday of the month
- Late forms will roll over to the next month's order

#### Ordering Info

- You can order multiple items at once
- Orders will be ready in 15 days after being placed

Item Choice: (Circle ONE)	Но	odie	Crev	vneck	Tshirt		
Item Color: (Circle ONE)	*Royal		*BI	ack	*Kiwi		
	*Military Green		*Brown	Savana	*Heather Purple		
	*Paragon		*Navy		*Heather Sapphire		
	*Stone Blue		*Pink Lemonade		*Sport Grey		
Item Size: (Circle ONE)	Small	Medium	Large	XLarge	2X Large	3X Large	

Get ready to chalk up your cue! The Kenosha Senior Center will host its first ever Round Robin Pool Tournament: November 19, 20 & 21 from 9:00 AM 12:00 PM

In this exciting tournament format, each player will compete against all other participants, earning points throughout the matches:

- 2 points for sinking the 8 ball
- 1 point for each of the opponent's balls left on the table

After all matches are complete, the players with the highest total points will go head to head in a final showdown to determine the champion!

Limited to 8 players.

Sign up begins: *Tuesday, November 12 at 1:00 PM* posted at the front desk. Don't miss your chance to take the title good luck, and may the best shooter win!





## Kandy's Korner



Information, reminders and other news about our Senior Center you might not know or have forgotten!

This week's topics: Notes News
We are thrilled to have you here!

- \* Please no **foreign coins** in the Coffee can, we are unable to use these. Please **pay** for each cup, we are cheaper than Starbucks but we aren't free!
- \* Free table-please only leave clean, unbroken items, magazines not older than 2 years and no greeting cards needed at this time. Your help is appreciated!
- \* Snacks-if a snack is left at the coffee bar please only take one piece per person. Don't forget to leave some for everyone! Sharing is caring!
- \* **Shop/Use** our advertisers that are in the newsletter! They are the reason we have a newsletter printed at no cost!
- \* Being Grateful Let's all remember that when we come to a Free party or event, the items we get from our Sponsors or the Senior Center are not going to always be even among everyone. Some will get a larger piece of cake, a higher gift card amount or a bigger prize. But in the end, we should just say "Thank You". With the holidays upon us we should all be thankful for the generosity of others and remember that it's the thought that counts in the end. Kindness makes the world a better place.

"I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel." Maya Angelou



## Featured Advertisers

## Saxony Manor Apartments

A Mercy Housing Senior Community
Rent Based on 30% of Income
1850 22nd Ave. Kenosha
262-551-9005 (TTY: 711)

## Dickow Cyzak Tile Co.

Bath & Flooring Showroom since 1968
Bath Remodeling, Walk-In Showers,
Grab Bars
(262) 694-9777 - Hwy 31 & Hwy 50

### **Carpets Plus Outlet**

"We Love Flooring!"
Matt Fuhr, Owner
1241 22nd Ave., Kenosha
262-883-9494

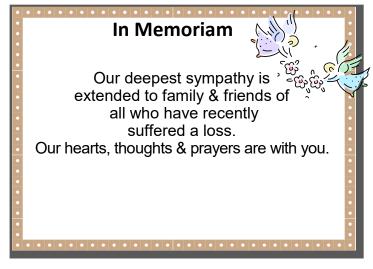


The Kenosha Senior Center will be **CLOSED** for bathroom renovations from:

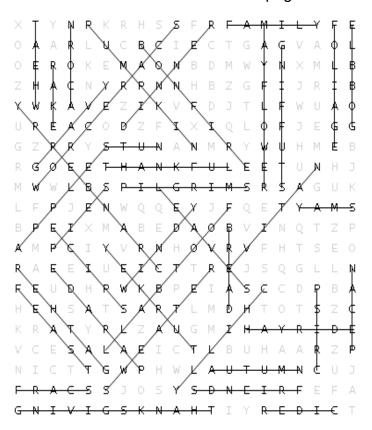
## Monday, December 15 through Friday, January 9

The Senior Center is scheduled to reopen on Monday, January 12 (with construction schedule on time.)

The office will be closed from Monday, December 22 through January 2



Answer to the Word Search from page 12





Kenosha Senior Center Newsletter: November 2025 Published Irregularly

Kenosha Senior Center 2717 - 67th Street Kenosha, WI 53143



Member Wisconsin Association of Senior Centers

Answer to Sudoku Puzzle #1 on page 13

1	5	8	6	3	9	7	4	2
2	4	9	5	1	7	3	8	6
3	7	6	4	2	8	1	5	9
6	2	4	8	7	3	9	1	5
8	1	3	2	9	5	6	7	4
5	9	7	1	6	4	8	2	3
7	8	2	9	5	6	4	3	1
4	6	1	3	8				7
9	3	5	7	4	1	2	6	8

Answer to Games & Puzzles on page 17

Т	Α	W	Α		Α	R	С	Н		Α	М	Т
В	L	Ε	В		L	Α	V	Α		S	Е	Е
S	L	Α	В		Ţ	S	Α	R		S	D	0
		K	E	L	E	Р		D	E	Ν		S
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Ρ	_	G	Τ	Α	I	L		Α	О	Μ		Т
8 20			Α	N	Ω		O	L	0	B	Α	L
W	R	0	Z	G		Υ	Е	Α	Н	ഗ		
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Α	С	S		Z	E	Α	T		G	E	Ν	Е
F	E	T		Α		R	S		E	W	Е	R



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