Activity Calendar	1	DSHA SENIOR (September 2025
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CLOSED LABOR DAY ** 2025 **	8:30-10:30am Woodturning by Appt. 8:30-11 Sheepshead 9:30 Mahjong Lesson 9:45am Tai Chi 10:30am Writing for Fun 11-12pm Strength Training 1pm Dominos, Mahjong, Checkers & Chess	8:30-10:30am Woodturning by Appt. 9-11am Art Class 9-12pm Drop In Craft 9:30am Donut Day 9-10am Exercise Class 9-10:30am Line Dance 10:30am Ballroom Dance 12:00pm Beginner Bridge 1pm Sheepshead	8:30-10:30am Woodturning by Appt. 9-10am Strength Training 9-Noon Ping Pong 9-12 Drop in Craft 10:30am Chorus 1pm Euchre 2:00pm TOPS Group Wii Sign Up 1pm	9-10am Exercise Class 9-11am Knit & Crochet 10am Am. Issues 10:15am Cribbage 10:15am Mahjong 10:30am NO Cardio Drum 12:00pm Pinochle
8:30-10:30am Woodturning by Appt. 9-10am Exercise Class 9-Noon Ping Pong 9-11am Woodcarving 9-11am Wood Burning 9-10:30am Line Dance 1pm NO Chair Yoga 1pm Golf Card Game 2:15pm Book Discussion	8:30-10:30am Woodturning by Appt. 8:30-11 Sheepshead 9:30 Mahjong Lesson 9:45am Tai Chi 10:30am Writing for Fun 11-12pm Strength Training 1pm Dominos, Mahjong, Checkers & Chess 1pm Board Meeting	8:30-10:30am Woodturning by Appt. 9-11am Art Class 9-12pm Drop In Craft 9:30am Donut Day 9-10am Exercise Class 9-10:30am Line Dance 10:30am Ballroom Dance 12:00pm Beginner Bridge 1pm Ageless Motion 1pm Sheepshead 1pm History Book Discussion	8:30-10:30am Woodturning by Appt. 9-10am Strength Training 9-Noon Ping Pong 9-12 Drop in Craft 10:30am Chorus 1pm Euchre 2:00pm TOPS Group 1pm Wii Bowling Banquet	9-10am Exercise Class 9-11am Knit & Crochet 10am Am. Issues 10:15am Cribbage 10:15am Mahjong 10:30am NO Cardio Drum 12:00pm Pinochle
8:30-10:30am Woodturning by Appt. 9-10am Exercise Class 9-Noon Ping Pong 9-11am Woodcarving 9-11am Wood Burning 9-10:30am NO Line Dance 1pm NO Chair Yoga 1pm Golf Card Game 2:15pm Book Discussion	8:30-10:30am Woodturning by Appt. 8:30-11 Sheepshead 9:30 Mahjong Lesson 9:45am Tai Chi 10:30am Writing for Fun 11-12pm Strength Training 1pm Dominos, Mahjong, Checkers & Chess	8:30-10:30am Woodturning by Appt. 9-11am Art Class 9-12pm Drop In Craft 9:30am Donut Day 9-10am Exercise Class 9-10:30am Line Dance 10:30am Ballroom Dance 12:00pm Beginner Bridge 1pm Ageless Motion 1pm Sheepshead	8:30-10:30am Woodturning by Appt. 9-10am Strength Training 9-Noon Ping Pong 9-12 Drop in Craft 9:30-12 Blood Pressure 10:30am Chorus 12:30 Wii Bowling 1pm Euchre 2:00pm TOPS Group	9-10am Exercise Class 9-11am Knit & Crochet 10am Am. Issues 10:15am Cribbage 10:15am Mahjong 10:30am Cardio Drum 12:00pm Pinochle 1:30 Fall Dance
8:30-10:30am Woodturning by Appt. 9-10am Exercise Class 9-Noon Ping Pong 9-11am Woodcarving 9-11am Wood Burning 9-10:30am Line Dance 1pm Chair Yoga 1pm Golf Card Game 2:15pm Book Discussion	23 TRIP 8:30-10:30am Woodturning by Appt. 8:30-11 Sheepshead 9:30 Mahjong Lesson 9:45am Tai Chi 10:30am Writing for Fun 11-12pm Strength Training 1pm Dominos, Mahjong, Checkers & Chess 1PM BINGO	8:30-10:30am Woodturning by Appt. 9-11am Art Class 9-12pm Drop In Craft 9:30am Donut Day 9-10am Exercise Class 9-10:30am Line Dance 10:30am Ballroom Dance 12:00pm Beginner Bridge 1pm Ageless Motion 1pm Sheepshead	25 8:30-10:30am Woodturning by Appt. 9-10am Strength Training 9-Noon Ping Pong 9-12 Drop in Craft 10:30am Chorus 12:30 NO Wii Bowling 1pm Euchre 2:00pm TOPS Group 1-3pm Medicare Workshop	9-10am Exercise Class 9-11am Knit & Crochet 10am Am. Issues 10:15am Cribbage 10:15am Mahjong 10:30am Cardio Drum 12:00pm Pinochle 10:15am Hearing Life: Hearing Screen
8:30-10:30am Woodturning by Appt. 9-10am Exercise Class 9-Noon Ping Pong 9-11am Woodcarving 9-11am Wood Burning 9-10:30am Line Dance 1pm Chair Yoga 1pm Golf Card Game 2:15pm Book Discussion	8:30-10:30am Woodturning by Appt. 8:30-11 Sheepshead 9:30 Mahjong Lesson 9:45am Tai Chi 10:30am Writing for Fun 11-12pm Strength Training 1pm Dominos, Mahjong, Checkers & Chess 9am Goldens on the Go Party	Pool Tables Open: Mon thru Fri 8:30am - 3:30pm Except during movies, meetings, dances and closures.	Senior Center Hours: Monday-Friday 8:30am - 3:45pm Closed Saturday & Sunday (262) 359-6260	