



K E N O S H A

Senior Center

Welcome to a brighter day!

2717 67th Street Kenosha, WI 53143 262-359-6260

Vol. 30, No. 1

January 2025

NEWSLETTER

Senior Center Hours:

Monday-Friday 8:30am-3:45pm

Visit us at:

www.kusd.edu/seniorcenter

Facebook:

www.facebook.com/kenoshasenior

Program Director:

Annette Ruffalo
aeruffal@kusd.edu

Administrative Assistant:

Kandy Stull
kstull@kusd.edu

Senior Dining:

KAFASI 262-351-6246

BOARD OF DIRECTORS

President:	Kathy Flammang
Vice President:	Ron Mengel
Secretary:	Carol Kessler
Asst. Secretary:	Sue Moe
Treasurer:	Bryan Mogensen

BOARD MEMBERS

Jim Bellantonio	Phyllis Mattox
Eloda Birch	Nikki Mondia
MaryAnn Bourget	Carol Sieber
Joan Hall	Cheryl Millholland
Barbara Johnson	Barb Van Dyke

Dear Members,

Welcome to 2025! I hope you and your family enjoyed the Holidays and have stayed safe through our time away.

We have some new and exciting changes coming to the Kenosha Senior Center in 2025!

Starting off the new year with our new branded logo seen above. Our communications team at KUSD has created this new and modern image that best represents you as our senior community. The blue hands bring a nurturing look appearing as waves for Kenosha on the lake, the person is a tree of elderly life as an active member in our community, and yellow leaves creating the sun for the sunsetting age of our seniors. We have a lot to look forward to and I hope you use this new image to best represent you to the community and as an active member here at our center.

Next, we have partnered with the team at St. Catherine Commons Kenosha for 2025. This means there will be events hosted with their team that will bring proceeds back to the Kenosha Senior Center, what a great way to support the community and our members!

Also, I ask that our members be patient with us as we navigate through some needed upgrades to our building to better assist everyone that attends our center daily for all the amazing activities we enjoy together.

I have listened to each and every one of you that have brought to my attention inquiries about bringing back previous activities and adding new activities. I am making new connections and researching a great deal. We have many changes to look forward to for 2025!

Annette



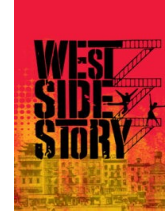


BUS TRIPS

New Trip

West Side Story

Date: Thursday, March 27, 2025
Destination: Fireside Theatre, Fort Atkinson, WI
Prices: Members: \$110.00, Non-members: \$115.00



Tickets go on sale to members on Tuesday, January 14, 2025. Numbers will be handed out at 8:30 am and sign up begins at 8:40. You are allowed to sign up for two members only. You must show both membership cards when you purchase your tickets. **Tickets go on sale to non-members on Wednesday, January 15, 2025.**

Trip Description: From the first notes to the final breath, *WEST SIDE STORY* is a theatrical event not to be missed. Shakespeare's *Romeo and Juliet* is transported to modern-day New York City as two young lovers find themselves caught between warring street gangs. Their struggle to survive in a world of hate, violence, and prejudice is one of the most innovative, heart-wrenching, and relevant musical dramas of our time. Broadway legends Arthur Laurents, Leonard Bernstein, Stephen Sondheim, and Jerome Robbins created a show that is both ageless and as fresh as tomorrow's headlines. Join us for this landmark musical and epic tale of love eternal love.

Menu: Meal Choices: **Sliced Pork Tenderloin:** Slow Roasted Pork Tenderloin, sliced and crowned with rich pork stock gravy, served with Herbed Stuffing and Cinnamon Applesauce
Coconut Chicken: Skinless Breast of Chicken dipped in egg batter, rolled in Coconut and Panko Breadcrumbs, sautéed to a golden brown, and glazed with Brandied Apricot Sauce.
Seared Halibut: A fresh Halibut Filet pan-seared to a golden brown, served with a Tamari Aioli.
A **Cherry Crisp** will be served as dessert. Complimentary coffee, tea and milk. Cash bar for cocktails and soft drinks.

Please let us know when you purchase ticket if you will need a gluten-free or vegetarian option.

On the day of the trip arrive at the Southwest side of the Indian Trail parking lot, 6800 - 60th Street in Kenosha, by 8:30am to sign in and load the bus. Use the 60th Street entrance. The bus will depart at 8:45am am and return at approximately 6:00 pm.

Back in the Building-Elvis Tribute

Date: Thursday, February 20, 2025
Destination: Fireside Theatre, Fort Atkinson, WI
Prices: Members: \$110.00, Non-members: \$115.00

Sold Out!



Menu: Meal choices: **Grilled Pork Ribeye:** . OR **Rainbow Trout:** OR **Sliced Roast Beef Tenderloin.**
A **Flourless Chocolate Cake** served as dessert. Complimentary coffee, tea and milk.

Trip Description: In honor of Elvis' 90th birthday, The Fireside and Legends in Concert kick off the 2025 season with jumpsuits, black leather, swiveling hips, and leg-shaking, presenting their newest retrospective of Elvis' life in music told through the eyes of the world's best tribute artists.

On the day of the trip arrive at the Southwest side of the Indian Trail parking lot, 6800 - 60th Street in Kenosha, by 8:30am to sign in and load the bus. Use the 60th Street entrance. The bus will depart at 8:45am am and return at approximately 6:00 pm.



BUS TRIPS

2025 Special Events & Trips

Friday, Jan. 17	New Year's Dance	KSC
Friday, Feb. 14	Valentine's Dance	KSC
Thursday, Feb. 20	Back in the Building	Fireside Theatre
Friday, Mar 21	St. Patrick's Dance	KSC
Thursday, Mar 27	West Side Story	Fireside Theatre
Spring 2025	Casino Trip	TBD
Friday, Apr 18	Dance	KSC
Tuesday, May 6	Spring Fling	Sanfilippo Estates
Friday, May 16	Dance	KSC
Summer 2025 (tentative)	Kenosha Kingfish Game	Kenosha
Thursday, May 29	Murder Orient Exp.	Fireside Theatre
Friday, June 20	Dance	KSC
Thursday, June 26	Last Potluck Supper	Fireside Theatre
Wednesday, July 30	Brewers vs. Cubs	American Family Field
Thursday, August 7	Picnic	KSC
Summer 2025 (tentative)	Boat trip/outing	TBD
Friday, August 15	Dance	KSC
Friday, Sept 19	Dance	KSC
Thursday, October 23	Oklahoma	Fireside Theatre
Friday, October 31	Halloween Dance	KSC
Saturday, Nov. 8	Holiday Craft Fair	KSC
Friday, Nov. 21	Dance	KSC
Thursday, Dec. 4	Holiday Shopping Trip	Woodfield Mall
Friday, Dec. 5	Deck the Halls party	KSC
Friday, Dec. 12	Christmas Party	TBD
Thursday, Dec. 18	A Wonderful Life	Fireside Theatre
Friday, Dec. 19	Holiday Dance	KSC

Additional Trips may be added for Spring and Summer. Check monthly for updates.

ALL EVENTS & TRIPS ARE SUBJECT TO CHANGE!



Kenosha Senior Center Trip Policy: We understand that plans can change and you may not be able to attend a trip for which you have purchased a ticket. We cannot issue refunds unless there is a waiting list and we are able to replace you with someone on that list. If you cannot attend a trip call us at 359-6260 and speak with a staff person. We will instruct you what to do, and we will do our best to find a replacement for you. If we are successful, you will be notified to come and pick up your refund.



Fran
Roger
Marion



FREE

Coffee and Donuts
9:30am-10:30am

Wednesday, January 8, 2025

Sponsored by Moments Hospice

Wednesday, January 15, 2025

Sponsored by Library Terrace

Wednesday, January 22, 2025

Sponsored by Parkview Gardens

Wednesday, January 28, 2025

Sponsored by Senior Helpers

THANK YOU!

We are
grateful for
all you do !!



The KSC



Classes & Center Updates

- Center closed January 1, 2, & 3 for the Holidays, reopens January 6.
- Center Closed Monday, January 20th for Martin Luther King Jr. Day
- Senior Moments no longer meeting at Center
- Quarterly Mtg. Thursday, Jan. 23
- Chorus is off until March

Foot Clinic

Friday, February 14, 2025 from 9-Noon



The Foot Clinic is offered by the Kenosha Visiting Nurse Association at the Senior Center every other month. Foot service includes a foot soak, nail care and lotion application for \$35.00. Call the Senior Center at 262-359-6260 to make an appointment. You need to sign up by the 1st Friday of the month. You can pre-register for future months.

Presented by Aurora Health Care

Blood Pressures Screening

Thursday, Jan. 16, 2025 9:30am-Noon

Take advantage of monthly health screenings at the Senior Center.

Registration not required.



FREE BINGO

Tuesday, January 28, 2025 at 1pm

For Senior Center Members

- Register:** host desk or call 262-359-6260. by Noon on the Thursday before BINGO
- Supplies:** Cards and markers are provided to play.

Sponsored by:

Kenosha Place

Assisted Living and Memory Care

Ted McMahon

Senior Dining

Fellowship, Food and Fun

Sit Down Meals Served at 11:30am
Suggested Donation is \$5.00



- 🍎 Meals include dessert and beverage
- 🍎 Open to anyone 60+ and their spouse, regardless of age
- 🍎 Menus available at the Senior Center or on-line at kafasi.org/nutrition.html
- 🍎 Great way to meet new friends

Reservations required by 10:30am the prior day: 262-351-6246

In-Person Senior Dining ... More than just a meal

Find the NEW LOGO Contest

We've hidden our logo in this newsletter!
It's a **smaller** of the one you see here.

To win: Call the Center at 262-359-6260 or email kstull@kUSD.edu with your information by the 20th of the Month:



1. Member's Name
2. Phone Number
3. # of Page you found the logo on

You **must** include all of this information to be included in the drawing and be an active member.

November Winners:

Ruth Brandt, Shirley Lawler, Bev Witcher

History Book Discussion Group

Every 2nd Wednesday, 1pm-2:30pm

If you love reading and history, this is a great group for you! Stop by and listen in. No fee. No registration. Just reading great books and having lively discussions.

Each person will choose a factual history book and read it then bring their book to the meeting and give a brief summary. Everyone will have a chance to summarize their book and there will be time for discussion at the end.



Mahjong Lessons For Beginners

Tuesdays 9:30am—10:30am

Slower paced Mahjong lessons for beginners. Each week will be a different lesson. Watch a short YouTube video and have practice time.



Ballroom Dancing

Wednesdays at 10:30am

Singles, couples, beginners, intermediate or advanced dancers are welcome to dance and socialize with others that love to move their feet. There is no fee.



Drop In Craft Day

Wednesdays 9am-Noon

This group meets Wednesday mornings to socialize and make crafts. The activity is FREE. There is no lesson. Bring your own project to work on or stop in and be inspired by other crafters. Some projects the crafters are working on include wood burning, card making, barn quilts, knitting, diamond art and more. Spark your imagination and check out this fun activity!

Make Crafts. Meet Friends.

Have Fun.



TOPS WI 1593

Take Off Pounds Sensibly
Thursdays at 2:30pm-3:30pm



Are you looking for a support system to help you achieve wellness goals, including weight loss? Then TOPS WI 1593 Kenosha could be for you! For more information, stop in at one of our meetings. You can also visit www.TOPs.org

Contact: Mary Hotle at Maryehotle@gmail.com or call/ text her at 262-930-9582

Zoom Chair Yoga

Denise will be doing zoom Chair Yoga January through March on Mondays at 1pm. There will not be chair yoga at the Center, you can do it from home with Denise!

Sign Up Information:

Call or stop by the Center to sign up
Cost: \$20



NEW YEARS DANCE

Friday, January 17 at 1:30pm

2025

Open to the senior public community

Music by:

Ernie Garner

sponsored by:

Village Green, Savannah at Pike Creek Apartments

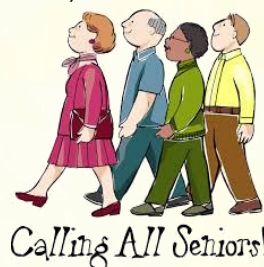
Snacks and door prizes available

Kenosha Senior Center Memberships

For anyone at least 55 years old (or the spouse of a current member, if you are under 55)

Join Today

Current Membership
2024-2025 Memberships Run From
July 1, 2024 thru June 30, 2025



Membership Form

You can pick up a form at the Senior Center or find one online at
www.kusd.edu/seniorcenter

Membership Card

Renewing Members: You already have your white *Forever Card*
No return envelope is needed.

New Members: A card will be given to you when you turn in your registration form

Membership Payment

Fee: \$12.00 per year for those in the KUSD boundaries, \$50 if you live outside the boundaries and \$12 if you moved outside the KUSD boundaries and have a current membership (grandfathered in at the \$12 rate).

Questions? Call 262-359-6260

Drum Circle With Heather Poyner

Friday, January 24, 2025 at 1pm

Fee: New Year Special \$2.00

Ever want to be part of the band?
Well, here's your chance!

In this interactive drum circle,
Participants create in-the-moment
musical masterpieces using
hand drums, tambourines, shakers
and African bells. It's a great way to meet
new friends and make music!



Call to Sign Up 262-359-6260

For more details you can call
Heather 262-914-9352 or find her
on Facebook.



Chess & Checkers Group

Tuesdays 1:00pm

Looking for someone to play
chess or checkers with? Here's your group!
Just drop in for a game.
It's a great way to meet new people.



Suggestion Box

The Kenosha Senior Center has a
suggestion box located on the
west wall of Room 111 (under the
clock). Members are encouraged to share
feedback and submit ideas to help make the
Center a better place. All the suggestions are
presented at the monthly Board Meeting held on
the 2nd Tuesday of each month. If you put your
name and phone number on the suggestion,
someone will get back to you in response to your
suggestion.

Ask any staff member for assistance.



Bean Bagz Group

Wednesdays at 1pm

Join the Bean Bagz Group.
Meet new people and get active.
No experience needed.

This group meets in Room 121.



Chorus

Thursdays at 10:30am

Join the Forever Young Chorus!

Find your inner songbird!

Bring your musical talent in unison with other
singing members.

Art a la Carte! November - January Schedule

Julie Schilf, a local artist, is offering twice a month hands-on art (and craft) instruction classes at the Kenosha Senior Center. These will include making and painting pottery, drawing basics (pencil, charcoal and pastels), needle felting, paper origami, wire bending and wire wrapping, jewelry making, mosaics and more!

Seniors Art a la Carte classes are for those who enjoy making art together. The 1-1/2 to 2 hour classes will run from 10:30 am - 12:30 pm usually on the first and third Monday of each month, however that can change so be sure to check the Senior Center Calendar.

Stop In to Sign Up for Classes!

Payment will be made to instructor

Please arrive 15 minutes before class begins

1st & 3rd MONDAYS: 10:30 - 12:30

November 4 & 18

Separate classes – limit 15 per class

Week 1 – Beaded Origami Cranes

(class fee \$6.00)

Week 2 – Dollar Bill Origami*

*(class fee \$5.00) – *PLUS bring some
new, crisp \$1.00 bills for folding, or you
can purchase from instructor)*

December 2 & 16 Pottery:

2-week class – class limit 10 (fee \$10.00)

Week 1 – Christmas Ornaments

Week 2 – Finishing & Glazing

January 6 & 20

2-Separate classes – limit 15 per class

Week 1 – Bent Wire Earrings

(class fee \$7.00)

Week 2 – Simple Watercolor Bird





(class fee \$7.00)



Kenosha Senior Center Class & Activity List

Classes, activities and fees are subject to change. Call 262-359-6260 to confirm an activity

Class/Activity	Days	Times	Cost
American Issues	Friday	10:00am - Noon	Free
Art Class	Wednesday	9:00am - 11:00am	\$5.00 per class & your own supplies
Art a la Carte!	Most 1st and 3rd Mondays	10:30am-12:30pm	Varies: based on project
Bean Bags	Wednesday	1:00pm	Free
Ballroom Dance	Wednesday	10:30am	Free
Bingo for Members	4th Tuesday (Check Calendar)	1:00pm	Free
Book Discussion	Monday	2:15pm	Free
Cardio Drumming	Friday	10:30am	Pre-register for each session
Chess & Checkers	Tuesday	1:00pm	Free
Chorus "Forever Young Chorus"	Thursday	10:30am-Noon	\$2.00 per class
Cribbage	Friday	10:15am	Free
Dances-Monthly	One Friday a Month (Sept. thru June)	1:30-3:30pm	Free
Dart Ball	Wednesday	1:00pm	Free
Dominos	Tuesday	1:00pm	Free
Drop In Craft	Wednesday	9:00am - 12:00pm	Free - Bring your own supplies
Drum Circle with Heather	4th Friday	1:00pm	\$3.00
Euchre	Thursday	1:00pm	Free
Exercise Class	Monday, Wednesday & Friday	9:00am - 10:00am	FREE
Foot Clinic	2nd Friday every other month	9-12:30pm by appt.	\$35.00
Golf Card Game	Monday	1:00pm	Free
History Book Discussion	2nd Wednesday	1pm-2:30pm	Free
Junk Journal Crafting	Thursday	9-Noon	Free-Bring your own supplies
Knit & Crochet	Friday	9:00am - 11:00 am	Free - Bring your own supplies
Line Dance with Norm	Monday and Thursday	M:9:00am Th:1:30pm	\$5.00 per class
Mahjong	Tuesday and Friday	T: 1:00 pm, F: 10:15 am	Free
Movies	Occasional 2nd Fridays	1:00pm	Free
Ping Pong	Monday and Thursday	9:00am-Noon	Free
Pool (Billiards) - Open	Monday thru Friday	Closed during events	Free
Sheepshead	Tuesday and Wednesday	T:8:30am W:1:00pm	Free
Tai Chi	Tuesday	9:45am	\$3.00 per class
TOPS WI 1593	Thursday	2:00pm-3:30pm	Check with Class Instructor
Total Body Conditioning Strength Training Class	Tuesday and Thursday	T:11:00am Th:9:00am	\$2.00 per class
Trips	One or Two a Month	See Newsletter	See Newsletter
Wii Bowling	Thursday/Monday during taxes	12:30pm - 3:00pm	\$5.00 sign up fee
Wood Burning	Monday	9:00 - 11:00 am	Free - Bring your own supplies.
Wood Carving	Monday	9:00 - 11:00 am	Free - Bring your own supplies.
Woodturning	Monday thru Thursday	8:30-10:30am by appt.	First lesson \$20, then \$1 per class
Writing for Fun	Tuesday	10:30 - 11:30 am	Free - Bring your own supplies.
Yoga (Chair)	Monday	1:00pm	\$2.00 per class
World Dance	Tuesday	Twice a year - 10:30am	\$3.00 per class

Activity Calendar		KENOSHA SENIOR CENTER		January 2025
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Senior Center Hours: Monday-Friday 8:30am-3:45pm Closed Saturday & Sunday (262) 359-6260 Pool Tables Open Mon thru Fri 8:30am 3:30pm Except during movies, meetings, dances and closures.		<div>1<div></div></div> <div>2<div></div></div> <div>3<div></div></div> <div>Closed for Winter Break</div>		
6 8:30-10:30am Woodturning by Appt. 9-10am Exercise Class 9-Noon Ping Pong 9-11am Woodcarving 9-11am Wood Burning 9-10:30am Line Dance 10:30am Art a la Carte! 1pm NO Zoom Chair Yoga 1pm Golf Card Game 2:15pm Book Discussion	7 8:30-10:30am Woodturning by Appt. 8:30-11 Sheephead 9:30 Mahjong Lesson 9:45am Tai Chi 10:30am Writing for Fun 11-12pm Strength Training 1pm Dominos, Mahjong , Checkers & Chess	8 8:30-10:30am Woodturning by Appt. 9-11am Art Class 9-12pm Drop In Craft 9:30am Donut Day 9-10am Exercise Class 10:30am Ballroom Dance 1pm Sheephead 1pm Bean Bags & Dart Ball 1pm History Book Discussion	9 8:30-10:30am Woodturning by Appt. 9-10am Strength Training 9-Noon Ping Pong 9-12 Junk Journal Craft 10:30am NO Chorus 12:30 Wii Bowling 1pm Euchre 1:30-3pm Line Dance 2:00pm TOPS Group	10 9-10am Exercise Class 9-11am Knit & Crochet 10am Am. Issues 10:15am Cribbage 10:15am Mahjong 10:30am Cardio Drum
13 8:30-10:30am Woodturning by Appt. 9-10am Exercise Class 9-Noon Ping Pong 9-11am Woodcarving 9-11am Wood Burning 9-10:30am Line Dance 10:30am Art a la Carte! 1pm Zoom Chair Yoga 1pm Golf Card Game 2:15pm Book Discussion	14 Trip Sign Up 8:30-10:30am Woodturning by Appt. 8:30-11 Sheephead 9:30 Mahjong Lesson 9:45am Tai Chi 10:30am Writing for Fun 11-12pm Strength Training 12pm Senior Dance Group 1pm Dominos, Mahjong , Checkers & Chess 1pm Board Meeting	15 8:30-10:30am Woodturning by Appt. 9-11am Art Class 9-12pm Drop In Craft 9:30am Donut Day 9-10am Exercise Class 10:30am Ballroom Dance 1pm Sheephead 1pm Bean Bags & Dart Ball	16 8:30-10:30am Woodturning by Appt. 9-10am Strength Training 9-Noon Ping Pong 9-12 Junk Journal Craft 9:30-12:30 Health Screens 10:30am NO Chorus 12:30 Wii Bowling 1pm Euchre 1:30-3pm Line Dance 2:00pm TOPS Group	17 9-10am Exercise Class 9-11am Knit & Crochet 10am Am. Issues 10:15am Cribbage 10:15am Mahjong 10:30am Cardio Drum 1:30pm-3:30pm New Years Dance
20 CLOSED 	21 8:30-10:30am Woodturning by Appt. 8:30-11 Sheephead 9:30 Mahjong Lesson 9:45am Tai Chi 10:30am Writing for Fun 11-12pm Strength Training 12pm Senior Dance Group 1pm Dominos, Mahjong , Checkers & Chess	22 8:30-10:30am Woodturning by Appt. 9-11am Art Class 9-12pm Drop In Craft 9:30am Donut Day 9-10am Exercise Class 9-12 Tax Sign Up 10:30am Ballroom Dance 1pm Sheephead 1pm Bean Bags & Dart Ball	23 8:30-10:30am Woodturning by Appt. 9-10am Strength Training 9-Noon Ping Pong 9-12 Junk Journal Craft 10:30am NO Chorus 12:30 NO Wii Bowling 1pm Euchre 1:30-3pm Line Dance 2:00pm TOPS Group 1pm Quarterly Meeting	24 9-10am Exercise Class 9-11am Knit & Crochet 10am Am. Issues 10:15am Cribbage 10:15am Mahjong 10:30am Cardio Drum 1pm Drum Circle fun
27 8:30-10:30am Woodturning by Appt. 9-10am Exercise Class 9-Noon Ping Pong 9-11am Woodcarving 9-11am Wood Burning 9-10:30am Line Dance 10:30am Art a la Carte! 1pm Zoom Chair Yoga 1pm Golf Card Game 2:15pm Book Discussion	28 8:30-10:30am Woodturning by Appt. 8:30-11 Sheephead 9:30 Mahjong Lesson 9:45am Tai Chi 10:30am Writing for Fun 11-12pm Strength Training 12pm Senior Dance Group 1pm Dominos, Mahjong , Checkers & Chess 1pm BINGO	29 8:30-10:30am Woodturning by Appt. 9am Orientation 9-11am Art Class 9-12pm Drop In Craft 9:30am Donut Day 9-10am Exercise Class 10:30am Ballroom Dance 1pm Sheephead 1pm Bean Bags & Dart Ball	30 8:30-10:30am Woodturning by Appt. 9-10am Strength Training 9-Noon Ping Pong 9-12 Junk Journal Craft 10:30am NO Chorus 12:30 Wii Bowling 1pm Euchre 1:30-3pm Line Dance 2:00pm TOPS Group	31 9-10am Exercise Class 9-11am Knit & Crochet 10am Am. Issues 10:15am Cribbage 10:15am Mahjong 10:30am Cardio Drum

11



January Word Search



W	F	X	M	D	B	V	O	W	S	S	L	I	S	E	S	Y	E	R	T
R	D	E	D	Y	E	R	C	N	W	L	V	M	S	W	N	D	T	A	S
C	L	Y	Q	A	E	L	O	T	I	X	U	D	I	O	O	N	I	E	O
T	J	E	I	T	A	W	S	H	R	M	V	I	X	O	W	I	B	Y	R
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A	J	R	O	J	P	Q	M	F	B	O	O	T	S	O	K	O	R	U	A
D	M	C	T	W	I	C	E	S	K	A	T	E	S	V	E	X	F	A	J
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D	O	N	C	W	E	R	R	C	X	S	A	A	I	V	E	L	Z	A	C
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I	H	A	K	E	E	C	R	A	A	J	P	K	P	F	E	L	C	S	A
G	F	L	Z	S	R	T	S	M	L	U	E	E	E	U	G	X	F	A	H
L	P	Y	C	Z	S	T	T	P	U	Y	R	T	R	M	R	O	T	S	J
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F	D	W	V	W	X	C	B	I	E	I	K	S	U	K	H	W	L	O	I
K	H	W	L	A	Y	N	X	T	C	O	M	F	O	R	T	E	R	A	K

ARCTIC
BELOW ZERO
BITTER COLD
BLANKET
BLIZZARD
BOOTS
CHILL
COAT
COMFORTER
EARMUFFS

FIREPLACE
FREEZING
FROST
FROSTBITE
HEATER
HOT CHOCOLATE
ICE SKATES
IGLOO
JACKET
JACK FROST

MELT
MITTENS
NEW BEGINNING
NEW YEAR
POLAR
RESOLUTIONS
SCARF
SKI
SLED
SLIPPERY

SLUSH
SNOW
SNOWFLAKE
SNOWSTORM
STORM
THERMAL
WINDY
WINTER TIME
WOOD STOVE
WOOL



Sudoku Puzzle #1

Basic Directions

- ♦ Each column must contain all of the numbers 1 through 9, without repeating any of the numbers.
- ♦ Each row must contain all of the numbers 1 through 9, without repeating any of the numbers.
- ♦ Each block in the grid must contain all of the numbers 1 through 9, without repeating any of the numbers.
- ♦ You cannot change any of the prefilled numbers.
- ♦ The puzzle is complete when all the boxes are correctly filled in.

6				1				
9			7				8	2
1		3		4				
					8		1	
						6		9
							3	
7		6			4	8		
	3		6		7	9		
4	9	1	2				7	

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DIFFICULTY: ★★☆☆

SUDOKU

The answer to this puzzle is on page 23



Pepperoni Pizza Sliders



Ingredients

- 1 package slider rolls
- 1/2 cup pizza sauce
- 1/2 cup mini pepperoni
- 1 1/2 cups shredded, low-moisture, part-skim mozzarella cheese
- 1/4 cup butter, melted
- 1 teaspoon parsley flakes
- 1/2 teaspoon dried oregano
- 1/2 teaspoon garlic powder
- 1/2 cup shredded parmesan cheese



Directions

Heat oven 350° F.

1. Keeping rolls connected, cut sheet of rolls horizontally, separating tops from bottoms. Place bottom halves of rolls in baking dish.
2. Spread pizza sauce evenly over bottom halves. Sprinkle pepperoni over sauce. Sprinkle mozzarella over pepperoni and cover with top halves of rolls.
3. Mix melted butter with parsley flakes, dried oregano, garlic powder, and shredded Parmesan cheese. Spoon evenly over sliders.
4. Cover baking dish with aluminum foil sprayed with nonstick cooking spray to keep cheese from sticking.
5. Bake 20 minutes.
6. Remove foil and bake additional 5-10 minutes or until Parmesan is melted and golden brown. Cut sliders and serve immediately.

Tortellini Soup

Ingredients

- 1 extra-large can (about 49 oz) of low-sodium chicken broth*
- 1 9oz package refrigerated cheese (or your favorite filling) tortellini
- 1-4 Tbsp. tomato paste
- Salt/pepper



Directions

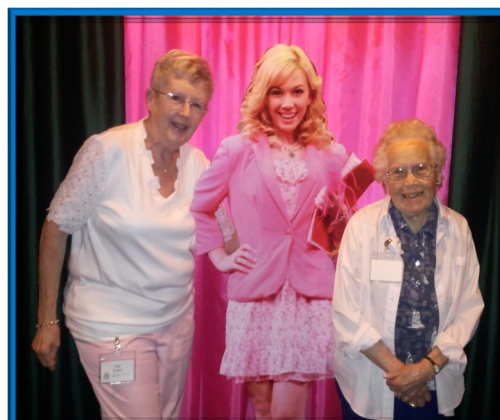
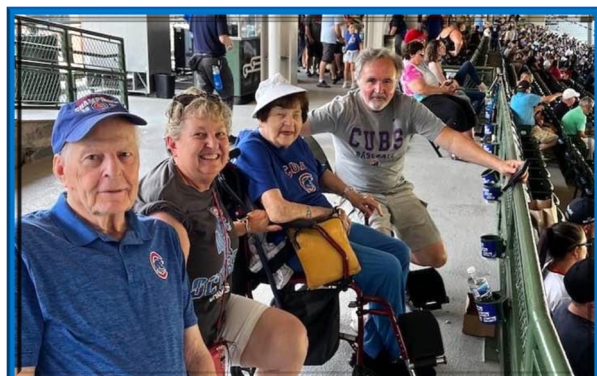
1. Bring the broth to a boil in a large saucepan. Add the tortellini and cook according to package directions.
 2. Add tomato paste and salt and pepper to taste.
- Pair with a loaf of French bread and a green salad.





FUN TRIPS!

Past trips like the Brewers vs Cubs, Kingfish games, Casinos, Fireside, Dancing Horses, Boat tours and more are great to enjoy with the Senior Center! Check the Special Events and Trips List monthly for updates.



Sudoku Puzzle #2

Basic Directions

- ♦ Each column must contain all of the numbers 1 through 9, without repeating any of the numbers.
- ♦ Each row must contain all of the numbers 1 through 9, without repeating any of the numbers.
- ♦ Each block in the grid must contain all of the numbers 1 through 9, without repeating any of the numbers.
- ♦ You cannot change any of the prefilled numbers.
- ♦ The puzzle is complete when all the boxes are correctly filled in.

2	3		4					
		9	8			1		
8					9			6
		1	9	3	8			5
	5				2			
9				4				
3		5						9
			3	6	5			1



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DIFFICULTY: ★★☆☆

The answer to this puzzle is on page 23

Attention:

Inclement Weather Closing

When the Kenosha Unified School District closes all schools due to inclement weather, the **Kenosha Senior Center will also be closed** and no lunches will be served.

Kenosha public schools and the Kenosha Senior Center can be closed due to severe cold, snow or ice. The Superintendent of Schools makes the final decision regarding closures.

Listen to local area news or visit the Kenosha Unified Schools website at www.kusd.edu for school closing announcements.

Remember, during severe weather it is best to stay home and off of roads unless it is absolutely necessary.



Kenosha Senior Center Orientation Wednesday, January 29, 2025 at 9:00am



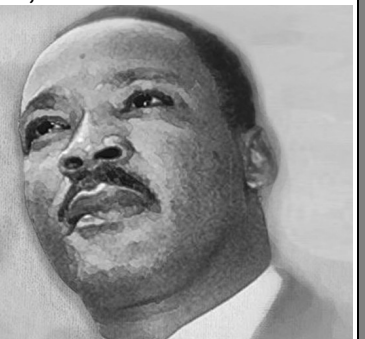
Learn more about the Senior Center

- Take a tour
- Learn how to use the Kiosk to sign in.
- Find out where to park and where not to park.
- Find out how day trips work: What are these year trips? When are they sold? How much do they cost? How to sign up.
- Where to sign up for special events
- Understand the calendar and listings
- Get all your questions answered!

**Call the Senior Center at
262-359-6260 to sign up today**

Martin Luther King, Jr. Day Monday, January 20, 2025

"The ultimate measure of a man is not where he stands in moments of comfort and convenience, but where he stands at times of challenge and controversy."



Happy New Year

2025

Kenosha Senior Center

Get Active

GROUP FITNESS CLASSES

Stay Healthy

Call the Senior Center with Questions 262-359-6260

Total Body Conditioning *with Theresa*

Tuesday at 11am & Thursday at 9am
Fee: \$2.00 per class

This strength training class incorporates body weight resistance along with hand weights and resistance bands to achieve a total body workout. Exercises are designed to increase muscular strength & endurance with flexibility balance & core work for the perfect workout.

Chair Yoga *with Denise* ZOOM

Monday at 1pm (Jan 13– March
Fee: \$2.00 per class

This class involves a series of seated and standing postures to improve balance, increase strength, lubricate joints and increase mobility. Movements are connected with breath work, to calm and focus the mind. The class ends with a quiet meditation.

Exercise *with Jessica & Jordan*

Monday, Wednesday and Friday at 9am
Fee: Free

This class combines safe stretching and strengthening exercises designed to increase muscular strength, range of motion and activity for daily life. Exercises are performed while seated.

Tai Chi *with Trish*

Tuesday at 9:45am
Fee: \$3.00 per class

Tai Chi is a gentle Chinese martial art that involves fluid, choreographed movements. It's an effective exercise for seniors because it is low-impact and can be performed anywhere. Join this class and improve your balance, coordination, flexibility and overall quality of life.

Cardio Drumming Class *with Denise*

Fridays at 10:30am
Fee: \$20.00 per session
Current Session: Classes will resume in April

Low impact workout that helps drum off pounds and relieve stress! This fun class uses exercise balls and sticks choreographed to music. Strengthen stabilizer muscles, improve endurance and enhance overall fitness. The class is done standing but can be modified for a seated workout. Drop-Ins welcome to come try it out!



TAXES INFORMATION



Free Tax Aid AARP

Thursdays, February 6 thru April 3, 2025

9:00 am - 2:30 pm by appointment

Tax-Aide is a free program sponsored by the IRS & AARP that provides income tax counseling, primarily to persons with low or moderate income, who are age 60 and over. The Kenosha Senior Center is one of the locations where their volunteers help people.

You can set up an appointment for tax help beginning Wednesday, January 22, 2025 at 9am

How to Sign Up for a Tax Appointment

There are Three Options:

- **Call (262) 671-8461** to set up your appointment starting Wednesday, Jan. 22. The phone line is open from 8:30am until 3:30pm Mon. thru Fri. You will get an answering machine. Leave a message and someone will return your call to make your appointment. **Important Note: It is a Google Voice Call so it may show up as suspected spam when your call is returned.**
- **Stop in** the Kenosha Senior Center on Wednesday, Jan. 22 from 9am - 12pm to sign up in person.
- Make your appointment **online**. Go to: www.aarp.org/money/taxes/aarp_taxaide.html

Clients need to bring the following documents to their tax appointment:

- Government issued photo ID
- Social Security Card or ITIN card
- Identity Protection Pin number is one has been issued
- Previous years tax return
- W2's
- 1099 forms (1099-R, 1099-B, 1099-D, 1099-INT)
- SSA-1099
- Amount of medical, vision and dental premiums paid
- Check or Savings routing and account number if direct deposit or debit is desired

Any further questions regarding taxes or appointments, please call 262-671-8461



October Breast Cancer Awareness Month

Exercise Class



Thank You...

Jordan and Jessica from Aurora
for all you do ❤️ the KSC

Kandy's Korner



Information, reminders and other news about our Senior Center you might not know or have forgotten!

This week's topic: [Trips & Events Policy](#)

[Starting a New Year and New Trips to be taken!](#)

- If you buy a ticket to a trip or event, and then you are unable to go, we can only refund your ticket if there is a wait list and an available replacement.
- If you cannot go, please always give your ticket back to us, you cannot give your ticket away to another person.
- We have to secure tickets and busses months in advance, so any special accommodations may not be available with every trip for every person.
- Please be courteous to others and do not cut in line while waiting to sign up for a new trip, inside or outside. You cannot save spots in line for others if they come later.

Featured Advertisers

GVP - Good Value Pharmacy

Great Value! Better Service!

Festival Foods: 3207-80th St. 697-5744
MedCare West: 9916-75th St. 925-0201
Larsen Mayer: 3825-39th Ave. 658-8124
Racine: 5220 Washington Ave. 632-6561

ADT- Monitored Home Security

Get 24 Hour Protection

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1-855-225-4251

Ability Independence

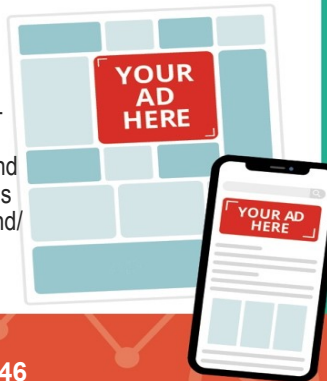
*Laundry Relocation - Grab Bars
Walk in Showers*

www.abilityindependence.com
Kenosha / 262-697-9277

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Build your business and help us grow a vibrant community!

Ruth Schlitz from LPI, will be securing new ads for our Center. As a valuable member of the business community, we invite you to expand your reach and grow your business with a print ad in our newsletter and/or a digital ad featured on My-CommunityOnline.com.



Ruth Schlitz
Cell | 715 581 9746
rschlitz@4lpi.com

Senior Athletic Passes

These passes are good for entrance into Kenosha middle and high school home athletic events for this school year. Members of the Kenosha Senior Center may receive one FREE pass each year. Non-members may purchase a pass for \$5.00 each.



Support Our Student Athletes!

Passes available at the Kenosha Senior Center



Monthly Funnies



What's for breakfast on really cold January days?
Snowflakes

How do mountains stay warm in winter?
They put on their snowcaps

Which one is faster: hot or cold?
Hot. You can catch a cold

Why was the snowman rummaging through the bag of carrots?
He was picking his nose

What often falls in winter but never gets hurt?
Snow

In Memoriam

Our deepest sympathy is
extended to family & friends of

James Davis
and all who have recently
suffered a loss.

Our hearts, thoughts & prayers are with you.



Kenosha Senior Center Newsletter:
January 2025 Published Irregularly

Kenosha
Senior Center
2717 - 67th Street
Kenosha, WI 53143



Member Wisconsin Association
of Senior Centers

Answer to the Word Search from page 12

W F X M D B V O W S S L I S E S Y E R T
R D E D Y E R C N W L V M S W N D T A S
C L Y Q A E L O T I X U D I O O N I E O
T J E I T A W S H R M V I X O W I B Y R
B A B A V S R C A R C T I C D F W T W F
W E E V T T R L O T D J D M S L V S E K
P H L O A E O S N E T T I M T A U O N C
A J R O J P Q M F B O O T S O K O R U A
D M C T W I C E S K A T E S V E X F A J
W L T W H Z I N G K T E B S E T S O R F
K I O F R E E Z I N G C L L T S M D A U
D O N C W E R R C X S A A I V E L Z A C
L R U T R W A M O R M L N P N D K U U C
I H A K E E C R A A J P K P F E L C S A
G F L Z S R T S M L U E E E U G X F A H
L P Y C Z S T T P U Y R T R M R O T S J
O A A I N I E I I W F I S Y P F T U L E
O R W O I H L O M B H F S I F K J B H M
F D W V W X C B I E I K S U K H W L O I
K H W L A Y N X T C O M F O R T E R A K

Answer to Sudoku Puzzle #1 on page 13

6	7	2	8	1	5	3	9	4
9	4	5	7	3	6	1	8	2
1	8	3	9	4	2	7	6	5
3	6	9	5	2	8	4	1	7
8	2	4	3	7	1	6	5	9
5	1	7	4	6	9	2	3	8
7	5	6	1	9	4	8	2	3
2	3	8	6	5	7	9	4	1
4	9	1	2	8	3	5	7	6

Answer to Sudoku Puzzle #2 on page 17

2	3	7	4	1	6	5	9	8
5	6	9	8	2	3	1	7	4
8	1	4	7	5	9	2	3	6
6	2	1	9	3	8	7	4	5
4	5	8	6	7	2	9	1	3
9	7	3	5	4	1	8	6	2
3	4	5	1	8	7	6	2	9
7	9	2	3	6	5	4	8	1
1	8	6	2	9	4	3	5	7

Thank you
to our
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K E N O S H A

Senior Center

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**2025
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