

Kenosha Senior Center NEWSLETTER

Photo By Peggy Pontillo

Vol. 29, No. 12

December 2024



2717 67th Street
Kenosha, WI 53143
262-359-6260

Senior Center Hours:

Monday-Friday 8:30am-3:45pm

Visit us at:

www.kusd.edu/seniorcenter

Facebook:

www.facebook.com/kenoshasenior

Program Director:

Annette Ruffalo
aeruffal@kusd.edu

Administrative Assistant:

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kstull@kusd.edu

Senior Dining:

KAFASI 262-351-6246

BOARD OF DIRECTORS

President:	Kathy Flammang
Vice President:	Ron Mengel
Secretary:	Carol Kessler
Asst. Secretary:	Sue Moe
Treasurer:	Bryan Mogensen

BOARD MEMBERS

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Eloda Birch	Nikki Mondia
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Barbara Johnson	Barb Van Dyke

Dear Members,

The Holiday Seasons to me is being able to close my eyes and hear the laughter of familiar voices, smell the delicious cooking of homemade food and feel the warmth and love being surrounded by family and friends. This is the magic of creating special moments to remember for years to come.

My favorite symbol of the Holiday Season is the snowflake. The elegance and uniqueness of the snowflake drew me in and I have since made snowflakes a tradition with my kiddos. From my oldest, passed down to my youngest, we would cover the front window of our home with as many snowflakes as we can paint, each one different from the next. Then we would get out the white paper to fold and cut particular shapes to create the most remarkable snowflakes to hang on our Christmas Tree.

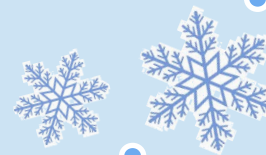
The snowflake's shape is determined by the conditions it encounter as it floats through the air. The path it takes will form every detail of its star-like pattern. The chances of two snowflakes being exactly alike is estimated to be about 1 in 1 million trillion.

Maybe we are all snowflakes.

Our uniqueness is influenced by the path we choose and the different encounters and conditions we are exposed to. What will shape you as a snowflake this Holiday Season? Be that 1 in 1 million trillion?

Happiest of Holidays to you all,

Annette





BUS TRIPS

New Trip

BACK IN THE BUILDING-ELVIS TRIBUTE

Date: Thursday, February 20, 2025
Destination: Fireside Theatre, Fort Atkinson, WI
Prices: Members: \$110.00, Non-members: \$115.00



Tickets go on sale to members on Tuesday, December 10, 2024. Numbers will be handed out at 8:30 am and sign up begins at 8:40. You are allowed to sign up for two members only. You must show both membership cards when you purchase your tickets. **Tickets go on sale to non-members on Wednesday, December 11, 2024.**

Trip Description: In honor of Elvis' 90th birthday, The Fireside and Legends in Concert kick off the 2025 season with jumpsuits, black leather, swiveling hips, and leg-shaking, presenting their newest retrospective of Elvis' life in music told through the eyes of the world's best tribute artists. Being an Elvis tribute artist means more than just donning a jumpsuit and singing classic songs. It's about capturing the essence of Elvis Presley, honoring his legacy, bringing joy to fans who still adore the King of Rock 'n' Roll, and keeping his spirit alive for new generations. Whether on stage or off, these artists live and breathe Elvis' charisma, talent, and timeless appeal.

Menu: Meal choices: **Grilled Pork Ribeye:** A Boneless Pork Chop seasoned and grilled until perfectly tender and glazed with a Honey Mustard Sauce. OR **Rainbow Trout:** Seasoned with Fresh Herbs and Lemon Butter and seared to perfection. OR **Sliced Roast Beef Tenderloin:** Chef Carved Medallions of Roast Beef Tenderloin glazed with a Red Wine Sauce. All meals include freshly baked breads. Above entrees served with a salted Baked Potato with Butter, Chives, and Cheese and a Roasted Vegetable Medley. A **Flourless Chocolate Cake** served as dessert. Complimentary coffee, tea and milk. Cash bar for cocktails and soft drinks.

Please let us know when you purchase ticket if you will need a gluten-free or vegetarian option.

On the day of the trip arrive at the Southwest side of the Indian Trail parking lot, 6800 - 60th Street in Kenosha, by 8:30am to sign in and load the bus. Use the 60th Street entrance. The bus will depart at 8:45am and return at approximately 6:00 pm.

Kenosha Senior Center Trip Policy: We understand that plans can change and you may not be able to attend a trip for which you have purchased a ticket. We cannot issue refunds unless there is a waiting list and we are able to replace you with someone on that list. If you cannot attend a trip call us at 359-6260 and speak with a staff person. We will instruct you what to do, and we will do our best to find a replacement for you. If we are successful, you will be notified to come and pick up your refund.



HAPPY HOLIDAYS!





BUS TRIPS

December Trips

HOLIDAY SHOPPING TRIP

Date: Thursday, December 5, 2024
Destination: Woodfield Mall, Schaumburg, IL
Prices: Members: \$35.00, Non-members: \$35.00



Trip Description: Join us for a day of shopping at the beautifully decorated Woodfield Mall. There are nearly 300 stores, restaurants and specialty shops. You can also take the Free Woodfield Trolley and go to IKEA, Marshalls and Costco. Leave the driving to us and get your holiday shopping done. Price includes deluxe motor coach ride to and "Goodie" Bag" Lunch is on your own.

On the day of the trip arrive at the Southwest side of the Indian Trail parking lot, 6800 - 60th Street in Kenosha, by 8:45am to sign in and load the bus. Use the 60th Street entrance. The bus will depart at 9:00am and return at approximately 6:00 pm.



CHRISTMAS PARTY & BANQUET

Sold Out!

Date: Friday, December 13, 2024
Time: Doors Open at 11:00 am. Party ends at 2:30 pm
Location: Italian American Society of Kenosha, 2217 52nd Street
Price: Members Only: \$45.00



Description: **It's our Annual Christmas Party! Enjoy a delicious lunch buffet, prizes and great entertainment by Logan Ramey As Elvis. Our Christmas Party is lots of fun and will definitely get you into the holiday spirit!**

Check the Front Desk for availability. Sign up will continue until we are at capacity, don't wait to get your tickets. There will be a wait list started once we are sold out.

Reminder: doors will open at 11am-please wait in your car if you arrive early.



Kringle Mingle

HOLIDAY SING-ALONG

Wednesday, December 11, 2024

9:30am-10:30am

- * **Mingle with Friends**
- * **Enjoy Kringle and Coffee**
- * **Sing Holiday Songs**

Sponsored By
Assisted Living Locators

Call the Senior Center
at 262-359-6260 to Sign Up

Classes & Center Updates

- Center Closed December 23rd - Jan. 3, 2025
We will reopen on Monday, January 6, 2025
- No Line Dance on Thursday, Dec 5 & 19
- No BINGO in December
- KAFASI will not be doing meals on the days the Kenosha Senior Center is closed—you can check other KAFASI locations for meals.



Foot Clinic

Friday, December 13, 2024 from 9-Noon



The Foot Clinic is offered by the Kenosha Visiting Nurse Association at the Senior Center every other month. Foot service includes a foot soak, nail care and lotion application for \$35.00. Call the Senior Center at 359-6260 to make an appointment. You need to sign up by the 1st Friday of the month. You can pre-register for future months.

Merry Christmas

The Senior Moments Performing Group
Denise, Cynthia, Mary & Pam



Presented by Aurora Health Care

Blood Pressures Screening
Thursday, Dec. 19, 2024 9:30am-Noon

Take advantage of monthly health screenings at the Senior Center.

Registration not required.

2024 Craft Fair Profits

Food cost to Center	\$ 727.60
Advertising	\$ 543.70
Bake Sale	\$ 972.45
Drawing Prizes	\$ 3550.00
Doll House & Swing	\$ 336.00
Food & Drinks	\$ 1146.37
Donation	\$ 20.00
Table Registration	\$ 1212.00
Overall Profits	\$ 5965.52



Senior Dining

Fellowship, Food and Fun



Sit Down Meals Served at 11:30am

Suggested Donation is \$3.00



- 🍎 Meals include dessert and beverage
- 🍎 Open to anyone 60+ and their spouse, regardless of age
- 🍎 Menus available at the Senior Center or on-line at kafasi.org/nutrition.html
- 🍎 Great way to meet new friends

Reservations required by 10:30am the prior day: 262-351-6246

In-Person Senior Dining ... More than just a meal



Find The Logo Contest



We've hidden our logo in this newsletter!
It's a **miniature** of the one you see here.

To win: Call the Center at 262-359-6260 or email kstull@kUSD.edu with your information by the 20th of the Month:

1. Member's Name
2. Phone Number
3. # of Page you found the logo on

You **must** include all of this information to be included in the drawing and be an active member.

October Winners:

Sue Ann Finn, Margie Owens, Mary Land

History Book Discussion Group

Every 2nd Wednesday, 1pm-2:30pm

If you love reading and history, this is a great group for you! Stop by and listen in. No fee. No registration. Just reading great books and having lively discussions.

Each person will choose a factual history book and read it then bring their book to the meeting and give a brief summary. Everyone will have a chance to summarize their book and there will be time for discussion at the end.



Mahjong Lessons For Beginners

Tuesdays 9:30am—10:30am

Slower paced Mahjong lessons for beginners. Each week will be a different lesson. Watch a short YouTube video and have practice time.



Ballroom Dancing

Wednesdays at 10:30am

Singles, couples, beginners, intermediate or advanced dancers are welcome to dance and socialize with others that love to move their feet. There is no fee.



Drop In Craft Day

Wednesdays 9am-Noon

This group meets Wednesday mornings to socialize and make crafts. The activity is FREE. There is no lesson. Bring your own project to work on or stop in and be inspired by other crafters. Some projects the crafters are working on include wood burning, card making, barn quilts, knitting, diamond art and more. Spark your imagination and check out this fun activity!

Make Crafts. Meet Friends.

Have Fun.



TOPS WI 1593

Take Off Pounds Sensibly
Thursdays at 2:30pm-3:30pm



Are you looking for a support system to help you achieve wellness goals, including weight loss? Then TOPS WI 1593 Kenosha could be for you! For more information, stop in at one of our meetings. You can also visit www.TOPS.org

Contact: Mary Hotle at Maryehotle@gmail.com or call/ text her at 262-930-9582

Zoom Chair Yoga

Denise will be doing zoom Chair Yoga January through March on Mondays at 1pm. There will not be chair yoga at the Center, you can do it from home with Denise!

Sign Up Information:

When: Monday, December 2

Time: 12:15pm Room 121

Cost: \$20



HOLIDAY DANCE

Friday, December 20 at 1:30pm

Music by Ernie Garner



Open to the senior public community

sponsored by:

**Senior Care Patrol, Bruch Funeral Home
Hospice Alliance and Right At Home**

Snacks and door prizes available



2024 SPECIAL EVENTS AND TRIPS



- | | | |
|-------------------------|---|---|
| Thurs. December 5, 2024 | - | Woodfield Mall: Holiday Shopping Trip |
| Fri. December 6, 2024 | - | Deck the Halls Party & Cookies, Cocoa & Carols |
| Fri. Dec. 13, 2024 | - | Senior Center Christmas Party at Italian American |
| Fri. December 20, 2024 | - | Holiday Dance |
- 



ALL EVENTS & TRIPS ARE SUBJECT TO CHANGE!

The Senior Center will be closed from Monday, December 23 - January 3, 2025
We will reopen on Monday, January 6, 2025



Enjoy Your Holidays!!



8 Ball Pool Tournament

Champion Jeff Pascucci



Thank you
to all who participated
in our tournament.
Look for details coming
for next tournament
May 2025



Special thanks to Carl for
officiating final match!

Art a la Carte! November - January Schedule

Julie Schilf, a local artist, is offering twice a month hands-on art (and craft) instruction classes at the Kenosha Senior Center. These will include making and painting pottery, drawing basics (pencil, charcoal and pastels), needle felting, paper origami, wire bending and wire wrapping, jewelry making, mosaics and more!

Seniors Art a la Carte classes are for those who enjoy making art together. The 1-1/2 to 2 hour classes will run from 10:30 am - 12:30 pm usually on the first and third Monday of each month, however that can change so be sure to check the Senior Center Calendar.

Stop In to Sign Up for Classes!

Payment will be made to instructor -

Please arrive 15 minutes before class begins

1st & 3rd MONDAYS: 10:30 - 12:30

November 4 & 18

Separate classes - limit 15 per class

Week 1 - Beaded Origami Cranes
(class fee \$6.00)

Week 2 - Dollar Bill Origami*

(class fee \$5.00) - *PLUS bring some new, crisp \$1.00 bills for folding, or you can purchase from instructor)

December 2 & 16 Pottery:

2-week class - class limit 10 (fee \$10.00)

Week 1 - Christmas Ornaments

Week 2 - Finishing & Glazing

January 6 & 20

2-Separate classes - limit 15 per class

Week 1 - Bent Wire Earrings
(class fee \$7.00)

Week 2 - Simple Watercolor Bird
(class fee \$7.00)



Kenosha Senior Center Class & Activity List

Classes, activities and fees are subject to change. Call 262-359-6260 to confirm an activity

Class/Activity	Days	Times	Cost
American Issues	Friday	10:00am - Noon	Free
Art Class	Wednesday	9:00am - 11:00am	\$5.00 per class & your own supplies
Art a la Carte!	Most 1st and 3rd Mondays	10:30am-12:30pm	Varies: based on project
Bean Bags	Wednesday	1:00pm	Free
Ballroom Dance	Wednesday	10:30am	Free
Bingo for Members	4th Tuesday (Check Calendar)	1:00pm	Free
Book Discussion	Monday	2:15pm	Free
Cardio Drumming	Friday	10:30am	Pre-register for each session
Checkers & Chess	Tuesday	1:00pm	Free
Chorus"Forever Young Chorus"	Thursday	10:30am-Noon	\$2.00 per class
Cribbage	Friday	10:15am	Free
Dances-Monthly	One Friday a Month (Sept. thru June)	1:30-3:30pm	Free
Dart Ball	Wednesday	1:00pm	Free
Dominos	Tuesday	1:00pm	Free
Drop In Craft	Wednesday	9:00am - 12:00pm	Free - Bring your own supplies
Drum Circle with Heather	4th Friday	1:00pm	\$3.00
Euchre	Thursday	1:00pm	Free
Exercise Class	Monday, Wednesday & Friday	9:00am - 10:00am	\$1.00 per class
Foot Clinic	2nd Friday every other month	9-12:30pm by appt.	\$35.00
Golf Card Game	Monday	1:00pm	Free
History Book Discussion	2nd Wednesday	1pm-2:30pm	Free
Junk Journal Crafting	Thursday	9-Noon	Free-Bring your own supplies
Knit & Crochet	Friday	9:00am - 11:00 am	Free - Bring your own supplies
Line Dance with Norm	Monday and Thursday	M:9:00am Th:1:30pm	\$5.00 per class
Mahjong	Tuesday and Friday	T: 1:00 pm, F: 10:15 am	Free
Movies	Some 2nd Fridays	1:00pm	Free
Ping Pong	Monday and Thursday	9:00am-Noon	Free
Pool (Billiards) - Open	Monday thru Friday	Closed during events	Free
Senior Moments Dance	1st and 3rd Tuesday	Noon	Free
Sheepshead	Tuesday and Wednesday	T:8:30am W:1:00pm	Free
Tai Chi	Tuesday	9:45am	\$3.00 per class
TOPS WI 1593	Thursday	2:00pm-3:30pm	Check with Class Instructor
Total Body Conditioning Strength Training Class	Tuesday and Thursday	T:11:00am Th:9:00am	\$2.00 per class
Trips	One or Two a Month	See Newsletter	See Newsletter
Wii Bowling	Thursday/Monday during taxes	12:30pm - 3:00pm	\$5.00 sign up fee
Wood Burning	Monday	9:00 - 11:00 am	Free - Bring your own supplies.
Wood Carving	Monday	9:00 - 11:00 am	Free - Bring your own supplies.
Woodturning	Monday thru Thursday	8:30-10:30am by appt.	First lesson \$20, then \$1 per class
Writing for Fun	Tuesday	10:30 - 11:30 am	Free - Bring your own supplies.
Yoga (Chair)	Monday	1:00pm	\$2.00 per class
World Dance	Tuesday	Twice a year - 10:30am	\$3.00 per class
10			

Activity Calendar		KENOSHA SENIOR CENTER			December 2024
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
2 8:30-10:30am Woodturning by Appt. 9-10am Exercise Class 9-Noon Ping Pong 9-11am Woodcarving 9-11am Wood Burning 9-10:30am Line Dance 10:30am Art a la Carte! 1pm Chair Yoga 1pm Golf Card Game 2:15pm Book Discussion	3 8:30-10:30am Woodturning by Appt. 8:30-11 Sheephead 9:30 Mahjong Lesson 9:45am Tai Chi 10:30am Writing for Fun 11-12pm Strength Training 12pm Senior Dance Group 1pm Dominos, Mahjong , Checkers & Chess	4 8:30-10:30am Woodturning by Appt. 9-11am Art Class 9-12pm Drop In Craft 9-10am Exercise Class 10:30am Ballroom Dance 1pm Sheephead 1pm Bean Bags & Dart Ball	5 TRIP 8:30-10:30am Woodturning by Appt. 9-10am Strength Training 9-Noon Ping Pong 9-12 Junk Journal Craft 10:30am Chorus 12:30 Wii Bowling 1pm Euchre 1:30-3pm NO Line Dance 2:00pm TOPS Group	6 9-10am Exercise Class 9-11am Knit & Crochet 10am Am. Issues 10:15am Cribbage 10:15am Mahjong 10:30am Cardio Drum 12:30-3 <u>Deck the Halls and Cookies, Cocoa & Carols</u>	
9 8:30-10:30am Woodturning by Appt. 9-10am Exercise Class 9-Noon Ping Pong 9-11am Woodcarving 9-11am Wood Burning 9-10:30am Line Dance 10:30am Art a la Carte! 1pm Chair Yoga 1pm Golf Card Game 2:15pm Book Discussion	10 Trip Sign Up 8:30-10:30am Woodturning by Appt. 8:30-11 Sheephead 9:30 Mahjong Lesson 9:45am Tai Chi 10:30am Writing for Fun 11-12pm Strength Training 1pm Dominos, Mahjong , Checkers & Chess <u>1pm Board Meeting</u>	11 8:30-10:30am Woodturning by Appt. 9-11am Art Class 9-12pm Drop In Craft 9-10am Exercise Class <u>9:30am Kringle Mingle</u> 10:30am Ballroom Dance 1pm Sheephead 1pm Bean Bags & Dart Ball 1pm History Book Discussion	12 8:30-10:30am Woodturning by Appt. 9-10am Strength Training 9-Noon Ping Pong 9-12 Junk Journal Craft 10:30am Chorus 12:30 Wii Bowling 1pm Euchre 1:30-3pm Line Dance 2:00pm TOPS Group	13 9-10am Exercise Class <u>9am-Noon Foot Clinic</u> 9-11am Knit & Crochet 10am Am. Issues 10:15am Cribbage 10:15am Mahjong 10:30am Cardio Drum <u>11:00am-2:30 Christmas Party - Italian Am.</u>	
16 8:30-10:30am Woodturning by Appt. 9-10am Exercise Class 9-Noon Ping Pong 9-11am Woodcarving 9-11am Wood Burning 9-10:30am Line Dance 10:30am Art a la Carte! 1pm Chair Yoga 1pm Golf Card Game 2:15pm Book Discussion	17 8:30-10:30am Woodturning by Appt. 8:30-11 Sheephead 9:30 Mahjong Lesson 9:45am Tai Chi 10:30am Writing for Fun 11-12pm Strength Training 12pm Senior Dance Group 1pm Dominos, Mahjong , Checkers & Chess	18 8:30-10:30am Woodturning by Appt. 9-11am Art Class 9-12pm Drop In Craft 9-10am Exercise Class 10:30am Ballroom Dance 1pm Sheephead 1pm Bean Bags & DarBall	19 8:30-10:30am Woodturning by Appt. 9-10am Strength Training 9-Noon Ping Pong 9-12 Junk Journal Craft <u>9:30-12:30 Health Screens</u> 10:30am Chorus 12:30 Wii Bowling 1pm Euchre 1:30-3pm NO Line Dance 2:00pm TOPS Group	20 9-10am Exercise Class 9-11am Knit & Crochet 10am Am. Issues 10:15am Cribbage 10:15am Mahjong 10:30am Cardio Drum <u>1:30pm—3:30pm Holiday Dance</u>	
23 	24	25 	26	27 	
30 Merry Christmas Happy New Year		31 <u>Senior Center Hours:</u> Monday-Friday 8:30am-3:45pm Closed Saturday & Sunday Phone: (262) 359-6260 <u>Pool Tables Open</u> Mon thru Fri 8:30am-3:30pm Except during movies, meetings, dances and closures.			



December Word Search



N O I T I D A R T C D I H V J R G N L D
V P T V M B R C E O F N B F L I D J R D
N Q D U E E O X U O B L M L N L O A O T
M B X M B J R R J K G O N G G E Z O I S
F R O S T Y S R R I U A E C N Z W Q T O
S Y A D I L O H Y E O R R O I E E N W R
C A N D Y C A N E S B S I L R M E M G F
Y P O H S K R O W R L T B I A M H I I K
K L K C G F Z T E L A L F C A N M S F C
R W L A Y D X A E C V P S N S Y D T T A
E H W O O V D B A M I S R E G D M L S J
K T R N H B E V E P T O P A V S L E D S
C A N L C L I G H T S R E M N L E T W D
A E H H G H O Y N F E Q I E W C E O M Y
R R T N P O I A R S F T S F Q T E E T P
C W I I R L M M E I T E L O P H T R O N
T J P C N W O N N E Z V I G P A R T Y J
U H S T O S T D N E R E E D N I E R S T
N G M N O S E S U Z Y E K A L F W O N S
O H S X X Y I L X R S T O C K I N G U Z

BLIZZARD
CANDYCANE
CHIMNEY
COOKIES
DONNER
EGGNOG
ELVES
FESTIVAL
FIREWOOD
FROSTY

GARLAND
GIFTS
GINGERBREAD
HOLIDAYS
HOLLY
JACKFROST
JINGLEBELLS
LIGHTS
MERRY
MISTLETOE

MITTENS
NORTHPOLE
NUTCRACKER
ORNAMENTS
PARTY
PRANCER
PRESENTS
REINDEER
RUDOLPH
SCROOGE

SLED
SNOWFLAKE
SNOWMAN
STOCKING
TINSEL
TOYS
TRADITION
VACATION
WORKSHOP
WREATH

Sudoku Puzzle #1

Basic Directions

- ♦ Each column must contain all of the numbers 1 through 9, without repeating any of the numbers.
- ♦ Each row must contain all of the numbers 1 through 9, without repeating any of the numbers.
- ♦ Each block in the grid must contain all of the numbers 1 through 9, without repeating any of the numbers.
- ♦ You cannot change any of the prefilled numbers.
- ♦ The puzzle is complete when all the boxes are correctly filled in.

	1						4	3
					9		6	
	7	6						
						3		
5		8	4		3	6	1	
		9	6					8
4					7			
6						8		5
					5		3	9

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DIFFICULTY: ★★☆☆

The answer to this puzzle is on page 23





Cherry Coffee Cake

Ingredients

1 can (12.4 ounces) refrigerated cinnamon rolls with icing
1 1/2 cups (21-ounce can) cherry pie filling
1/2 cup slivered almonds or pecans (optional)



Directions

Heat oven to 375 F.
Spray 9-inch round cake pan with nonstick cooking spray.
Separate cinnamon roll dough into eight rolls; cut each roll into quarters.
Place dough rounded-side down in pan.
Spoon pie filling over rolls. Sprinkle almond slivers or pecans over cherry filling, if desired.
Bake 25-35 minutes, or until golden brown.
Invert onto plate or cutting board. Invert again onto serving plate.
Remove lid from icing. Microwave 3-10 seconds. Stir icing and drizzle over warm coffee cake.
Serve Warm

Quick Chicken & Dumplings

Ingredients

1 1/2 cups milk
1 cup frozen peas and carrots
1 cup chopped cooked chicken
1 can (10 1/2 oz) condensed cream of chicken soup
1 cup Original Bisquick™ mix
1/3 cup milk
Paprika, if desired



Directions

In 3-quart saucepan, place 1 1/2 cups milk, the frozen peas and carrots, chicken and soup. Heat to boiling over high heat, stirring frequently. Reduce to a simmer.
In medium bowl, mix Bisquick mix and 1/3 cup milk until soft dough forms. Gently drop dough by 8 spoonfuls onto chicken mixture. Do not submerge dumplings in liquid. Sprinkle with paprika.
Simmer over low heat 10 minutes. Cover; cook 8 to 12 minutes longer or until dumplings are cooked through.



December Birthdays

Helen Grant	12/1	Lourdes Thielen	12/12	Nikki Mondia	12/21
Christina Grosch	12/2	Carolyn Miller	12/12	Rosemary Krenusz	12/22
Caroline Warner	12/2	Carole Barry	12/12	Lynda Hensley	12/22
Robin Reif	12/2	Cynthia Bruno	12/12	Carol Zumpano	12/22
Dorothy Barca	12/3	Dorothy Karasti	12/13	James Davis	12/23
Joan Behringer	12/3	Lynn Matera	12/13	Michael DeFazio	12/23
Sharon Davidson	12/3	Sandra Riese	12/13	Chris Green	12/23
James Keckeisen	12/3	Diana Shidagis	12/14	Covetrus O'Neal	12/23
Gloria Ptak	12/3	Eva Wiechert	12/14	Kay Vignali	12/24
Debra Bezotte-Sterba	12/4	Anita Wrobel	12/14	Thomas Cnockaert	12/24
Nadine Winker	12/4	Darla Childers	12/15	Tom Hipsak	12/25
Jerry Odland	12/5	Susan Egeness	12/15	Peter Sieber	12/25
Susan Stout	12/5	Arturo Miranda	12/15	Marilyn Skipper	12/25
Leona Luckason	12/6	Carol Ann Hall	12/16	Pat Lundy	12/26
Joyce Reece-Hill	12/6	Barbara Van Dyke	12/16	Belkys Driscoll	12/27
Diana Kreuser	12/7	Alice Pratt	12/16	Stephanie Finkelstein	12/27
William Ennis	12/8	Donald Thompson	12/16	Joleen Rongholt	12/27
Gerd Wiechert	12/8	Joyce Fitchett	12/17	Melody Richter	12/27
Jill Robinson	12/8	Vicki Gentert	12/17	Susan Bangs	12/28
Gloria Thomen	12/8	Susan Lane	12/17	Linda Lyons	12/28
Marvin Irving	12/9	Debbie Beales	12/18	Pat Lawler	12/29
Bruce Wells	12/9	Ann Fredriksson	12/18	Mary Lou Viola	12/29
Jean Werlein	12/9	Becky Mattox	12/18	Mike Schwaiger	12/29
Dorothy Isenberg	12/10	Debra Bruni	12/18	Brenda Pierce	12/29
Gary Mink	12/10	Michelle Anderson	12/18	Debbie Lehman	12/29
Wendi Schneider	12/10	Sylvia Nudi	12/18	Kim Hemphill	12/30
James Nuorala	12/10	Rosemary Mutchler	12/19	Brenda Jass	12/30
James Komarec	12/11	Pat Tews	12/19	Patricia Bell	12/31
Carol Kessler	12/11	Jeffrey Wold	12/19	Carol Dosemagen	12/31
LeAnne Marsh	12/11	Jan Cain	12/19	Allen Schwandt	12/31
Leroy Hoecherl	12/12	Jean Ingrum	12/19		
Donna Hyland	12/12	Carol Engberg	12/20		



Sudoku Puzzle #2

Basic Directions

- ♦ Each column must contain all of the numbers 1 through 9, without repeating any of the numbers.
- ♦ Each row must contain all of the numbers 1 through 9, without repeating any of the numbers.
- ♦ Each block in the grid must contain all of the numbers 1 through 9, without repeating any of the numbers.
- ♦ You cannot change any of the prefilled numbers.
- ♦ The puzzle is complete when all the boxes are correctly filled in.

6				1				
9			7				8	2
1		3		4				
					8		1	
						6		9
							3	
7		6			4	8		
	3		6		7	9		
4	9	1	2				7	

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DIFFICULTY: ★★☆☆



The answer to this puzzle is on page 23

2024 Group Holiday Parties

Group	Date	Time	Location
American Issues	Fri., Dec. 20	10am	Senior Center, Room 106
Art Class	Wed., Dec. 11	9-11am	Senior Center, Room 106
Book Discussion	Mon., Dec. 30	1pm	El Camino Kitchen, 9900 77th St.
Cardio Drumming	Fri., Dec. 20	11:45am	Senior Center, Room 121
Chorus	Wed., Dec. 4	Noon	Casa Capri, 2129 Birch Rd., Kenosha
Dominoes	Tues., Dec. 3	Noon	DeRango's - 2135 31st Street, Kenosha
Euchre	Thurs., Dec. 5	11:00am	Mason's 7000 74th Place, Kenosha
Exercise Class	Fri., Dec. 6	9:00am	Senior Center, Room 111
Golf Game	Mon., Dec. 9	Noon	La Fogata - 3300 Sheridan Rd. , Kenosha
Line Dancing	Mon., Dec. 16	9-11am	Senior Center, Room 121
Mahjong	Thurs., Dec. 12	1:00pm	Mason's, 7000 74th Place, Kenosha
Sheepshead	Wed., Dec. 18	11:30am	Senior Center, Room 106
Tai Chi	Tues., Dec. 10	9:30-11:30	Senior Center, Room 106
Total Body Conditioning	Tues., Dec. 10	12:15pm	Senior Center, Room 121
Wii Bowling	Wed., Dec. 11	Noon	Casa Capri, 2129 Birch Rd.. Kenosha
Woodburning/carving	Mon., Dec. 16	9am	Senior Center, Room 111
Writing for Fun	Tues., Dec. 17	10:30am	Senior Center, Room 106
Yoga	Mon., Dec. 9	2:15pm	Senior Center, Room 111



Kenosha Senior Center Orientation
Wednesday, January 29, 2025 at 9:00am



Learn more about the Senior Center

- Take a tour
- Learn how to use the Kiosk to sign in.
- Find out where to park and where not to park.
- Find out how day trips work: What are these year trips? When are they sold? How much do they cost? How to sign up.
- Where to sign up for special events
- Understand the calendar and listings
- Get all your questions answered!

**Call the Senior Center at
 262-359-6260 to sign up today**

Combination Party

"Deck The Halls"
And
Cookies, Cocoa
& Carols



Friday, December 6, 2024
12:30pm-3:00pm

Decorate the Senior Center for the Holidays
 then enjoy Cookies, Cocoa and a Sing-A-Long
 with the Forever Young Chorus

**Join us for an afternoon
 of friendship and
 holiday cheer!**

Call the Center at 359-6260 to sign up



Kenosha Senior Center

Get Active

GROUP FITNESS CLASSES

Stay Healthy

Call the Senior Center with Questions 262-359-6260

Total Body Conditioning *with Denise*

Tuesday at 11am & Thursday at 9am
Fee: \$2.00 per class

This strength training class incorporates body weight resistance along with hand weights and resistance bands to achieve a total body workout. Exercises are designed to increase muscular strength & endurance with flexibility balance & core work for the perfect workout.

Chair Yoga *with Denise*

Monday at 1pm
Fee: \$2.00 per class

This class involves a series of seated and standing postures to improve balance, increase strength, lubricate joints and increase mobility. Movements are connected with breath work, to calm and focus the mind. The class ends with a quiet meditation.

Exercise *with Jessica & Jordan*

Monday, Wednesday and Friday at 9am
Fee: \$1.00 per class

This class combines safe stretching and strengthening exercises designed to increase muscular strength, range of motion and activity for daily life. Exercises are performed while seated.

Tai Chi *with Trish*

Tuesday at 9:45am
Fee: \$3.00 per class

Tai Chi is a gentle Chinese martial art that involves fluid, choreographed movements. It's an effective exercise for seniors because it is low-impact and can be performed anywhere. Join this class and improve your balance, coordination, flexibility and overall quality of life.

Cardio Drumming Class *with Denise*

Fridays at 10:30am
Fee: \$20.00 per session
Current Session: October 11 - December 20, 2024

Low impact workout that helps drum off pounds and relieve stress! This fun class uses exercise balls and sticks choreographed to music. Strengthen stabilizer muscles, improve endurance and enhance overall fitness. The class is done standing but can be modified for a seated workout. Drop-Ins welcome to come try it out!



2024 Craft Fair Prize Winners

Winners

A. Lee Lindstrom
Aaron
Amanda Reserson
Amy Busick
Amy Busick
Annette Ruffalo
Annette Ruffalo
Ashley Royle
Barb Beaulieu
Betty Wright
Bonnie Griffiths
C. Millholland
Caitlyn Henry
Chris Ward
Chris Zapencki
Cindy Gehrke
Cindy Lein
Diane Anderson
Edna Bloomer
Edna Bloomer
Jenny Sullivan
Kayla Kessen
Kelly
Lori Sidlo
Margaret Van Boven
Margaret Van Boven
Mary Bryant
Mary Land
Mike Fiore
Nick Gorr
Paula McGuire
Peter Bojke
Renee Hansler
Renee Hansler
Ron Frea
Ron Mengel
S. Zaionc
Sherrie
V. Hessefort

Prize

Harry & David
Soup'er Night In
Keeping Cozy
Gingerbread House
Campbell's Soup Warm up
Marie Osmond doll & bear
On Wisconsin!!
Thanksgiving Décor
Happy Harvest
Mom's Cozy Kitchen
Crafter's Delight
Dunkin Delight
Games & Cocoa
Avengers Ultimate Basket
Wash Me
Comforts of Home
Yea Brewers!
Hershey's Treat Night
Mission to Eat
Priceless Lottery Tree
A Stella Rosa Evening
Football for All
Tis the Season to be Jolly
Brewer Tailgate
Pasta Perfection
Coca Cola Basket
Pumpkin Dreams
Merry Cookies
Oh! Merry Xmas!
Merry Christmas!
Art Supplies
Fall into Fun
Tree Farm
Yummy Hot Cocoa
Packer Backer
Oreo Dessert Basket
Head to Toe Spa
Keep'em Busy craft basket
Snowman Bonanza

Donated By:

Ellen Conn
Champion Care
Lowe Insurance
Ellen Conn
Ellen Conn
Center Member
Ellen Conn
Center Member
Parkview Gardens
Center Member
Kenosha Place
Right at Home
Elizabeth Gardens
Ellen Conn
Advance Auto Parts
Home Helpers
Ellen Conn
Ellen Conn
Mission BBQ
Hospice Alliance
Ellen Conn
Ellen Conn
Compassus
Ellen Conn
ClearSky Rehab. Hosp. of Kenosha
Ellen Conn
Heartland Hospice
Ellen Conn
Ellen Conn
Ellen Conn
Center Member
Senior Helpers
Ellen Conn
Ellen Conn
Ellen Conn
Ellen Conn
Center Member
CarePatrol
St. Catherine's Commons

Doll House & Furniture
Winner: Dorothy Bohleen
Donated by: Kathy Mentink

Living Accents 3 person Cushion Swing
Winner: Frank Esposito
Donated by: Prairie Side Ace Hardware

A BIG  Thank
YOU

2024 Craft Fair Volunteers

Ada L Harris
Anita Masi
Barb Johnson
Carol Kessler
Carol Sieber
Cheryl Millholland
Daniel Ambrowiak
Dawn Drost
Diane Anderson
Elaine Rodriguez
Eloda Birch
Florence Kowalczyk
Fran Thaniotis
Gina Thomas
Harborside Students
Janice Whitten
Jim Bellantonio

Joan Hall
Julie Mengel
Karen Lemke
Kathy Flammang
Lucy Rangel
Lynette Stoner
Mary Ann Bourget
Michael Fiore
Nikki Mondia
Paul Wade
Peter Sieber
Phyllis Mattox
Rita Haugh
Ron Mengel
Shirley Lawler
Sue Moe
Toni Larsen

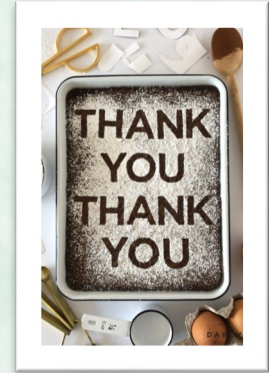
A big **Thank You** to Denise and the cooking crew
for making the fabulous food again for our Café!



If your name did not make it on
our lists, but you helped out in any
way, we thank you and appreciate
what you did for the Craft Fair. We
couldn't do it without all of you!

2024 Craft Fair Bakers

Barb Van Dyke	Janet Bonaretti	Luella Vines	Theresa Van Landuyt
Barbara Johnson	Janice Laufenberg	Lynette Stoner	Toni Larsen
Brenda Vorlob	Janice Whitten	Margie Slavik	Vickie Hessefort
Brenda Walentowski	Jeanine Belhumeur	Mary Ann Bourget	Wanda Wienkers
Carol Kessler	Jill Robinson	Mike Fiore	
Cassandra Rodriguez	Joan Riemer	Nancy Holman	
Cathy Rowe	Joyce Johnsen	Nikki Mondia	
Cindy Gehrke	Judy Maegaard	Norma Pagel	
Claudia Schiller	Karen Lemke	Pat Schultz	
Debra Trimmer	Kathy Kazin	Rita Haugh	
Deloris Jass	Kay Schltz	Ruth Sammons	
Denise Mosher	Lillian Weiss	Sandy Ehn timer	
Fran Thaniotis	Linda Lyons	Shirley Pitts	
Gina Thomas	Lori Sidlo	Sue Moe	
Jane Haubrich	Lou Schmitz	Theresa DeBettignies	



Kandy's Korner



Information, reminders and other news about our Senior Center you might not know or have forgotten!

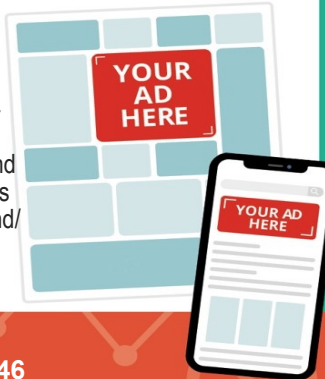
This week's topic: **Holiday Tips**

- * **It is a busy time of year for all of us at the Center as well as yourselves, so please be patient with us!**
- * **If you are attending the Christmas party at Italian American on the 13th, don't forget doors won't open until 11am, we are busy at work making it just right for you! If you are early, please wait in your car.**
- * **Check the Center calendar for class or Center closings, time changes, or new dates. We try to keep you informed as much as possible so you don't miss a thing!**
- * **Please do not donate any used clothes or shoes on the 'free' table at the center. Give those to a charity in town! Happy Holidays!**

AVAILABLE NOW! PRINT & DIGITAL AD SPACES

Build your business and help us grow a vibrant community!

Ruth Schlitz from LPI, will be securing new ads for our Center. As a valuable member of the business community, we invite you to expand your reach and grow your business with a print ad in our newsletter and/or a digital ad featured on My-CommunityOnline.com.



Ruth Schlitz
Cell | 715-581-9746
rschlitz@4lpi.com

Senior Athletic Passes

These passes are good for entrance into Kenosha middle and high school **home** athletic events for this school year. Members of the Kenosha Senior Center may receive one FREE pass each year. Non-members may purchase a pass for \$5.00 each.



Support Our Student Athletes!

Passes available at the Kenosha Senior Center

Featured Advertisers

Kenosha Place Senior Living

Assisted Living - Memory Care - Respite Care
5048 Green Bay Road - (262) 652-5149

Mechele Lewis

Medicare Specialist

262-278-8708

mlewis58@humana.com

Elizabeth Goldberg

Answers To All Your Medicare Questions
Call for a FREE review of Medicare Options

262-206-9223

egoldberg.eg@gmail.com

Brookdale Senior Living

"Memory loss doesn't have to mean all is lost"
Apartments available for those with Dementia
(262) 694-6101 - www.brookdale.com



Monthly Funnies



What do you call a kid who doesn't believe in Santa?

A rebel without a Claus

What's every elf's favorite type of music?

Wrap

What do you get when you cross a snowman and a vampire?

Frostbite

What do you call an elf that can sing and dance?

Elfis

What goes "oh oh oh"?

Santa walking backwards!

In Memoriam

Our deepest sympathy is
extended to family & friends
who have recently
suffered a loss.



Our hearts, thoughts & prayers are with you.

Kenosha Senior Center Newsletter:
December 2024 Published Irregularly

Kenosha
Senior Center
2717 - 67th Street
Kenosha, WI 53143



Member Wisconsin Association
of Senior Centers

Answer to the Word Search from page 12

NOITIDART C D I H V J R G N L D
V P T V M B R C E O F N B F L I D J R D
N Q D U E E O X U O B L M L N L O A O T
M B X M B J R R J K G O N G E Z O I S
F R O S T Y S R R I U A E C N Z W Q T O
S Y A D I L O H Y E O R R O I E E N W R
G A N D Y C A N E S B S I L R M E M G F
Y P O H S K R O W R L T B I A M H I I K
K L K C G F Z T E L A L F C A N M S F C
R W L A Y D X A E C V R S N S Y D T A
E H W O O V D B A M I S P E G D M L S J
K T R N H B E V E P T O P A V S L E D S
C A N L C L I G H T S R E M N L E T W D
A E H H G H O Y N F E Q I E W C E O M Y
R R T N P O I A R S F T S F Q T E E T P
C W I I R L M M E I T E L O P H T R O N
T J P C N W O N N E Z V I G P A R T Y J
U H S T O S T O N E R E E D N I E R S T
N G M N O S E S U Z Y E K A L F W O N S
O H S X X Y I L X R S T O C K I N G U Z

Answer to Sudoku Puzzle #1 on page 13

9	1	5	8	2	6	7	4	3
8	3	4	7	1	9	5	6	2
2	7	6	5	3	4	9	8	1
1	6	7	2	5	8	3	9	4
5	2	8	4	9	3	6	1	7
3	4	9	6	7	1	2	5	8
4	5	3	9	8	7	1	2	6
6	9	1	3	4	2	8	7	5
7	8	2	1	6	5	4	3	9

Answer to Sudoku Puzzle #2 on page 17

6	7	2	8	1	5	3	9	4
9	4	5	7	3	6	1	8	2
1	8	3	9	4	2	7	6	5
3	6	9	5	2	8	4	1	7
8	2	4	3	7	1	6	5	9
5	1	7	4	6	9	2	3	8
7	5	6	1	9	4	8	2	3
2	3	8	6	5	7	9	4	1
4	9	1	2	8	3	5	7	6

Happy Holidays
And Thank You To
Our Advertisers!



Kenosha Senior Citizens Council, Inc.
2717 - 67th Street
Kenosha, WI 53143

**Non-Profit Org.
U.S.
POSTAGE
PAID
Kenosha, WI
Permit No. 515**

Current Resident or

2024
DECEMBER

A decorative Christmas tree is positioned to the right of the text. It is composed of green, swirling lines that form the branches. The branches are adorned with various colorful snowflakes and small, multi-colored stars. The tree is topped with a larger, orange snowflake.