

Kenosha Senior Center NEWSLETTER

Photo By Peggy Pontillo

Vol. 29, No. 11

November 2024



2717 67th Street
Kenosha, WI 53143
262-359-6260

Senior Center Hours:

Monday-Friday 8:30am-3:45pm

Visit us at:

www.kusd.edu/seniorcenter

Facebook:

www.facebook.com/kenoshasenior

Program Director:

Annette Ruffalo
aeruffal@kusd.edu

Administrative Assistant:

Kandy Stull
kstull@kusd.edu

Senior Dining:

KAFASI 262-351-6246

BOARD OF DIRECTORS

President:	Kathy Flammang
Vice President:	Ron Mengel
Secretary:	Carol Kessler
Asst. Secretary:	Sue Moe
Treasurer:	Bryan Mogensen

BOARD MEMBERS

Jim Bellantonio	Phyllis Mattox
Eloda Birch	Nikki Mondia
MaryAnn Bourget	Carol Sieber
Joan Hall	Cheryl Millholland
Barbara Johnson	Barb Van Dyke

Dear Friends,

As the holiday season approaches, I want to encourage you to look back at the past year with your friends and family. Was 2024 filled with everything you could imagine? Were you hoping it could have been more?

Growing up, while gathered around with friends and family attending parties and dinners, it was always a given that after the main meal was being cleaned up, someone would lean over and say, "keep your fork". This set the stage for everyone's favorite part of the night because they knew something better was on its way. The anticipation of the traditional homemade apple, pumpkin or pecan pie.

The story behind the phrase "keep your fork" is to inspire your heart to remember that something more, better or the best is on its way.

So, my friends, "keep your fork" this holiday season, be appreciative and grateful but most of all thankful for all you have experienced in 2024 and remember that in the next years the best is yet to come!

Annette





BUS TRIPS

MIRACLE ON 34TH STREET

Waiting List!



Date: Friday, November 22, 2024
Destination: Fireside Theatre, Fort Atkinson, WI
Prices: Members: \$110.00, Non-members: \$115.00

Trip Description: Based on the beloved Christmas movie, MIRACLE ON 34TH STREET is a big brassy Broadway musical with a heart. Macy's Thanksgiving Day Parade needs a new Santa. Enter Kris Kringle – a sweet and jolly old man who claims that he is the real Santa Claus. Thus begins this funny, warm, tuneful, and inspirational musical as Kris has to prove his claim in court and teach his cynical neighbor and her daughter to believe in the goodness and love that is Christmas.

Menu: Meal choices: Chicken and Ribs OR Seared Duck OR Steak Diane. All meals include freshly baked breads, garlic whipped potatoes, Romanesco and Mississippi Mud Pie (rich chocolate cake with pecans, topped with marshmallow and a chocolate drizzle) for dessert. Complimentary coffee, tea and milk. Cash bar for cocktails and soft drinks.

Please let us know when you purchase ticket if you will need a gluten-free or vegetarian option.

On the day of the trip arrive at the Southwest side of the Indian Trail parking lot, 6800 - 60th Street in Kenosha, by 8:30am to sign in and load the bus. Use the 60th Street entrance. The bus will depart at 8:45am and return at approximately 6:00 pm.

2024 SPECIAL EVENTS AND TRIPS

- | | | |
|-------------------------|---|---|
| Sat. Nov. 9, 2024 | - | Kenosha Senior Center: Holiday Craft Fair |
| Fri. November 15, 2024 | - | Thanksgiving Dance |
| Fri. November 22, 2024 | - | Fireside Theatre: Miracle on 34th Street |
| Thurs. December 5, 2024 | - | Woodfield Mall: Holiday Shopping Trip |
| Fri. December 6, 2024 | - | Deck the Halls Party & Cookies, Cocoa & Carols |
| Fri. December 13, 2024 | - | Senior Center Christmas Party at Italian American |
| Fri. December 20, 2024 | - | Holiday Dance |

ALL EVENTS & TRIPS ARE SUBJECT TO CHANGE!

Kenosha Senior Center Trip Policy: We understand that plans can change and you may not be able to attend a trip for which you have purchased a ticket. We cannot issue refunds unless there is a waiting list and we are able to replace you with someone on that list. If you cannot attend a trip call us at 359-6260 and speak with a staff person. We will instruct you what to do, and we will do our best to find a replacement for you. If we are successful, you will be notified to come and pick up your refund.



BUS TRIPS

HOLIDAY SHOPPING TRIP

Date: Thursday, December 5, 2024
Destination: Woodfield Mall, Schaumburg, IL
Prices: Members: \$35.00, Non-members: \$35.00

Tickets Still Available

Tickets go on sale to members on Tuesday, October 8 2024. Numbers will be handed out at 8:30am and sign up begins at 8:40am. You are allowed to sign up for two members only. You must show both membership cards when you purchase your tickets. **Tickets go on sale to non-members on Wednesday, October 9 2024**

Trip Description: Join us for a day of shopping at the beautifully decorated Woodfield Mall. There are nearly 300 stores, restaurants and specialty shops. You can also take the Free Woodfield Trolley and go to IKEA, Marshalls and Costco. Leave the driving to us and get your holiday shopping done. Price includes deluxe motor coach ride to and "Goodie" Bag" Lunch is on your own.

On the day of the trip arrive at the Southwest side of the Indian Trail parking lot, 6800 - 60th Street in Kenosha, by 8:45am to sign in and load the bus. Use the 60th Street entrance. The bus will depart at 9:00am and return at approximately 6:00 pm.



CHRISTMAS PARTY & BANQUET

Date: Friday, December 13, 2024
Time: Doors Open at 11:00 am. Party ends at 2:30 pm
Location: Italian American Society of Kenosha, 2217 52nd Street
Price: Members Only: \$45.00



Tickets go on sale to Members Only on Tuesday, October 15, 2024 at 8:40 am. You are allowed to sign up for two members only. You must show both membership cards when you purchase your tickets. Sign up will continue until we are at capacity, don't wait to get your tickets!

Description: **It's our Annual Christmas Party! Enjoy a delicious lunch buffet, prizes and great entertainment by Logan Ramey As Elvis. Our Christmas Party is lots of fun and will definitely get you into the holiday spirit!**

Reminder: doors will open at 11am-please wait in your car if you arrive early.



Call to Check Availability

FREE BINGO

**Tuesday, November 26, 2024 at 1pm
For Senior Center Members**

- **Register** by Noon, on the Thursday before BINGO. Call 262-359-6260 to register.
- **Cards:** When you come to the Center, you will get a card.

Sponsored by Mike Lowe Insurance

Dance & Pom Squad 1st and 3rd Tuesdays at Noon



Find your inner pom-pom girl, cheerleader or dancer and come join this group to learn fun routines and maybe even perform in public! (public performing is optional). It's a great way to meet new people, be active, have fun and DANCE! The group meets the 1st and 3rd Tuesdays of the month from 12pm-2pm. No experience needed. No fee. Questions? Contact Mary at 262-930-9582 or Maryehotle@gmail.com



Senior Center Closed!
Tuesday, November 5, 2024
The Kenosha Senior Center
Will Be Closed For Elections



Garbage Collection Help



Having trouble getting your trash cans to the curb for pickup? Call the Kenosha County Public Works to see about getting special waste collection assistance at 262-653-4050. They have accommodations for the elderly and handicapped.



Checkers and Chess Group Tuesdays 1:00pm

Looking for someone to play chess or checkers with? Here's your group! Just drop in for a game. It's a great way to meet new people.

Mahjong Lessons For Beginners



Tuesdays 9:30am—10:30am

Slower paced Mahjong lessons for beginners. Each week will be a different lesson. Watch a short YouTube video and have practice time.



Class & Center Updates

- Closed Tuesday, November 5th for Elections
- Closed Friday, November 8th at Noon for Craft Fair Set Up
- Closed November 28th and November 29th for Thanksgiving
- NO Line Dance Thursday, November 21st
- NO Wii Thursday, November 21st

Foot Clinic

Friday, December 13, 2024 from 9-Noon



The Foot Clinic is offered by the Kenosha Visiting Nurse Association at the Senior Center every other month. Foot service includes a foot soak, nail care and lotion application for \$35.00. Call the Senior Center at 359-6260 to make an appointment. You need to sign up by the 1st Friday of the month. You can pre-register for future months.

Senior Dining

Fellowship, Food and Fun

Sit Down Meals Served at 11:30am
Suggested Donation is \$3.00



- 🍎 Meals include dessert and beverage
- 🍎 Open to anyone 60+ and their spouse, regardless of age
- 🍎 Menus available at the Senior Center or on-line at kafasi.org/nutrition.html
- 🍎 Great way to meet new friends

Reservations required by 10:30am the prior day: 262-351-6246

In-Person Senior Dining ... More than just a meal

DONUT DAY



FREE

Coffee and Donuts
9:30am-10:30am

Wednesday, November 6, 2024

Sponsored by Pike Creek

Wednesday, November 13 2024

Sponsored by Elizabeth Goldberg

Wednesday, November 20, 2024

Sponsored by Sage Meadow Assisted Living

Find The Logo Contest



We've hidden our logo in this newsletter!
It's a **miniature** of the one you see here.

To win: Call the Center at 262-359-6260 or email kstull@kUSD.edu with your information by the 20th of the Month:

1. Name
2. Phone Number
3. # of Page you found the logo on

You **must** include all of this information to be included in the drawing.

September Winners:

Donna Gorr, Jan Cain,
Julie Mengel, Brenda Walentowski

TOPS WI 1593

Take Off Pounds Sensibly
Thursdays at 2:30pm-3:30pm



Are you looking for a support system to help you achieve wellness goals, including weight loss? Then TOPS WI 1593 Kenosha could be for you! For more information, stop in at one of our meetings. You can also visit www.TOPS.org.

Contact: Mary Hotle at Maryehotle@gmail.com or call/ text her at 262-930-9582

Drop In Craft Day

Wednesdays 9am-Noon

This group meets Wednesday mornings to socialize and make crafts. The activity is FREE. There is no lesson. Bring your own project to work on or stop in and be inspired by other crafters. Some projects the crafters are working on include wood burning, card making, barn quilts, knitting, diamond art and more. Spark your imagination and check out this fun activity!

Make Crafts. Meet Friends.

Have Fun.



NEW History Book Discussion Group

Meets every 2nd Wednesday
1:00pm-2:30pm

This new Book Discussion Group will meet every 2nd Wednesday of the month. Each person will choose a factual history book and read it. Each person will bring their book to the meeting and give a brief summary.

Everyone will have a chance to summarize their book and there will be time for discussion at the end. If you love reading and love history, this is a great group for you! Stop by and check it out.

No fee. No registration. Just reading great books and having lively discussions.



Quarterly Meetings

Thursday November 21 @ 1:00pm
Attend to have a chance to win a

Gift Card



EVERYONE

IS WELCOME HERE

THANKSGIVING DANCE

Friday, November 15, 2024

1:30-3:30pm

Music by Ernie Garner

Open to the senior public community

sponsored by:

Brookdale Senior Living

snacks and door prizes available



ART CLASS

Wednesdays 9am - 11am



Art a la Carte!

November – January Schedule

Julie Schilf, a local artist, is offering twice a month hands-on art (and craft) instruction classes at the Kenosha Senior Center. These will include making and painting pottery, drawing basics (pencil, charcoal and pastels), needle felting, paper origami, wire bending and wire wrapping, jewelry making, mosaics and more!

Seniors Art a la Carte classes are for those who enjoy making art together. The 1-1/2 to 2 hour classes will run from 10:30 am - 12:30 pm usually on the first and third Monday of each month, however that can change so be sure to check the Senior Center Calendar.

1st & 3rd MONDAYS: 10:30 - 12:30

November 4 & 18

Separate classes – limit 15 per class

Week 1 – **Beaded Origami Cranes**

(class fee \$6.00)

Week 2 – **Dollar Bill Origami***

*(class fee \$5.00) – *PLUS bring some new, crisp \$1.00 bills for folding, or you can purchase from instructor)*



Nov. 4



Nov. 18



December 2 & 16 Pottery:

2-week class – class limit 10 (fee \$10.00)

Week 1 – **Christmas Ornaments**

Week 2 – **Finishing & Glazing**



Dec. 2 & 16



January 6 & 20

2-Separate classes – limit 15 per class

Week 1 – **Bent Wire Earrings**

(class fee \$7.00)

Week 2 – **Simple Watercolor Bird**

(class fee \$7.00)



Jan. 6



Jan. 20

Call 262-359-6260 or Stop In to Sign Up for Classes!

Payment will be made to instructor - Please arrive 15 minutes before class begins

Kenosha Senior Center Class & Activity List

Classes, activities and fees are subject to change. Call 262-359-6260 to confirm an activity

Class/Activity	Days	Times	Cost
American Issues	Wednesday and Friday	10:00am - Noon	Free
Art Class	Wednesday	9:00am - 11:00am	\$5.00 per class & your own supplies
Art a la Carte!	Most 1st and 3rd Mondays	10:30am-12:30pm	Varies: based on project
Bean Bags	Wednesday	1:00pm	Free
Ballroom Dance	Wednesday	10:30am	Free
Bingo for Members	4th Tuesday (Check Calendar)	1:00pm	Free
Book Discussion	Monday	2:15pm	Free
Cardio Drumming	Friday	10:30am	Pre-register for each session
Checkers & Chess	Tuesday	1:00pm	Free
Chorus"Forever Young Chorus"	Thursday	10:30am-Noon	\$2.00 per class
Cribbage	Friday	10:15am	Free
Dances-Monthly	One Friday a Month (Sept. thru June)	1:30-3:30pm	Free
Dart Ball	Wednesday	1:00pm	Free
Dominos	Tuesday	1:00pm	Free
Drop In Craft	Wednesday	9:00am - 12:00pm	Free - Bring your own supplies
Drum Circle with Heather	4th Friday	1:00pm	\$3.00
Euchre	Thursday	1:00pm	Free
Exercise Class	Monday, Wednesday & Friday	9:00am - 10:00am	\$1.00 per class
Foot Clinic	2nd Friday every other month	9-12:30pm by appt.	\$35.00
Golf Card Game	Monday	1:00pm	Free
History Book Discussion	2nd Wednesday	1pm-2:30pm	Free
Junk Journal Crafting	Thursday	9-Noon	Free-Bring your own supplies
Knit & Crochet	Friday	9:00am - 11:00 am	Free - Bring your own supplies
Line Dance with Norm	Monday and Thursday	M:9:00am Th:1:30pm	\$5.00 per class
Mahjong	Tuesday and Friday	T: 1:00 pm, F: 10:15 am	Free
Movies	Some 2nd Fridays	1:00pm	Free
Ping Pong	Monday and Thursday	9:00am-Noon	Free
Pool (Billiards) - Open	Monday thru Friday	Closed during events	Free
Senior Moments Dance	1st and 3rd Tuesday	Noon	Free
Sheepshead	Tuesday and Wednesday	T:8:30am W:1:00pm	Free
Tai Chi	Tuesday	9:45am	\$3.00 per class
TOPS WI 1593	Thursday	2:30pm-3:30pm	Check with Class Instructor
Total Body Conditioning Strength Training Class	Tuesday and Thursday	T:11:00am Th:9:00am	\$2.00 per class
Trips	One or Two a Month	See Newsletter	See Newsletter
Wii Bowling	Thursday/Monday during taxes	12:30pm - 3:00pm	\$5.00 sign up fee
Wood Burning	Monday	9:00 - 11:00 am	Free - Bring your own supplies.
Wood Carving	Monday	9:00 - 11:00 am	Free - Bring your own supplies.
Woodturning	Monday thru Thursday	8:30-10:30am by appt.	First lesson \$20, then \$1 per class
Writing for Fun	Tuesday	10:30 - 11:30 am	Free - Bring your own supplies.
Yoga (Chair)	Monday	1:00pm	\$2.00 per class
World Dance	Tuesday	Twice a year - 10:30am	\$3.00 per class
10			

Activity Calendar		KENOSHA SENIOR CENTER		November 2024	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Senior Center Hours: Monday-Friday 8:30am-3:45pm Closed Saturday & Sunday Phone: (262) 359-6260				Pool Tables Open Mon thru Fri 8:30am-3:30pm Except during movies, meetings, dances and closures.	
1 9-10am Exercise Class 9-11am Knit & Crochet 10am Am. Issues 10:15am Cribbage 10:15am Mahjong 10:30am Cardio Drum		4 8:30-10:30am Woodturning by Appt. 9-10am Exercise Class 9-Noon Ping Pong 9-11am Woodcarving 9-11am Wood Burning 9-10:30am Line Dance 10:30am Art a la Carte 1pm Chair Yoga 1pm Golf Card Game 2:15pm Book Discussion		5 <u>CLOSED FOR ELECTIONS</u> <u>1pm Board Meeting</u>	
6 8:30-10:30am Woodturning by Appt. 9-11am Art Class 9-12pm Drop In Craft 9-10am Exercise Class <u>9:30am Donut Day</u> 10-Noon Am. Issues 10:30am Ballroom Dance 1pm Sheephead 1pm Bean Bags & Dart Ball		7 8:30-10:30am Woodturning by Appt. 9-10am Strength Training 9-Noon Ping Pong 9-12 Junk Journal Craft 10:30am Chorus 12:30 Wii Bowling 1pm Euchre 1:30-3pm Line Dance 2:30pm TOPS Group		8 9-10am Exercise Class 9-11am Knit & Crochet 10am Am. Issues 10:15am Cribbage 10:15am Mahjong 10:30am Cardio Drum <u>Center Closes at Noon for Craft Fair Set-Up</u>	
11 8:30-10:30am Woodturning by Appt. 9-10am Exercise Class 9-Noon Ping Pong 9-11am Woodcarving 9-11am Wood Burning 9-10:30am Line Dance 1pm Chair Yoga 1pm Golf Card Game 2:15pm Book Discussion		12 8:30-10:30am Woodturning by Appt. 8:30-11 Sheephead 9:30 Mahjong Lesson 9:45am Tai Chi 10:30am Writing for Fun 11-12pm Strength Training 12pm Senior Dance Group 1pm Dominos, Mahjong , Checkers & Chess		13 8:30-10:30am Woodturning by Appt. 9-11am Art Class 9-12pm Drop In Craft 9-10am Exercise Class <u>9:30am Donut Day</u> 10-Noon Am. Issues 10:30am Ballroom Dance 1pm Sheephead 1pm Bean Bags & Dart Ball 1pm History Book Discussion	
14 8:30-10:30am Woodturning by Appt. 9-10am Strength Training 9-Noon Ping Pong 9-12 Junk Journal Craft 10:30am Chorus 12:30 Wii Bowling 1pm Euchre 1:30-3pm Line Dance 2:30pm TOPS Group		15 9-10am Exercise Class 9-11am Knit & Crochet 10am Am. Issues 10:15am Cribbage 10:15am Mahjong 10:30am Cardio Drum <u>1:30pm Thanksgiving Dance</u>		18 8:30-10:30am Woodturning by Appt. 9-10am Exercise Class 9-Noon Ping Pong 9-11am Woodcarving 9-11am Wood Burning 9-10:30am Line Dance 10:30am Art a la Carte 1pm Chair Yoga 1pm Golf Card Game 2:15pm Book Discussion	
19 8:30-10:30am Woodturning by Appt. 8:30-11 Sheephead 9:30 Mahjong Lesson 9:45am Tai Chi 10:30am Writing for Fun 11-12pm Strength Training 12pm Senior Dance Group 1pm Dominos, Mahjong , Checkers & Chess		20 8:30-10:30am Woodturning by Appt. 9-11am Art Class 9-12pm Drop In Craft 9-10am Exercise Class <u>9:30am Donut Day</u> 10-Noon Am. Issues 10:30am Ballroom Dance 1pm Sheephead 1pm Bean Bags & Dart Ball		21 8:30-10:30am Woodturning by Appt. 9-10am Strength Training 9-Noon Ping Pong 9-12 Junk Journal Craft 10:30am Chorus 12:30 NO Wii Bowling 1pm Euchre 1:30-3pm NO Line Dance 2:30pm TOPS Group <u>1pm Quarterly Meeting</u>	
22 TRIP 9-10am Exercise Class 9-11am Knit & Crochet 10am Am. Issues 10:15am Cribbage 10:15am Mahjong 10:30am Cardio Drum <u>1pm Drum Circle Fun</u>		25 8:30-10:30am Woodturning by Appt. 9-10am Exercise Class 9-Noon Ping Pong 9-11am Woodcarving 9-11am Wood Burning 9-10:30am Line Dance 1pm Chair Yoga 1pm Golf Card Game 2:15pm Book Discussion		26 8:30-10:30am Woodturning by Appt. 8:30-11 Sheephead 9:30 Mahjong Lesson 9:45am Tai Chi 10:30am Writing for Fun 11-12pm Strength Training 1pm Dominos, Mahjong , Checkers & Chess <u>1pm BINGO</u>	
27 8:30-10:30am Woodturning by Appt. 9-11am Art Class 9-12pm Drop In Craft 9-10am Exercise Class 10-Noon Am. Issues 10:30am Ballroom Dance 1pm Sheephead 1pm Bean Bags & Dart Ball		28 <u>CLOSED FOR THANKSGIVING BREAK</u>		29 <u>CLOSED FOR THANKSGIVING BREAK</u>	

November Word Search

K	S	V	M	Y	V	L	F	A	M	I	L	Y	Z	F	J	C	F	W	D
U	U	E	V	D	A	I	P	O	C	U	N	R	O	C	O	H	O	K	C
L	E	A	I	C	A	S	S	E	R	O	L	E	D	R	N	O	O	D	L
M	R	L	J	R	I	U	P	F	F	F	O	N	N	M	X	L	T	N	S
G	B	R	B	S	R	I	W	R	A	U	A	B	U	C	L	I	B	R	B
J	L	E	L	B	L	E	I	J	V	L	R	T	P	O	U	D	A	O	L
O	N	E	I	G	O	E	B	Y	G	E	U	Y	E	L	F	A	L	C	U
R	Z	O	R	P	N	G	Y	N	A	A	K	K	C	O	K	Y	L	A	F
Y	E	I	V	D	N	T	E	D	A	C	P	A	A	N	N	E	G	H	E
F	M	W	S	E	Z	I	A	M	C	R	W	R	N	I	A	J	T	Y	T
W	E	A	O	Y	M	L	K	G	H	E	C	F	P	S	H	A	M	N	A
I	R	A	A	L	E	B	N	P	Z	A	L	W	I	T	T	L	S	C	R
S	Z	M	S	A	F	I	E	N	M	T	R	E	E	S	N	O	R	N	G
H	S	S	V	T	F	Y	D	R	X	U	U	V	R	Y	Z	M	E	S	U
B	F	E	U	F	B	E	A	E	L	I	P	R	E	Y	A	X	L	M	T
O	S	N	U	H	T	U	O	M	Y	L	P	C	K	S	C	S	T	O	Z
N	A	T	I	V	E	A	M	E	R	I	C	A	N	E	T	M	T	T	P
E	S	W	E	E	T	P	O	T	A	T	O	L	A	V	Y	B	E	S	W
T	U	R	K	E	Y	L	E	G	N	I	R	E	H	T	A	G	S	U	X
H	T	O	L	C	E	L	B	A	T	R	A	D	I	T	I	O	N	C	O

ACORN
AUTUMN
CASSEROLE
CELERY
COLONISTS
CORNBREAD
CORNUCOPIA
CRANBERRIES
CUSTOMS
ENGLAND

FAMILY
FEAST
FOOTBALL
FRIENDS
GATHERING
GOBBLE
GRATEFUL
GRAVY
HAM
HARVEST



HOLIDAY
LEAVES
MAIZE
MAYFLOWER
NATIVE AMERICAN
NOVEMBER
PECAN PIE
PILGRIM
PLYMOUTH
PUMPKIN PIE

SETTLERS
STUFFING
SWEET POTATO
TABLECLOTH
THANKFUL
TRADITION
TURKEY
TURKEY LEG
WISHBONE
YAMS

Sudoku Puzzle #1

Basic Directions

- ♦ Each column must contain all of the numbers 1 through 9, without repeating any of the numbers.
- ♦ Each row must contain all of the numbers 1 through 9, without repeating any of the numbers.
- ♦ Each block in the grid must contain all of the numbers 1 through 9, without repeating any of the numbers.
- ♦ You cannot change any of the prefilled numbers.
- ♦ The puzzle is complete when all the boxes are correctly filled in.

		5			7		8	
			6			7	2	9
			1	9			6	5
7								
8				5	9			
		1						
	9							
3				7			5	
2			9	3	6	1		

©2020 Satori Publishing

DIFFICULTY: ★★☆☆

The answer to this puzzle is on page 23

SUDOKU

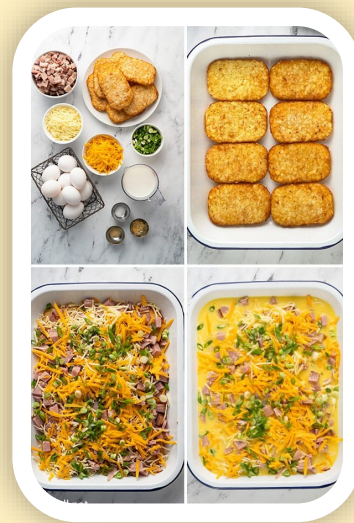
Hash Brown Egg Casserole

Ingredients

- 8 precooked frozen hash brown patties (thawing is not necessary)
- 1 cup shredded sharp cheddar cheese
- 1 cup shredded Monterey Jack cheese
- 1 1/2 cups diced leftover ham (about 3/4 pound)
- 2 scallions , diced
- 9 large eggs
- 1 cup whole milk
- 1/2 teaspoon salt
- 1/2 teaspoon dry ground mustard
- 1/4 teaspoon garlic powder

Directions

1. Preheat oven to 350 degrees F. Grease a 9×13 baking dish.
2. Arrange frozen hash brown patties in the dish, in a single layer, and sprinkle the cheeses, ham, and scallions evenly over the top.
3. In a large bowl, whisk together the eggs, milk, salt, mustard, and garlic powder; pour evenly over the ham mixture.
4. Cover with foil and bake for 25 minutes. Remove foil and bake for another 20 minutes or until the edges are golden and a knife inserted in the center comes out clean.
5. Allow to cool for 5-10 minutes, then cut into portions and serve.



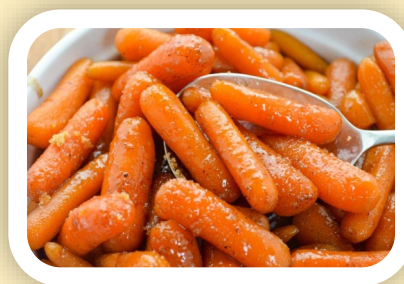
Slow Cooker Glazed Carrots

Ingredients

- 2 pounds baby carrots
- 1/2 teaspoon salt
- 1/2 teaspoon ground cinnamon
- 1/4 cup packed brown sugar
- 1/4 cup real maple syrup
- 1/3 cup butter cubed

Directions

1. Add the baby carrots to the insert of a 6qt slow cooker.
2. Sprinkle in the salt, cinnamon, and brown sugar. Stir well to combine.
3. Pour in the maple syrup and toss well to distribute the maple syrup.
4. Spread the coated carrots out evenly in the slow cooker.
5. Top with the cubes of butter, and add the lid to the slow cooker.
6. Cook on "high" for 3 hours, or on "low" for 5-6 hours. If possible, stir the carrots 1-2 times during the cook time.
7. To thicken the glaze, remove the lid for the final 30 minutes of cooking and switch to "high." Cook until the glaze has thickened. Alternatively, transfer the carrots to a large bowl and cover with a plate to keep warm. Transfer the liquid to a saucepan and bring to a simmer over medium-high heat. Whisk, cooking until thickened, about 5 minutes. The saucepan works the best for this particular recipe.





November Birthdays

Carlene Conoscenti	11/1	Sharon Floyd-Golden	11/9	Nancy Helbling	11/22
David Drake	11/1	Karl Schmidt	11/9	Joan Benning	11/22
Cindy Gehrke	11/1	Patty Masterson	11/10	Clifford Galster	11/23
Sharon Larsen	11/1	Danny Norris	11/10	Joanne Janiak	11/23
Paula Pollock	11/1	Stephen Newly	11/11	Thomas Rizzo	11/23
Renee Swiatko	11/1	Susan Paskiewicz	11/12	Scott Barter	11/23
Nancy Lehrke	11/2	Sandra Schmidt	11/13	Barbara Schmidt	11/24
Mary Foust	11/2	June Sturino	11/13	Paul Miller	11/24
Shari Krezinski-Werve	11/4	Terry Miller	11/14	Debra Ogle-Barton	11/24
Rita Luther	11/4	Karen Hofmann	11/15	Gene Calligure	11/25
Joan Slatkay	11/4	Michael Moore	11/16	Bonnie Norniella	11/25
Kevin Walker	11/4	Diane Moore	11/16	Pat Ventura	11/25
Toni Hanson	11/4	Marlene Nejedly	11/16	Lawrence Hanson	11/26
Brenda Langerman	11/4	Susan McIntyre	11/17	Hans Binder	11/27
Carl Drechsler	11/5	Judith Lee	11/18	Margaret Townsley	11/27
Mike Reif	11/5	Rebecca Chovan	11/18	Mary Walther	11/27
Ann King	11/5	Janine Bjurman	11/19	Gary Karshen	11/28
Gary Dickes	11/5	Rick Kanka	11/19	Nina Millsaps	11/28
Steven Lynd	11/5	Michael Vojnovich	11/19	Ronald Bauman	11/28
James Anderson	11/5	Nancy Demske	11/20	Gerri Nau	11/29
Pamela Brown	11/5	Judith Malek	11/20	Geri Strifling	11/29
Harold Hensley	11/5	Leslie Medrano	11/20	Joyce Nichols	11/29
Peggy Guibault	11/6	Lydia Brown	11/21	Frederick Ehrich	11/29
Lois Rayburn	11/6	Cynthia Parker	11/21	Theresa DeBettignies	11/30
Mary Bryant	11/7	Steve Romanowski	11/21	Diane Kuntzelman	11/30
Elaine Lambert	11/7	Katherine Schultz	11/21	Roman Hrynewycz	11/30
Gerald Wagner	11/7	Steven Fredriksson	11/21	Paulette Wasserman	11/30
Dennis Dolan	11/8	Karen Lemke	11/21	Julie Walter	11/30
Mary Hotle	11/8	James Buss	11/21		
Jeffrey Nevoraski	11/8	Kathy Agnew	11/22		



Sudoku Puzzle #2

Basic Directions

- ♦ Each column must contain all of the numbers 1 through 9, without repeating any of the numbers.
- ♦ Each row must contain all of the numbers 1 through 9, without repeating any of the numbers.
- ♦ Each block in the grid must contain all of the numbers 1 through 9, without repeating any of the numbers.
- ♦ You cannot change any of the prefilled numbers.
- ♦ The puzzle is complete when all the boxes are correctly filled in.

6	8			7			5	
			1					
	7	1	8			2		
8		9						
	2	4		5	9			
			2					
			5					8
				9	6			
4	5	2	7	1				9

©2020 Satori Publishing

DIFFICULTY: ★☆☆☆☆

The answer to this puzzle is on page 23



Kenosha Senior Center

2024 Special Events and Trips

- | | | |
|-------------------------|---|---|
| Sat. Nov. 9, 2024 | - | Kenosha Senior Center: Holiday Craft Fair |
| Fri. November 15, 2024 | - | Thanksgiving Dance |
| Fri. November 22, 2024 | - | Fireside Theatre: Miracle on 34th Street |
| Thurs. December 5, 2024 | - | Woodfield Mall: Holiday Shopping Trip |
| Fri. December 6, 2024 | - | Deck the Halls Party & Cookies, Cocoa & Carols |
| Fri. Dec. 13, 2024 | - | Senior Center Christmas Party at Italian American |
| Fri. December 20, 2024 | - | Holiday Dance |

ALL EVENTS & TRIPS ARE SUBJECT TO CHANGE!



Drum Circle

with Heather Poyner

Friday, November 22, 2024 at 1pm
Fee: \$3.00



In this interactive drum circle, participants create in-the-moment musical masterpieces using hand drums, tambourines, shakers and African bells. It's a great way to meet new friends and make music!

For more details you can find her on Facebook or call Heather at 262-914-9352.



Call the Center at 262-359-6260 to Sign Up

Suggestion Box



Senior Center Members are encouraged to share feedback and submit ideas to help make the Center a better place. All the suggestions are presented at the monthly Board Meeting held on the 2nd Tuesday of each month. If you put your name and phone number on the suggestion, someone will get back to you in response to your suggestion.

Suggestion box locate:

Room 111 (west wall, under the clock)

Ask any staff member for assistance.



Thursdays at 10:30am

Join the Forever Young Chorus!
Find your inner songbird!
Bring your musical talent in unison with other singing members.

Presented by Aurora Health Care

Blood Pressures Screening
Thursday, Dec. 19, 2024 9:30am-Noon

Take advantage of monthly health screenings at the Senior Center.

Registration not required.

Kenosha Senior Center

Get Active

GROUP FITNESS CLASSES

Stay Healthy

Call the Senior Center with Questions 262-359-6260

Total Body Conditioning *with Denise*

Tuesday at 11am & Thursday at 9am

Fee: \$2.00 per class

This strength training class incorporates body weight resistance along with hand weights and resistance bands to achieve a total body workout. Exercises are designed to increase muscular strength & endurance with flexibility balance & core work for the perfect workout.

Chair Yoga *with Denise*

Monday at 1pm

Fee: \$2.00 per class

This class involves a series of seated and standing postures to improve balance, increase strength, lubricate joints and increase mobility. Movements are connected with breath work, to calm and focus the mind. The class ends with a quiet meditation.

Exercise *with Jessica & Jordan*

Monday, Wednesday and Friday at 9am

Fee: \$1.00 per class

This class combines safe stretching and strengthening exercises designed to increase muscular strength, range of motion and activity for daily life. Exercises are performed while seated.

Tai Chi *with Trish*

Tuesday at 9:45am

Fee: \$3.00 per class

Tai Chi is a gentle Chinese martial art that involves fluid, choreographed movements. It's an effective exercise for seniors because it is low-impact and can be performed anywhere. Join this class and improve your balance, coordination, flexibility and overall quality of life.

Cardio Drumming Class *with Denise*

Friday at 10:30am

Fee: \$20.00 per session

Current Session: October 11 - December 20, 2024

Low impact workout that helps drum off pounds and relieve stress! This fun class uses exercise balls and sticks choreographed to music. Strengthen stabilizer muscles, improve endurance and enhance overall fitness. The class is done standing but can be modified for a seated workout. Drop-Ins welcome to come try it out!



Kenosha Senior Center

Saturday, November 9, 2024 8:30am-3:00pm



Delicious Lunch



Beautiful Hand Made Crafts



Amazing Raffles

Bakers Get Ready!

We need your yummy treats for our Bake Sale
Homemade or store bought
drop them off on Friday, November 8th after 12pm

Bakers Needed

Make your delicious baked sale items for
the Senior Center Craft Fair!

COOKIES ~ BREADS ~ CUPCAKES ~ PIES
(Individually wrapped is preferred)

Drop items off at the Kenosha Senior Center
on Friday afternoon, November 8th.

The Bake Sale is very popular and we sell out
fast every year.

Be sure to sign your name on the sheet to be
mentioned in the monthly Newsletter for our
list of Bakers.

Craft Fair Volunteers Needed



The Craft Fair is always so successful because of our
great staff, Board of Directors and wonderful
volunteers.

If you are available to help on Saturday, November
9th, call the Center at 262-359-6260 to sign up for a
morning or afternoon shift.

We need volunteers to sell door prize tickets,
set-up & take down and be greeters, etc.

Combination Party

"Deck The Halls"
And
Cookies, Cocoa
& Carols



Friday, December 6, 2024
12:30pm-3:00pm

Decorate the Senior Center for the Holidays
then enjoy Cookies, Cocoa and a Sing-A-Long
with the Forever Young Chorus

Join us for an afternoon
of friendship and
holiday cheer!

Call the Center at 359-6260 to sign up



Kenosha Senior Center Memberships

For anyone at least 55 years old (or the spouse of a current member, if you are under 55)

Join Today

Current Membership
2024-2025 Memberships Run From
July 1, 2024 thru June 30, 2025



Membership Form

You can pick up a form at the Senior Center or find one online at
www.kusd.edu/seniorcenter

Membership Card

Renewing Members: You already have your white *Forever Card*
No return envelope is needed.

New Members: A card will be given to you when you turn in your registration form

Membership Payment

Fee: \$12.00 per year for those in the KUSD boundaries, \$50 if you live outside the boundaries and \$12 if you moved outside the KUSD boundaries and have a current membership (grandfathered in at the \$12 rate).

Questions? 262-359-6260

Kandy's Korner



Information, reminders and news about our Senior Center you might not know or have forgotten!

This week's topic:

Holidays, the season is upon us!

- Don't forget to check the Center's closures for holidays, elections, and etc.
- Snow & Ice season is on its way, please be careful on sidewalks & parking lots.
- If the schools close due to inclement weather, so are we, check the local news or KUSD website for details
- As with any chaotic holiday season, now is the time to practice patience and remember to give grace.

Enjoy Your Holidays!

AVAILABLE NOW! PRINT & DIGITAL AD SPACES

Build your business and help us grow a vibrant community!

Ruth Schlitz from LPi, will be securing new ads for our Center. As a valuable member of the business community, we invite you to expand your reach and grow your business with a print ad in our newsletter and/or a digital ad featured on MyCommunityOnline.com.

YOUR AD HERE

YOUR AD HERE



Ruth Schlitz
Cell | 715 581 9746
rschlitz@4lpi.com

Senior Athletic Passes

These passes are good for entrance into Kenosha middle and high school home athletic events for this school year. Members of the Kenosha Senior Center may receive one FREE pass each year. Non-members may purchase a pass for \$5.00 each.

Support Our Student Athletes!

Passes available at the Kenosha Senior Center



Featured Advertisers

Hospice Alliance

Choose the Best—Ask for us by Name
www.hospicealliance.org
262-652-4400

Piasecki Funeral Home

Every Detail Counts
Every Memory Matters
3720 - 39th Avenue / 262-658-4101

Right At Home

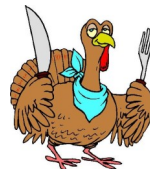
Bathing to Housekeeping
2 Hours to 24 Hour Care
Kenosha 654-5410 / Racine 619-4155
www.rightathome.net/kenosharacine



Monthly Funnies



How does a turkey travel?
By Gravy Train!



What do you call a running turkey?
Fast Food

Why did the cranberries turn red?
Because they saw the turkey dressing

What did the turkey say to the computer?
"Google, google, google!"

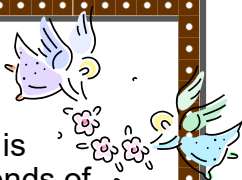
My family told me to stop telling
Thanksgiving jokes,
I said I couldn't quit cold turkey!

In Memoriam

Our deepest sympathy is
extended to the family & friends of

Keith Relich, Arnold Aho & Barbara
Malinsky

And all who have recently
suffered a loss.
Our hearts, thoughts & prayers are with you.



Kenosha Senior Center Newsletter:
November 2024 Published Irregularly

Kenosha
Senior Center
2717 - 67th Street
Kenosha, WI 53143



Member Wisconsin Association
of Senior Centers

Answer to the Word Search from page 12

K S V M Y V L F A M I L Y Z F J C F W D
U U E V D A I P O C U N R O C O H O K C
L E A I G A S S E R O L E D R N O O D L
M R L J R I U P F F F O N N M X L T N S
G B R B S R I W R A U A B U C L I B R B
J L E L B L E I J V L R T P O U D A O L
O N E I G O E B Y G E U Y E L F A L C U
R Z O R R N G Y N A A K K C O K Y L A F
Y E I V D N T E D A C P A A N N E G H E
F M W S E Z I A M C R W R N I A J T Y
W E A Q Y M L K G H E C F P S H A M N A
I R A A L E B N P Z A L W I T T L S C R
S Z M S A F I E N M T R E E S N O R N G
H S S V T F Y D R X U U V R Y Z M E S U
B F E U F B E A E L I P R E Y A X L M T
O S N U H T U O M Y L P C K S C S T O Z
N A T I V E A M E R I C A N E T M T P
E S W E E T P O T A T O L A V Y B E S W
T U R K E Y L E G N I R E H T A G S U X
H T O L C E L B A T R A D I T I O N C O

Answer to Sudoku Puzzle #1 on page 13

9	6	5	3	2	7	4	8	1
1	8	3	6	4	5	7	2	9
4	7	2	1	9	8	3	6	5
7	3	9	2	6	1	5	4	8
8	4	6	7	5	9	2	1	3
5	2	1	4	8	3	6	9	7
6	9	7	5	1	4	8	3	2
3	1	4	8	7	2	9	5	6
2	5	8	9	3	6	1	7	4

Answer to Sudoku Puzzle #2 on page 17

6	8	3	9	7	2	4	5	1
2	4	5	1	6	3	9	8	7
9	7	1	8	4	5	2	3	6
8	6	9	4	3	7	1	2	5
1	2	4	6	5	9	8	7	3
5	3	7	2	8	1	6	9	4
3	9	6	5	2	4	7	1	8
7	1	8	3	9	6	5	4	2
4	5	2	7	1	8	3	6	9

Thank you
to our
ADVERTISERS



Kenosha Senior Citizens Council, Inc.
2717 - 67th Street
Kenosha, WI 53143

**Non-Profit Org.
U.S.
POSTAGE
PAID
Kenosha, WI
Permit No. 515**

Current Resident or

2024
November