

Vol. 29, No.6 June 2024



2717 - 67th Street Kenosha, WI 53143 **Phone: 262-359-6260** 

#### **Senior Center Hours**

Monday-Friday 8:30am-3:45pm

## Visit us on the web at:

www.kusd.edu/seniorcenter

"Like" us on Facebook at: www.facebook.com/kenoshasenior

## Program Director

Denise Jacob

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#### **Administrative Assistant**

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#### **Newsletter Editors**

Denise Jacob and Kandy Stull

**Senior Dining** 262-351-6246

#### **BOARD OF DIRECTORS**

President: Kathy Flammang
Vice President: Ron Mengel
Secretary: Carol Kessler
Asst. Secretary: Sue Moe

Treasurer: Bryan Mogensen

Coordinator of Recreation

#### **BOARD MEMBERS**

Jim Bellantonio Phy Eloda Birch Niki MaryAnn Bourget Car Joan Hall Cha Barbara Johnson Bar

Phyllis Mattox Nikki Mondia Carol Sieber Charlotte Winkler Barb Van Dyke

## Dear Friends,

The first Father's Day was observed on June 19, 1910 in Spokane Washington, thanks to Sonora Smart Dodd. She wanted to honor her father, William Jackson Smart who raised six children as a single father after his wife died. The idea of officially celebrating



fatherhood spread across the United States, as more and more states adopted the holiday. In 1924, President Calvin Coolidge supported the idea of a national Father's Day and encouraged other states to celebrate the day. Finally, in 1966 President Lyndon B. Johnson signed a presidential proclamation declaring the 3rd Sunday of June as Father's Day. Then, six years later, President Nixon finally made Father's Day a federal holiday.

Father's Day has become a day to not only honor your father, but all men who act as a father figure. Stepfathers, uncles, godfathers, grandfathers, and adult male friends are all honored on Father's Day. We thank them for everything they have done for us and recognize the positive contributions they have made to our lives. Happy Father's Day!

See you at the Center! Sincerely,

Denise





# BUS TRIPS

# New Trips

# ELVIS SHOW AT FIRESIDE

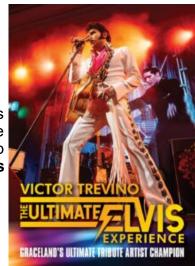
Date: Thursday, September 5, 2024

Destination: Fireside Theatre, Fort Atkinson, WI

Prices: Members: \$110.00, Non-members: \$115.00

Tickets go on sale to members on Tuesday, June 11, 2024. Numbers will be handed out at 8:30am and sign up begins at 8:40am. You are allowed to sign up for two members only. You must show both membership cards when you purchase your tickets. Tickets go on sale to non-members on Wednesday, June 12, 2024

**Trip Description:** Victor Trevino Jr is 'Elvis Presley Enterprises Ultimate Elvis Tribute Artist.' Born and raised in Fort Worth, TX, he portrayed Elvis for three years in the hit show ELVIS LIVES, the only touring Elvis show officially licensed and endorsed by Graceland. He also portrayed Elvis for



several years in the hit Las Vegas show LEGENDS IN CONCERT in their Las Vegas, Hawaii, and Alabama productions. Victor is one of only a few who has mastered all eras of Elvis' musical catalogue, from the exciting electric rock 'n roll of the 1950s to the sultry, bluesy sounds of the '68 Comeback Special, wearing all black leather, then finally the ionic record-breaking performances of Elvis' Las Vegas and concert years in the unforgettable jumpsuits. Victor is Elvis' biggest fan and knows there will never be another Elvis Presley. His goal is to recreate the amazing energy, raw passion, and showmanship of the greatest entertainer the world has ever known.

**Menu: BUFFET MEAL:** "All Shook Up Salad" (Raspberries, Mangoes, candied pecans, and cheddar cheese on a mix of greens, glazed with a raspberry vinaigrette), steamed farm fresh vegetables, sweet potato soufflé, roasted garlic whipped potatoes, southern fried chicken, bacon wrapped meatloaf, maple brown sugar glazed salmon, fried catfish, hush puppies, collard greens, baked macaroni and cheese and chef carved BBQ pork loin and roasted turkey breast. Banana bread cake with peanut butter frosting, served with bacon ice cream for dessert. Complimentary coffee, tea and milk. Cash bar for cocktails and soft drinks.

On the day of the trip arrive at the <u>Southwest</u> side of the Indian Trail parking lot, 6800 - 60th Street in Kenosha, by 8:30am to sign in and load the bus. Use the 60th Street entrance. The bus will depart at 8:45am am and return at approximately 6:00 pm.



**Kenosha Senior Center Trip Policy:** We understand that plans can change and you may not be able to attend a trip for which you have purchased a ticket. We cannot issue refunds unless there is a waiting list and we are able to replace you with someone on that list. If you cannot attend a trip call us at 359-6260 and speak with a staff person. We will instruct you what to do, and we will do our best to find a replacement for you. If we are successful, you will be notified to come and pick up your refund.



# BUS TRIPS

## **Trips**



Date: Wednesday, June 19, 2024

Location: Potawatomi Casino Milwaukee, WI

Prices: Members: \$25.00 Non-members: \$30.00

**Trip Description:** Enjoy a deluxe motor coach ride to Potawatomi Casino in Milwaukee. Where they have over 3,100 slot machines, classic table games and Bingo. Everyone will receive \$10.00 in Fire Keeper's Reward Play and a \$10.00 food and beverage credit that may be used toward purchasing your lunch. **Please Note:** On this trip you must bring a **valid photo I.D.** with you into the Casino. Jackpots over \$1,250.00 will also require your Social Security Card. Bingo is \$40.00 to play.

## IF YOU HAVE A FIREKEEPER CARD, BRING IT ON THE TRIP

On the day of the trip arrive at the <u>Southwest</u> side of the Indian Trail parking lot, 6800 - 60th Street in Kenosha, by 8:45am to sign in and load the bus. Use the 60th Street entrance.

The bus will depart at 9:00am and return at approximately 4:30 pm.

## Kenosha Kingfish Ballgame and Tailgate Party

Date: Thursday, July 11, 2024 — Game Time is 11:05am

Trip: Kenosha Kingfish Ballgame at Simmons Field, Kenosha

Prices: \$25.00 for Soda Tailgate Party

KINGPISH

**Waiting List!** 

**Description:** Join us at the ballpark as we root for our hometown team! The price includes your ticket to the game, and a Tented Tailgate Party with all you can eat and drink ballpark food, soda and water one hour before the game (10:05-11:05).

\*You must provide your own transportation to Simmons Field

On the day of the trip arrive at Simmons Field at 9:50am to meet Denise and pick up your ticket.

She will be in the parking lot near the entrance until 10:05am.

## NUNSENSE & MUSICAL COMEDY

Date: Friday, July 12, 2024

Destination: Fireside Theatre, Fort Atkinson, WI

Prices: Members: \$110.00, Non-members: \$115.00

**Trip Description:** Join us for a madcap revue with a hysterical, anything-goes, good natured sense of fun. The Little Sisters of Hoboken are in dire financial straits. It seems they must raise enough money to bury the last four of 52 dearly departed nuns who were accidentally poisoned by the convent cook. Sister The five remaining sisters perform with quick paced, comic flair and high-spirited singing. All meals

S., NUNSENSE A MUSICAL COMEDY

MAY 30 - JULY 14, ROBA

Waiting List!

include freshly baked breads, broccoli and cauliflower salad, garlic roasted red potatoes, corn and red pepper medley and Blueberry Crisp for dessert. Complimentary coffee, tea and milk. Cash bar for cocktails and soft drinks.

Let us know when you purchase your ticket if you need a gluten-free or a vegetarian option.

On the day of the trip arrive at the <u>Southwest</u> side of the Indian Trail parking lot, 6800 - 60th Street in Kenosha, by 8:30am to sign in and load the bus. Use the 60th Street entrance. The bus will depart at 8:45am am and return at approximately 6:00 pm.

## **Movie & Snacks**

## **PINK Party!**

Friday, June 14th at 1pm

## **Barbie Movie**

Barbie and Ken are having the time of their lives in the colorful and seemingly perfect world of Barbie Land. However, when they get a chance to go to the real world, they soon discover the joys and

perils of living among humans.

Wear your PINK!

Run-Time 1hr 54 minutes Rated PG-13



## **Mahjong Lessons For Beginners** Tuesdays 9:30am—10:30am

Slower paced Mahjong lessons for beginners. Each week will be a different lesson. Watch a short YouTube video and have practice time.



## 2024 Craft Fair Sign Up **For Past Crafters**

Wednesday, June 5, 2024 at 9am

The fee for members is \$20 for a table and \$32 for non-members. Pick up a registration form at the Senior Center or find one on our website at www.kusd.edu/seniorcenter.

The Craft Fair will be held on Saturday, November 9, 2024 from 8:30 am-3:00 pm.

\*\* If you had a table last year and don't want it to be sold to someone else, you must renew by July 11th.

Call 262-359-6117 with questions.





9:30am-10:30am

FREE

Coffee and Donuts

Wednesday, June 5, 2024 Sponsored by Library Terrace

Wednesday, June 12, 2024 Sponsored by Sage Meadow Assisted Living

Wednesday, June 19, 2024 Sponsored by Clear Sky Rehab Kenosha

Wednesday, June 26, 2024 Sponsored by Heritage Woods of Gurnee



## **NEW Chess and Checkers Group**

Tuesdays 1:00pm

Looking for someone to play chess or checkers with? Here's your group! Just drop in for a game. It's a great way to meet new people.

#### FREE BINGO







Tuesday, June 25, 2024 at 1pm **For Senior Center Members** 

- Register by Noon, on the Thursday before BINGO. Call 262-359-6260 to register.
- CARDS: When you come to the Center, you will get a card.

Sponsored by Senior Helpers

## **Foot Clinic**

## Friday, June 14, 2024 from 9-Noon



The Foot Clinic is offered by the Kenosha Visiting Nurse Association at the Senior Center every other month. Foot service includes a foot soak, nail care and lotion application for \$35.00. Call the Senior Center at 359-6260 to make an appointment. You need to sign up by the 1st Friday of the month. You can pre-register for future months.

# **Senior Dining**

# Fellowship, Food and Fun

Sit Down Meals Served at 11:30am Suggested Donation is \$3.00

- 🍎 Meals include dessert and beverage
- Open to anyone 60+ and their spouse, regardless of age
- Menus available at the Senior Center or on-line at kafasi.org/nutrition.html
- Great way to meet new friends



Call 262-351-6246 to make a Reservation by 10:30am the prior day

In-Person Senior Dining ... More than just a meal

## **Find The Logo Contest**



We have hidden our Kenosha Senior Center Logo somewhere in this newsletter. It is a **miniature** version of the logo. Look carefully throughout the newsletter and if you are lucky enough to find it, call the front desk at 262-359-6260 or email kstull@kusd.edu. **You must put your name, phone number and where the logo was located on the email or it will not be added.** We will do a random drawing of all the correct members entries for a prize at the end of the month. Entries must be submitted by the 20th of this month.

## **April Winners**

Jean Thompson, Jan Merrick, Kim Romanowski

## **Class Updates**

- Line Dance is now two times a week.
   Mondays at 9am and Thursdays at 1:30pm
- No Chorus on June 27
- Chorus is off from June 27 through the end of July. They will return August 1st

# American Issues Wednesdays and Fridays 10am - Noon

Are you interested in current events?
Are you looking for lively discussions?
Are you drawn to issues affecting people locally and all around the world?
Then you should come to American Issues!

Wednesday in Room 116

Focus: lifestyle, local and state issues

Friday in Room 106

Focus: World events and political topics

Join this group where you can hear and share ideas with other seniors about current events.

## Blood Pressures Screenings Thursday, June 27, 2024 9:30am-Noon

Take advantage of monthly health screenings, offered right here at the Senior Center

Interested in a Blood Pressure Screening? No need to register. Just stop in that morning.

Presented by Aurora Health Care

# Kenosha Senior Center Orientation Wednesday, June 26, 2024 at 9:00am



#### Learn more about the Senior Center

- Take a tour
- Learn how to use the Kiosk to sign in.
- Find out where to park and where not to park.
- Find out how day trips work: What are this years trips? When are they sold? How much do they cost? How to sign up.
- Where to sign up for special events
- Understand the calendar and listings
- Get all your questions answered!

Call the Senior Center at 262-359-6260 to sign up today



## Art a la Carte!

With local artist, Julie Schilf
1st and 3rd Mondays 10:30-12:30

Hands-on art (and craft) instruction classes including making and painting ceramics, drawing basics (pencil, charcoal and pastels), needle felting, paper origami, wire bending, wire wrapping, jewelry making, mosaics and more! Each month will be a different project.

June 3 & 17

Class Fee: \$10.00 Pottery Making—Tray



Stop by the Senior Center to register and pay. Class size is limited so don't delay.



Stop by the Center to Register and Pay



## **Art a la Carte Projects**











Grandma's Cookie Cottage

Made with Love

(and butter)





# **KENTUCKY DERBY DANCE**



















Kenosha Senior Center Class & Activity List
Classes, activities and fees are subject to change. Call 262-359-6260 to confirm an activity

Olono / Antivity	Davis	Times	Coot
Class/Activity	Days	Times	Cost
American Issues	Wednesday and Friday	10:00am - Noon	Free
Art Class	Wednesday		\$5.00 per class & your own supplies
Art a la Carte!	1st and 3rd Monday	10:30am-12:30pm	Varies: based on project
Bagz (Bean Bag Game)	Wednesday	1:00pm	Free
Ballroom Dance	Wednesday	10:30am	Free _
Bingo for Members	4th Tuesday (Check Calendar)	1:00pm	Free
Book Discussion	Monday	2:15pm	Free
Cardio Drumming	Friday	10:30am	Pre-register for each session
Checkers & Chess	Tuesday	1:00pm	Free
Chorus"Forever Young Chorus"	Thursday	10:30am-Noon	\$2.00 per class
Cribbage	Friday	10:15am	Free
Dances-Monthly	One Friday a Month (Sept. thru June)	•	Free
Dart Ball	Wednesday	1:00pm	Free
Dominos	Tuesday	1:00pm	Free
Drop In Craft	Wednesday	9:00am - 12:00pm	Free - Bring your own supplies
Drum Circle with Heather	4th Friday	1:00pm	\$3.00
Euchre	Thursday	1:00pm	Free
Exercise Class	Monday, Wednesday & Friday	9:00am - 10:00am	\$1.00 per class
Foot Clinic	2nd Friday every other month	9-12:30pm by appt.	\$35.00
Golf Card Game	Monday	1:00pm	Free
Junk Journal Crafting	Thursday	9-Noon	Free-Bring your own supplies
Knit & Crochet	Friday	9:00am - 11:00 am	Free - Bring your own supplies
Line Dance with Norm	Monday and Thursday	M:9:00am Th:1:30pm	\$5.00 per class
Mahjong	Tuesday and Friday	T: 1:00 pm, F: 10:15 am	Free
Movies	Some 2nd Fridays	1:00pm	Free
Ping Pong	Monday and Thursday	9:00am-Noon	Free
Pool (Billiards) - Open	Monday thru Friday	Closed during events	Free
Senior Moments Dance	1st and 3rd Tuesday	Noon	Free
Sheepshead	Tuesday and Wednesday	T:8:30am W:1:00pm	Free
Tai Chi	Tuesday	9:45am	\$3.00 per class
TOPS WI 1593	Thursday	2:30pm-3:30pm	Check with Class Instructor
Total Body Conditioning Strength Training Class	Tuesday and Thursday	T:11:00am Th:9:00am	\$2.00 per class
Trips	One or Two a Month	See Newsletter	See Newsletter
Wii Bowling	Thursday/Monday during taxes	12:30pm - 3:00pm	\$5.00 sign up fee
Wood Burning	Monday	9:00 - 11:00 am	Free - Bring your own supplies.
Wood Carving	Monday	9:00 - 11:00 am	Free - Bring your own supplies.
Woodturning	Monday thru Thursday	8:30-10:30am by appt.	First lesson \$20, then \$1 per class
Writing for Fun	Tuesday	10:30 - 11:30 am	Free - Bring your own supplies.
Yoga (Chair)	Monday	1:00pm	\$2.00 per class
10			

#### KENOSHA SENIOR CENTER **Activity Calendar** June 2024 **MONDAY TUESDAY WEDNESDAY THURSDAY** FRIDAY Pool Tables Open Mon thru Fri 8:30am-3:30pm Except during movies, meetings, dances and closures. **Senior Center Hours:** Monday-Friday 8:30am-3:45pm Closed Saturday & Sunday Phone: (262) 359-6260 3 4 6 7 8:30-10:30am 8:30-10:30am 8:30-10:30am 8:30-10:30am 9-10am Exercise Class Woodturning by Appt. Woodturning by Appt. Woodturning by Appt. Woodturning by Appt. 9-11am Knit & Crochet 9-10am Strength Training 9-10am Exercise Class 8:30-11 Sheepshead 9-11am Art Class 10am Am. Issues 9-12pm Drop In Craft **9-Noon** Ping Pong 10:15am Cribbage 9-Noon Ping Pong 9:30 Mahjong Lesson 9-12 Junk Journal Craft 10:15am Mahjong 9-11am Woodcarving 9:45am Tái Chi 9-10am Exercise Class 9:30am Donut Day 10:30am Cardio Drum 9-11am Wood Burning 10:30am Writing for Fun 10:30am Chorus 11-12pm Strength Training 10-Noon Am. Issues 12:30 Wii Bowling 9-10:30am Line Dance 12pm Senior Dance Group 10:30am Ballroom Dance 1pm Euchre 10:30 Art a la Carte 1pm Dominos, Mahiong. 1pm Sheepshead 1:30-3pm Line Dance 1pm Chair Yoga 1pm Bean Bagz Group Checkers & Chess 2:30pm TOPS Group 1pm Golf Card Game 1pm Dart Ball 2:15pm Book Discussion 14 12 13 11 **Trip Sign Up** 8:30-10:30am 8:30-10:30am 8:30-10:30am 9-10am Exercise Class 8:30-10:30am Woodturning by Appt. Woodturning by Appt. Woodturning by Appt. Woodturning by Appt. 9-11am Knit & Crochet 9-10am Exercise Class 9-11am Art Class 9-10am Strength Training 9-Noon Foot Clinic 8:30am Sheepshead 9-Noon Ping Pong 9-12pm Drop In Craft **9-Noon** Pina Pona 10am Am. Issues 9:30 Mahjong Lesson 9-11am Woodcarving 9-12 Junk Journal Craft 9-10am Exercise Class 10:15am Cribbage 9:45am Tai Chi 9-11am Wood Burning 10:30am Chorus 10:15am Mahjong 9:30am Donut Day 10:30am Writing for Fun 10-Noon Am. Issues 12:30 Wii Bowling 10:30am Cardio Drum 9-10:30am Line Dance 11-12pm Strength Training 10:30am Ballroom Dance 1pm Euchre 1pm Chair Yoga **1pm** Dominos, Mahiong. 1pm Barbie Movie 1pm Sheepshead 1pm Golf Card Game Checkers & Chess 1:30-3pm Line Dance PINK Party! 1pm Bean Bagz Group 2:15pm Book Discussion 2:30pm TOPS Group Movie & Snacks 1pm Board Meeting 1pm Dart Ball **21** 17 18 19 **TRIP** 20 9-10am Exercise Class 8:30-10:30am 8:30-10:30am 8:30-10:30am 8:30-10:30am 9-11am Knit & Crochet Woodturning by Appt. Woodturning by Appt. Woodturning by Appt. Woodturning by Appt. 9-10am Exercise Class 8:30-11 Sheepshead 9-11am Art Class 9-10am Strength Training 10am Am. Issues 10:15am Cribbage 9-Noon Ping Pong 9:30 Mahjong Lesson 9-12pm Drop In Craft 9-Noon Ping Pong 9-11am Woodcarving 9:45am Tái Chi 9-10am Exercise Class 9-12 Junk Journal Craft 10:15am Mahjong 10:30am Writing for Fun 9:30am Donut Day 10:30am Cardio Drum 9-11am Wood Burning 10:30am Chorus 9-10:30am Line Dance 11-12pm Strength Training 10-Noon Am. Issues 12:30 Wii Bowling 12pm Senior Dance group 10:30am Ballroom Dance 1pm Euchre 1:30pm-3:30pm 10:30 Art a la Carte 1pm Dominos, Mahjong, 1pm Sheepshead 1:30-3pm Line Dance Red, White & Blue 1pm Chair Yoga Checkers & Chess 1pm Bean Bagz Group 2:30pm TOPS Group 1pm Golf Card Game **Dance** 1pm Dart Ball 2:15pm Book Discussion 24 25 27 28 26 9-10am Exercise Class 8:30-10:30am 8:30-10:30am 8:30-10:30am 8:30-10:30am 9-11am Knit & Crochet Woodturning by Appt. Woodturning by Appt. Woodturning by Appt. Woodturning by Appt. 10am Am. Issues 9-10am Exercise Class 8:30-11 Sheepshead 9am Orientation 9-10am Strength Training 9-Noon Ping Pong 10:15am Cribbage 9:30 Mahjong Lesson 9-11am Art Class 9-Noon Ping Pong 10:15am Mahiong 9-11am Woodcarving 9:45am Tái Chi 9-12pm Drop In Craft 9-12 Junk Journal Craft 10:30am NO Cardio 9-11am Wood Burning 10:30am Writing for Fun 9-10am Exercise Class 9:30-12:30 Health Screens Drum 11-12pm Strength Training 9:30am Donut Day 10:30am NO Chorus 9-10:30am Line Dance 11am Mahjong 1pm Dominos, Mahjong, 10-Noon Am. Issues 12:30 Wii Bowling 1pm Chair Yoga Tournament (see pg. 7) Checkers & Chess 10:30am Ballroom Dance 1pm Golf Card Game 1pm Euchre 1pm Sheepshead 2:15pm Book Discussion 1pm BINGO 1:30-3pm Line Dance 1pm Drum Circle Fun 1pm Bean Bagz Group 2:30pm TOPS Group

1pm Dart Ball

11

# Father's Day Word Search

Д F J P K Н  $\subset$ T  $\subset$ G L К E E G N N В R 0 Τ ⊂ Ε T 0 R P W Ε М Ε Q  $\subseteq$ 5 К X Τ R Z V O  $\subset$ В  $\mathbf{S}$ Ш Р F X M Υ D  $\circ$ V W W O. X D Z Ε 5 Τ Ε 5  $\subseteq$ Ι Р  $\circ$ X G O K Д В Υ G G K S G E В  $\circ$ Ν Ш М Ε T В Д U Υ В L В S Z T Д J J J F Н Н E R N В I T 5 Н P Н W E S  $\circ$ Ν F Д М R  $\circ$ F R R F Z  $\subset$ K I  $\subseteq$ Д Р E O  $\circ$  $\circ$ Ν T Ш N Д Τ Д Н М Ν R M Q. W R Т K  $\subset$ I 5 R F O. Ι G F M N N Q G Т В G М Д S K E Т В Д L 5 I E D M J L Ε В L Ι F Д T E R Ε F Ν Д Ε Н  $\circ$ R Υ L H Υ F  $\circ$ K Р Н 5 Д R  $\bigcirc$ Ш В N F K G V Ν D G Д D Д R R. Д N D F Д Т Ε R Т X Ш 5 G G Н N N L Р Ι  $\subset$  $\subseteq$ Р Ι Н E D D J Ш  $\subset$ Τ Υ Ш  $\circ$ X O Н 5 Н 5 5 E W G Д Д V Ι N G R Ш Ε  $\mathbf{O}$ F W Ι R G 5 R Ι Υ R Q М  $\subseteq$ Ι М G P R К D. D O L T Υ Ι U F K Д Д 5 E  $\sqcup$ J R N М Υ D N Н O. Д Т M Ι L I P 0 E Ν V В R T Z R R D 5 I Н Ι Т Д Д  $\subseteq$ Н Т F Р 0 Τ ⊂ Ε T W T Д 5 Ι В  $\subseteq$ G w D Q Н Т Р N W Q X Υ X

AIRPLANE
AWESOME
BASKETBALL
BEER
BRATS
CARING
CATCH
COFFEE
CUFF LINKS
DAD

FATHERHOOD
FATHERS DAY
FISHING
FOOTBALL
FORMAL
FUNNY
GOLF
GRANDFATHER
GRILL
HAMMER

HANDSOME
HANDYMAN
HARD WORKING
HUGS
HUSBAND
JOKES
JOKSTER
MENTOR
PIGGYBACK

**POCKET WATCH** 

POP
PROTECTOR
ROLE MODEL
SHAVING
SPORTS
STRONG
SUIT
TIE
TOOLS
WITTY

#### **Basic Directions**

- Each column must contain all of the numbers 1 through 9, without repeating any of the numbers.
- Each row must contain all of the numbers 1 through 9, without repeating any of the numbers.
- Each block in the grid must contain all of the numbers 1 through 9, without repeating any of the numbers.
- You cannot change any of the prefilled numbers.
- The puzzle is complete when all the boxes are correctly filled in.



## Sudoku Puzzle #1

				6	3		2	
	9	5					1	7
4			1		2		7	
<b>4 5</b>			6 4	7				
	1	9	4					
	6					2	3	
				10			4	
			9			5		

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DIFFICULTY: ★★★☆

The answer to this puzzle in on page 23

# **Easy Grape Jelly Meatballs**

## **Ingredients**

28 ounces grape jelly

12 ounces Heinz chili sauce or favorite BBQ sauce

32 ounces frozen meatballs, fully cooked

1 Tablespoon cornstarch + 3 tsp water to thicken hot sauce (optional)

## **Directions**

- 1. Spray the inside bowl of a slow cooker with non-stick cooking spray.
- 2. Place frozen meatballs in the slow cooker first.
- 3. Pour the grape jelly and chili sauce over the meatballs. Give it a stir to make sure the meatballs are all coated.
- 4. Cook on high for 2 hours, or low for 4 hours.
- 5. Once the meatballs are done cooking, add in the cornstarch slurry. Stir and continue to cook until sauce starts to thicken. This will take about 3 minutes. Change the slow cooker setting to the warm setting until you are ready to serve them. Serve with toothpicks or as a meal with rice.



# **Bill's Sausage Gravy**

## <u>Ingredients</u>

- 1 12-ounce package maple flavored sausage
- 3 Tablespoons butter
- 1/4 cup all-purpose flour
- 3 cups whole milk
- Salt and pepper to taste

## **Directions**

- 1. Place sausage in a large, deep skillet. Cook and crumble over medium-high heat until evenly brown.
- 2. Remove sausage with a slotted spoon, leaving the drippings in the pan. Stir butter into the pan until melted. Add flour and stir until smooth. Reduce heat to medium and cook until light brown. Gradually whisk in milk and cook until thickened. Season with salt and pepper.
- 3. Add cooked sausage back to the skillet. Reduce heat and simmer for 12 to 15 minutes. If gravy becomes too thick, stir in a little more milk.





				The state of the s			
Mary Masterson	6/2	Lois Turcotte	6/8	Carol Craig	6/18	Vernon Swanson	6/2
Deirdre Daly	6/2	Greg Schneider	6/8	Juanita Dunbar	6/18	Carol Matson	6/2
Gayla Brothen	6/3	Marilyn Deinhammer	6/9	Judy Gregory	6/18	Timothy Clemens	6/2
Patricia Gensicke	6/3	Mike Kowalczyk	6/9	Robert Van Bendegom	6/18	Steven Hessefort	6/2
Judith Leanna	6/3	Joan McGinley	6/9	Betty Solum	6/18	Abel Canchola	6/2
Joan Rivera	6/3	Diane Anderson	6/10	Carol Squire	6/18	John Lindstrom	6/2
Sue Rose	6/3	Karen Anderson	6/10	Bea White	6/18	Lynette Anderson	6/2
Elaine Martin	6/3	John Khoury	6/10	Beoria Epps	6/19	Kristin Wessel	6/2
Robert Laudonio	6/3	Keith Relich	6/10	Mark Noble	6/19	Gary Pitts	6/2
Merlin Hamburg	6/3	Corazon Pecze	6/10	Heather Poyner	6/19	Alice Messenger	6/2
Jane Kurtz-Powers	6/3	Mardi Timm	6/10	Kathy Wilson	6/19	Pat Zuzinec	6/2
Sandy Ewaskowitz	6/4	William Cairns	6/11	Fred DeBettignies	6/20	Rick Czarnowski	6/2
Peggy Gallery	6/4	Linda Gotsche	6/11	Virginia Sertich	6/20	Pamela Leonard	6/2
Carol Hooper	6/4	Rajinder Grewal	6/11	Charlotte Winkler	6/20	Ernest Llanas	6/2
Gail Sullivan	6/4	Donald Bernardin	6/12	Charles Hilleshiem	6/20	George Greco	6/2
Jackie Kehl	6/4	Vern Kotten	6/12	Ruth Brandt	6/20	Judy AuBuchon	6/2
Robert Aker	6/5	Shirley Weston	6/12	Jeffrey Ludwig	6/20	Kathy Geniesse	6/2
Cookie Martinson	6/5	Vickie Hessefort	6/12	Marilyn Crane	6/21	Lynne Ingham	6/2
Margie Slavik	6/5	Denise Kendall	6/12	Dennis Tait	6/21	June Knoedler	6/2
Sue Lea	6/5	Sylvia Johnson	6/13	Joanne Thrasher	6/21	Betty Dulak	6/2
Cathy Hunt	6/6	Larry Heintz	6/14	Mary Elizabeth Cottini	6/21	Claudia Sockness	6/2
Sharon Stricker	6/6	Mark Zanin	6/14	George Preble	6/22	Richard Beltoya	6/3
Bettie Westcott	6/6	William Kroll	6/15	Joyce Stella	6/22	Connie Covey	6/3
Linda Broesch	6/7	Marion Richardson	6/15	Rosemary Worth	6/22	Sue Ann Finn	6/3
Susan Giggy	6/7	Christine Zapencki	6/15	Stephanie McFall	6/23		6/3
Janice Whitten	6/7	Dave Steele	6/16	Barbara Petersen	6/24	Beverly Mobley	0/3
Ana Maria Pelnar	6/7	Sherlin Durkee	6/17	Joan Riemer	6/24		

Vernon Swanson	6/24
Carol Matson	6/24
Timothy Clemens	6/25
Steven Hessefort	6/25
Abel Canchola	6/25
John Lindstrom	6/25
Lynette Anderson	6/25
Kristin Wessel	6/25
Gary Pitts	6/26
Alice Messenger	6/26
Pat Zuzinec	6/27
Rick Czarnowski	6/27
Pamela Leonard	6/28
Ernest Llanas	6/28
George Greco	6/28
Judy AuBuchon	6/28
Kathy Geniesse	6/29
Lynne Ingham	6/29
June Knoedler	6/29
Betty Dulak	6/29
Claudia Sockness	6/29
Richard Beltoya	6/30
Connie Covey	6/30
Sue Ann Finn	6/30
Beverly Mobley	6/30











## **Basic Directions**

- Each column must contain all of the numbers 1 through 9, without repeating any of the numbers.
- Each row must contain all of the numbers 1 through 9, without repeating any of the numbers.
- Each block in the grid must contain all of the numbers 1 through 9, without repeating any of the numbers.
- You cannot change any of the prefilled numbers.
- The puzzle is complete when all the boxes are correctly filled in.

## Sudoku Puzzle #2

	5				9	1		6
			7	4				6 3 7
		3		4 6	1	4	8	7
	4	1	6					
6		9		7				
	3				5			
			8	9				
	7	6		1			5	

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DIFFICULTY: ★☆☆☆





# **2024 Special Events and Trips**

Wed. June 19, 2024 **Potawatomi Casino** 

Fri. June 21, 2024 **Summer Dance** 

Kenosha Kingfish Ballgame Thurs. July 11, 2024

Fri. July 12, 2024 Fireside Theatre: Nunsense—A Musical Comedy

Thurs. Aug 8, 2024 Kenosha Senior Center: Annual Picnic

**Thurs. August 22, 2024** Aurora Medical Pop Up Health Fair

Thurs. September 5, 2024 Fireside Theatre: The Ultimate Elvis Show

Fri. September 20, 2024 Dance

Thurs. October 17, 2024 Fireside Theatre: Rocky The Musical

Fri. October 25, 2024 **Halloween Dance** 

Sat. Nov. 9, 2024 **Kenosha Senior Center: Holiday Craft Fair** 

Fri. November 15, 2024 **Thanksgiving Dance** 

Fri. November 22, 2024 Fireside Theatre: Miracle on 34th Street

Thurs. December 5, 2024 **Woodfield Mall: Holiday Shopping Trip** 

Fri. December 6, 2024 **Deck the Halls Party and Cookies, Cocoa & Carols** 

Fri. Dec. 13, 2024 Senior Center Christmas Party at Italian American

Fri. December 20, 2024 **Holiday Dance** 

ALL EVENTS & TRIPS ARE SUBJECT TO CHANGE!

## **Drum Circle** With Heather Poyner

Friday, June 28, 2024 at 1pm

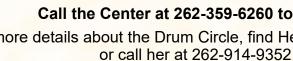
Fee: \$3.00

Ever want to be part of the band, literally? Well, here's your chance!

In this interactive drum circle, participants create in-the-moment musical masterpieces using hand drums, tambourines, shakers and African bells. It's a great way to meet new friends and make music!

Call the Center at 262-359-6260 to Sign Up

For more details about the Drum Circle, find Heather on Facebook, or call her at 262-914-9352.



# Kenosba Senior Center GROUP FITNESS CLASSES Get Active Stay Healthy!

Call the Senior Center a 262-359-6260 with Questions

## **Total Body Conditioning with Denise**

# Tuesday at 11am & Thursday at 9am Fee: \$2.00 per class

This strength training class incorporates body weight resistance along with hand weights and resistance bands to achieve a total body workout. Exercises are designed to increase muscular strength & endurance with flexibility balance & core work for the perfect workout.

## Chair Yoga with Denise

# Monday at 1pm Fee: \$2.00 per class

This class involves a series of seated and standing postures to improve balance, increase strength, lubricate joints and increase mobility. Movements are connected with breath work, to calm and focus the mind. The class ends with a quiet meditation.

### Exercise with Jessica & Jordan

# Monday, Wednesday and Friday at 9am Fee: \$1.00 per class

This class combines safe stretching and strengthening exercises designed to increase muscular strength, range of motion and activity for daily life. Exercises are performed while seated.

#### Tai Chi with Trish

# Tuesday at 9:45am Fee: \$3.00 per class

Tai Chi is a gentle Chinese martial art that involves fluid, choreographed movements. It's an effective exercise for seniors because it is low-impact and can be performed anywhere. Join this class and improve your balance, coordination, flexibility and overall quality of life.

## Cardio Drumming Class with Denise

Fridays at 10:30am

Fee: \$20.00 for a 10 week session

CURRENT SESSION: April 26 - July 5, 2024

Low impact workout that helps drum off pounds and relieve stress! This fun class uses exercise balls and sticks choreographed to music. Strengthen stabilizer muscles, improve endurance and enhance overall fitness. The class is done standing but can be modified for a seated workout.

Space is Limited.



# Kenosha Senior Center 2024-2025 Member Registration Form

## For July 1, 2024 thru June 30, 2025

You must be 55 Years old to join

2717 67	'th S	Street
Kenosha,	W	53143

Staff Use Only

Membership Date:

(or be the spouse of a current member, if you are und	ler age 55)
Resident Memberships are \$12.00 per year/person (for those who live within the Kenosha Unified School District – KUSD boundaries)	Amount Paid: Check
<b>Non-Resident Memberships</b> are \$50.00 per year/person (for those who live outside the Kenosha Unified School District — KUSD boundaries)	Member (Renewal) New Member
<b>Grandfathered Memberships</b> are \$12.00 per year/person (for those who are current members and move outside the KUSD boundaries)	Non-Resident Member (Renewal)
<b>NEW Memberships</b> are <b>Prorated</b> , based on starting month Please call the Senior Center at 262-359-6260 for amount due, before sending	
KUSD Boundaries: City of Kenosha, Town of Somers and the Village of Please COMPLETE FORM AND RETURN TO CENTER (PLEASE PR	
	XIIV I )
MEMBER #1	
FIRST NAMELAST NAM	ME
BIRTHDATE (required)	MaleFemale
Email Address:	
Address Apt. #	Home Phone
City St Zip	Cell Phone
Ethnicity:American IndianAsianAfrican American	
Ethnicity:American IndianAsianAfrican American  Emergency Contact Name	CaucasianHispanic Other:
	CaucasianHispanic Other:
Emergency Contact Name	CaucasianHispanic Other: Phone erence
Emergency Contact Name My Hospital Preference Please Do Not Cut ← Please Do No	CaucasianHispanic Other: Phone erence
Emergency Contact Name My Hospital Preference Please Do Not Cut Please Please Please Please Please Please Please Please MEMBER #2	CaucasianHispanic Other:Phone erence
Emergency Contact Name My Hospital Preference Please Do Not Cut ← Please Do No	CaucasianHispanic Other:Phone erence  ME
Emergency Contact Name My Hospital Preference Please Do Not Cut Please P	CaucasianHispanic Other:Phone erence  MEMaleFemale
Emergency Contact Name My Hospital Preference Please Do Not Cut Please Do Not Cut Please Plea	CaucasianHispanic Other:Phone erence  MEMaleFemale
Emergency Contact Name My Hospital Preference Please Do Not Cut Please Do Not Cut Please Ple	CaucasianHispanic Other:Phone erence  MEMaleFemale  Home Phone
Emergency Contact Name My Hospital Preference Please Do Not Cut Please Do Not Cut Please Ple	CaucasianHispanic Other: Phone erence  MEMaleFemale  Home Phone Cell Phone
Emergency Contact Name My Hospital Preference Please Do Not Cut Please Do Not Cut Please Ple	CaucasianHispanic Other:Phone erence
Emergency Contact Name My Hospital Preference Please Do Not Cut Please Do Not Cut Please Please Please Please Do Not Cut Please	CaucasianHispanic Other:Phone erence

Questions? Please Call the Kenosha Senior Center at 262-359-6260 Visit our Website: www.kusd.edu/seniorcenter or Facebook: www.facebook.com/kenoshasenior

## **Kenosha Senior Center Memberships**

For anyone at least 55 years old (or the spouse of a current member, if you are under 55)



# Join Today

Current Membership 2024-2025 Memberships Run From July 1, 2024 thru June 30, 2025



**Membership Form** 

You can pick up a form at the Senior Center or find one online at www.kusd.edu/seniorcenter

Membership Card

Renewing Members: You already have your white Forever Card No return envelope is needed.

New Members: A card will be given to you when you turn in your registration form

## **Membership Payment**

Fee: \$12.00 per year for those in the KUSD boundaries, \$50 if you live outside the boundaries and \$12 if you moved outside the KUSD boundaries and have a current membership (grandfathered in at the \$12 rate).

Questions? Call 262-359-6260

# Kandy<sup>j</sup>s Korner



Information, reminders and other news about our Senior Center you might not know or have forgotten!

This week's topic: Membership Renewal Renew your 2024-2025 Membership Now!

- You <u>MUST</u> fill out a new membership form each year. We keep those in a binder for emergencies and records. If you <u>MAIL it in</u>, you <u>must</u> fill out a form and send it along with your check.
- 2. \$12.00 is due for in-district and \$50 for out-of-district.
- 3. Please have cash or check made out to **Kenosha Senior Center**.
- 4. Memberships run July 1-June 30.
- 5. If you stop receiving newsletters in the future, check your membership status!



## **Senior Athletic Passes**

These passes are good for entrance into Kenosha middle and high school **home** athletic events for this school year. Members of the Kenosha Senior Center may receive one FREE pass each year. Non-members may purchase a pass for \$5.00 each.

## **Support Our Student Athletes!**

Passes available at the Kenosha Senior Center 22

## **Featured Advertisers**

## **Grace Parrish**

Broker Associate / Mobile Notary Senior Real Estate Specialist Cell (262) 914-5338 gracesells4u2@gmail.com

## **BrightStar Care**

A Higher Standard of Home Care Companion, Personal & Skilled Care 262-637-7767

## **Lakeside Towers**

Section 8 Senior Housing 5800 - 3rd Avenue - (262) 654-2131 www.lakesidetowersapts.com





# Monthly Funnies

## **Groan...Dad Jokes**

How many storm troopers does it take to change a lightbulb?

None, because they are all on the dark side.

Why did the man fall down the well? Because he couldn't see that well.

If your house is cold, just stand in the corner. It's always 90 degrees there.

What do you call the security guards for Samsung?
Guardians of the galaxy.

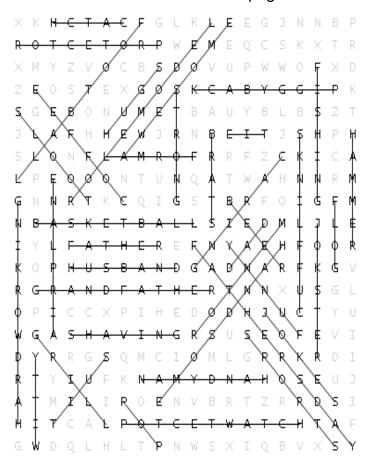
Hi, I'm Cliff. Drop over sometime.

## In Memoriam

Our deepest sympathy is extended to the family & friends of Ann Kiehn, Connie McCurdy, Dorothy Stielow

and all who have recently suffered a loss. Our hearts, thoughts & prayers are with you.

Answer to the Word Search from page 12





Kenosha Senior Center Newsletter: June 2024 Published Irregularly

Kenosha Senior Center 2717 - 67th Street Kenosha, WI 53143



Member Wisconsin Association of Senior Centers

Answer to Sudoku Puzzle #1 on page 13

1	4	7	5	6	3	9	2	8
3	9	5	2	8	4	6	1	7
6	2	8	7	1	9	4	5	3
P 1135 7	8	6	1	9	2	3	7	5
5	3	2	6	7	8	1	9	4
7	1	9	4	3	5	8	6	2
9	6	4	8	5	7	2	3	1
8	5	1	3	2	6	7	4	9
2	7	3	9	4	1	5	8	6

Answer to Sudoku Puzzle #2 on page 17

7	5	4	3	8	9	1	2	6
~	6	8	7	4	2	5	9	3
2	9	3	5	6	1	4	8	7
5	4	1	6	3	8	2	7	9
6	2	9	1	7	4	8	3	5
8	3	7	9	2	5	6	1	4
3	1	5	8	9	6	7	4	2
9	8	2	4	5	7	3	6	1
4	7	6	2	1	3	9	5	8



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