

Kenosha Senior Center NEWSLETTER

Photo By Peggy Pontillo

Vol. 29, No. 1

January 2024



2717 - 67th Street
Kenosha, WI 53143
Phone: 262-359-6260

Senior Center Hours

Monday-Friday 8:30am-3:45pm

Visit us on the web at:

www.kusd.edu/seniorcenter

"Like" us on Facebook at:

www.facebook.com/kenoshasenior

Program Director

Denise Jacob

Email: djacob@kusd.edu

Administrative Assistant

Kandy Stull

Email: kstull@kusd.edu

Newsletter Editors

Denise Jacob and Kandy Stull

Senior Dining 262-351-6246

BOARD OF DIRECTORS

President:

Bonnie Hausfeld

Vice President:

Ron Mengel

Secretary:

Kathy Flammang

Asst. Secretary:

Carol Kessler

Treasurer:

Bryan Mogensen

Coordinator of
Recreation

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Joan Hall

Barb Van Dyke

MaryAnn Bourget

Charlotte Winkler

Nikki Mondia

Carol Sieber

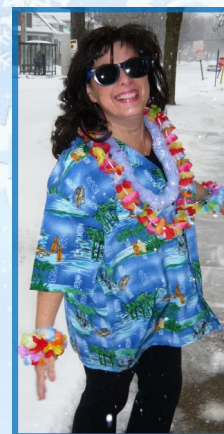
Phyllis Mattox

Eloda Birch

Sue Moe

Dear Friends,

Happy New Year! I wanted to take a minute to thank all our Community Partners we work with throughout the year. In 2023, we had more organizations partner with us to sponsor events, dances, Bingo, parties, trips and activities than ever before. They have provided raffle baskets, food for events, picnic prizes, educational presentations and more. Through their generosity, we are able to make the Kenosha Senior Center programs and events more special. Thank you to all our Community Partners for everything you do. I look forward to working with you in 2024!



Wishing our Community Partners, Senior Center Members, Board of Directors, Staff and Volunteers a Fun, Healthy and Happy 2024!

See you at the Center!

Sincerely,

Denise

2024 Special Events and Trips

Fri. January 19, 2023	-	Winter Dance
Thurs. February 15, 2024	-	Fireside Theatre: Jersey Boys
Fri. February 16, 2024	-	Valentine's Dance
Fri. March 15, 2024	-	St. Patrick's Day Dance
Spring 2024 (tentative)	-	Gambling Trip
Fri. April 12, 2024	-	Fireside Theatre: Fiddler On The Roof
Fri. April 26, 2024	-	Kentucky Derby Dance
Fri. May 17, 2024	-	Spring Dance
Thurs. May 23, 2023	-	Fireside Theatre: Beautiful: The Carol King Musical
Fri. June 21, 2024	-	Summer Dance
June 2024 (tentative)	-	Brewers vs Cubs Game
Summer 2024 (tentative)	-	Kenosha Kingfish Ballgame
Fri. July 12, 2024	-	Fireside Theatre: Nunsense—A Musical Comedy
Thurs. Aug 8, 2024	-	Kenosha Senior Center: Annual Picnic
Fri. September 20, 2024	-	Dance
Thurs. October 17, 2024	-	Fireside Theatre: Rocky The musical
Fri. October 25, 2024	-	Halloween Dance
Sat. Nov. 9, 2024	-	Kenosha Senior Center: Holiday Craft Fair
Fri. November 15, 2024	-	Thanksgiving Dance
Fri. November 22, 2024	-	Fireside Theatre: Miracle on 34th Street
Thurs. December 5, 2024	-	Woodfield Mall: Holiday Shopping Trip
Fri. December 6, 2024	-	Kenosha Senior Center: Deck the Halls Party and Cookies , Cocoa and Carols Party
Fri. Dec. 13, 2024 (tentative)	-	Kenosha Senior Center Christmas Party
Fri. December 20, 2024	-	Holiday Dance

ALL EVENTS & TRIPS ARE SUBJECT TO CHANGE!
Additional Trips may be added Check monthly for updates.



BUS TRIPS

February Trip

JERSEY BOYS

Date: Thursday, February 15, 2024

Destination: Fireside Theatre, Fort Atkinson, WI

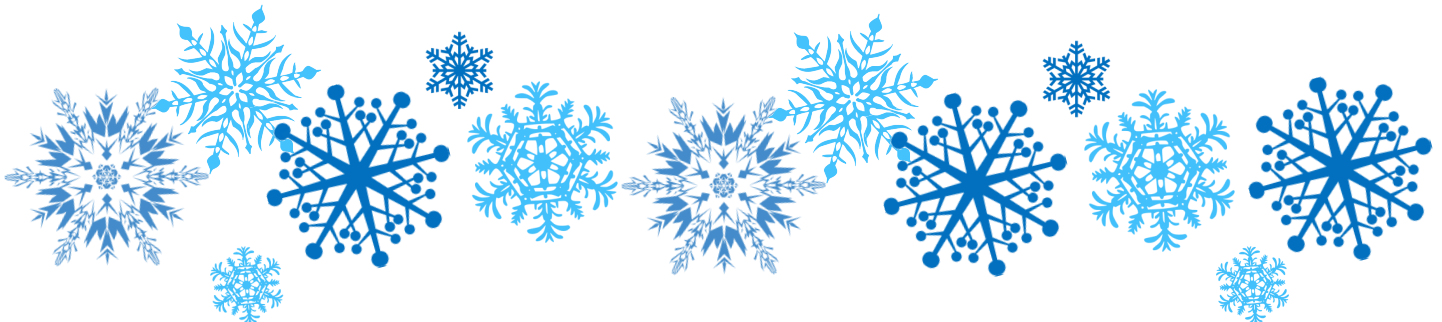
Prices: Members: \$110.00; Non-members: \$115.00

Trip Description: With phenomenal music, memorable characters, and great storytelling, JERSEY BOYS follows the fascinating evolution of four blue-collar kids who became one of the greatest successes in pop-music history. Winner of the Tony Award for Best Musical, JERSEY BOYS takes you behind the music of Frankie Valli and The Four Seasons to discover the secret of a 40-year friendship as the foursome work their way from the streets of New Jersey to the heights of stardom. Enjoy electrifying performances of chart-topping hits including "Sherry," "Big Girls Don't Cry," and "My Eyes Adored You," which took The Four Seasons to the Rock 'n' Roll Hall of Fame (Contains explicit adult language. Not recommended for children).



Entrées: Creole Chicken: skinless breast stuffed with andouille sausage, onions, celery, bell peppers and a blend of cheeses, served with a smoked paprika tomato sauce. OR Seared Pork Ribeye: boneless pork chop seasoned and seared until perfectly tender and finished with a rich pork demi-glaze. OR Fresh Salmon: steamed fillet of Atlantic salmon served with lemon and Béarnaise Sauce. All meals include bread, baked potato soup, Charleston rice with Jones sausage, creamed sweet corn and New York cheesecake for dessert. Complimentary coffee, tea and milk. Cash bar for cocktails and soft drinks. Please let us know when you purchase your ticket if you will need a gluten-free or a vegetarian option.

On the day of the trip arrive at the Southwest side of the Indian Trail parking lot, 6800 - 60th Street in Kenosha, by 8:30am to load the bus. Use the 60th Street entrance. The bus will depart at 8:45am and return around 6:00pm.



Kenosha Senior Center Trip and Events Policy: We understand that plans can change and you may not be able to attend a trip or event for which you have purchased a ticket, but we cannot issue refunds unless there is a waiting list and we are able to replace you with someone on that list. The reason for this is we do not keep the money you give us for a trip. It goes directly to the venue to pay for the event and the venues do not issue refunds. If you cannot attend a trip call us at 359-6260 and speak with a staff person. We will instruct you what to do, and we will do our best to find a replacement. If we are successful, you will be notified to come and pick up your refund.



9:30am-10:30am
FREE
Coffee and Donuts

TOPS WI 1593
Take Pounds off Sensibly
Thursdays at 2:30pm-3:30pm



Looking for a support system to help you lose weight? Come to one of our TOPS meetings and see how joining this group can help you meet your goals! Packages start at just \$49.00. Dues are just 50cents each week.

Contact: Mary Hotle at Maryehotle@gmail.com or call her at 262-930-9582

Wednesday, January 10, 2024

Sponsored by Brightstar Care

Wednesday, January 17, 2024

Sponsored by Oasis Senior Advisor

Wednesday, January 24, 2024

Sponsored by Cornerstone Caregiving

Wednesday, January 31, 2024

Sponsored by Home Helpers

Dance Group

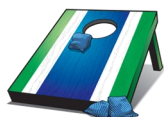
1st and 3rd
Tuesdays at Noon



Join this group if you want to meet new people, have fun, be active and DANCE! The group meets the 1st and 3d Tuesdays of the month. Learn line dances and other choreographed dances, performed as a group. The goal is to have fun and show that dancing has no age limits. No experience needed. Everyone is Welcome!

Bean Bagz Group

Wednesdays at 1pm



Meet new people and get active. Join the Bean Bagz Group. No experience needed. This group meets in Room 121.

Senior Athletic Passes

These passes are good for entrance into Kenosha middle and high school home athletic events for this school year. Members of the Kenosha Senior Center may receive one FREE pass each year. Non-members may purchase a pass for \$5.00 each.



Support Our Student Athletes!

Passes available at the Kenosha Senior Center

Mahjong Lessons For Beginners

Tuesdays 9:00am—10:30am



Slower paced Mahjong lessons for beginners. Each week will be a different lesson. Watch a short YouTube video and have practice time.

Call 262-359-6260 to Sign Up.


Free Tax Aid AARP

Thursdays, February 1 thru April 4, 2024
9:00 am - 2:30 pm by appointment

Tax-Aide is a free program sponsored by the IRS & AARP that provides income tax counseling, primarily to persons with low or moderate income, who are age 60 and over. The Kenosha Senior Center is one of the locations where their volunteers help people.

You can set up an appointment for tax help beginning Monday, January 22, 2024 at 9am.

There are Two Options:

- Call (262) 671-8461 to set up your appointment. The phone line is open from 8:30am until 3:30pm Mon. thru Fri. You will get an answering machine. Leave a message and someone will return your call to make your appointment. **Important Note: It is a Google Voice Call so it may show up as suspected spam when your call is returned.**
- Make your appointment online. Go to  www.aarp.org. Click on Money, then click on Taxes and then Site Location. There will be a choice to make an appointment at either the Senior Center or St. Mary's Lutheran Church.

Senior Dining

Fellowship, Food and Fun

Sit Down Meals Served at 11:30am
Suggested Donation is \$3.00

- 🍎 Meals include dessert and beverage
- 🍎 Open to anyone 60+ and their spouse, regardless of age
- 🍎 Menus available at the Senior Center or on-line at kafasi.org/nutrition.html
- 🍎 Great way to meet new friends



**Call 262-351-6246 to make a Reservation
by 10:30am the prior day**

In-Person Senior Dining ... More than just a meal

Find The Logo Contest



We have hidden our Kenosha Senior Center Logo somewhere in this newsletter. It is a **miniature** version of the logo. Look carefully throughout the newsletter and if you are lucky enough to find it, call the front desk at 262-359-6260 or email kstull@kUSD.edu. **You MUST put your name, phone number and where the logo was located on the email.** We will do a random drawing of all the correct entries for a prize at the end of the month. Entries must be submitted by the 20th of this month. You can participate every month.

November Winners!

Barb Hart, Lynda Laudonio, Pamela Brown

FREE BINGO



Tuesday, January 23, 2024 at 1pm

For Senior Center Members

- **Register** by Noon, on the Thursday before BINGO. Call 262-359-6260 to register.
- **CARDS:** When you come to the Center, you will get a card.

Sponsored by

John Harold Medicare Specialist

Kenosha Senior Center Orientation
Wednesday, January 31, 2024 at 9:00am



Learn more about the Senior Center

- Take a tour
- Learn how to use the Kiosk to sign in.
- Find out where to park and where not to park.
- Find out how day trips work: What are this years trips? When are they sold? How much do they cost? How to sign up.
- Where to sign up for special events
- Understand the calendar and listings
- Get all your questions answered!

**Call the Senior Center at
262-359-6260 to sign up today**

NEW Drop In Craft Day

Wednesdays 9am-Noon

Make Crafts. Meet Friends. Have Fun.

This group meets Wednesday mornings to socialize and make crafts. The activity is FREE. There is no lesson. Bring your own project to work on or stop in and be inspired by other crafters. Some projects the crafters are working on include wood burning, card making, barn quilts, diamond art and more. Spark your imagination and check out this new activity!



JEOPARDY!

TRIVIA HOUR

Thursday, January 25, 2024 at
1:00pm

Do You Enjoy Jeopardy?
Come Try It Yourself

**Join us for a quick
Quarterly Membership Meeting
and stay for the TRIVIA!**

Test your knowledge against your peers
with a friendly game of Trivia. Or just
come and cheer on your friends!

Snacks ~ Trivia ~ Fun

**Call the Center at 262-359-6260
to sign up**



Friday, January 19, 2024 at 1:30pm
Music by Ernie Garner

Dances are FREE and open to the Senior Public

Snacks & door prizes sponsored by
ProMedica



CHRISTIAN LIFE
SCHOOL
2023 CONCERTS





Kenosha Senior Center Class & Activity List

Classes, activities and fees are subject to change. Call 262-359-6260 to confirm an activity

Class/Activity	Days	Times	Cost
American Issues	Wednesday and Friday	10:00am - Noon	Free
Art Class	Wednesday	9:00am - 11:00am	\$5.00 per class & your own supplies
Bagz (Bean Bag Game)	Wednesday	1:00pm	Free
Ballroom Dance	Wednesday	10:30am	Free
Bingo for Members	4th Tuesday (Check Calendar)	1:00pm	Free
Book Discussion	Monday	2:15pm	Free
Cardio Drumming	Friday	10:30am	Pre-register for each session
Chess	Tuesday	1:00pm	Free
Chorus"Forever Young Chorus"	Thursday-- resumes in March	10:30am-Noon	\$2.00 per class
Cribbage	Friday	10:15am	Free
Dances-Monthly	One Friday a Month (Sept. thru June)	1:30-3:30pm	Free
Dominos	Tuesday	1:00pm	Free
Drop In Craft	Wednesday	9:00am - 12:00pm	Free - Bring your own supplies
Euchre	Thursday	1:00pm	Free
Exercise Class	Monday, Wednesday & Friday	9:00am - 10:00am	\$1.00 per class
Foot Clinic	2nd Friday every other month	9-12:30pm by appt.	\$35.00
Golf Card Game	Monday	1:00pm	Free
Junk Journal Crafting	Thursday	9-Noon	Free-Bring your own supplies
Knit & Crochet	Friday	9:00am - 11:00 am	Free - Bring your own supplies
Line Dance with Norm	Monday	9:00am –10:30am	\$5.00 per class
Mahjong	Tuesday and Friday	T: 1:00 pm, F: 10:15 am	Free
Movies	One Fri. a Month & After Qrtly Mtgs.	1:00pm	Free
Ping Pong	Monday and Thursday	9:00am-Noon	Free
Pool (Billiards) - Open	Monday thru Friday	Closed during events	Free
Senior Moments Dance	1st and 3rd Tuesday	Noon	Free
Sheepshead	Tuesday and Wednesday	T:8:30am W:1:00pm	Free
Tai Chi	Tuesday	9:45am	\$3.00 per class
TOPS WI 1593	Thursday	2:30pm-3:30pm	Check with Class Instructor
Total Body Conditioning Strength Training Class	Tuesday and Thursday	T:11:00am Th:9:00am	\$2.00 per class
Trips	One or Two a Month	See Newsletter	See Newsletter
Walking Group: "Goldens on the Go"	Summer: Wednesday & Friday	8:00am & 10:00 am	Free
Wii Bowling	Thursday/Monday during taxes	12:30pm - 3:00pm	\$5.00 sign up fee
Wood Burning	Monday	9:00 - 11:00 am	Free - Bring your own supplies.
Wood Carving	Monday	9:00 - 11:00 am	Free - Bring your own supplies.
Woodturning	Monday thru Thursday	8:30-10:30am by appt.	First lesson \$20, then \$1 per class
Writing for Fun	Tuesday	10:30 - 11:30 am	Free - Bring your own supplies.
Yoga (Chair)	Monday	1:00pm	\$2.00 per class
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Activity Calendar		KENOSHA SENIOR CENTER				January 2024	
SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT	
	1 CLOSED 	2 CLOSED 	3 8:30-10:30am Woodturning by Appt. 9-11am Art Class 9-12pm Drop In Craft 9-10am Exercise Class 10-Noon Am. Issues 10:30am BallroomDance 1pm Sheephead 1pm Bean Bagz Group	4 Woodturning by Appt. 9-10am Total Body Conditioning 9-Noon Ping Pong 9-12 Junk Journal Craft 12:30pm Wii Bowling 1pm Euchre 2:30pm TOPS Group	5 9-10am Exercise Class 9-11am Knit & Crochet 10am Am. Issues 10:15am Cribbage 10:15am Mahjong	6 Center Closed	
7 Center Closed	8 8:30-10:30am Woodturning by Appt. <u>Cardio Drum. Sign Up</u> 9-10am Exercise Class 9-Noon Ping Pong 9-11am Woodcarving 9-11am Wood Burning 9-10:30am Line Dance 1pm Chair Yoga 1pm Golf Card Game 2:15pm Book Discussion	9 8:30-10:30am Woodturning by Appt. 8:30-11 Sheephead 9:00 Mahjong Lesson 9:45am Tai Chi 10:30am Writing for Fun 11-12pm Total Body Conditioning 1pm Dom/Mahjong/Chess <u>1pm Board Meeting</u>	10 8:30-10:30am Woodturning by Appt. 9-11am Art Class 9-12pm Drop In Craft <u>9:30am Donut Day</u> 9-10am Exercise Class 10-Noon Am. Issues 10:30am BallroomDance 1pm Sheephead 1pm Bean Bagz Group	11 Woodturning by Appt. 9-10am Total Body Conditioning 9-Noon Ping Pong 9-12 Junk Journal Craft 12:30pm Wii Bowling 1pm Euchre 2:30pm TOPS Group	12 9-10am Exercise Class 9-11am Knit & Crochet 10am Am. Issues 10:15am Cribbage 10:15am Mahjong	13 Center Closed	
14 Center Closed	15 CLOSED 	16 8:30-10:30am Woodturning by Appt. 8:30am Sheephead 9:00am Mahjong Lesson 9:45am Tai Chi 10:30am Writing for Fun 11-12pm Total Body Conditioning 12pm Senior Dance group 1pm Dominos, Mahjong & Chess	17 8:30-10:30am Woodturning by Appt. 9-11am Art Class 9-12pm Drop In Craft <u>9:30am Donut Day</u> 9-10am Exercise Class 10-Noon Am. Issues 10:30am BallroomDance 1pm Sheephead 1pm Bean Bagz Group	18 Woodturning by Appt. 9-10am Total Body Conditioning 9-Noon Ping Pong <u>9-11am Health Screens</u> 9-12 Junk Journal Craft 12:30pm Wii Bowling 1pm Euchre 2:30pm TOPS Group	19 9-10am Exercise Class 9-11am Knit & Crochet 10am Am. Issues 10:15am Cribbage 10:15am Mahjong 10:30am Cardio Drum <u>1:30 pm-3:30pm Snowball Dance</u>	20 Center Closed	
21 Center Closed	22 8:30-10:30am Woodturning by Appt. 9-10am Exercise Class 9-Noon Ping Pong 9-11am Woodcarving 9-11am Wood Burning 9-10:30am Line Dance 1pm Chair Yoga 1pm Golf Card Game 2:15pm Book Discussion	23 8:30-10:30am Woodturning by Appt. 8:30am Sheephead 9:00am Mahjong Lesson <u>9am Pool Tournament</u> 9:45am Tai Chi 10:30am Writing for Fun 11-12pm Total Body Conditioning 1pm Dominos, Mahjong & Chess <u>1pm BINGO</u>	24 8:30-10:30am Woodturning by Appt. 9-11am Art Class <u>9am Pool Tournament</u> 9-12pm Drop In Craft <u>9:30am Donut Day</u> 9-10am Exercise Class 10-Noon Am. Issues 10:30am BallroomDance 1pm Sheephead 1pm Bean Bagz Group	25 Woodturning by Appt. 9-10am Total Body Conditioning 9-Noon Ping Pong <u>9am Pool Tournament</u> 9-12 Junk Journal Craft 12:30pm Wii Bowling 1pm Euchre 2:30pm TOPS Group <u>1pm Quarterly Meeting followed by Trivia</u>	26 9-10am Exercise Class 9-11am Knit & Crochet 10am Am. Issues 10:15am Cribbage 10:15am Mahjong 10:30am Cardio Drum	27 Center Closed	
28 Center Closed	29 8:30-10:30am Woodturning by Appt. 9-10am Exercise Class 9-Noon Ping Pong 9-11am Woodcarving 9-11am Wood Burning 9-10:30am Line Dance 1pm Chair Yoga 1pm Golf Card Game 2:15pm Book Discussion	30 8:30-10:30am Woodturning by Appt. 8:30-11 Sheephead 9:00 Mahjong Lesson 9:45am Tai Chi 10:30am Writing for Fun 11-12pm Total Body Conditioning 1pm Dom/Mahjong/Chess	31 8:30-10:30am Woodturning by Appt. <u>9am Orientation</u> 9-11am Art Class 9-12pm Drop In Craft <u>9:30am Donut Day</u> 9-10am Exercise Class 10-Noon Am. Issues 10:30am BallroomDance 1pm Sheephead 1pm Bean Bagz Group <u>1pm Valentine Make and Take</u>	Senior Center Hours: Monday-Friday 8:30am-3:45pm Closed Saturday & Sunday Phone: (262) 359-6260 Pool Tables Open Mon thru Fri 8:30am-3:30pm Except during movies, meetings, dances and closures. 			

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January Word Search

W F X M D B V O W S S L I S E S Y E R T
R D E D Y E R C N W L V M S W N D T A S
C L Y Q A E L O T I X U D I O O N I E O
T J E I T A W S H R M V I X O W I B Y R
B A B A V S R C A R C T I C D F W T W F
W E E V T T R L O T D J D M S L V S E K
P H L O A E O S N E T T I M T A U O N C
A J R O J P Q M F B O O T S O K O R U A
D M C T W I C E S K A T E S V E X F A J
W L T W H Z I N G K T E B S E T S O R F
K I O F R E E Z I N G C L L T S M D A U
D O N C W E R R C X S A A I V E L Z A C
L R U T R W A M O R M L N P N D K U U C
I H A K E E C R A A J P K P F E L C S A
G F L Z S R T S M L U E E E U G X F A H
L P Y C Z S T T P U Y R T R M R O T S J
O A A I N I E I I W F I S Y P F T U L E
O R W O I H L O M B H F S I F K J B H M
F D W V W X C B I E I K S U K H W L O I
K H W L A Y N X T C O M F O R T E R A K

ARCTIC
BELOW ZERO
BITTER COLD
BLANKET
BLIZZARD
BOOTS
CHILL
COAT
COMFORTER
EARMUFFS

FIREPLACE
FREEZING
FROST
FROSTBITE
HEATER
HOT CHOCOLATE
ICE SKATES
IGLOO
JACKET
JACK FROST

MELT
MITTENS
NEW BEGINNING
NEW YEAR
POLAR
RESOLUTIONS
SCARF
SKI
SLED
SLIPPERY

SLUSH
SNOW
SNOWFLAKE
SNOWSTORM
STORM
THERMAL
WINDY
WINTER TIME
WOOD STOVE
WOOL



Sudoku Puzzle #1

Basic Directions

- ♦ Each column must contain all of the numbers 1 through 9, without repeating any of the numbers.
- ♦ Each row must contain all of the numbers 1 through 9, without repeating any of the numbers.
- ♦ Each block in the grid must contain all of the numbers 1 through 9, without repeating any of the numbers.
- ♦ You cannot change any of the prefilled numbers.
- ♦ The puzzle is complete when all the boxes are correctly filled in.

2	3		4					
		9	8			1		
8					9			6
		1	9	3	8			5
	5				2			
9				4				
3		5						9
			3	6	5			1

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DIFFICULTY: ★★☆☆

The answer to this puzzle is on page 23

SUDOKU





Pepperoni Pizza Sliders



Ingredients

- 1 package slider rolls
- 1/2 cup pizza sauce
- 1/2 cup mini pepperoni
- 1 1/2 cups shredded, low-moisture, part-skim mozzarella cheese
- 1/4 cup butter, melted
- 1 teaspoon parsley flakes
- 1/2 teaspoon dried oregano
- 1/2 teaspoon garlic powder
- 1/2 cup shredded parmesan cheese



Directions



Heat oven 350° F.

1. Keeping rolls connected, cut sheet of rolls horizontally, separating tops from bottoms. Place bottom halves of rolls in baking dish.
2. Spread pizza sauce evenly over bottom halves. Sprinkle pepperoni over sauce. Sprinkle mozzarella over pepperoni and cover with top halves of rolls.
3. Mix melted butter with parsley flakes, dried oregano, garlic powder, and shredded Parmesan cheese. Spoon evenly over sliders.
4. Cover baking dish with aluminum foil sprayed with nonstick cooking spray to keep cheese from sticking.
5. Bake 20 minutes.
6. Remove foil and bake additional 5-10 minutes or until Parmesan is melted and golden brown. Cut sliders and serve immediately.



Tortellini Soup

Ingredients

- 1 extra-large can (about 49 oz) of low-sodium chicken broth*
- 1 9oz package refrigerated cheese (or your favorite filling) tortellini
- 1-4 Tbsp. tomato paste
- Salt/pepper



Directions

1. Bring the broth to a boil in a large saucepan. Add the tortellini and cook according to package directions.
 2. Add tomato paste and salt and pepper to taste.
- Pair with a loaf of French bread and a green salad.



January Birthdays

Susan Cairns	Jan 01	Gerald Becker	Jan 12	Dorothy Merten	Jan 22
Helen Dahl	Jan 01	Patricia Gorka	Jan 12	William Watkins	Jan 22
Carol Otahal	Jan 01	Ruth O'Hanlon	Jan 12	Sharon Wilson	Jan 22
Dennis Ciskowski	Jan 02	Vivian Reardon	Jan 12	Mary Harris	Jan 23
Karen Parr	Jan 02	Lynne Wegner	Jan 12	Dennis Manke	Jan 23
Janice Galvan	Jan 03	Nancy Connell	Jan 13	Elviera Mancini	Jan 24
Joan Hall	Jan 03	Dan Hoffenkamp	Jan 13	Gary Mentek	Jan 24
Karla Bielewicz	Jan 04	Pat Seibel	Jan 13	Delores Marinelli	Jan 25
Richard Guenther	Jan 04	Janice Bulanda	Jan 14	James Moldenauer	Jan 25
Eve Lawler	Jan 04	Carla Dochterman	Jan 14	Susan Van Bendegom	Jan 25
Deb Miles	Jan 04	Joanne Hamilton	Jan 14	Heidi Grabowski	Jan 25
William Prager	Jan 04	Marion Jester	Jan 14	Yvonne Brandes	Jan 26
RoseAnn Spitzer	Jan 04	Margaret Cannestra	Jan 15	Sue Barrett	Jan 26
John Griffiths	Jan 05	Don Odegaard	Jan 15	Karie Greidanus	Jan 27
Diane Price	Jan 05	Shirley Pitts	Jan 15	Janice Laufenberg	Jan 27
Wayne Rongholt	Jan 05	Dorothy Bohleen	Jan 16	Joan Nikolai	Jan 27
Gilberto Soler	Jan 05	Debra Harris	Jan 16	Janice Pieper	Jan 27
Mary Gentes	Jan 05	Beverly Junkerman	Jan 16	Deborah Schmidt	Jan 27
Simone Jones	Jan 06	Patrick Moran	Jan 17	Deborah Cotten	Jan 28
Karen Kaleck	Jan 06	Mildred Nutini	Jan 17	Curt Wilson	Jan 28
John Stear	Jan 06	John Salerno	Jan 17	Diane Blackmon	Jan 28
Judith Juliana	Jan 07	Sandra Babel	Jan 17	Glenda Bergerson	Jan 29
John Cline	Jan 07	LuAnn Rohde	Jan 18	Noreen Bloxdorf	Jan 29
William Colombe	Jan 09	Linda Salisbury	Jan 18	Sandra Ogren	Jan 29
Shirley Nelson	Jan 09	Grace Falduto	Jan 19	Peggy Walker	Jan 29
Jon Jonsson	Jan 09	Bettye Horton	Jan 19	Jane Yde	Jan 29
Shirley Markus	Jan 10	Shirley Lawler	Jan 19	Anita Alter	Jan 29
Elizabeth Luschenat	Jan 10	Ricky Taylor	Jan 19	Rose Ann Ambrowiak	Jan 29
Francis Gerou	Jan 10	Kathy Reyna	Jan 20	Joyce Istvanek	Jan 30
Anna Beleck	Jan 10	Steve Wicks	Jan 20	James Winfield	Jan 30
Martha Duran	Jan 11	Judy Bjorn	Jan 20	Susan Singer	Jan 30
Leo Gallo	Jan 11	Louisa Purbeck	Jan 20	Sherry Westhoff	Jan 30
Kurt Ida	Jan 11	Karen Curran	Jan 21	Joyce Ritacca	Jan 31
Ruth Zuhlke	Jan 11	Margo Graham	Jan 21	Diana Stone	Jan 31
Gloria Keckler	Jan 11	Mark Seitz	Jan 21	Ruth Cordie Swan	Jan 31
Ruth Talbert	Jan 11	Larry Matson	Jan 21		

Basic Directions

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- ♦ Each block in the grid must contain all of the numbers 1 through 9, without repeating any of the numbers.
- ♦ You cannot change any of the prefilled numbers.
- ♦ The puzzle is complete when all the boxes are correctly filled in.

SUDOKU

Sudoku Puzzle #2

6				1				
9			7				8	2
1		3		4				
					8		1	
						6		9
							3	
7		6			4	8		
	3		6		7	9		
4	9	1	2				7	

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DIFFICULTY: ★★★☆

The answer to this puzzle is on page 23

Kenosha Senior Center 1st Annual 8 Ball

POOL TOURNAMENT

January 23-25, 2024

9am-Noon

Sign up sheet is by the Pool Tables

 Sign up by January 17, 2024

 Bracket draw January 19, 2024

Space is limited. Sign Up Today!



Valentine Make and Take Class

Wednesday, January 31, 2024 at 1pm

Hosted by Stampin' Up

Demonstrator: Patricia Bell

Project: Learn how to make 2 different Valentine's Day cards and a Treat Bag using Stampin' Up products that you can take home.

Fee: \$5.00 for class

Supplies: Will be provided

Registration: Sign up at the Center by Wednesday, January 22, 2024.



Senior Dining Site Manager

Great opportunity to meet wonderful Kenosha residents and serve them hot, catered meals.

Location: Kenosha Senior Center
2717 67th Street

Hours: Monday-Friday from 9am-1pm

Interested? Contact Judy at 262-764-7239

Hiring Immediately!
No experience needed.
Will train for all policies and procedures.
Call Today!

EVERYONE
IS WELCOME HERE



Kenosha Senior Center

GROUP FITNESS CLASSES

Get Active *Stay Healthy!*



Call the Senior Center a 262-359-6260 with Questions

Total Body Conditioning *with Denise*

Tuesday at 11am & Thursday at 9am
Fee: \$2.00 per class

This strength training class incorporates body weight resistance along with hand weights and resistance bands to achieve a total body workout. Exercises are designed to increase muscular strength & endurance with flexibility balance & core work for the perfect workout.

Chair Yoga *with Denise*

Monday at 1pm
Fee: \$2.00 per class *NEW PRICE*



This class involves a series of seated and standing postures to improve balance, increase strength, lubricate joints and increase mobility. Movements are connected with breath work, to calm and focus the mind. The class ends with a quiet meditation.

Exercise *with Jessica, Heather & Jordan*

Monday, Wednesday and Friday at 9am
Fee: \$1.00 per class



This class combines safe stretching and strengthening exercises designed to increase muscular strength, range of motion and activity for daily life. Exercises are performed while seated.

Tai Chi *with Trish*

Tuesday at 9:45am
Fee: \$3.00 per class



Tai Chi is a gentle Chinese martial art that involves fluid, choreographed movements. It's an effective exercise for seniors because it is low-impact and can be performed anywhere. Join this class and improve your balance, coordination, flexibility and overall quality of life.

Cardio Drumming Class *with Denise*

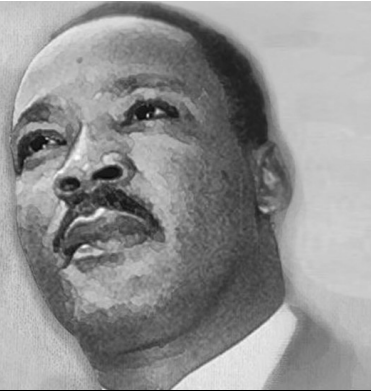
Fridays at 10:30am
Fee: \$20.00 for a 10 week session
NEW SESSION: January 19-April 19, 2024
Registration for new session is Monday, January 8, 2024

Low impact workout that helps drum off pounds and relieve stress! This fun class uses exercise balls and sticks choreographed to music. Strengthen stabilizer muscles, improve endurance and enhance overall fitness. The class is done standing but can be modified for a seated workout. Space is Limited.



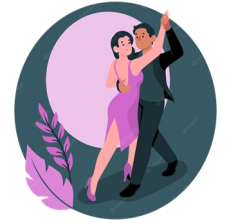
Martin Luther King, Jr. Day Monday, January 15, 2024

"The ultimate measure of a man is not where he stands in moments of comfort and convenience, but where he stands at times of challenge and controversy."



Open Ballroom Dance Wednesdays at 10:30am

This group meets on Wednesday mornings to socialize and dance. Everybody is welcome! No partners needed. Singles, couples, beginners, intermediate or advanced. This is not a lesson. There is no fee. This is open dance time for anyone interested in ballroom dancing. It's a great way to meet new people, dance and socialize.



JEOPARDY! TRIVIA HOUR

Thursday, January 25, 2024 at
1:00pm

Do You Enjoy Jeopardy?
Come Try It Yourself

Join us for a quick
Quarterly Membership Meeting
and stay for the TRIVIA!

Test your knowledge against your peers
with a friendly game of Trivia. Or just
come and cheer on your friends!

Snacks ~ Trivia ~ Fun

Call the Center at 262-359-6260
to sign up



Closing the Senior Center Due to Inclement Weather

***When the Kenosha Unified School District
closes all schools due to inclement weather,
the Kenosha Senior Center will also be closed
and no lunches will be served.***



Kenosha public schools and the Kenosha Senior Center can be closed due to severe cold, snow or ice. The Superintendent of Schools makes the final decision regarding closures.

Listen to local area news or visit the Kenosha Unified Schools website at www.kusd.edu for school closing announcements.

Remember, during severe weather it is best to stay home and off of roads unless it is absolutely necessary.

Happy New Year

2024

Kenosha Senior Center Memberships

For anyone at least 55 years old (or the spouse of a current member, if you are under 55)

Join Today

Current Membership
2023-2024 Memberships Run From
July 1, 2023 thru June 30, 2024

Membership Form

You can pick up a form at the Senior Center or find one online at
www.kusd.edu/seniorcenter

Membership Card

Renewing Members: You already have your white *Forever Card*
No return envelope is needed.

New Members: A card will be given to you when you turn in your registration form.

Membership Payment

Fee: \$12.00 per year for those in the KUSD boundaries, \$50 if you live outside the boundaries and \$12 if you moved outside the KUSD boundaries and have a current membership (grandfathered in at the \$12 rate).

Questions? Call 262-359-6260



**New Addition
to the Newsletter**

Kandy's Korner



Information, reminders and other news about our Senior Center you might not know or have forgotten!

This week's topic: **Trips & Events Policy**

Starting a New Year and New Trips to be taken!

- If you buy a ticket to a trip or event, and then you are unable to go, we can only refund your ticket if there is a wait list and an available replacement.
- If you cannot go, please always give your ticket back to us, you cannot give your ticket away to another person.
- We have to secure tickets and busses months in advance, so any special accommodations may not be available with every trip for every person. Please check with us.

Featured Advertisers

Ability Independence

*Laundry Relocation - Grab Bars
Walk in Showers*
www.abilityindependence.com
Kenosha / 262-697-9277

GVP - Good Value Pharmacy

Great Value! Better Service!
Festival Foods: 3207-80th St. 697-5744
MedCare West: 9916-75th St. 925-0201
Larsen Mayer: 3825-39th Ave. 658-8124
Racine: 5220 Washington Ave. 632-6561

ADT- Monitored Home Security

*Get 24 Hour Protection
From a Name You Can Trust*
1-855-225-4251

Happy New Year

2024



Monthly Funnies

What's for breakfast on really cold January days?
Snowflakes

How do mountains stay warm in winter?
They put on their snowcaps

Which one is faster: hot or cold?
Hot. You can catch a cold

Why was the snowman rummaging through the bag of carrots?
He was picking his nose

What often falls in winter but never gets hurt?
Snow

Memory Screen Mondays



8 a.m. - noon
262-605-6646
Appointments recommended

ADRC
Kenosha County
Aging & Disability Resource Center

In Memoriam

Our deepest sympathy is
extended to the family & friends of

Gloria Cottingham, Dick Schmidt

And all who have recently suffered a loss.
Our hearts, thoughts & prayers are with you.



Kenosha Senior Center Newsletter:
January 2024 Published Irregularly

Kenosha
Senior Center
2717 - 67th Street
Kenosha, WI 53143



Member Wisconsin Association
of Senior Centers

Answer to the Word Search from page 12

W F X M D B V O W S S L I S E S Y E R T
R D E D Y E R C N W L V M S W N D T A S
C L Y Q A E L O T I X U D I O O N I E O
T J E I T A W S H R M V I X O W I B Y R
B A B A V S R C A R C T I C D F W T W F
W E E V T T R L O T D J D M S L V S E K
P H L O A E O S N E T T I M T A U O N C
A J R O J P Q M F B O O T S O K O R U A
D M C T W I C E S K A T E S V E X F A J
W L T W H Z I N G K T E B S E T S O R F
K I O F R E E Z I N G C L L T S M D A U
D O N C W E R P C X S A A I V E L Z A C
L R U T R W A M O R M L N P N D K U U C
I H A K E E C R A A J P K P F E L C S A
G F L Z S R T S M L U E E E U G X F A H
L P Y C Z S T T P U Y R T R M R O T S J
O A A I N I E I T W F I S Y P F T U L E
O R W O I H L O M B H F S I F K J B H M
F D W V W X C B I E I K S U K H W L O I
K H W L A Y N X T C O M F O R T E R A K

Answer to Sudoku Puzzle #1 on page 13

2	3	7	4	1	6	5	9	8
5	6	9	8	2	3	1	7	4
8	1	4	7	5	9	2	3	6
6	2	1	9	3	8	7	4	5
4	5	8	6	7	2	9	1	3
9	7	3	5	4	1	8	6	2
3	4	5	1	8	7	6	2	9
7	9	2	3	6	5	4	8	1
1	8	6	2	9	4	3	5	7

Answer to Sudoku Puzzle #2 on page 17

6	7	2	8	1	5	3	9	4
9	4	5	7	3	6	1	8	2
1	8	3	9	4	2	7	6	5
3	6	9	5	2	8	4	1	7
8	2	4	3	7	1	6	5	9
5	1	7	4	6	9	2	3	8
7	5	6	1	9	4	8	2	3
2	3	8	6	5	7	9	4	1
4	9	1	2	8	3	5	7	6

Thank you
to our
ADVERTISERS



Kenosha Senior Citizens Council, Inc.
2717 - 67th Street
Kenosha, WI 53143

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