

Kenosha Senior Center NEWSLETTER

Photo By Peggy Pontillo

Vol. 28, No. 12

December 2023



2717 - 67th Street
Kenosha, WI 53143
Phone: 262-359-6260

Senior Center Hours

Monday-Friday 8:30am-3:45pm

Visit us on the web at:

www.kusd.edu/seniorcenter

"Like" us on Facebook at:

www.facebook.com/kenoshasenior

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Denise Jacob and Kandy Stull

Senior Dining 262-351-6246

BOARD OF DIRECTORS

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Sue Moe

Dear Friends,

Thank you to all the members and staff who assisted with the Craft Fair this year.

YOU are what made the event so successful. Everyone enjoyed the food, baked goods and selection of prizes for the drawings. We are very lucky to have so many people willing to help out. Thank you! Make sure to check out page 6 to

see our profits for the Bake Sale, Food & Drink, Table Registrations and Overall Profits. Thanks Again!!

December is looking to be a month of fun, food and camaraderie at the Kenosha Senior Center. We have the Harmonix Concert, a "Deck the Halls" Party, the annual Christmas Party at Cortese's, the Holiday Dance on December 15th, a Holiday Sing-A-Long with the Forever Young Chorus and several class and group parties.

As November ends and we head into the heart of the holiday season, I am reminded of the blessings I have been given and all of the people who bless my life each day. I am grateful to all of you. Take time this holiday season to look for the blessings in your life. Giving thanks is one of the most powerful ways there is to increase our wellbeing. What are you grateful for today?

May your holiday be filled with happiness, peace and love.

See you at the Center!

Sincerely,

Denise





BUS TRIPS

New Trip

JERSEY BOYS

Date: Thursday, February 15, 2024

Destination: Fireside Theatre, Fort Atkinson, WI

Prices: Members: \$110.00; Non-members: \$115.00

Tickets go on sale to members on Tuesday, December 12, 2023.

Numbers will be handed out at 8:30 am and sign up begins at 8:40. You are allowed to sign up for two members only. You must show both membership cards when you purchase your tickets. **Tickets go on sale to non-members on Wednesday, December 13, 2023**

Trip Description: With phenomenal music, memorable characters, and great storytelling, JERSEY BOYS follows the fascinating evolution of four blue-collar kids who became one of the greatest successes in pop-music history. Winner of the Tony Award for Best Musical, JERSEY BOYS takes you behind the music of Frankie Valli and The Four Seasons to discover the secret of a 40-year friendship as the foursome work their way from the streets of New Jersey to the heights of stardom. Enjoy electrifying performances of chart-topping hits including "Sherry," "Big Girls Don't Cry," and "My Eyes Adored You," which took The Four Seasons to the Rock 'n' Roll Hall of Fame (Contains explicit adult language. Not recommended for children).



Entrées: Creole Chicken: skinless breast stuffed with andouille sausage, onions, celery, bell peppers and a blend of cheeses, served with a smoked paprika tomato sauce. OR Seared Pork Ribeye: boneless pork chop seasoned and seared until perfectly tender and finished with a rich pork demi-glaze. OR Fresh Salmon: steamed fillet of Atlantic salmon served with lemon and Béarnaise Sauce. All meals include bread, baked potato soup, Charleston rice with Jones sausage, creamed sweet corn and New York cheesecake for dessert. Complimentary coffee, tea and milk. Cash bar for cocktails and soft drinks. Please let us know when you purchase your ticket if you will need a gluten-free or a vegetarian option.

On the day of the trip arrive at the Southwest side of the Indian Trail parking lot, 6800 - 60th Street in Kenosha, by 8:30am to load the bus. Use the 60th Street entrance.

The bus will depart at 8:45am and return around 6:00pm.

Kenosha Senior Center Trip and Events Policy: We understand that plans can change and you may not be able to attend a trip or event for which you have purchased a ticket, but we cannot issue refunds unless there is a waiting list and we are able to replace you with someone on that list. The reason for this is we do not keep the money you give us for a trip. It goes directly to the venue to pay for the event and the venues do not issue refunds. If you cannot attend a trip call us at 359-6260 and speak with a staff person. We will instruct you what to do, and we will do our best to find a replacement. If we are successful, you will be notified to come and pick up your refund.





BUS TRIPS

December Trips

HARMONIX CONCERT, LUNCH AND SHOW

Date: Wednesday, December 6 2023
Location: Wyndham Garden Hotel, Kenosha
Time: Arrive by 11:45am. Lunch at Noon Show at 1:30pm
Price: Members: \$35.00 Non-Member: \$40.00



Description: Harmonix returns to Kenosha bringing the holidays to life in a very special way. These five talented individuals return, performing an array of popular holiday classics, as well as modern favorites. It's going to be a very cool Yule!

Meal Choices: Homemade Pot Roast Sandwich, Three Pulled Pork Sliders or a Cranberry Chicken Salad Wrap, with a choice of Au Gratin Potatoes or a Bag of Jays Potato Chips on the side. Finish your meal with cookies. Cash bar available for Soft Drinks or Cocktails.

You must provide your own transportation to the Wyndham Garden Hotel, 5125 6th Ave.

CHRISTMAS PARTY & BANQUET

Date: Friday, December 8, 2023
Time: Doors Open at 11:00 am. Party ends at 2:30 pm
Location: Cortese's Banquet Hall, 1300 Sheridan Rd, Kenosha
Price: Members Only: \$45.00

Call to Check Availability

Description: It's our Annual Christmas Party! Enjoy a delicious lunch buffet, prizes and great entertainment. Our Christmas Party is lots of fun and will definitely get you into the holiday spirit!

Meal: A buffet of roasted pork loin with natural gravy, baked chicken, mostaccioli, vegetable medley, au gratin potatoes, fresh baked bread, tossed salad, pasta salad, cookies, coffee and soda. Cash bar available.

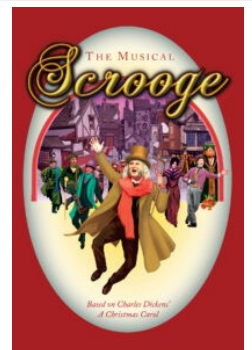
Parking: The entrance to the Banquet Hall is off the back parking lot of Cortese's, located behind the restaurant. **Reminder: doors will open at 11am**

SCROOGE THE MUSICAL

Date: Thursday, December 14, 2023
Destination: Fireside Theatre
Prices: Members: \$110.00
Non-members: \$115.00

Waiting List!

Trip Description: Join us for this merry, tuneful, boisterous Broadway musical version of the world's most beloved Christmas story – Dickens' A Christmas Carol. SCROOGE THE MUSICAL tells this time honored tale of redemption and love.



Entrées: Supreme Cut Chicken, Sliced Beef Tenderloin or Salmon. All meals include bread, tomato bisque, potato wedges, broccoli, cauliflower and black forest cake for dessert. Complimentary coffee, tea and milk. Cash bar for cocktails and soft drinks. Please let us know when you purchase your ticket if you will need a gluten-free or a vegetarian option.

On the day of the trip arrive at the Southwest side of the Indian Trail parking lot, 6800 - 60th Street in Kenosha, by 8:30am to load the bus. Use the 60th Street entrance.

The bus will depart at 8:45am and return around 6:00pm.

TOPS WI 1593

Take Pounds off Sensibly
Thursdays at 2:30pm-3:30pm



Looking for a support system to help you lose weight? Come to one of our TOPS meetings and see how joining this group can help you meet your goals! Packages start at just \$49.00. Dues are just 50cents each week.

Contact: Mary Hotle at Maryehotle@gmail.com or call her at 262-930-9582

Bean Bagz Group

Wednesdays at 1pm



Meet new people and get active. Join our new Bean Bagz Group. No experience needed. This group will meet indoors.

Dance Group

Tuesday, December 5th at Noon



Join this group if you want to meet new people, have fun, be active and DANCE! The group will meet once in December. Learn line dances and other choreographed dances, performed as a group. The goal is to have fun and show that dancing has no age limits. No experience needed. Everyone is Welcome!

Open Ballroom Dance

Wednesdays at 10:30am



This group meets on Wednesday mornings to socialize and dance. Everybody is welcome! No partners needed. Singles, couples, beginners, intermediate or advanced. This is not a lesson. There is no fee. This is open dance time for anyone interested in ballroom dancing. It's a great way to meet new people, dance and socialize.

Mahjong Lessons For Beginners

Tuesdays 9:00am—10:30am



Slower paced Mahjong lessons for beginners. Each week will be a different lesson. Watch a short YouTube video and have practice time.

Call 262-359-6260 to Sign Up.

Kringle Mingle

HOLIDAY SING-ALONG

Wednesday, December 13, 2023

9:30am-10:30am

- * Mingle with Friends
- * Enjoy Kringle and Coffee
- * Sing Holiday Songs

Sponsored By
Assisted Living Locators

Call the Senior Center
at 262-359-6260 to Sign Up

Combination Party

"Deck The Halls"
And
Cookies, Cocoa
& Carols



Friday, December 1, 2023

12:30pm-3:00pm

Decorate the Senior Center for the Holidays then enjoy Cookies, Cocoa and a Sing-A-Long with the Forever Young Chorus

Join us for an afternoon
of friendship and
holiday cheer!

Call the Center at 359-6260 to sign up



HOLIDAY DANCE

Friday, December 15 at 1:30pm

Music by Ernie Garner



Dances are **FREE** and open to the senior public

Snacks & door prizes sponsored by

Senior Care Patrol, Hospice Alliance, Bruch Funeral Home and Right At Home

Find The Logo Contest



We have hidden our Kenosha Senior Center Logo somewhere in this newsletter. It is a **miniature** version of the logo. Look carefully throughout the newsletter and if you are lucky enough to find it, call the front desk at 262-359-6260 or email kstull@kUSD.edu. **You MUST put your name, phone number and where the logo was located on the email.** We will do a random drawing of all the correct entries for a prize at the end of the month. Entries must be submitted by the 20th of this month. You can participate every month.

October Winners!!

Richard Gust, Rebecca Galan, Beth Luschenat

2023 Craft Fair Profits

Food cost to Center	\$ 713.43
Advertising	\$ 873.00
Bake Sale	\$ 1,375.00
Drawing Prizes	\$ 3,219.00
Doll and Grill Drawings	\$ 405.00
Food & Drinks	\$ 1,329.25
Donation	\$ 5.00
Table Registration	\$ 1,118.00
Overall Profits	\$ 5,927.12

Christian Life School Holiday Concerts

Wednesday, November 29 and
Tuesday, December 5th
11:00 am - 12:00 pm



Come and listen to one, or both, of these lovely holiday concerts. We always have a great time with the students. The performances are always wonderful. The performances are in the main room of the Senior Center and they are free.

NEW Drop In Craft Day

Wednesdays 9am-Noon

Make Crafts. Meet Friends. Have Fun.

This group meets Wednesday mornings to socialize and make crafts. The activity is FREE. There is no lesson. Bring your own project to work on or stop in and be inspired by other crafters. Some projects the crafters are working on include wood burning, card making, barn quilts, diamond art and more. Spark your imagination and check out this new activity!



Foot Clinic



Friday, December 8, 2023 from 9-Noon

The Foot Clinic is offered by the Kenosha Visiting Nurse Association at the Senior Center every other month. Foot service includes a foot soak, nail care and lotion application for \$35.00. Call the Senior Center at 359-6260 to make an appointment. You need to sign up by the 1st Friday of the month. You can pre-register for future months.

Blood Pressures Screenings

Thursday, December 14, 2023 9am-11am

Take advantage of monthly health screenings, offered right here at the Senior Center

Interested in a Blood Pressure Screening?
No need to register. Just stop in that morning.

Presented by Aurora Health Care

EVERYONE
IS WELCOME HERE



Senior Dining

Fellowship, Food and Fun

Sit Down Meals Served at 11:30am

Suggested donation is \$3.00

- 🍎 Meals include dessert and beverage
- 🍎 Open to anyone 60+ and their spouse, regardless of age
- 🍎 Menus available at the Senior Center or on-line at kafasi.org/nutrition.html
- 🍎 Great way to meet new friends



KAFASI
Kanoshia Area Family and Aging Services, Inc.

**Call 262-351-6246 to make
a reservation**

by 10:30am the prior day
In-Person Senior Dining ...
...More than just a meal

**Alternate Locations for Senior Dining
when the Senior Center is closed
(December 21, 2023-January 2, 2024)**

Parkside Redeemer, 2620 14th Place.

Call Sean at 262-552-7737 at least 24hrs in advance to reserve a meal.

Lakeside Towers, 5803 3rd Ave.

Call Rhonda at 262-455-7919 at least 24hrs in advance to reserve a meal.

Westosha Senior Center, 19200 93rd Street.
Bristol. Call Cindy at 262-358-5554 at least 24hrs in advance to reserve a meal.

HALLOWEEN DANCE 2023


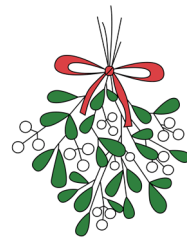











Kenosha Senior Center Class & Activity List

Classes, activities and fees are subject to change. Call 262-359-6260 to confirm an activity

Class/Activity	Days	Times	Cost
American Issues	Wednesday and Friday	10:00am - Noon	Free
Art Class	Wednesday	9:00am - 11:00am	\$5.00 per class & your own supplies
Bagz (Bean Bag Game)	Wednesday	1:00pm	Free
Bingo for Members	4th Tuesday (Check Calendar)	1:00pm	Free
Book Discussion	Monday	2:15pm	Free
Cardio Drumming	Friday	10:30am	Pre-register for each session
Chess	Tuesday	1:00pm	Free
Chorus"Forever Young Chorus"	Thursday-- resumes in March	10:30am-Noon	\$2.00 per class
Cribbage	Friday	10:15am	Free
Dances-Monthly	One Friday a Month (Sept. thru June)	1:30-3:30pm	Free
Dominoes	Tuesday	1:00pm	Free
Drop In Craft	Wednesday	9:00am - 12:00pm	Free - Bring your own supplies
Euchre	Thursday	1:00pm	Free
Exercise Class	Monday, Wednesday & Friday	9:00am - 10:00am	\$1.00 per class
Foot Clinic	2nd Friday every other month	9-12:30pm by appt.	\$35.00
Golf Card Game	Monday	1:00pm	Free
Junk Journal Crafting	Thursday	9-Noon	Free-Bring your own supplies
Knit & Crochet	Friday	9:00am - 11:00 am	Free - Bring your own supplies
Line Dance with Norm	Monday	9:00am -10:30am	\$5.00 per class
Mahjong	Tuesday and Friday	T: 1:00 pm, F: 10:15 am	Free
Movies	One Fri. a Month & After Qrtly Mtgs.	1:00pm	Free
Open Ballroom Dance	Wednesday	10:30am	Free
Ping Pong	Monday and Thursday	9:00am-Noon	Free
Pool (Billiards) - Open	Monday thru Friday	Closed during events	Free
Senior Moments Dance	1st and 3rd Tuesday	Noon	Free
Sheepshead	Tuesday and Wednesday	T:8:30am W:1:00pm	Free
Tai Chi	Tuesday	9:45am	\$3.00 per class
TOPS WI 1593	Thursday	2:30pm-3:30pm	Check with Class Instructor
Total Body Conditioning Strength Training Class	Tuesday and Thursday	T:11:00am Th:9:00am	\$2.00 per class
Trips	One or Two a Month	See Newsletter	See Newsletter
Walking Group: "Goldens on the Go"	Summer: Wednesday & Friday	8:00am & 10:00 am	Free
Wii Bowling	Thursday/Monday during taxes	12:30pm - 3:00pm	\$5.00 sign up fee
Wood Burning	Monday	9:00 - 11:00 am	Free - Bring your own supplies.
Wood Carving	Monday	9:00 - 11:00 am	Free - Bring your own supplies.
Woodturning	Monday thru Thursday	8:30-10:30am by appt.	First lesson \$20, then \$1 per class
Writing for Fun	Tuesday	10:30 - 11:30 am	Free - Bring your own supplies.
Yoga (Chair)	Monday	1:00pm	\$1.00 per class
10			

Activity Calendar		KENOSHA SENIOR CENTER				December 2023	
SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT	
	Senior Center Hours: Monday-Friday 8:30am-3:45pm Closed Saturday & Sunday Phone: (262) 359-6260 Pool Tables Open Mon thru Fri 8:30am-3:30pm Except during movies, meetings, dances and closures.				1 9-10am Exercise Class 9-11am Knit & Crochet 10am Am. Issues 10:15am Cribbage 10:15am Mahjong 10:30am Cardio Drum <u>12:30-3 Deck the Halls and Cookies, Cocoa & Carols</u>	2 Center Closed	
3 Center Closed	4 8:30-10:30am Woodturning by Appt. 9-10am Exercise Class 9-Noon Ping Pong 9-11am Woodcarving 9-11am Wood Burning 9-10:30am Line Dance 1pm Chair Yoga 1pm Golf Card Game 2:15pm Book Discussion	5 8:30-10:30am Woodturning by Appt. 8:30-11 Sheepshead 9:00 NO Mahjong Lesson 9:45am Tai Chi 10:30am Writing for Fun 11-12pm NO Total Body Conditioning 12pm Senior Dance group 1pm Dom/Mahjong/Chess <u>11:30am-Student Concert</u> <u>1pm Board Meeting</u>	6 <u>Trip</u> 8:30-10:30am Woodturning by Appt. 9-11am Art Class 9-12pm Drop In Craft 9-10am Exercise Class 10-Noon Am. Issues 10:30am BallroomDance 1pm Sheepshead 1pm Bean Bagz Group	7 Woodturning by Appt. 9-10am Total Body Conditioning 9-Noon Ping Pong 9-12 Junk Journal Craft 12:30pm Wii Bowling 1pm Euchre 2:30pm TOPS Group	8 9-10am Exercise Class 9-11am Knit & Crochet 10am Am. Issues 10:15am Cribbage 10:15am Mahjong 10:30am Cardio Drum <u>11am-2:30 Christmas Party Cortese's</u>	9 CRAFT FAIR 8:30 to 3:30	
10 Center Closed	11 8:30-10:30am Woodturning by Appt. 9-10am Exercise Class 9-Noon Ping Pong 9-11am Woodcarving 9-11am Wood Burning 9-10:30am Line Dance 1pm Chair Yoga 1pm Golf Card Game 2:15pm Book Discussion	12 <u>Trip Sign Up</u> 8:30-10:30am Woodturning by Appt. 8:30am Sheepshead 9:00am Mahjong Lesson 9:45am Tai Chi 10:30am Writing for Fun 11-12pm Total Body Conditioning 1pm Dominos, Mahjong & Chess	13 8:30-10:30am Woodturning by Appt. 9-11am Art Class 9-12pm Drop In Craft <u>9:30am Kringle Mingle Party</u> 9-10am Exercise Class 10-Noon Am. Issues 10:30am BallroomDance 1pm Sheepshead 1pm Bean Bagz Group	14 <u>Trip</u> Woodturning by Appt. 9-10am Total Body Conditioning 9-Noon Ping Pong <u>9-11 Health Screens</u> 9-12 Junk Journal Craft 12:30pm Wii Bowling 1pm Euchre 2:30pm TOPS Group	15 9-10am Exercise Class 9-11am Knit & Crochet 10am Am. Issues 10:15am Cribbage 10:15am Mahjong 10:30am Cardio Drum <u>1:30 pm-3:30pm Holiday Dance</u>	16 Center Closed	
17 Center Closed	18 8:30-10:30am Woodturning by Appt. 9-10am Exercise Class 9-Noon Ping Pong 9-11am Woodcarving 9-11am Wood Burning 9-10:30am Line Dance 1pm Chair Yoga 1pm Golf Card Game 2:15pm Book Discussion	19 8:30-10:30am Woodturning by Appt. 8:30am Sheepshead 9:00am Mahjong Lesson 9:45am Tai Chi 10:30am Writing for Fun 11-12pm Total Body Conditioning 12pm Senior Moments Dance group 1pm Dominos, Mahjong & Chess	20 8:30-10:30am Woodturning by Appt. 9-11am Art Class 9-12pm Drop In Craft 9-10am Exercise Class 10-Noon Am. Issues 10:30am BallroomDance 1pm Sheepshead 1pm Bean Bagz Group	21 Center Closed 	22 Center Closed 	23 Center Closed	
24 Center Closed	25 Center Closed 	26 Center Closed 	27 Center Closed 	28 Center Closed 	29 Center Closed 	30 Center Closed	
31 Center Closed							

11



December Word Search



N O I T I D A R T C D I H V J R G N L D
V P T V M B R C E O F N B F L I D J R D
N Q D U E E O X U O B L M L N L O A O T
M B X M B J R R J K G O N G G E Z O I S
F R O S T Y S R R I U A E C N Z W Q T O
S Y A D I L O H Y E O R R O I E E N W R
C A N D Y C A N E S B S I L R M E M G F
Y P O H S K R O W R L T B I A M H I I K
K L K C G F Z T E L A L F C A N M S F C
R W L A Y D X A E C V P S N S Y D T T A
E H W O O V D B A M I S R E G D M L S J
K T R N H B E V E F T O P A V S L E D S
C A N L C L I G H T S R E M N L E T W D
A E H H G H O Y N F E Q I E W C E O M Y
R R T N P O I A R S F T S F Q T E E T P
C W I I R L M M E I T E L O P H T R O N
T J P C N W O N N E Z V I G P A R T Y J
U H S T O S T D N E R E E D N I E R S T
N G M N O S E S U Z Y E K A L F W O N S
O H S X X Y I L X R S T O C K I N G U Z

BLIZZARD
CANDYCANE
CHIMNEY
COOKIES
DONNER
EGGNOG
ELVES
FESTIVAL
FIREWOOD
FROSTY

GARLAND
GIFTS
GINGERBREAD
HOLIDAYS
HOLLY
JACKFROST
JINGLEBELLS
LIGHTS
MERRY
MISTLETOE

MITTENS
NORTHPOLE
NUTCRACKER
ORNAMENTS
PARTY
PRANCER
PRESENTS
REINDEER
RUDOLPH
SCROOGE

SLED
SNOWFLAKE
SNOWMAN
STOCKING
TINSEL
TOYS
TRADITION
VACATION
WORKSHOP
WREATH

Basic Directions

- ♦ Each column must contain all of the numbers 1 through 9, without repeating any of the numbers.
- ♦ Each row must contain all of the numbers 1 through 9, without repeating any of the numbers.
- ♦ Each block in the grid must contain all of the numbers 1 through 9, without repeating any of the numbers.
- ♦ You cannot change any of the prefilled numbers.
- ♦ The puzzle is complete when all the boxes are correctly filled in.

SUDOKU



Sudoku Puzzle #1

	1						4	3
					9		6	
	7	6						
						3		
5		8	4		3	6	1	
		9	6					8
4					7			
6						8		5
					5		3	9

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DIFFICULTY: ★★☆☆

The answer to this puzzle is on page 23

Cherry Coffee Cake

Ingredients

- 1 can (12.4 ounces) refrigerated cinnamon rolls with icing
- 1 1/2 cups (21-ounce can) cherry pie filling
- 1/2 cup slivered almonds or pecans (optional)

Directions

Heat oven to 375 F.
Spray 9-inch round cake pan with nonstick cooking spray.
Separate cinnamon roll dough into eight rolls; cut each roll into quarters.
Place dough rounded-side down in pan.
Spoon pie filling over rolls. Sprinkle almond slivers or pecans over cherry filling, if desired.
Bake 25-35 minutes, or until golden brown.
Invert onto plate or cutting board. Invert again onto serving plate.
Remove lid from icing. Microwave 3-10 seconds. Stir icing and drizzle over warm coffee cake.
Serve Warm



*Holidays are busy,
make meals easy!*



Quick Chicken & Dumplings

Ingredients

- 1 1/2 cups milk
- 1 cup frozen peas and carrots
- 1 cup chopped cooked chicken
- 1 can (10 1/2 oz) condensed cream of chicken soup
- 1 cup Original Bisquick™ mix
- 1/3 cup milk
- Paprika, if desired

Directions

In 3-quart saucepan, place 1 1/2 cups milk, the frozen peas and carrots, chicken and soup. Heat to boiling over high heat, stirring frequently. Reduce to a simmer.
In medium bowl, mix Bisquick mix and 1/3 cup milk until soft dough forms. Gently drop dough by 8 spoonfuls onto chicken mixture. Do not submerge dumplings in liquid. Sprinkle with paprika.
Simmer over low heat 10 minutes. Cover; cook 8 to 12 minutes longer or until dumplings are cooked through.



Ingredients

- 1 cup eggnog
- 1 shot (3 tablespoons or 1.5 ounces) white chocolate liqueur
- 1 tablespoon peppermint Schnapps
- Whipped cream for garnish
- Crushed candy canes for garnish

Mrs. Claus Cocktail

Directions

Pour the eggnog, white chocolate liqueur, and peppermint Schnapps into desired glass and stir to combine completely.
Garnish with a dollop of whipped cream and a sprinkle of crushed candy cane.



December Birthdays

John Marron	Dec 01	James Komarec	Dec 11	Rosemary Mutchler	Dec 19
Christina Grosch	Dec 02	Carol Kessler	Dec 11	Pat Tews	Dec 19
Caroline Warner	Dec 02	Lourdes Thielen	Dec 12	Jeffrey Wold	Dec 19
Joan Behringer	Dec 03	Carolyn Miller	Dec 12	MaryAnn Hoffenkamp	Dec 20
Sharon Davidson	Dec 03	Carole Barry	Dec 12	Nikki Mondia	Dec 21
James Keckeisen	Dec 03	Dorothy Karasti	Dec 13	Monne Haug	Dec 22
Debra Keslov	Dec 03	Shirley Seymour	Dec 13	James Davis	Dec 23
Gloria Ptak	Dec 03	Alan Wegner	Dec 13	Michael DeFazio	Dec 23
Debra Bezotte-Sterba	Dec 04	Lynn Matera	Dec 13	Chris Green	Dec 23
Rita Niemann	Dec 04	Sandra Riese	Dec 13	Julie Sakara	Dec 24
Nadine Winker	Dec 04	Eva Wiechert	Dec 14	Tom Hipsak	Dec 25
Leona Luckason	Dec 06	Anita Wrobel	Dec 14	Peter Sieber	Dec 25
Joyce Reece-Hill	Dec 06	Gary Hunt	Dec 14	Kathleen S. Kuhl	Dec 25
Fred Ainslie	Dec 06	Teresa High	Dec 14	Marilyn Skipper	Dec 25
Diana Kreuser	Dec 07	James Ludeman	Dec 14	Roxanne Canovi	Dec 25
William Ennis	Dec 08	Darla Childers	Dec 15	Pat Lundy	Dec 26
Gerd Wiechert	Dec 08	Susan Egeness	Dec 15	Belkys Driscoll	Dec 27
Jill Robinson	Dec 08	Carol Higgins	Dec 15	Stephanie Finkelstein	Dec 27
Gloria Thomen	Dec 08	Arturo Miranda	Dec 15	Patricia Koessl	Dec 27
Patricia Thomas	Dec 08	Carol Ann Hall	Dec 16	Joleen Rongholt	Dec 27
Bruce Wells	Dec 09	Barbara Van Dyke	Dec 16	Susan Bangs	Dec 28
Jean Werlein	Dec 09	Alice Pratt	Dec 16	Linda Lyons	Dec 28
Gina Friebus	Dec 10	Janice Erickson	Dec 17	Pat Lawler	Dec 29
Dorothy Isenberg	Dec 10	Joyce Fitchett	Dec 17	Mary Lou Viola	Dec 29
Diane Bousson	Dec 10	Debra Beales	Dec 18	Mike Schwaiger	Dec 29
Gary Mink	Dec 10	Ann Fredriksson	Dec 18	Brenda Jass	Dec 30
Wendi Schneider	Dec 10	Deb Bruni	Dec 18	Ruth Caracciolo	Dec 31
Gail Tefts	Dec 10	Michelle Anderson	Dec 18	Patricia Bell	Dec 31
Linda Wickline	Dec 10				



Sudoku Puzzle #2

Basic Directions

- ♦ Each column must contain all of the numbers 1 through 9, without repeating any of the numbers.
- ♦ Each row must contain all of the numbers 1 through 9, without repeating any of the numbers.
- ♦ Each block in the grid must contain all of the numbers 1 through 9, without repeating any of the numbers.
- ♦ You cannot change any of the prefilled numbers.
- ♦ The puzzle is complete when all the boxes are correctly filled in.

6				1				
9			7				8	2
1		3		4				
					8		1	
						6		9
							3	
7		6			4	8		
	3		6		7	9		
4	9	1	2				7	

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DIFFICULTY: ★★☆☆

The answer to this puzzle is on page 23





2023 Group Holiday Parties



Group	Date	Time	Location
American Issues	Fri., Dec. 15	10am	Senior Center, Room 106
Art Class	Wed., Dec. 20	9-11am	Senior Center, Room 106
Book Discussion	Mon., Dec. 4	1pm	Waterfront Warehouse, 3322 Sheridan Rd.
Chorus	Wed., Nov. 29	Noon	Casa Capri, 2129 Birch Rd., Kenosha
Dominoes	Tues., Dec. 12	Noon	DeRango's - 2135 31st Street, Kenosha
Exercise Class	Fri., Dec. 15	9:30am	Senior Center, Room 111
Golf Game	Mon., Dec. 11	Noon	Marina Gardens - 5001 7th Ave., Kenosha
Line Dancing	Mon., Dec. 18	9-11am	Senior Center, Room 121
Mahjong	Wed., Dec. 13	11:30am	Mason's, 7000 74th Place, Kenosha
Sheepshead	Wed., Dec. 20	11:30am	Senior Center, Room 106
Tai Chi	Tues., Dec. 12	9:45-11:30	Senior Center, Room 106
Total Body Conditioning	Tues., Dec. 19	12:15pm	Senior Center, Room 106
Wii Bowling	Wed., Dec. 13	1:00pm	Ruffolo's 2, 3931 45th St., Kenosha
Woodburning/carving	Mon., Dec. 11	9-11am	Senior Center, Room 111
Writing for Fun	Tues., Dec. 5	10:30am	Eli's Café, 2731 18th Street, Kenosha
Yoga	Mon., Dec. 18	2:15pm	Senior Center, Room 106

Class Updates

- No Total Body Conditioning Tuesday, December 5, 2023
- No Mahjong Lesson Tuesday, December 5, 2023
- Sheepshead card game ends at 11am on Tuesday, December 5, 2023
- Senior Center closed Thursday, December 21, 2023 to January 2, 2024
- No Senior Dining at the Senior Center location December 21 - January 2, 2024
- No BINGO in December

2024 Special Events and Trips

Fri. December 1, 2023	-	Kenosha Senior Center: <i>Deck the Halls Party and Cookies , Cocoa and Carols Party</i>
Tues. December 5, 2023	-	Christian Life School Concert at 11:30am
Wed. December 6, 2023	-	Harmonix Concert Lunch and Show **NEW DATE**
Fri. Dec. 8, 2023	-	<i>Kenosha Senior Center Christmas Party</i>
Thur. December 14, 2023	-	Fireside Theatre: <i>Scrooge The Musical</i>
Fri. December 15, 2023	-	Holiday Dance

The Senior Center will be Closed Thursday, December 21, 2023 - Tuesday January 2, 2024

Kenosha Senior Center

GROUP FITNESS CLASSES



Get Active Stay Healthy!

Call the Senior Center a 262-359-6260 with Questions

Total Body Conditioning *with Denise*

Tuesday at 11am & Thursday at 9am

Fee: \$2.00 per class

This strength training class incorporates body weight resistance along with hand weights and resistance bands to achieve a total body workout. Exercises are designed to increase muscular strength & endurance with flexibility balance & core work for the perfect workout.

Chair Yoga *with Denise*

Monday at 1pm

Fee: \$1.00 per class

This class involves a series of seated and standing postures to improve balance, increase strength, lubricate joints and increase mobility. Movements are connected with breath work, to calm and focus the mind. The class ends with a quiet meditation.



Exercise *with Jessica, Heather & Jordan*

Monday, Wednesday and Friday at 9am

Fee: \$1.00 per class

This class combines safe stretching and strengthening exercises designed to increase muscular strength, range of motion and activity for daily life. Exercises are performed while seated.

Tai Chi *with Trish*

Tuesday at 9:45am

Fee: \$3.00 per class

Tai Chi is a gentle Chinese martial art that involves fluid, choreographed movements. It's an effective exercise for seniors because it is low-impact and can be performed anywhere. Join this class and improve your balance, coordination, flexibility and overall quality of life.

Cardio Drumming Class *with Denise*

Fridays at 10:30am

Fee: \$20.00 for a 10 week session

NEW SESSION: September 8-December 1, 2023

The current session is sold out. Call Denise at 262-359-6117 to find out about Drop-In options.

Low impact workout that helps drum off pounds and relieve stress! This fun class uses exercise balls and sticks choreographed to music. Strengthen stabilizer muscles, improve endurance and enhance overall fitness. The class is done standing but can be modified for a seated workout. Space is Limited.



2023 Craft Fair Prize Winners

<u>Winner</u>	<u>Prize</u>	<u>Donated By:</u>
1 Rick Hiser	Crafters Delight	Kenosha Place
2 Marion Fude	Brewers Picnic Basket	Marie Merkel
3 Teresita Soto	Marilyn Monroe Print	John Gehring
4 Barb R.	John Wayne Print	John Gehring
5 Mary Andrews	Getting Cozy	Cornerstone Caregiving
6 Betty Wright	Holiday Indulgence	Home Helpers Senior Care
7 Sharon Jeschke	Gardner's Delight	Paul Rutkowski
8 Marge Jeschke	Pumpkin Party	Hospice Alliance
9 Irene Lundin	Warming up your Day	Kenosha Senior Center Member
10 Peggy Davis	Entertainer's Dream	ProMedica
11 RaeAnn Ostenberg	Cocoa & Gingerbread	St. Catherine's Commons
12 Diana Jones	Handmade Wooden Wonders	Kenosha Senior Center Woodworkers
13 Sharon Jeschke	Packers Party	Compassus
14 Gale Ponti	A Taste of Fall	Compassus
15 Kathy Wakefield	Happy Thanksgiving	Cedarhurst Senior Living
16 Dana	Tenuta's Treats	Cedarhurst Senior Living
17 Katherine Moore	Wake up to Breakfast	Piasecki Funeral Home
18 Cheryl Milholland	Hooray for Football	Ellen Conn
19 Michael Moore	Dinosaurs are Back!	Ellen Conn
20 Janice Mowry	Yummy Chicken Soup	Ellen Conn
21 Linda Davidson	Joy of Beauty	Ellen Conn
22 Kathy Fammang	Christmas Tree Truck	Ellen Conn
23 Sharon A.	Game Night	Ellen Conn
24 Debbie	Handmade Afghan Blanket	Kenosha Senior Center Member
25 Anita Masi	Christmas Decor	Right At Home
26 Theresa Debettignies	Purrfect for the Holidays	CarePatrol
27 Gretchen Romanowski	Nutcracker Holiday	Library Terrace
28 Debbie Schwerdtfeger	Happy Holidays!	ClearSky Rehabilitation Center
Jessica House	American Girl Doll and Accessories	Ron and Julie Mengel
Cathie Riley	Pellet Grill	Ace Hardware on 80th Street

2023 Craft Fair Volunteers

Anita Masi	Cheryl Milholland	Julie Mengel	Nikki Mondia
Annie Fredriksson	Darlene Safransky	Karen Lemke	Paul Wade
Arlene Diehn	Denise Mosher	Kathy Flammang	Peter Sieber
Barb Van Dyke	Diane Anderson	Keith Lehrke	Phyllis Mattox
Barbara Johnson	Elaine Rodriguez	Linda Hilleshiem	Roman Hrynewycz
Beth Luschenat	Eloda Birch	Linda Laudonio	Ron Mengel
Beth Wade	Gina Thomas	Lucy Rangel	Sharon Davidson
Bob Laudonio	Gino Mayer	Lynette Stoner	Shirley Lawler
Bonnie Hausfeld	Jan Merrick	Marge Jeschke	Sidney Stull
Bryan Rodriguez	Janet Santelli	Mary Ann Bourget	Sue Moe
Carol Sieber	Jerry Packman	Michelle Valeri	Toni Diaz
Carol Kessler	Joan Hall	Michelle Nielsen	
Charlotte Winkler	Jolene Schneider	Mike Fiore	
	Judy Wade	Nancy Lehrke	



If your name did not make it on our lists, but you helped out in any way, we thank you and appreciate what you did for the Craft Fair. We couldn't do it without all of you!

2023 Craft Fair Bakers

Alice Messenger	Donna Gorr	Joyce Stella	Mike Kowalczyk	Sue Frantal
Anita Masi	Dora Monardi	Judi Maegaard	Nikki Mondia	Sue Moe
Barb Dumke	Dorothy Karasti	Kari Riley	Norma Pagel	Tami Valeri
Barb Leffelman	Elaine Rodriguez	Kathy Becker	Pat Gorka	Theresa Van Landuyt
Barb Mayer	Fran Thaniotis	Kathy Kazin	Pat Gallo	Virginia Rustia
Barbara Johnson	Gina Thomas	Kay Schultz	Pat Stanley	Wanda Wienkers
Barbara Stevenson	Gloria Stear	Lillian Weiss	Patricia Murphy	
Brenda Walentowski	Grace Johnson	Linda Wikel	Penny Haney	
Brenda Vite	Gretchen Romanowski	Linda Cheney	RaeAnn Ostenberg	
Brenda Franti	Jackie Greco	Linda Hilleshiem	Randy Potter	
Carol Kessler	Jan Merrick	Lori Sidlo	Roman Hrynewycz	
Carol Sieber	Jan Whitten	Lou Schmitz	Ruth Johnson	
Cassandra Rodriguez	Jane Haubrich	Luella Vines	Sandy Ehnou	
Cathie Riley	Janet Bonaretti	Lynette Stoner	Shari Krezinski-Werve	
Cheryl Millholland	Janice Laufenberg	Marge Jeschke	Sharon Davidson	
Debra Trimmer	Janice Sacramento	Margie Slavik	Sharon Hamburg	
Deloris Jass	Jeanine Belhumeur	Marilyn Sorenson	Sheri Zaionc	
Denise Mosher	Jill Robinson	Mary Kruse	Shirley Seymour	
Denise Hrynewycz	Joan Riemer	Mary Ann Bourget	Shirley Pitts	
Diana Stone	John Gehring	Michael Fiore	Sue McIntyre	

A BIG  Thank
YOU



**New Addition
to the Newsletter**

Kandy's Korner



Information, reminders and other news about our Senior Center you might not know or have forgotten!

This week's topic: **Holiday Tips**

- * **It is a busy time of year for all of us at the Center as well as yourselves, so please be patient with us!**
 - * **If you are attending the Christmas party at Cortese's on the 8th, don't forget doors won't open until 11am, we are busy at work making it just right for you! If you are early, please wait in your car.**
 - * **Check the Center calendar for class or Center closings, time changes, or new dates. We try to keep you informed as much as possible so you don't miss a thing!**
 - * **Please do not donate any used clothes or shoes on the 'free' table at the center. Give those to a charity in town!**
- Happy Holidays!**

Senior Athletic Passes

These passes are good for entrance into Kenosha middle and high school home athletic events for this school year. Members of the Kenosha Senior Center may receive one FREE pass each year. Non-members may purchase a pass for \$5.00 each.



Support Our Student Athletes!

Passes available at the Kenosha Senior Center

**Medicare Open Enrollment is
October 15 - December 7**



Review your Medicare coverage. It could save you money.
Free assistance offered by Kenosha County ADRC Benefit Specialists.
Appointments available.

Call 1-800-472-8008



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Monthly Funnies

What do you call a kid who doesn't believe in Santa?

A rebel without a Claus

What's every elf's favorite type of music?

Wrap

What do you get when you cross a snowman and a vampire?

Frostbite

What do you call an elf that can sing and dance?

Elfis

What goes "oh oh oh"? **Santa walking backwards!**

In Memoriam

Our deepest sympathy is
extended to the family & friends of
Corinne Roiter

And all who have recently suffered a loss.
Our hearts, thoughts & prayers are with you.



Kenosha Senior Center Newsletter:
December 2023 Published Irregularly

Kenosha
Senior Center
2717 - 67th Street
Kenosha, WI 53143



Member Wisconsin Association
of Senior Centers

Answer to the Word Search from page 12

NOITIDART C D I H V J R G N L D
V P T V M B R C E O F N B F L I D J R D
N Q D U E E O X U O B L M L N L O A O T
M B X M B J R J K G O N G E Z O I S
F R O S T Y S R I U A E C N Z W Q T O
S Y A D I L O H Y E O R R O I E E N W R
C A N D Y C A N E S B S I L R M E M G F
Y P O H S K R O W R L T B I A M H I I K
K L K C G F Z T E L A L F C A N M S F C
R W L A Y D X A E C V R S N S Y D T A
E H W O O V D B A M I S R E G D M L S J
K T R N H B E V E P T O P A V S L E D S
C A N L C L I G H T S R E M N L E T W D
A E H H G H O Y N F E Q I E W C E O M Y
R R T N R O I A R S F T S F Q T E E T P
C W I I R L M M E I T E L O P H T R O N
T J P C N W O N N E Z V I G P A R T Y J
U H S T O S T D N E R E E D N I E R S T
N G M N O S E S U Z Y E K A L F W O N S
O H S X X Y I L X R S T O C K I N G U Z

Answer to Sudoku Puzzle #1 on page 13

9	1	5	8	2	6	7	4	3
8	3	4	7	1	9	5	6	2
2	7	6	5	3	4	9	8	1
1	6	7	2	5	8	3	9	4
5	2	8	4	9	3	6	1	7
3	4	9	6	7	1	2	5	8
4	5	3	9	8	7	1	2	6
6	9	1	3	4	2	8	7	5
7	8	2	1	6	5	4	3	9

Answer to Sudoku Puzzle #2 on page 17

6	7	2	8	1	5	3	9	4
9	4	5	7	3	6	1	8	2
1	8	3	9	4	2	7	6	5
3	6	9	5	2	8	4	1	7
8	2	4	3	7	1	6	5	9
5	1	7	4	6	9	2	3	8
7	5	6	1	9	4	8	2	3
2	3	8	6	5	7	9	4	1
4	9	1	2	8	3	5	7	6

Happy Holidays
And Thank You
To Our
Advertisers!





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