

Kenosha Senior Center NEWSLETTER

Photo By Peggy Pontillo

Vol. 28, No. 9

September 2023



2717 - 67th Street
Kenosha, WI 53143
Phone: 262-359-6260

Senior Center Hours

Monday-Friday 8:30am-3:45pm

Visit us on the web at:

www.kusd.edu/seniorcenter

"Like" us on Facebook at:

www.facebook.com/kenoshasenior

Program Director

Denise Jacob

Email: djacob@kusd.edu

Administrative Assistant

Kandy Stull

Email: kstull@kusd.edu

Newsletter Editors

Denise Jacob and Kandy Stull

Senior Dining 262-351-6246

BOARD OF DIRECTORS

President: Bonnie Hausfeld
Vice President: Judi Kruse-Dohrn
Secretary: Kathy Flammang
Asst. Secretary: Carol Kessler
Treasurer: Bryan Mogensen
Coordinator of Recreation

BOARD MEMBERS

Eloda Birch Ron Mengel
MaryAnn Bourget Sue Moe
Joan Hall Nikki Mondia
Barbara Johnson Carol Sieber
Phyllis Mattox Barb Van Dyke

Dear Friends,

Our County Fair Themed Picnic was a huge success. There were games, prizes, food and fun! Everyone especially liked the Pig Races! We had a wonderful time.

I want to thank the staff, board of directors, volunteers, entertainers and picnic committee who worked so hard on decorations, door prizes and games. The Senior Center board worked especially hard. They went out to the community and got all the fabulous prizes to give out to the members who attended. I also want to thank our game sponsors. They always bring great prizes and make the games more fun.

So many organizations in the community support us. Many of our sponsors bring snacks and prizes to activities and events like our dances, bingo, picnic, craft fair, donut days and more. These organizations are a key to our newsletters continuation every month. Their support, by purchasing ads, pays for our printing each month. We also have community partners that sponsor entertainers and bring fun and educational presentations to the Center. We are beyond grateful that our sponsors have become an integral part of our Center, making it a place for seniors to have fun and stay active.

Thank you to all who came out and thanks again to the staff, volunteers, board members, entertainers and sponsors for a fabulous day!

Enjoy the last days of Summer.

See you at the Center!
Sincerely,

Denise



Thank You!



BUS TRIPS

New Trips

HOLIDAY SHOPPING TRIP

Date: Thursday, November 30, 2023
Location: Woodfield Mall, Schaumburg, IL
Prices: Members: \$35.00, Non-members: \$35.00

Tickets go on sale to members on Tuesday, September 12, 2023. Numbers will be handed out at 8:30 am and sign up begins at 8:40. You are allowed to sign up for two members only. You must show both membership cards when you purchase your tickets.

Tickets go on sale to non-members on Wednesday, September 13, 2023

Trip Description: Join us for a day of shopping at the beautifully decorated Woodfield Mall. There are nearly 300 stores, restaurants and specialty shops. You can also take the Free Woodfield Trolley and go to IKEA, Marshalls and Costco. Leave the driving to us and get your holiday shopping done. Price includes deluxe motor coach ride to and "Goodie" Bag" Lunch is on your own.

On the day of the trip arrive at the Southwest side of the Indian Trail parking lot, 6800 - 60th Street in Kenosha, by 8:45am to sign in and load the bus. Use the 60th Street entrance. The bus will depart at 9:00am and return at approximately 6:00pm.



Scrooge The Musical

Date: Thursday, December 14, 2023
Destination: Fireside Theatre, Fort Atkinson, WI
Prices: Members: \$110.00, Non-members: \$115.00

Tickets go on sale to members on Tuesday, September 19, 2023.

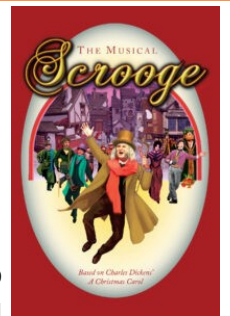
Numbers will be handed out at 8:30 am and sign up begins at 8:40. You are allowed to sign up for two members only. You must show both membership cards when you purchase your tickets. **Tickets go on sale to non-members on Wednesday, September 20th.**

Trip Description: Join us for this merry, sparkling, tuneful, boisterous Broadway musical version of the world's most beloved Christmas story – Dickens' A CHRISTMAS CAROL. Based on the popular musical movie starring Albert Finney, SCROOGE THE MUSICAL tells this time honored tale of redemption and love as only The Fireside can – with a beautiful and rousing musical score (including the well-known "Thank You Very Much"), breath-taking dancing, beautiful period costumes, uproarious comedy, and heart-warming drama.

Entrees: Supreme Cut Chicken, Sliced Beef Tenderloin, Salmon.

Menu: Meal choices: Supreme Cut Chicken, Sliced Beef Tenderloin or Salmon. All meals include freshly baked breads, tomato bisque with croutons, butter red skin potato wedges, roasted broccoli and cauliflower and black forest cake with whipped cream for dessert. Complimentary coffee, tea and milk. Cash bar for cocktails and soft drinks. Please let us know when you purchase your ticket if you will need a gluten-free or a vegetarian option.

On the day of the trip arrive at the Southwest side of the Indian Trail parking lot, 6800 - 60th Street in Kenosha, by 8:30am to sign in and load the bus. Use the 60th Street entrance. The bus will depart at 8:45am and return at approximately 6:00 pm.





BUS TRIPS

Current Trips

The Dancing Horses Theatre

Date: Wednesday, September 13, 2023
Trip: Dancing Horses in Delavan, WI
Prices: Members: \$85.00, Non-members: \$90.00



Description: The Dancing Horses Theatre presents a Vegas Style performance. Beautiful costumes and talented horses delight audiences both young and old. The dynamic performance features the beauty and grace of a variety of horse breeds performing alongside their trainers. The venue is fully climate-controlled and wheelchair-accessible.

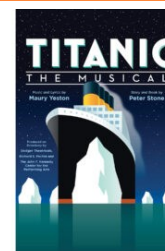
Agenda: Arrive at the Venue around 11am for Petting Zoo and to Explore the Grounds. Lunch is at Noon and the Dancing Horses Show is from 1:00pm-2:45pm

Menu: House Salad, Roll with Butter, Stuffed Chicken Breast, Mashed Potatoes, Vegetable, Dessert and Lemonade, Coffee or Iced Tea to Drink.

On the day of the trip arrive at the Southwest side of the Indian Trail parking lot, 6800 - 60th Street in Kenosha, by 9:45am to sign in and load the bus. Use the 60th Street entrance. The bus will depart at 10:00am and return at approximately 4:30pm.

Titanic

Date: Thursday, October 5, 2023
Destination: Fireside Theatre, Fort Atkinson, WI
Prices: Members: \$110.00, Non-members: \$115.00



Trip Description: TITANIC is the 1997 Broadway Musical that captured five Tony Awards including Best Musical. Soaring songs, grand staging, and a set with glorious costumes makes this historic musical a must-see event. It traces the lives of all the varied strata of people united on that fateful journey, with the central character being the Titanic herself. Don't miss this musical as unforgettable as the historic event itself.

Menu: Meal choices: Chicken Waterford, Sliced Pork Tenderloin or Shrimp Tempura. Let us know when you purchase your ticket if you will need a gluten-free or a vegetarian option.

On the day of the trip arrive at the Southwest side of the Indian Trail parking lot, 6800 - 60th Street in Kenosha, by 8:30am to sign in and load the bus. Use the 60th Street entrance. The bus will depart at 8:45am and return at approximately 6:00 pm.

Potawatomi Casino

Date: Wednesday, October 18, 2023
Location: Potawatomi Casino Milwaukee, WI
Prices: Members: \$25.00
Non-members: \$30.00



Trip Description: Enjoy a deluxe motor coach ride to Potawatomi Casino in Milwaukee. Where they have over 3,100 slot machines, classic table games and Bingo. Everyone will receive \$10.00 in Fire Keeper's Reward Play and a \$10.00 food and beverage credit that may be used toward purchasing your lunch. **Please Note:** On this trip you must bring a **valid photo I.D.** with you into the Casino. Jackpots over \$1,250.00 will also require your Social Security Card. Bingo is \$40.00 to play.

On the day of the trip arrive at the Southwest side of the Indian Trail parking lot, 6800 - 60th Street in Kenosha, by 8:45am to sign in and load the bus. Use the 60th Street entrance. The bus will depart at 9:00am and return at approximately 4:30 pm.

Movie

Back by Popular Demand

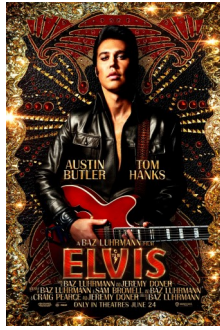
Friday, September 8th at 1pm

ELVIS

The life of American music icon Elvis Presley, from his childhood to becoming a rock 'n roll and movie star in the 1950's. The movie is told from his manager, Colonel Tom Parker's point of view.

Run-Time 2 hour 39 minutes

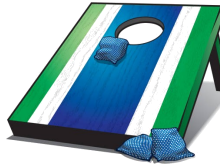
Rated PG-13



Bean Bagz Group

Wednesdays at 1pm

Meet new people and get active. Join our new Bagz Group (the game is also known as cornhole). The Bagz group will meet indoors. Stop by and try this fun game. No experience needed. Everyone is welcome!



Mahjong Lessons For Beginners

Tuesdays 9:00am—10:30am

Slower paced Mahjong lessons for beginners. Each week will be a different lesson. Watch a short YouTube video and have practice time.

Call 262-359-6260 to Sign Up.



Wii Bowling Spring League Banquet

Thursday, September 21, 2023 at 1:00 pm

All bowlers who participated in the Winter Wii Bowling League are invited to an afternoon of food, prizes, awards and fun! Call the Center at 262-359-6260 to sign up.

Wii Bowling League Sign Up for FALL Session

Monday, October 2, 2023 at 2:30 pm

There will be a meeting for everyone interested in joining the next Wii Bowling League. Sign up for the league will be held at the end of the meeting. **The FALL league will be held on Thursdays at 12:30 pm, beginning October 12, 2023.** The cost is only \$5.00 to join. If you've every thought about playing Wii Bowling, come to this meeting and learn more about it.



9:30am-10:30am
FREE
Coffee and Donuts

Wednesday, September 6, 2023

Sponsored by Mendota Health

Wednesday, September 13, 2023

Sponsored by Cedarhurst Senior Living

Wednesday, September 20, 2023

Sponsored by Hospice Alliance

FREE BINGO



Tuesday, September 26, 2023 at 1pm

For Senior Center Members

- **Register** by Noon, on the Thursday before BINGO. Call 262-359-6260 to register.
- **CARDS:** When you come to the Center, you will get a card.

**Sponsored by
Vince Dattilo of United Health**

Senior Athletic Passes

These passes are good for entrance into Kenosha middle and high school home athletic events for this school year. Members of the Kenosha Senior Center may receive one FREE pass each year. Non-members may purchase a pass for \$5.00 each.



Support Our Student Athletes!

Passes available at the Kenosha Senior Center

Flu and COVID-19 Vaccination Clinic

Kenosha Senior Center

Tuesday, September 12, 2023

10am-12pm

Medicare, select Medicare Advantage Plans, Humana, United Healthcare & WEA Accepted. HMO plans cannot be billed.

Bring Your Primary Insurance card to complete the Consent Form

Questions? Visit www.goodvaluerx.com

September Health & Wellness Events

Open House

with Froedtert South
Rehab Department

*"Autumn Leaves are Falling,
Let's Stay Standing"*

**Friday, September 22, 2023
1:00pm-3:30pm**

Physical Therapists, Occupational
Therapists, and Speech Therapists will
do assessments for posture, strength,
balance, memory and falls risk

Are You At Risk?

Come find out from the experts and
Stay Standing!

RSVP to the Senior Center at 262-359-6260

Healthy Aging Mini Resource FAIR

**Thursday, September 28, 2023
10am-12:30pm**

**Join Us In Learning More About Aging
Happily and Healthfully**

- Free Blood Pressure Screenings
- Free Bone Density Screenings
- Variety of Educational Resources for
Adults and Seniors



Aurora Health Care®

RSVP to the Senior Center at 262-359-6260

Find The Logo Contest



We have hidden our Kenosha Senior Center Logo somewhere in this newsletter. It is a miniature version of the logo. Look carefully throughout the newsletter and if you are lucky enough to find it, call the front desk at 262-359-6260 or email kstull@kUSD.edu with your **name**, **phone number** and **where** the logo was located. We will do a random drawing of all the correct entries for a prize at the end of the month. Entries must be submitted by the 20th of this month. You can participate every month.

July Winners!!

Arlene Diehn, Jennifer Arzt, Trish Weikel

Thank You For Participating!

Kenosha Senior Center Orientation Wednesday, September 27, 2023 at 9:00am



Learn more about the Senior Center

- Take a tour
- Learn how to use the Kiosk to sign in.
- Find out where to park and where not to park.
- Find out how day trips work: What are this years trips? When are they sold? How much do they cost? How to sign up.
- Where to sign up for special events
- Understand the calendar and listings
- Get all your questions answered!

**Call the Senior Center at
262-359-6260 to sign up today**



Goldens on the Go Party

Who: All walkers who participated in the Summer Walking Group are invited

When: Wed, October 11, 2023, at 1:00pm





Where: Kenosha Senior Center

RSVP: The Senior Center at 359-6260

Senior Dining Fellowship, Food and Fun

Sit Down Meals Served at 11:30am

Suggested donation is \$3.00

-  Meals include dessert and beverage
-  Open to anyone 60+ and their spouse, regardless of age
-  Menus available at the Senior Center or on-line at kafasi.org/nutrition.html
-  Great way to meet new friends



**Call 262-351-6246 to make a reservation
by 10:30am the prior day**

**In-Person Senior Dining ...
...More than just a meal**



Here's the Scoop on Medicare 2024!

Friday, October 6, 2023

1 - 3 p.m.

Kenosha Senior Center

Join us for a scoop of ice cream
and find out what's new with
Medicare 2024.

Presented by
Andrea Taylor
Kenosha County ADRC
Elder Benefits Coordinator,
SHIP Counselor
RSVP: Kenosha Senior Center
262-359-6260



September Presentations

collette Travel Show

Wednesday, September 20, 2023

At 1:00pm

Extended Trips Offered in 2024!

Stop in to learn how you can be part of these two exciting opportunities.

Featured Trips

Spotlight on New York

April 18-22, 2024

Canyon Country

October 2-9, 2024

RSVP to the Senior Center at 262-359-6260

Protect Yourself From Financial Fraud

Tuesday, September 19, 2023

At 1:00pm

Presented by State Bank of the Lakes

Topics Discussed Include:

- Common Types of Financial Exploitation
- Scams That Target Homeowners
- Computer Internet Scams

STATE BANK
OF
THE LAKES®

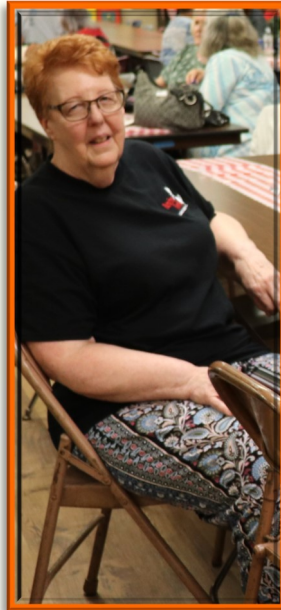


RSVP to the Senior Center at 262-359-6260

COUNTY FAIR PICNIC

Thank you to all who came out for the picnic and thanks to the staff, volunteers, board members, entertainers and sponsors for a FABULOUS DAY!







Kenosha Senior Center Class & Activity List

Classes, activities and fees are subject to change. Call 262-359-6260 to confirm an activity

Class/Activity	Days	Times	Cost
American Issues	Wednesday and Friday	10:00am - Noon	Free
Art Class	Wednesday	9:00am - 11:00am	\$5.00 per class & your own supplies
Bagz (Bean Bag Game)	Wednesday	1:00pm	Free
Bingo for Members	4th Tuesday (Check Calendar)	1:00pm	Free
Book Discussion	Monday	2:15pm	Free
Cardio Drumming	Friday	10:30am	Pre-register for each session
Chess	Tuesday	1:00pm	Free
Chorus"Forever Young Chorus"	Thursday	10:30am-Noon	\$2.00 per class
Cribbage	Friday	10:15am	Free
Dances-Monthly	One Friday a Month (Sept. thru June)	1:30-3:30pm	Free
Dominos	Tuesday	1:00pm	Free
Drop-In	Monday thru Friday	When Center is Open	Free
Euchre	Thursday	1:00pm	Free
Exercise Class	Monday, Wednesday & Friday	9:00am - 10:00am	\$1.00 per class
Foot Clinic	2nd Friday every other month	9-12:30pm by appt.	\$35.00
Golf Card Game	Monday	1:00pm	Free
Junk Journal Crafting	Thursday	9-Noon	Free-Bring your own supplies
Knit & Crochet	Friday	9:00am - 11:00 am	Free - Bring your own supplies.
Line Dance with Norm	Monday	9:00am –10:30am	\$5.00 per class
Mahjong	Tuesday and Friday	T: 1:00 pm, F: 10:15 am	Free
Movies	One Fri. a Month & After Qrtly Mtgs.	1:00pm	Free
Open Ballroom Dance	Wednesday	10am	Free
Ping Pong	Monday and Thursday	9:00am-Noon	Free
Pool (Billiards) - Open	Monday thru Friday	Closed during events	Free
Sheepshead	Tuesday and Wednesday	T:8:30am W:1:00pm	Free
Tai Chi	Tuesday	9:45am	\$3.00 per class
Total Body Conditioning Strength Training Class	Tuesday and Thursday	T:11:00am Th:9:00am	\$2.00 per class
Trips	One or Two a Month	See Newsletter	See Newsletter
Walking Group: "Goldens on the Go"	Summer: Wednesday & Friday	8:00am & 10:00 am	Free
Wii Bowling	Thursday/Monday during taxes	12:30pm - 3:00pm	\$5.00 sign up fee
Wood Burning	Monday	9:00 - 11:00 am	Free - Bring your own supplies.
Wood Carving	Monday	9:00 - 11:00 am	Free - Bring your own supplies.
Woodturning	Monday thru Thursday	8:30-10:30am by appt.	First lesson \$20, then \$1 per class
Writing for Fun	Tuesday	10:30 - 11:30 am	Free - Bring your own supplies.
Yoga (Chair)	Monday	1:00pm	\$1.00 per class
10			

Activity Calendar		KENOSHA SENIOR CENTER				September 2023	
SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT	
	Senior Center Hours: Monday-Friday 8:30am-3:45pm Closed Saturday & Sunday Phone: (262) 359-6260 Pool Tables Open Mon thru Fri 8:30am-3:30pm Except during movies, meetings, dances and closures.				1 8am & 10am Walking Group 9-10am Exercise Class 9-11am Knit & Crochet 10am Am. Issues 10:15am Cribbage 10:15am Mahjong 10:30am No Cardio Drumming	2 Center Closed	
3 Center Closed	4 	5 8:30-10:30am Woodturning by Appt. 8:30am Sheepshead 9:00am Mahjong Lesson 9:45am Tai Chi 10:30am Writing for Fun 10:30am World Dance 11-12pm Total Body Conditioning 1pm Dominos, Mahjong & Chess	6 8am & 10am Walking Group 8:30-10:30am Woodturning by Appt. 9-11am Art Class 9:30am Donut day 9-10am Exercise Class 10-Noon Am. Issues 10am Ballroom Dance 1pm Sheepshead 1pm Bean Bagz Group	7 Woodturning by Appt. 9-10am Total Body Conditioning 9-Noon Ping Pong 10:30am Chorus 9-12 Junk Journal Craft 12:30pm Wii Bowling 1pm Euchre	8 8am & 10am Walking Group 9-10am Exercise Class 9-11am Knit & Crochet 10am Am. Issues 10:15am Cribbage 10:15am Mahjong 10:30am Cardio Drum 1pm Movie	9 Center Closed	
10 Center Closed	11 8:30-10:30am Woodturning by Appt. 9-10am Exercise Class 9-Noon Ping Pong 9-11am Woodcarving 9-11am Wood Burning 9-10:30am Line Dance 1pm Chair Yoga 1pm Golf Card Game 2:15pm Book Discussion	12 Trip Sign Up 8:30-10:30am Woodturning by Appt. 8:30am Sheepshead 9:00am Mahjong Lesson 9:45am Tai Chi 10am-12pm Vaccines 10:30am Writing for Fun 10:30am World Dance 11-12pm Total Body Conditioning 1pm Dominos, Mahjong & Chess 1pm Board Meeting	13 Trip 8am & 10am Walking Group 8:30-10:30am Woodturning by Appt. 9-11am Art Class 9:30am Donut day 9-10am Exercise Class 10-Noon Am. Issues 10am Ballroom Dance 1pm Sheepshead 1pm Bean Bagz Group	14 Woodturning by Appt. 9-10am Total Body Conditioning 9-Noon Ping Pong 10:30am Chorus 9-12 Junk Journal Craft 12:30pm Wii Bowling 1pm Euchre	15 8am & 10am Walking Group 9-10am Exercise Class 9-11am Knit & Crochet 10am Am. Issues 10:15am Cribbage 10:15am Mahjong 10:30am Cardio Drum 1:30 Dance	16 Center Closed	
17 Center Closed	18 8:30-10:30am Woodturning by Appt. 9-10am Exercise Class 9-Noon Ping Pong 9-11am Woodcarving 9-11am Wood Burning 9-10:30am Line Dance 1pm Chair Yoga 1pm Golf Card Game 2:15pm Book Discussion	19 Trip Sign Up 8:30-10:30am Woodturning by Appt. 8:30am Sheepshead 9:00am Mahjong Lesson 9:45am Tai Chi 10:30am Writing for Fun 10:30am World Dance 11-12pm Total Body Conditioning 1pm Dominos, Mahjong & Chess 1pm Stop Financial Fraud Presentation	20 8am & 10am Walking Group 8:30-10:30am Woodturning by Appt. 9-11am Art Class 9:30am Donut day 9-10am Exercise Class 10-Noon Am. Issues 10am Ballroom Dance 1pm Sheepshead 1pm NO Bagz Group 1pm Collette Travel Show	21 Woodturning by Appt. 9-10am Total Body Conditioning 9-Noon Ping Pong 10:30am Chorus 12:30pm Wii Bowling 1pm Euchre 1pm Wii Bowling Banquet	22 8am & 10am Walking Group 9-10am Exercise Class 9-11am Knit & Crochet 10am Am. Issues 10:15am Cribbage 10:15am Mahjong 10:30am Cardio Drum 1pm-3pm Open House with Froedtert South Rehab	23 Center Closed	
24 Center Closed	25 8:30-10:30am Woodturning by Appt. 9-10am Exercise Class 9-Noon Ping Pong 9-11am Woodcarving 9-11am Wood Burning 9-10:30am Line Dance 1pm Chair Yoga 1pm Golf Card Game 2:15pm Book Discussion	26 8:30-10:30am Woodturning by Appt. 8:30am Sheepshead 9:00am Mahjong Lesson 9:45am Tai Chi 10:30am Writing for Fun 10:30am World Dance 11-12pm Total Body Conditioning 1pm Dominos, Mahjong & Chess 1pm BINGO	27 8am & 10am Walking Group 8:30-10:30am Woodturning by Appt. 9am Orientation 9-11am Art Class 9-10am Exercise Class 10-Noon Am. Issues 10am Ballroom Dance 1pm Sheepshead 1pm Bean Bagz Group	28 Woodturning by Appt. 9-10am Total Body Conditioning 9-Noon Ping Pong 10am-Noon "Healthy Aging Mini Resource Fair 10:30am Chorus 9-12 Junk Journal Craft 1pm Euchre	29 8am & 10am Walking Group 9-10am Exercise Class 9-11am Knit & Crochet 10am Am. Issues 10:15am Cribbage 10:15am Mahjong 10:30am Cardio Drum	30 Center Closed	

11



Fall Football Word Search



E	K	I	C	K	O	F	F	S	D	Z	O	C	H	I	U	Z	H	H	J
E	L	B	U	R	G	E	R	S	N	L	L	O	C	N	G	X	M	E	V
W	N	D	B	A	C	K	F	I	E	L	D	R	T	T	P	Q	R	H	Y
D	M	O	D	L	A	P	D	T	T	N	B	N	A	Y	T	S	A	R	L
O	N	J	Z	U	T	I	P	D	H	S	D	E	C	S	E	L	N	A	T
F	O	S	C	D	H	V	O	C	G	N	W	R	R	Y	F	L	O	E	N
F	S	W	F	G	E	W	L	P	I	A	M	B	I	B	T	G	T	O	O
E	E	U	S	U	N	R	J	I	T	P	Q	A	A	F	D	A	I	N	I
N	N	L	U	A	F	F	O	D	N	A	H	C	F	L	G	T	K	R	T
S	E	O	K	R	F	T	N	J	B	E	K	K	E	L	P	H	W	U	E
I	Y	L	Z	D	C	E	S	X	J	O	B	I	I	E	Q	E	D	T	L
V	A	A	K	D	G	E	T	B	S	E	F	A	C	V	B	L	R	E	P
E	F	V	B	C	N	F	N	Y	R	G	T	R	C	R	E	M	I	R	M
L	M	U	O	N	A	E	B	T	N	A	E	Z	I	K	Y	E	N	Q	O
I	Z	E	M	H	E	T	A	I	E	T	T	P	T	V	E	T	K	U	C
N	L	F	G	B	W	E	H	Y	N	R	U	S	R	H	H	R	S	L	N
E	V	I	R	D	L	S	R	I	C	N	F	U	L	L	B	A	C	K	I
O	V	X	Q	K	U	E	N	G	T	S	R	E	K	C	A	P	Q	S	T
K	C	A	B	R	E	T	R	A	U	Q	B	B	B	S	A	C	K	P	G
S	M	A	E	T	L	A	I	C	E	P	S	H	O	T	D	O	G	S	V

BACKFIELD
BRATS
BURGERS
CENTER
CORNERBACK
DOWN
DRINKS
DRIVE
END ZONE
FAIR CATCH

FIELD GOAL
FULLBACK
FUMBLE
GREEN BAY
GUARD
HALFBACK
HAND OFF
HELMET
HOT DOGS
HUDDLE

INCOMPLETION
INTERCEPTION
JERSEY
KICKOFF
LINEBACKER
OFFENSIVE LINE
PACKERS
PUNT
QUARTERBACK
RED ZONE

RETURN
RUSHING
SACK
SAFETY
SNAP
SPECIAL TEAMS
TACKLE
TAILGATE
TIGHT END
WIDE RECEIVER



Sudoku Puzzle #1

Basic Directions

- ♦ Each column must contain all of the numbers 1 through 9, without repeating any of the numbers.
- ♦ Each row must contain all of the numbers 1 through 9, without repeating any of the numbers.
- ♦ Each block in the grid must contain all of the numbers 1 through 9, without repeating any of the numbers.
- ♦ You cannot change any of the prefilled numbers.
- ♦ The puzzle is complete when all the boxes are correctly filled in.

				1				
3			4					9
			2		5	1		
	3	1	7				2	
9		4					7	1
		5	9			8	4	
8		9			4			7
		3		5	9			
					2			



©2021 Satori Publishing

DIFFICULTY: ★★★☆☆

The answer to this puzzle is on page 23

Crock-Pot Buffalo Chicken Dip

- 4 c.** shredded cooked chicken (about 1 large rotisserie chicken)
- 8 oz.** shredded sharp cheddar cheese
- 8 oz.** shredded pepper jack cheese
- 2** 8-oz. blocks of cream cheese, softened
- 1 c.** buffalo sauce, plus more for garnish
- 2/3 c.** ranch dressing
- 2/3 c.** blue cheese crumbles, plus more for garnish

Chopped chives, for garnish Serve with carrots, celery sticks, and tortilla chips, for dipping

1. Stir together the chicken, cheddar cheese, pepper jack cheese, cream cheese, buffalo sauce, ranch dressing, and blue cheese in a 6-quart slow-cooker. Cover and cook on low for 2 to 4 hours, stirring occasionally.

2. To serve, garnish the dip with blue cheese crumbles, buffalo sauce, and a sprinkle of chives. Hold on warm for up to 2 hours. Serve with carrots, celery sticks, and tortilla chips.



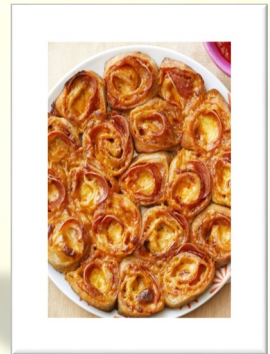
Pepperoni Pizza Rolls

- 1** ball of refrigerated pizza dough (about 14-oz.), at room temperature
- All-purpose flour, for sprinkling
- 1/2 c.** marinara sauce, plus more for dipping
- 1/2 c.** grated parmesan cheese
- 1/2 tsp.** dried oregano
- 1/2 tsp.** kosher salt
- 10** slices part-skim mozzarella cheese
- 2 oz.** sliced pepperoni, divided
- 4** sticks mozzarella string cheese

1. Preheat the oven to 400°. Roll out the pizza dough on a floured surface until it's a very flat, large rectangle, about 11 by 18 inches. Spread with the marinara sauce, leaving a 1-inch border all around, then sprinkle with the parmesan, oregano, and salt. Evenly top with the mozzarella slices and half of the pepperoni.

2. Unwrap the string cheese and arrange it in a line on one long edge of the dough. Starting from that long edge, roll up the dough as tightly as possible so that the string cheese winds up in the middle of the roll. Pinch the seam of the dough to seal, then flip seam-side down. Slice into 1-inch pieces with a serrated knife and place the rolls cut-side up in a 12-inch round baking dish or cast-iron skillet. Tuck the remaining pepperoni into the folds of the pizza rolls, leaving just a little sticking out. Allow the rolls to rise at room temperature for 20 minutes.

3. Bake the rolls until the crust is golden and the filling is bubbly, 20 to 25 minutes. Serve with extra marinara sauce for dipping.



September BIRTHDAYS



Carolyn Garland	Sep 01	William Syrette	Sep 13	Betty Ann Boyd	Sep 22
Robert Haggarty	Sep 01	Carol Frederick	Sep 13	Consuelo Clemens	Sep 22
Thelma Jenkins	Sep 01	Randy Cline	Sep 14	James Miles	Sep 22
Carol Kraus	Sep 01	Donald Crevie	Sep 14	Terrence Frantal	Sep 22
Shirley Kramer	Sep 02	Ginger Locke	Sep 14	Marilyn Sorenson	Sep 22
Karen Bertsch	Sep 03	Susan Goss	Sep 15	Peggy Ludeman	Sep 22
Salvatore Coppola	Sep 03	Diane Pynaker	Sep 15	Judith Maegaard	Sep 23
Debra Trimmer	Sep 03	Susan Sowinski	Sep 15	Susan Margetson	Sep 23
John Zanotti	Sep 03	Judy Weseman	Sep 15	Shirley Melby	Sep 23
Dena Corey	Sep 04	Sandra Ehnou	Sep 16	Robert Kessler	Sep 24
Gloria Coburn	Sep 04	Pat Gallo	Sep 16	James Bjurman	Sep 25
Marianne Schenning	Sep 04	Richard Kauffman	Sep 16	Katherine Czajka	Sep 25
Sharon Apostoli	Sep 05	Denise Mosher	Sep 16	Patricia Murphy	Sep 25
Bill Dohrn	Sep 05	Brian Augustine	Sep 17	Laura Wojciechowicz	Sep 25
Hattie Jones	Sep 06	Patsy Hoffman	Sep 17	Joyce Johnsen	Sep 26
Marilyn Dickes	Sep 06	James Settle	Sep 17	Bonnie Moschell	Sep 26
Sheryl Whitney	Sep 07	Annette Scarleto	Sep 17	Carol Oberst	Sep 26
Linda Davidson	Sep 08	Nick Gorr	Sep 18	Judy Sommers	Sep 26
Richard Baumann	Sep 09	Janice Wilcoxon	Sep 18	Vicki Zanotti	Sep 26
Isadore Borgi	Sep 09	Susan Geissman	Sep 19	John Fliess	Sep 27
Bonnie Erickson	Sep 09	Pam Kowalczyk	Sep 19	Carm Kehrer	Sep 27
Kathleen Schmitz	Sep 09	Rodney Lawler	Sep 19	Paul Leffelman	Sep 27
Connie Thomey	Sep 09	Betty Smith	Sep 19	Cindy Lesko	Sep 27
Julie Briggs	Sep 10	Susan Wirsch	Sep 19	Janice Mowry	Sep 27
Michelle Nielsen	Sep 10	John Dumke	Sep 20	Susan O'Day	Sep 27
P.J. Weston	Sep 10	Judy Kanka	Sep 20	Paul Wade	Sep 27
Carol Gammon	Sep 10	Barb Ludwig	Sep 20	John Bonaretti	Sep 28
Eloy Hernandez	Sep 10	Daniel Wozniak	Sep 20	Thomas Kuczenski	Sep 29
Annette Erickson	Sep 11	Franklin Schultz	Sep 21	Bonnie Vagnoni	Sep 29
George Krulatz	Sep 11	Dennis Slatkay	Sep 21	Roxine Carey	Sep 30
Teresa Wojtak	Sep 12	Anna Kessler	Sep 21	Annie Vines	Sep 30
Dorothy Ennis	Sep 13	Julie Arzt	Sep 22	Carol Anderson	Sep 30
Jo Robbins	Sep 13	Mary Ann Bourget	Sep 22	Carol Rock	Sep 30
Sue Horsley	Sep 13				

Basic Directions

- ♦ Each column must contain all of the numbers 1 through 9, without repeating any of the numbers.
- ♦ Each row must contain all of the numbers 1 through 9, without repeating any of the numbers.
- ♦ Each block in the grid must contain all of the numbers 1 through 9, without repeating any of the numbers.
- ♦ You cannot change any of the prefilled numbers.
- ♦ The puzzle is complete when all the boxes are correctly filled in.

SUDOKU

Sudoku Puzzle #2

8	7			6				3
					1	2		
2		6		5	4			8
			1		5			
		8				4	1	
1				2			6	5
			7	8				
		5		4				7
7							3	

©2021 Satori Publishing

DIFFICULTY: ★★☆☆

The answer to this puzzle is on page 23

Thank You to Our Picnic Sponsors



Compassus Hospice
Kenosha Place Senior Living
Cedarhurst of Kenosha
Galloway Senior Living
Senior CarePatrol



Kenosha Senior Center 2023 Special Events and Trips

- | | | |
|-------------------------------|---|---|
| Fri. September 15, 2023 | - | Dance |
| Wed. Sept. 13, 2023 | - | Dancing Horses Theatre |
| Thurs. October 5, 2023 | - | Fireside Theatre: Titanic The Musical |
| Fri. October 27, 2023 | - | Halloween Dance |
| Wed. October 18, 2023 | - | Potawatomi Casino |
| Sat. Nov. 11, 2023 | - | Kenosha Senior Center: <i>Holiday Craft Fair</i> |
| Fri. November 17, 2023 | - | Thanksgiving Dance |
| Thurs. November 30, 2023 | - | Woodfield Mall: <i>Holiday Shopping Trip</i> |
| Fri. December 1, 2023 | - | Kenosha Senior Center: <i>Deck the Halls Party and Cookies , Cocoa and Carols Party</i> |
| Fri. Dec. 8, 2023 (tentative) | - | <i>Kenosha Senior Center Christmas Party</i> |
| Thur. December 14, 2023 | - | Fireside Theatre: <i>Scrooge The Musical</i> |
| Fri. December 15, 2023 | - | Holiday Dance |

ALL EVENTS & TRIPS ARE SUBJECT TO CHANGE!

Kenosha Senior Center Trip Policy: We understand that plans can change and you may not be able to attend a trip for which you have purchased a ticket, but we cannot issue refunds unless there is a waiting list and we are able to replace you with someone on that list. The reason for this is we do not keep the money you give us for a trip. It goes directly to the venue to pay for the event and the venues do not issue refunds. If you cannot attend a trip call us at 359-6260 and speak with a staff person. We will instruct you what to do, and we will do our best to find a replacement for you. If we are successful, you will be notified to come and pick up your refund.

Kenosha Senior Center

GROUP FITNESS CLASSES

Get Active Stay Healthy!

Call the Senior Center a 262-359-6260 with Questions

Total Body Conditioning *with Denise*

Tuesday at 11am & Thursday at 9am

Fee: \$2.00 per class

This strength training class incorporates body weight resistance along with hand weights and resistance bands to achieve a total body workout. Exercises are designed to increase muscular strength & endurance with flexibility balance & core work for the perfect workout.

Chair Yoga *with Denise*

Monday at 1pm

Fee: \$1.00 per class

This class involves a series of seated and standing postures to improve balance, increase strength, lubricate joints and increase mobility. Movements are connected with breath work, to calm and focus the mind. The class ends with a quiet meditation.

Exercise *with Jessica and Heather*

Monday, Wednesday and Friday at 9am

Fee: \$1.00 per class

This class combines safe stretching and strengthening exercises designed to increase muscular strength, range of motion and activity for daily life. Exercises are performed while seated.

Tai Chi *with Trish*

Tuesday at 9:45am

Fee: \$3.00 per class

Tai Chi is a gentle Chinese martial art that involves fluid, choreographed movements. It's an effective exercise for seniors because it is low-impact and can be performed anywhere. Join this class and improve your balance, coordination, flexibility and overall quality of life.

Cardio Drumming Class *with Denise*

Fridays at 10:30am

Fee: \$20.00 for a 10 week session

NEW SESSION: September 8-December 1, 2023

Pre-Registration is required for this class. Registration opened Monday, August 21st

Low impact workout that helps drum off pounds and relieve stress! This fun class uses exercise balls and sticks choreographed to music. Strengthen stabilizer muscles, improve endurance and enhance overall fitness. The class is done standing but can be modified for a seated workout. Space is Limited.





September Dance

Friday, September 15, 2023

1:30pm-3:30pm

Music by Ernie Garner

Refreshments Sponsored by
Promedica



Dances are FREE and open to the Senior Public

New WORLD DANCE CLASS

Beginning in September

Tuesdays, September 5th to October 31st

10:30 am - 11:30 am

Fee: \$3.00 per Class

Join us and learn easy dances from all over the world. It's fun and a great way to move to ethnic music. The dances are done in circles or lines. No partner or special clothing needed. Comfortable shoes are suggested.



Chorus



Add Your Voice

Love to sing? Want to meet new people?

Join the Forever Young Chorus! They meet Thursdays at 10:30am.



Kenosha Senior Center Memberships

For anyone at least 55 years old (or the spouse of a current member, if you are under 55)

Join Today

Current Membership
2023-2024 Memberships Run From
July 1, 2023 thru June 30, 2024



Membership Form

You can pick up a form at the Senior Center or find one online at
www.kusd.edu/seniorcenter

Membership Card

Renewing Members: You already have your white *Forever Card*
No return envelope is needed.

New Members: A card will be given to you when you turn in your registration form.

Membership Payment

Fee: \$12.00 per year for those in the KUSD boundaries, \$50 if you live outside the boundaries and \$12 if you moved outside the KUSD boundaries and have a current membership (grandfathered in at the \$12 rate).

Questions? Call 262-359-6260



SEPTEMBER

WORDS OF WISDOM

"Winning is not everything-but making the effort to win is."

Vince Lombardi

"Self-praise is for losers. Be a winner. Stand for something. Always have class, and be humble."

John Madden

"It's not the size of the dog in the fight, but the size in the fight of the dog."

Archie Griffin

"Nobody who ever gave his best regretted it."

George S. Halas

Featured Advertisers

Assisi Homes of Kenosha

Beautiful One Bedroom Apartments

- Rent based on 30% of Income
- On-Site Resident Services Coordinator
 - Serving 62 & Older
 - Small Pets Welcome

1860 27th Av. Kenosha / 262-551-9843

Beech Pointe Senior Apartments

People are the Heart of Beech Pointe!

Spacious One & Two Bedroom Apartments

224-697-8277 / www.beechpointliving.com

Society's Assets

Trusted Caregivers Since 1974

Independent Living...at Home

www.societysassets.org

262-657-3999

NEW Group Starting in September

START YOUR **TOPS®**
WEIGHT-LOSS
JOURNEY



Your first visit to any chapter is **FREE**
Try more than one if you like!

T.O.P.S.

Take Pounds off Sensibly

Mission

To help and support our members as they take off and keep off pounds sensibly.

Vision

To be the best weight-loss support choice for people who want an active and healthy lifestyle.

Goal

To help everyday people become healthier so they can do more of the things they enjoy with the people they love.

Membership

TOPS members can be found in thousands of chapters across the United States and Canada. Packages start at just \$49.00.

For More Information and Meeting Times

Contact Mary Hotle at Maryehotle@gmail.com or call her at 262-930-9582

EVERYONE IS WELCOME HERE



Monthly Funnies



Why did the football coach go to the bank?

To get his quarter back

What kind of tea do football players drink?

Penaltea

Where do football players go when they need a new uniform?

New Jersey

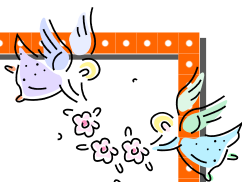
Why did Cinderella get kicked off the football team?

Because she kept running away from the ball!

In Memoriam

Our deepest sympathy is
extended to the family & friends of
Don Matera

and all who have recently suffered a loss.
Our hearts, thoughts & prayers are with you.



Kenosha Senior Center Newsletter:
September 2023 Published Irregularly

Kenosha
Senior Center
2717 - 67th Street
Kenosha, WI 53143



Member Wisconsin Association
of Senior Centers

Answer to the Word Search from page 12

E K I C K O F F S D Z O C H I U Z H H J
 E L B U R G E R S N L L O C N G X M E V
 W N D B A C K F I E L D R T T P Q R H Y
 D M O D L A P D T T N B W A Y T S A R L
 Q N J Z U T I P D H S D E C S E L N A T
 F O S C D H V O C G N W R R Y F L O E N
 F S W F G E W L P I A M B I B T G T O O
 E E U S U N R J I T P Q A A F D A I N I
 W N L U A F F O D N A H C F L G T K R T
 S E O K R F T N J B E K K E L P H W U E
 I Y L Z D C E S X J O B I E Q E D T L
 V A A K D G E T B S E F A C V B L R E P
 E F V B C N F N Y R G T R C R E M I R M
 L M U O N A E B T N A E Z I K Y E N Q O
 I Z E M H E T A I E T T P T V E T K U C
 N L F G B W E H Y N R U S R H H R S L N
 E V I R D L S P I C N F U L L B A C K I
 O V X Q K U E N G T S R E K C A P Q S T
 K C A B R E T R A U Q B B B S A C K P G
 S M A E T L A I C E P S H O T D O G S V

Answer to Sudoku Puzzle #1 on page 13

5	9	8	3	1	7	4	6	2
3	1	2	4	8	6	7	5	9
4	6	7	2	9	5	1	3	8
6	3	1	7	4	8	9	2	5
9	8	4	5	2	3	6	7	1
2	7	5	9	6	1	8	4	3
8	2	9	6	3	4	5	1	7
7	4	3	1	5	9	2	8	6
1	5	6	8	7	2	3	9	4

Answer to Sudoku Puzzle #2 on page 17

8	7	1	2	6	9	5	4	3
3	5	4	8	7	1	2	9	6
2	9	6	3	5	4	1	7	8
4	6	7	1	9	5	3	8	2
5	2	8	6	3	7	4	1	9
1	3	9	4	2	8	7	6	5
9	4	3	7	8	2	6	5	1
6	1	5	9	4	3	8	2	7
7	8	2	5	1	6	9	3	4

Thank you
to our
ADVERTISERS



Kenosha Senior Citizens Council, Inc.
2717 - 67th Street
Kenosha, WI 53143

**Non-Profit Org.
U.S.
POSTAGE
PAID
Kenosha, WI
Permit No. 515**

Current Resident or

September
2023