

# Kenosha Senior Center NEWSLETTER

Photo By Peggy Pontillo

Vol. 28, No. 4

April 2023



2717 - 67th Street  
Kenosha, WI 53143  
Phone: 262-359-6260

## Senior Center Hours

Monday-Friday 8:30am-3:45pm

## Visit us on the web at:

[www.kusd.edu/seniorcenter](http://www.kusd.edu/seniorcenter)

## "Like" us on Facebook at:

[www.facebook.com/kenoshasenior](http://www.facebook.com/kenoshasenior)

## Program Director

Denise Jacob

Email: [djacob@kusd.edu](mailto:djacob@kusd.edu)

## Administrative Assistant

Kandy Stull

Email: [kstull@kusd.edu](mailto:kstull@kusd.edu)

## Newsletter Editors

Denise Jacob and Kandy Stull

Senior Dining 262-351-6246

## BOARD OF DIRECTORS

**President:** Bonnie Hausfeld  
**Vice President:** Judi Kruse-Dohrn  
**Secretary:** Kathy Flammang  
**Asst. Secretary:** Barb Van Dyke  
**Treasurer:** Bryan Mogensen  
Coordinator of Recreation

## BOARD MEMBERS

Eloda Birch      Phyllis Mattox  
MaryAnn Bourget      Ron Mengel  
Joseph Gorecki      Nikki Mondia  
Joan Hall      Carol Sieber  
Barbara Johnson      Carol Zaruk

## Dear Friends,

During the springtime, I often think of butterflies because butterflies symbolize rebirth, renewal and happiness. After everything has been dormant during the winter, things awaken in the spring. It's a reminder that life has seasons to it and when we feel like our lives are "stuck in winter" – where we feel sad, lonely or like our lives are not growing, we know that spring will come and bring opportunities for change, renewal and happiness. No matter how harsh our winters seem, we know spring will come!



See you at the Center!

Sincerely,

*Denise*

## Life Lessons From a Butterfly!



Let go of the past...

Trust the future...

Embrace change...

Come out of the cocoon...

Unfurl your wings...

Dare to get off the ground...

Ride the breezes...

Savor the flowers...

Put on your brightest colors...

Let your beauty show...





# BUS TRIPS

## New Trips

### Kenosha Kingfish Ballgame and Tailgate Party



**Date:** Thursday, June 22, 2023 — Game Time is 11:35am  
**Trip:** Kenosha Kingfish Ballgame at Simmons Field, Kenosha  
**Prices:** \$25.00 for Soda Tailgate Party and \$30.00 for Beer Tailgate Party

**Tickets go on sale to members on Tuesday, April 11, 2023.** Numbers will be handed out at 8:30am and the sign up begins at 8:40am. You are allowed to sign up for yourself and one other member only. You must show both membership cards when you purchase your tickets.

**Tickets go on sale to non-members on Wednesday, April 12, 2023.**

**Description:** Join us at the ballpark as we root for our hometown team! The price includes your ticket to the game, and a Tented Tailgate Party with all you can eat and drink ballpark food, soda and water one hour before the game (10:35-11:35). Please see price difference above for soda and beer tailgate options.

**\*You must provide your own transportation to Simmons Field.**

**On the day of the trip arrive at Simmons Field at 10:15am to meet Denise and pick up your ticket. She will be in the parking lot near the entrance until 10:35am.**



**POTAWATOMI**  
HOTEL & CASINO™

**Date:** Wednesday, June 14, 2023  
**Location:** Potawatomi Casino Milwaukee, WI  
**Prices:** Members: \$25.00  
Non-members: \$30.00

**Tickets go on sale to members on Tuesday, April 18, 2023.** Numbers will be handed out at 8:30 am and the sign up begins at 8:40. You are allowed to sign up for yourself and one other member only. You must show both membership cards when you purchase your tickets. Tickets go on sale to non-members on Wednesday, April 19.

**Bring your Fire Keepers card number with you when you sign up for this trip.**

**Trip Description:** You'll enjoy a deluxe motor coach ride to Potawatomi Casino in Milwaukee where they have over 3,100 slot machines, classic table games and Bingo. Everyone will receive \$10.00 in Fire Keeper's Reward Play and a \$10.00 food and beverage credit that may be used toward purchasing your lunch. **Please Note:** On this trip you must bring a **valid photo I.D.** with you into the Casino. Jackpots over \$1,250.00 will also require your Social Security Card.

**On the day of the trip arrive at the Southwest side of the Indian Trail parking lot, 6800 - 60th Street in Kenosha, by 10:00 am to sign in and load the bus. Use the 60th Street entrance. The bus will depart at 10:15 am and return at approximately 5:30 pm.**

**Kenosha Senior Center Trip Policy:** We understand that plans can change and you may not be able to attend a trip for which you have purchased a ticket, but we cannot issue refunds unless there is a waiting list and we are able to replace you with someone on that list. The reason for this is we do not keep the money you give us for a trip. It goes directly to the venue to pay for the event and the venues do not issue refunds. If you cannot attend a trip call us at 359-6260 and speak with a staff person. We will instruct you what to do, and we will do our best to find a replacement for you. If we are successful, you will be notified to come and pick up your refund.



# BUS TRIPS

## Current Trips

### The Music Man

**Date:** Thursday, April 6, 2023  
**Destination:** Fireside Theatre, Fort Atkinson, WI  
**Prices:** Members: \$100.00, Non-members: \$105.00



**Trip Description:** Strike up the band for Broadway's brassiest musical comedy. Winner of eight Tony Awards including Best Musical, THE MUSIC MAN has delighted audiences the world over with its rollicking tale of the fast-talking, charming con man, the prim but passionate librarian, the bumbling mayor, and all the colorful characters that make this show a classic. Add such wonderful songs as "Goodnight My Someone," "The Wells Fargo Wagon," and "76 Trombones" and you have a guaranteed gilt-edged great time for all.

**Menu:** Meal choices: Chicken Piccata: Skinless breast dipped in egg, lightly breaded, sautéed to a golden brown, resting on a Velouté Lemon cream sauce. OR Barbecued Ribs : A Half Rack of our signature lean pork back ribs glazed with our special barbecue sauce. OR Cracker Crusted Cod: baked Cod, lightly seasoned and topped with lemon butter and cracker crumbs. Let us know when you purchase your ticket if you will need a gluten-free or a vegetarian option. All meals include freshly baked breads, cream of shiitake mushroom soup, roasted Yukon Gold potato wedges, honey glazed baby carrots and raspberry swirl cheesecake for dessert. Complimentary coffee, tea and milk. Cash bar for cocktails and soft drinks.

### Grumpy Old Men

**Date:** Friday, May 12, 2023  
**Destination:** Fireside Theatre, Fort Atkinson, WI  
**Prices:** Members: \$100.00, Non-members: \$105.00



**Trip Description:** This is the story of Max and John, neighbors who have been feuding for most of their lives. Invigorated by their shared affection for their beautiful new neighbor across the street, they face-off as romantic rivals until their hilarious shenanigans finally bring about a resolution to their long-standing differences. Based on the 1993 film, this stage adaptation captures the lovable crotchety characters through twinkling humor, great songs, and the affectionate depiction of a small town that feels like home to everyone.

**Menu:** Meal choices: Pretzel Crusted Stuffed Chicken: skinless breast of chicken stuffed with Havarti cheese, dipped in egg, rolled in pretzel crumbs, sautéed to a golden brown and baked, served with a balsamic raspberry sauce. OR Grilled Pork Ribeye : A boneless pork chop seasoned and grilled until perfectly tender and finished with a rich pork demi-glaze. OR Rainbow Trout: seasoned with salt, pepper, and lemon butter. Let us know when you purchase your ticket if you will need a gluten-free or a vegetarian option. All meals include freshly baked breads, a chopped salad (a mixture of finely diced spring greens, hard-boiled egg, red onion, grape tomato, avocado, cucumber, bacon chips and cheddar cheese, topped with the Fireside's pepper cream dressing and crisp tortilla ribbons), garlic parmesan orzo, a corn & red pepper medley and Oreo Delight for dessert. Complimentary coffee, tea and milk. Cash bar for cocktails and soft drinks.

**NEW BUS LOCATION FOR ALL BUS TRIPS: INDIAN TRAIL HIGH SCHOOL - 6800 60th Street**

**Timeline for all Fireside Trips:** On the day of the trip arrive at the Indian Trail Parking lot, 6800 - 60th Street in Kenosha, by 8:30am to sign in and load the bus. Use the 60th Street entrance. The bus will depart at 8:45 am and return at approximately 6:00pm.



## Movie

Friday, April 14h at 1pm

### Top Gun: Maverick

After thirty years, Maverick is still pushing the envelope as a top naval aviator, but must confront ghosts of his past when he leads TOP GUN's elite graduates on a mission that demands the ultimate sacrifice from those chosen to fly it.



Run-Time 2 hour 11 minutes

Rated PG-13

## FREE BINGO



Tuesday, April 25, 2023 at 1pm

For Senior Center Members

- **Register** by Noon, on the Thursday before BINGO. Call 262-359-6260 to register.
- **CARDS:** When you come to the Center, you will get a card.

Sponsored by  
Galloway Senior Living

## Blood Pressures Screenings

Thursday, April 27, 2023 9am-11am

Take advantage of monthly health screenings, offered right here at the Senior Center

**Interested in a Blood Pressure Screening?**

No need to register. Just stop in that morning.

Presented by Aurora Health Care

Happy  
Spring



9:30am-10:30am

**FREE**

Coffee and Donuts

Wednesday, April 19, 2023

Sponsored by Library Terrace

Call the Center at 262-359-6260 to sign up

## Quarterly Meeting and Cinco de Mayo Party

Thursday, April 27th at 1 pm



Thursday, April 27th at 1 pm

Join us for a quick Quarterly Membership meeting and stay for the Party!

~~Forget the Siesta...~~

- ♦ Enjoy Snacks
- ♦ Enter the Salsa Tasting Contest
- ♦ OK... Just Enjoy the Samples and Vote For Your Favorite Salsa

Call the Center at 262-359-6260  
to Sign Up for the Party

... It's Time To Fiesta!



ENTER your salsa in the  
**Salsa Tasting Contest**  
Get details and Entry Form  
at the front desk







## ***REFRESH YOUR DRIVING SKILLS WITH THE AARP DRIVER SAFETY COURSE!***

### ***AARP Driver Safety Program***

**Friday, April 21, 2023    10:30 - 3:00 pm  
At the Kenosha Senior Center**

- ◆ In person class
- ◆ Class size is limited
- ◆ Fees are due at registration
- ◆ Register and pay in person at the Kenosha Senior Center
- ◆ Fee is \$20.00 for AARP members
- ◆ \$25.00 for Non AARP members
- ◆ For all drivers age 50 and over
- ◆ There are no tests!
- ◆ Brush up on the rules of the road
- ◆ Must sign up by Friday, April 21st



## Find The Logo Contest



We have hidden our Kenosha Senior Center Logo somewhere in this newsletter. It is a miniature version of the logo. Look carefully throughout the newsletter and if you are lucky enough to find it, call the front desk at 262-359-6260 or email [kstull@kUSD.edu](mailto:kstull@kUSD.edu) with your **name**, **phone number** and **where** the logo was located. We will do a random drawing of all the correct entries for a prize at the end of the month. Please submit entries by the 20th of this month. You can participate every month.

### February Winners!!

Nick Gorr, Gloria Keckler, Dorothy Stielow

**Thank You For Participating!**

## Kenosha Senior Center Orientation Wednesday, April 26, 2023 at 9:00am



### Learn more about the Senior Center

- Take a tour
- Learn how to use the Kiosk to sign in
- Find out where to park and where not to park
- Find out how day trips work: What are the 2022 trips? When are they sold? How much do they cost? How to sign up.
- Where to sign up for special events
- Understand the calendar and listings
- Get all your questions answered!

**Call the Senior Center at  
262-359-6260 to sign up today**

## Suggestion Box



The Kenosha Senior Center has a suggestion box located on the west wall of Room 111 (under the clock). Members are encouraged to share feedback and submit ideas to help make the Center a better place. All the suggestions are presented at the monthly Board Meeting held on the 2nd Tuesday of each month. If you put your name and phone number on the suggestion, someone will get back to you in response to your suggestion. Ask any staff member for assistance.

## Open Ballroom Dance Wednesdays at 10am



Love to ballroom dance? Looking for people to dance with? Come Wednesday mornings and *Just Dance!* Everybody is welcome! No partners needed. Singles, couples, beginners, intermediate or advanced. This is not a lesson. There is no fee. This is open dance time for anyone interested in ballroom dancing. It's a great way to meet new people, dance and socialize.

## Class Updates

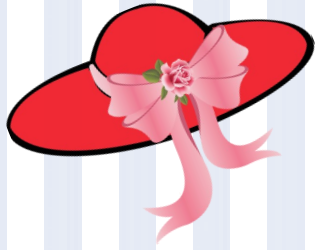
- Center is closed April 4th for Elections
- Center is closed April 7th for Good Friday

Check Calendar for all Changes

## Board Elections at the Kenosha Senior Center

The Kenosha Senior Center nominating committee is currently seeking nominations for individuals to serve on the Board of Directors. The Senior Center Board helps provide direction for the business and activities of the center. It's a great opportunity to help make a difference in peoples' lives. Terms are for three years. If you know someone who would make a great volunteer leader – or you are interested in serving on the board, please call 262-359-6117. Once a nomination is submitted, the candidate will receive a call for verification. All nominations are due by April 17, 2023. Elections will be held at the quarterly meeting on Thursday, April 27, 2023. Don't hesitate, this is your opportunity to make a difference in peoples' lives and help the Senior Center grow.

**EVERYONE  
IS WELCOME HERE**



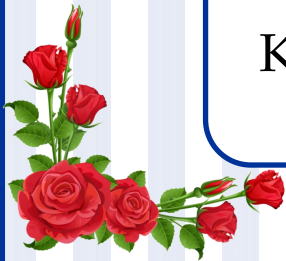
# *Kentucky Derby Dance*



**Friday, April 28 1:30pm-3:30pm**

**Dances are FREE & Open to all Seniors  
Come Dressed in your Derby Best!**

Snacks & door prizes  
sponsored by  
Kenosha Senior  
Living



**Featuring  
Dance Music with  
Ernie Garner**







Please join us for a  
**Coffee Party**

**Wednesday, April 12th at 10am**

We want to improve our coffee experience at the Senior Center. We welcome your feedback and suggestions.



- ♥ Coffee Sampling
- ♥ Tea Tasting
- ♥ Snacks
- ♥ Conversation
- ♥ Fun



**Call the Center at 262-359-6260 to Sign Up**



## Pool Tables Open

Monday - Friday  
8:30am-3:30pm

Except During  
Movies, Meetings,  
Dances and When  
the Senior Center  
is Closed








## ***Kenosha Senior Center Class & Activity List***

**Classes, activities and fees are subject to change. Call 262-359-6260 to confirm an activity**

| <b>Class/Activity</b>                              | <b>Days</b>                          | <b>Times</b>            | <b>Cost</b>                           |
|--|--------------------------------------|-------------------------|---------------------------------------|
| American Issues                                    | Wednesday and Friday                 | 10:00am - Noon          | Free                                  |
| Art Class  | Wednesday                            | 9:00am - 11:00am        | \$5.00 per class & your own supplies  |
| Ballroom Dance Lesson                              | 1st, 2nd, 3rd Tuesday                | 1:00pm                  | \$7.00                                |
| Bingo for Members                                  | 4th Tuesday (Check Calendar)         | 1:00pm                  | Free                                  |
| Bridge, Drop-In                                    | Thursday                             | 1:00pm                  | Free                                  |
| Book Discussion                                    | Monday                               | 2:15pm                  | Free                                  |
| Cardio Drumming                                    | Friday                               | 10:30am                 | Pre-register for each session         |
| Chorus "Forever Young Chorus"                      | Thursday                             | 10:30am-Noon            | \$2.00 per class                      |
| Cribbage   | Friday                               | 10:15am                 | Free                                  |
| Dances-Monthly                                     | One Friday a Month (Sept. thru June) | 1:30-3:30pm             | Free                                  |
| Dominos  | Tuesday                              | 1:00pm                  | Free                                  |
| Drop-In  | Monday thru Friday                   | When Center is Open     | Free                                  |
| Euchre   | Thursday                             | 1:00pm                  | Free                                  |
| Exercise Class                                     | Monday, Wednesday & Friday           | 9:00am - 10:00am        | \$1.00 per class                      |
| Foot Clinic  | 2nd Friday every other month         | 9-12:30pm by appt.      | \$35.00                               |
| Golf Card Game                                     | Monday                               | 1:00pm                  | Free                                  |
| Junk Journal Crafting                              | Thursday                             | 9-Noon                  | Free-Bring your own supplies          |
| Knit & Crochet                                     | Friday                               | 9:00am - 11:00 am       | Free - Bring your own supplies.       |
| Line Dance with Norm                               | Monday                               | 9:00am -10:30am         | \$5.00 per class                      |
| Mahjong  | Tuesday and Friday                   | T: 1:00 pm, F: 10:15 am | Free                                  |
| Movies   | One Fri. a Month & After Qrtly Mtgs. | 1:00pm                  | Free                                  |
| Open Ballroom Dance                                | Wednesday                            | 10am                    | Free                                  |
| Ping Pong  | Monday and Thursday                  | 9:00am-Noon             | Free                                  |
| Pool (Billiards) - Open                            | Monday thru Friday                   | Closed during events    | Free                                  |
| Sheepshead   | Tuesday and Wednesday                | T:8:30am W:1:00pm       | Free                                  |
| Tai Chi  | Tuesday                              | 9:45am                  | \$3.00 per class                      |
| Total Body Conditioning<br>Strength Training Class | Tuesday and Thursday                 | T:11:00am Th:9:00am     | \$2.00 per class                      |
| Trips  | One or Two a Month                   | See Newsletter          | See Newsletter                        |
| Walking Group:<br>"Goldens on the Go"              | Summer: Wednesday & Friday           | 8:00am & 10:00 am       | Free                                  |
| Wii Bowling  | Thursday/Monday during taxes         | 12:30pm - 3:00pm        | \$5.00 sign up fee                    |
| Wood Burning                                       | Monday                               | 9:00 - 11:00 am         | Free - Bring your own supplies.       |
| Wood Carving                                       | Monday                               | 9:00 - 11:00 am         | Free - Bring your own supplies.       |
| Woodturning  | Monday thru Thursday                 | 8:30-10:30am by appt.   | First lesson \$20, then \$1 per class |
| Writing for Fun                                    | Tuesday                              | 10:30 - 11:30 am        | Free - Bring your own supplies.       |
| Yoga (Chair)                                       | Monday                               | 1:00pm                  | \$1.00 per class                      |
|  |                                      |                         |                                       |
| 10   |                                      |                         |                                       |

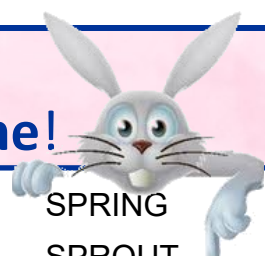


| Activity Calendar   |  | KENOSHA SENIOR CENTER   |  |  |  | April 2023                     |  |
|---|--|---|--|--|--|--------------------------------|--|
| SUN   | MONDAY   | TUESDAY   | WEDNESDAY  | THURSDAY   | FRIDAY   | SAT                            |  |
|   | <b>Senior Center Hours</b><br>Monday-Friday 8:30am-3:45pm<br>Closed Saturday and Sunday<br><b>Phone:</b> (262) 359-6260<br><br>Pool Tables are open<br>Monday thru Friday 8:30am-3:30pm<br>Except during movies, meetings, dances<br>and closures.           |   |    |  |  | <b>1</b><br><br>Center Closed  |  |
| <b>2</b><br><br>Center Closed   | <b>3</b><br>8:30-10:30am<br>Woodturning by Appt.<br>9-10am Exercise Class<br>9-Noon Ping Pong<br>9-11am Woodcarving<br>9-11am Wood Burning<br>9-10:30am Line Dance<br>12:30pm Wii Bowling<br>1pm Chair Yoga<br>1pm Golf Card Game<br>2:15pm Book Discussion  | <b>4</b><br><br>CLOSED FOR ELECTIONS<br>   | <b>5</b><br>8:30-10:30am<br>Woodturning by Appt.<br>9-11am Art Class<br>9-10am Exercise Class<br>10-Noon Am. Issues<br>10am Open Ballroom Dance<br>1pm Sheepshead                                  | <b>6</b> Trip<br>8:30-10:30am<br>Woodturning by Appt.<br>9-2 AARP Tax Aide<br>9-10am Total Body Conditioning<br>9-Noon Ping Pong<br>10:30am Chorus<br>9-12 Junk Journal Craft<br>1pm Euchre<br>1pm Drop in Bridge  | <b>7</b><br><br>Good Friday<br>Center Closed   | <b>8</b><br><br>Center Closed  |  |
| <b>9</b><br><br>Center Closed<br>Happy Easter<br> | <b>10</b><br>8:30-10:30am<br>Woodturning by Appt.<br>9-10am Exercise Class<br>9-Noon Ping Pong<br>9-11am Woodcarving<br>9-11am Wood Burning<br>9-10:30am Line Dance<br>12:30pm Wii Bowling<br>1pm Chair Yoga<br>1pm Golf Card Game<br>2:15pm Book Discussion | <b>11</b> Trip Sign Up<br>8:30-10:30am<br>Woodturning by Appt.<br>8:30am Sheepshead<br>9:30am Mahjong Lesson 1<br>9:45am Tai Chi<br>10:30am Writing for Fun<br>11-12pm Total Body Conditioning<br>1pm Dominos/Mahjong<br>1pm Ballroom Lesson<br>1pm Board Meeting | <b>12</b><br>8:30-10:30am<br>Woodturning by Appt.<br>9-11am Art Class<br>9-10am Exercise Class<br>10-Noon Am. Issues<br>10:00am Coffee Tasting Party<br>10am Open Ballroom Dance<br>1pm Sheepshead | <b>13</b><br>8:30-10:30am<br>Woodturning by Appt.<br>9-10am Total Body Conditioning<br>9-Noon Ping Pong<br>10:30am Chorus<br>9-12 Junk Journal Craft<br>1pm Euchre<br>1pm Drop in Bridge   | <b>14</b><br>9-10am Exercise Class<br>9-11am Knit & Crochet<br>10am Am. Issues<br>10:15am Cribbage<br>10:15am Mahjong<br>10:30am Cardio Drum<br><br>1pm Movie                        | <b>15</b><br><br>Center Closed |  |
| <b>16</b><br><br>Center Closed  | <b>17</b><br>8:30-10:30am<br>Woodturning by Appt.<br>9-10am Exercise Class<br>9-Noon Ping Pong<br>9-11am Woodcarving<br>9-11am Wood Burning<br>9-10:30am Line Dance<br>12:30pm Wii Bowling<br>1pm Chair Yoga<br>1pm Golf Card Game<br>2:15pm Book Discussion | <b>18</b> Trip Sign Up<br>8:30-10:30am<br>Woodturning by Appt.<br>8:30am Sheepshead<br>9:30am Mahjong Lesson 2<br>9:45am Tai Chi<br>10:30am Writing for Fun<br>11-12pm Total Body Conditioning<br>1pm Dominos/Mahjong<br>1pm Ballroom Lesson                      | <b>19</b><br>8:30-10:30am<br>Woodturning by Appt.<br>9-11am Art Class<br>9:30am Donut day<br>9-10am Exercise Class<br>10-Noon Am. Issues<br>10am Open Ballroom Dance<br>1pm Sheepshead             | <b>20</b><br>8:30-10:30am<br>Woodturning by Appt.<br>9-10am Total Body Conditioning<br>9-Noon Ping Pong<br>10:30am Chorus<br>9-12 Junk Journal Craft<br>1pm Euchre<br>1pm Drop in Bridge   | <b>21</b><br>9-10am Exercise Class<br>9-11am Knit & Crochet<br>10am Am. Issues<br>10:15am Cribbage<br>10:15am Mahjong<br>10:30am Cardio Drum<br>10:30am-3pm AARP Driver Safety Class | <b>22</b><br><br>Center Closed |  |
| <b>23</b><br><br>Center Closed<br><br><b>30</b><br><br>Center Closed  | <b>24</b><br>8:30-10:30am<br>Woodturning by Appt.<br>9-10am Exercise Class<br>9-Noon Ping Pong<br>9-11am Woodcarving<br>9-11am Wood Burning<br>9-10:30am Line Dance<br>12:30pm Wii Bowling<br>1pm Chair Yoga<br>1pm Golf Card Game<br>2:15pm Book Discussion | <b>25</b><br>8:30-10:30am<br>Woodturning by Appt.<br>8:30am Sheepshead<br>9:30am Mahjong Lesson 3<br>9:45am Tai Chi<br>10:30am Writing for Fun<br>11-12pm Total Body Conditioning<br>1pm Dominos/Mahjong<br>1pm Ballroom Lesson<br>1pm BINGO                      | <b>26</b><br>8:30-10:30am<br>Woodturning by Appt.<br>9am Sr. Center Orientation<br>9-11am Art Class<br>9-10am Exercise Class<br>10-Noon Am. Issues<br>10am Open Ballroom Dance<br>1pm Sheepshead   | <b>27</b><br>8:30-10:30am<br>Woodturning by Appt.<br>8:30-11am Health Screens<br>9-10am Total Body Conditioning<br>9-Noon Ping Pong<br>10:30am Chorus<br>9-12 Junk Journal Craft<br>1pm NO Euchre<br>1pm NO Drop in Bridge<br>1pm Quarterly Mtg. and Cinco de Mayo Party | <b>28</b><br>9-10am Exercise Class<br>9-11am Knit & Crochet<br>10am Am. Issues<br>10:15am Cribbage<br>10:15am Mahjong<br>10:30am Cardio Drum<br><br>1:30pm Kentucky Derby Dance      | <b>29</b><br><br>11            |  |

# April Word Search

|   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |
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| R | E | H | T | A | E | W | I | S | C | W | Y | T | T | E | A | E | E | J | H | R | V |
| B | U | N | N | Y | T | V | B | O | Y | D | E | T | R | N | H | W | R | E | G | G | S |
| R | A | B | B | I | T | L | R | P | N | U | U | R | W | I | T | O | B | T | L | E | M |
| C | J | F | N | F | U | C | Y | I | Z | B | B | Q | S | W | B | L | H | C | T | A | H |
| D | I | W | H | B | M | H | W | E | N | I | H | S | N | U | S | F | Z | X | X | U | T |

**Spring has sprung  
and the Easter Bunny will come!**



BIRTH  
BLOOM  
BONNET  
BREEZE  
BULBS  
BUNNY  
BUTTERFLY  
CHICK  
CROCUS  
DAFFODIL

EGGS  
FLOWERS  
FOAL  
GALOSHES  
GRASS  
GREEN  
GROW  
HATCH  
HYACINTH  
LAMB

MELT  
NEST  
PUDDLES  
RABBIT  
RAINBOW  
RAINCOAT  
ROBIN  
SEASON  
SHOWERS  
SLICKER

SPRING  
SPROUT  
SUNSHINE  
TADPOLE  
THAW  
TULIP  
UMBRELLA  
WARMER  
WEATHER  
WINDY

## Sudoku Puzzle #1

### Basic Directions

- ♦ Each column must contain all of the numbers 1 through 9, without repeating any of the numbers.
- ♦ Each row must contain all of the numbers 1 through 9, without repeating any of the numbers.
- ♦ Each block in the grid must contain all of the numbers 1 through 9, without repeating any of the numbers.
- ♦ You cannot change any of the prefilled numbers.
- ♦ The puzzle is complete when all the boxes are correctly filled in.

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 2 |   |   | 5 |   |   |   | 3 |   |
|   |   |   | 4 |   |   |   | 9 |   |
|   |   |   |   |   | 2 |   | 8 | 6 |
| 3 |   | 6 |   |   |   |   |   |   |
| 5 | 9 |   |   | 6 |   |   |   |   |
|   |   | 8 |   |   |   |   | 1 |   |
| 6 |   | 2 |   |   | 5 |   |   |   |
|   | 8 |   | 3 |   | 9 |   |   | 2 |
|   |   | 9 |   |   |   | 4 |   |   |



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DIFFICULTY: ★★☆☆

The answer to this puzzle is on page 23



# Easter Cheese Ball

## Ingredients

- 2 pkg., 8 oz. Cream Cheese, softened
- 4 slices cooked Bacon, crumbled
- 1/2 tsp garlic salt
- 1 TB Worcestershire Sauce
- 2 cups Finely Shredded Mild Cheddar Cheese, divided
- 1 bunch of parsley

## Directions

1. Place cream cheese, bacon, garlic salt, Worcestershire sauce and 1 cup of shredded cheese into a mixing bowl.
2. Blend together . Refrigerate for 30 mins.
3. Using parchment or wax paper, form cheese mixture into a carrot shape.
4. Cover with the remaining shredded cheese.
5. Top with a bunch of parsley, slightly pushing it into the cheese ball.
6. Serve with veggies, crackers or pretzels!



# Brown Sugar Pineapple Ham (Slow Cooker)

## Ingredients

- 1 - 8-9 pound ham
- 1 - 20 ounce can crushed pineapple
- 1 cup brown sugar
- 1/2 teaspoon cinnamon
- 1/4 teaspoon nutmeg
- 1/4 teaspoon ground ginger

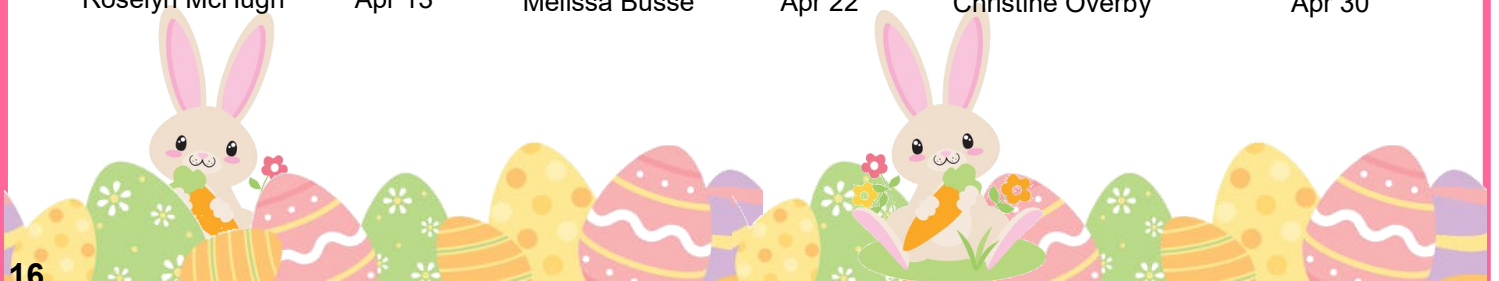
## Directions

1. Add the ham to the slow cooker and pat dry with paper towels.
2. Pour over half the can of the crushed pineapple.
3. Mix the brown sugar with the spices and add it over the ham.
4. Reserve the rest of the pineapple for topping when the ham is served.
5. Cook on low for three hours.



# April Birthdays

|                       |        |                    |        |                           |        |
|-----------------------|--------|--------------------|--------|---------------------------|--------|
| Dawn Bench            | Apr 01 | Tamara Schlevensky | Apr 13 | Rita Miller               | Apr 22 |
| Robert Ducato         | Apr 01 | Arnold Parise      | Apr 14 | MaryJane Haugaard-Lippert | Apr 23 |
| Rose Marie Gingerelli | Apr 02 | Karen Peterson     | Apr 14 | Terry Kohel               | Apr 23 |
| Mike Lindholm         | Apr 02 | Larry Miller       | Apr 14 | Clarice Landry            | Apr 23 |
| Bernadine Kramer      | Apr 03 | Debra Smith        | Apr 14 | Karen Rasmussen           | Apr 23 |
| Peggy Pontillo        | Apr 04 | David Corey        | Apr 15 | Linda Andreoli            | Apr 24 |
| Yvonne Chacon         | Apr 04 | Marilyn Dissen     | Apr 15 | Arnold Aho                | Apr 25 |
| Parma Pontillo        | Apr 05 | Sandy Karnes       | Apr 15 | Micheal Brothen           | Apr 25 |
| Lori Sidlo            | Apr 05 | Susan Borozenski   | Apr 16 | Gordon Franti             | Apr 25 |
| Nancy Warnock         | Apr 05 | Tom Schultz        | Apr 16 | Ronald Kazin              | Apr 25 |
| Carolyn Henry         | Apr 06 | Barbara Stuckey    | Apr 17 | Robert Schiller           | Apr 25 |
| Janet Patterson       | Apr 06 | Pam Wagner         | Apr 17 | Shar Schneider            | Apr 25 |
| Bonnie Hausfeld       | Apr 07 | Patricia Darnell   | Apr 18 | Mark Driscoll             | Apr 25 |
| Eugene Mayer          | Apr 07 | Donald Holman Sr.  | Apr 18 | Mary Barnes               | Apr 26 |
| Donalda(Dee) Miller   | Apr 07 | Patricia Fonk      | Apr 18 | Nancy Girman              | Apr 26 |
| Dawn Russ             | Apr 07 | Kathy Flammang     | Apr 19 | Florence Hammelev         | Apr 26 |
| Jeanette Hanson       | Apr 08 | Kathy Fliess       | Apr 19 | Margaret Kendall          | Apr 26 |
| Suzanne Keller        | Apr 09 | Norma Pagel        | Apr 19 | Kathy Wakefield           | Apr 26 |
| Carole Koller         | Apr 09 | Edward Salo        | Apr 20 | Linda Kohl                | Apr 27 |
| Mike Keefner          | Apr 09 | Carol Weingart     | Apr 20 | Ron Mengel                | Apr 27 |
| Gary Jeffson          | Apr 10 | Tui Wyllie         | Apr 20 | Dora Monardi              | Apr 27 |
| Jeffrey Lyons         | Apr 10 | Sandra McQuestion  | Apr 20 | Kandy Stull               | Apr 27 |
| Sharon Schiller       | Apr 11 | Donna Keckeisen    | Apr 21 | Kathleen Rader            | Apr 27 |
| Debbie Snodgrass      | Apr 11 | Arlene Olson       | Apr 21 | Deb Cline                 | Apr 27 |
| Richard Hiser         | Apr 11 | Maria Chacon       | Apr 22 | Cathy Brnak               | Apr 28 |
| Judy Mawacke          | Apr 11 | Janet Dalpaos      | Apr 22 | Kari Riley                | Apr 29 |
| Pam Gough             | Apr 13 | Carlos Hernandez   | Apr 22 | Mary Ann Lupia            | Apr 29 |
| Sandra Hughes         | Apr 13 | Barbara(BJ) Murray | Apr 22 | Bernadine Clack           | Apr 30 |
| Therese Kavalauskas   | Apr 13 | Donna Serzynski    | Apr 22 | Dorothy McMillan          | Apr 30 |
| Roselyn McHugh        | Apr 13 | Melissa Busse      | Apr 22 | Christine Overby          | Apr 30 |



### Basic Directions

- ♦ Each column must contain all of the numbers 1 through 9, without repeating any of the numbers.
- ♦ Each row must contain all of the numbers 1 through 9, without repeating any of the numbers.
- ♦ Each block in the grid must contain all of the numbers 1 through 9, without repeating any of the numbers.
- ♦ You cannot change any of the prefilled numbers.
- ♦ The puzzle is complete when all the boxes are correctly filled in.



# SUDOKU

## Sudoku Puzzle #2

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 2 |   |   |   | 3 |   | 1 | 4 |   |
|   |   |   | 1 |   |   |   | 9 | 6 |
|   | 3 | 4 |   | 6 |   |   |   | 7 |
|   |   |   |   |   | 9 |   |   |   |
|   |   | 9 |   | 4 |   | 7 | 2 |   |
| 4 |   |   |   |   | 8 |   |   |   |
|   |   |   |   |   |   |   |   |   |
|   |   | 8 |   | 7 |   | 9 | 3 |   |
|   |   | 7 |   |   | 6 |   |   |   |

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DIFFICULTY: ★★☆☆

The answer to this puzzle is on page 23



# Senior Dining

## Fellowship, Food and Fun

Sit Down Meals Served at 11:30am

Suggested donation is \$3.00



- 🍎 Meals include dessert and beverage
- 🍎 Open to anyone 60+ and their spouse, regardless of age
- 🍎 Great way to meet new friends
- 🍎 Menus available at the Senior Center or on-line at [kafasi.org/nutrition.html](http://kafasi.org/nutrition.html)

**Call 262-351-6246 to make a reservation  
by 10:30am the prior day**

*In-Person Senior Dining ... More than just a meal*

## Fellowship, Food and Fun

### Meal Options For Anyone Age 60 or Older

**Call 262-658-3508 to make a reservation for any site  
by 10:30am the previous day**

#### In Person Dining

- **Parkside Redeemer**, 2620 14th Place. Call 262-552-7737 at least 24hrs in advance to reserve a meal.
- **Kenosha Senior Center**, 2717 67th Street. Call 262-351-6246 at least 24hrs in advance to reserve a meal.
- **Westosha Senior Center**, 19200 93rd Street. Bristol. Call 262-358-5554 at least 24hrs in advance to reserve a meal.



#### Hot and Cold Meal Curbside Pick-up (Hours are 11:30am-12:30pm)

- **Wednesday and Friday** - Village Pub of Silver Lake, 307 N. Cogswell Dr., Silver Lake
- **Thursday** - Kenosha Achievement Center, 1218 79th Street in Kenosha

At time of pick-up seniors will receive one meal that is hot and ready to eat and a second meal to put in the refrigerator to eat later. There is no fee for food but a donation of \$4.00 per meal (\$8.00 total) is requested.



# *Kenosha Senior Center*

## **GROUP FITNESS CLASSES**

**Get Active Stay Healthy!**

**Call the Senior Center a 262-359-6260 with Questions**

### **Total Body Conditioning *with Denise***

**Tuesday at 11am & Thursday at 9am**

**Fee: \$2.00 per class**

This strength training class incorporates body weight resistance along with hand weights and resistance bands to achieve a total body workout. Exercises are designed to increase muscular strength & endurance with flexibility balance & core work for the perfect workout.

### **Chair Yoga *with Denise***

**Monday at 1pm**

**Fee: \$1.00 per class**

This class involves a series of seated and standing postures to improve balance, increase strength, lubricate joints and increase mobility. Movements are connected with breath work, to calm and focus the mind. The class ends with a quiet meditation.

### **Exercise *with Jessica and Heather***

**Monday, Wednesday and Friday at 9am**

**Fee: \$1.00 per class**

This class combines safe stretching and strengthening exercises designed to increase muscular strength, range of motion and activity for daily life. Exercises are performed while seated.

### **Tai Chi *with Jacky and Trish***

**Tuesday at 9:45am**

**Fee: \$3.00 per class**

Tai Chi is a gentle Chinese martial art that involves fluid, choreographed movements. It's an effective exercise for seniors because it is low-impact and can be performed anywhere. Join this class and improve your balance, coordination, flexibility and overall quality of life.

### **Cardio Drumming Class *with Denise***

**Fridays at 10:30am**

**Fee: \$20.00 for a 8 week session**

**NEW SESSION: April 28 - June 30, 2023**

***Pre-Registration is required for this class. Registration opens Monday, April 17, 2023***

Low impact workout that helps drum off pounds and relieve stress! This fun class uses exercise balls and sticks choreographed to music. Strengthen stabilizer muscles, improve endurance and enhance overall fitness. The class is done standing but can be modified for a seated workout.

Space is Limited.



## 2023 Special Events and Trips

|                               |   |   |
|-------------------------------|---|---|
| Thurs. April 6, 2023          | - | Fireside Theatre: The Music Man   |
| Fri. April 28, 2023           | - | Kentucky Derby Dance  |
| Friday, May 12, 2023          | - | Grumpy Old Men  |
| Fri. May 19, 2023             | - | Spring Dance  |
| Wed. June 14, 2023            | - | Potawatomi Casino   |
| Fri. June 16, 2023            | - | Summer Dance  |
| Thur. June 22, 2023           | - | <i>Kenosha Kingfish Ballgame</i>  |
| Thurs. July 6, 2023           | - | Brewers vs Cubs in Milwaukee  |
| Thurs. July 13, 2023          | - | Fireside Theatre: Legends in Concert  |
| Fri. August 4, 2023           | - | State Fair Park: <i>Wisconsin State Fair</i>  |
| Thurs. Aug 10, 2023           | - | Kenosha Senior Center: <i>Annual Picnic</i>   |
| Thurs. August 24, 2023        | - | Lake Geneva Boat Trip <i>Frank 2 Frankie</i>  |
| Fri. September 15, 2023       | - | Dance   |
| September 2023 (tentative)    | - | Dancing Horses  |
| Thurs. October 5, 2023        | - | Fireside Theatre: Titanic The Musical   |
| Fri. October 27, 2023         | - | Halloween Dance   |
| Sat. Nov. 11, 2023            | - | Kenosha Senior Center: <i>Holiday Craft Fair</i>  |
| Fri. November 17, 2023        | - | Thanksgiving Dance  |
| Thurs. November 30, 2023      | - | Woodfield Mall: <i>Holiday Shopping Trip</i>  |
| Fri. December 1, 2023         | - | Kenosha Senior Center: <i>Deck the Halls Party<br/>and Cookies , Cocoa and Carols Party</i> |
| Fri. Dec. 8, 2023 (tentative) | - | <i>Kenosha Senior Center Christmas Party</i>  |
| Thur. December 14, 2023       | - | Fireside Theatre: <i>Scrooge The Musical</i>  |
| Fri. December 15, 2023        | - | Holiday Dance   |

**ALL EVENTS & TRIPS ARE SUBJECT TO CHANGE!**



# Kenosha Senior Center Memberships

For anyone at least 55 years old (or the spouse of a current member, if you are under 55)

**Join Today**

**Current Membership**  
2022-2023 Memberships Run From  
July 1, 2022 thru June 30, 2023



## **Membership Form**

You can pick up a form at the Senior Center or find one online at  
[www.kusd.edu/seniorcenter](http://www.kusd.edu/seniorcenter)

## **Membership Card**

Renewing Members: You already have your white *Forever Card*  
No return envelope is needed.

New Members: A card will be given to you when you turn in your registration form.

## **Membership Payment**

Fee: \$12.00 per year for those in the KUSD boundaries, \$50 if you live outside the boundaries and \$12 if you moved outside the KUSD boundaries and have a current membership (grandfathered in at the \$12 rate).

**Questions?** Call 262-359-6260





## WORDS OF WISDOM

*When you are dissatisfied and would like to go back to youth, think of Algebra.*  
Will Rogers

*Retirement is like a long vacation in Las Vegas. The goal is to enjoy it to the fullest, but not so fully that you run out of money.*  
Jonathan Clements

*The harder you work, the harder it is to surrender.*  
Vince Lombardi

*Age is an issue of mind over matter. If you don't mind, it doesn't matter.*  
Mark Twain

## Featured Advertisers

### Hospice Alliance

*Choose the Best—Ask for us by Name*  
[www.hospicealliance.org](http://www.hospicealliance.org)  
262-652-4400

### Piasecki Funeral Home

*Every Detail Counts*  
*Every Memory Matters*  
3720 - 39th Avenue / 262-658-4101

### St. Catherine Commons

*Senior Living by the Lake in Kenosha*  
Independent Living, Assisted Living  
and Memory Care  
262-653-1234 / [stcatherinecommons.com](http://stcatherinecommons.com)

## Senior Athletic Passes

These passes are good for entrance into Kenosha middle and high school home athletic events for this school year. Members of the Kenosha Senior Center may receive one FREE pass each year. Non-members may purchase a pass for \$5.00 each.



### Support Our Student Athletes!

Passes available at the Kenosha Senior Center



## Monthly Jokes

### You know you're ready to retire when:

- You remember where your office is, but not exactly what you do there.
- You've been drinking the office coffee so long you think it actually tastes good.
- The office stockboy is younger than your grandkids.
- You can't remember when it was that they offered you an early retirement package, but you're pretty sure Reagan was president then.
- It's less embarrassing to carry your dog's pooper scooper than your briefcase.



**American  
Red Cross**

## Volunteers Needed

Make this year count! Resolve to volunteer with the American Red Cross and make a difference in 2023. Communities across the country count on the Red Cross for help every day — and volunteers are at the heart of this support in local communities.

Volunteers are urgently needed in our community.

To learn more, please visit  
[www.redcross.org/volunteer](http://www.redcross.org/volunteer) or reach out to  
Amber at [amber.carey@redcross.org](mailto:amber.carey@redcross.org).

## In Memoriam

Our deepest sympathy is  
extended to the family & friends of

Frank Olivieri

and all who have recently suffered a loss.  
Our hearts, thoughts & prayers are with you.



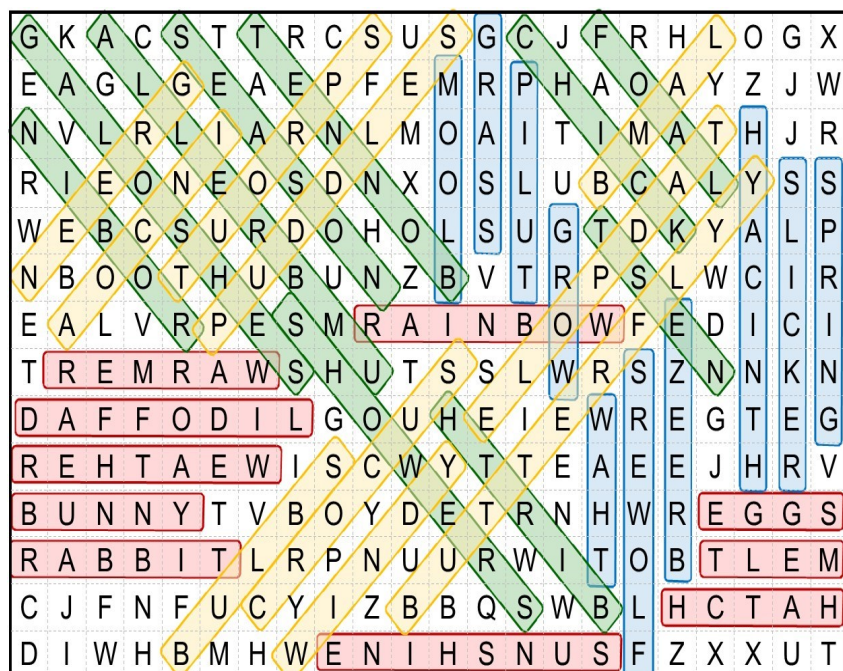
Kenosha Senior Center Newsletter:  
April 2023 Published Irregularly

Kenosha  
Senior Center  
2717 - 67th Street  
Kenosha, WI 53143



Member Wisconsin Association  
of Senior Centers

Answer to the Word Search from page 12



Answer to Sudoku Puzzle #1 on page 13

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 2 | 6 | 1 | 5 | 9 | 8 | 7 | 3 | 4 |
| 8 | 5 | 3 | 4 | 7 | 6 | 2 | 9 | 1 |
| 9 | 7 | 4 | 1 | 3 | 2 | 5 | 8 | 6 |
| 3 | 1 | 6 | 7 | 8 | 4 | 9 | 2 | 5 |
| 5 | 9 | 7 | 2 | 6 | 1 | 8 | 4 | 3 |
| 4 | 2 | 8 | 9 | 5 | 3 | 6 | 1 | 7 |
| 6 | 4 | 2 | 8 | 1 | 5 | 3 | 7 | 9 |
| 7 | 8 | 5 | 3 | 4 | 9 | 1 | 6 | 2 |
| 1 | 3 | 9 | 6 | 2 | 7 | 4 | 5 | 8 |

Answer to Sudoku Puzzle #2 on page 17

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 2 | 9 | 6 | 8 | 3 | 7 | 1 | 4 | 5 |
| 7 | 8 | 5 | 1 | 2 | 4 | 3 | 9 | 6 |
| 1 | 3 | 4 | 9 | 6 | 5 | 2 | 8 | 7 |
| 8 | 6 | 2 | 7 | 5 | 9 | 4 | 1 | 3 |
| 5 | 1 | 9 | 6 | 4 | 3 | 7 | 2 | 8 |
| 4 | 7 | 3 | 2 | 1 | 8 | 5 | 6 | 9 |
| 9 | 5 | 1 | 3 | 8 | 2 | 6 | 7 | 4 |
| 6 | 4 | 8 | 5 | 7 | 1 | 9 | 3 | 2 |
| 3 | 2 | 7 | 4 | 9 | 6 | 8 | 5 | 1 |





**Kenosha Senior Citizens Council, Inc.**  
2717 - 67th Street  
Kenosha, WI 53143

**Non-Profit Org.  
U.S.  
POSTAGE  
PAID  
Kenosha, WI  
Permit No. 515**

Current Resident or

