

Youth Mental Health and Wellness Parent Education

6-6:30 p.m. Dinner and resource fair in the Cafeteria • 6:30-8 p.m. Presentation in the Auditorium
Facilitated by Sammi Jo Hurkmans, Psy.D., LPC, from Professional Services Group (PSG)

FREE CHILD CARE PROVIDED

PART THREE: DEPRESSION AND ANXIETY

Tuesday, April 9, 2019

Mahone Middle School, 6900 60th St.

This session will discuss symptoms of anxiety and depression, as well as the possible warning signs. Parents/caregivers will be given techniques on how to effectively support children who struggle in these areas.

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To register for dinner/child care,
please contact Rachel Stevenson
at rhsteven@kUSD.edu or 262-359-2256

E- Cigarettes: What We Should All Know

Facilitated by Michelle Sandberg, HOPE Council AODA KRW Tobacco-free Coalition Coordinator

Thursday, April 11, 2019

Bradford High School • 3700 Washington Rd.

(Enter through door #1)

5:30 p.m. Dinner in the Cafeteria • 6 p.m. Program in the Library

FREE CHILD CARE PROVIDED

The session will discuss the truth about vaping—is it really *that* bad?

Does it contain nicotine? • What are the laws on vaping?

Can my child purchase products? • How can I get involved?

Hands-on learning with different types of products and E-juice.



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