

ONE OF ELEVEN



ELEVEN AS ONE

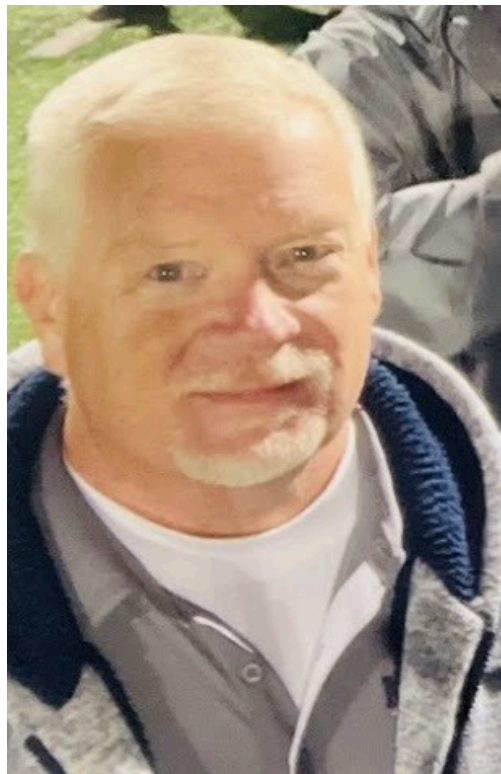


FOR COACH



For the first time in many years, we will be without coach Ron Peterson. Our incoming 8th and 7th graders most likely had him as a coach or a teacher, and his wisdom and leadership are going to be missed dearly. He was the one who delivered our motto: **1 of 11, 11 as 1**. He believed that everyone on the field had to be there for each other in order for us to succeed as a **TEAM**.

Us coaches promise to continue his legacy. The legacy of **History, Heart and Honor**.



MEET THE COACHES



Head Coach: **Jason Straka**

Assistant Coaches: **Evan Alioto, George Stevenson, Alex Salgado, Tim VanBerg, Chris McDermott, Eric Brothen, Victor Zelada**

Indian Trail Head Coach: **Paul Hoffman**

COACHING PHILOSOPHIES



Our mission:

To prepare our players for the next level. To win every moment, not just every game (practices, technique, leadership, culture).

Teach skills to play SAFELY

Build a strong team culture

Conditioning for best physical shape

Communicate effectively

Focus on individual skills for each position

Work closely with Indian Trail Football Staff



INDIAN TRAIL FOOTBALL YOUTH CAMP



WHEN:
JULY 1ST & 2ND @ 5-7PM



WHERE:
JASKWICH STADIUM



WHO:
ALL 6TH-8TH GRADERS
(2026-27 SCHOOL YEAR)



ITEMS NEEDED:
SPIKES, ATHLETIC GEAR, WATER



COST:
\$50 - CHECK (TO HAWKS TD CLUB)
OR CASH @ REGISTRATION



QUESTIONS - CONTACT COACH HOFFMAN -
phoffman@kUSD.edu

SCAN QR TO
REGISTER
BY JUNE 18TH



SIGNING UP / COMMUNICATION



Keep an eye on the Mahone Webpage, we'll make an announcement once sign ups are available. This will typically be after July 1st.

All middle school sports have a \$50 activity fee that will show up on Infinite Campus.

Be sure to have Parent Square notifications on, as that's how we'll be communicating this season. You'll be informed on sign-ups through that app.



ParentSquare

EARNING YOUR SPOT



- Players will be pushed mentally and physically, everything the coaches ask of players have a reason to make everyone better.
- Players will have an opportunity to work towards the position they want, but ultimately the coaches will decide where a player fits best. Remember that there's more to each position than having the ball (one of eleven, eleven as one).
- Linemen are the most important players on the field, they're our heroes.
- Where and when you play is based on skill, safety, and character; if you're an amazing athlete, but aren't trying to make yourself or your teammates better, then you will lose time on the field.

GAMES / PLAY TIME



Games will be on Wednesdays (aside from the scrimmage and first game) @ 5:15pm.

There are four 9-minute quarters.

For away games, we ride to and from the game on the bus together.

After the main game (varsity team), there will be a scrimmage for the JV team directly after. This game has two 9-minute halves with a running clock.

We will play each team twice, plus a championship game for the #1 and #2 seed, or a consolation game for the #3 and #4 seed (7 total games). JV will get to play this game as well.

Playing time for these games and determination of JV and Varsity come down to safety, skill, and character.

GRADES & BEHAVIORS



- Anyone with an F in any class by Monday @ 3:30 pm will be ineligible for that week's game.
- Any ISS (in school suspension) will result in ineligibility for that week's game.
- Any OSS (out of school suspension) will result in ineligibility for a multitude of games and/or removal from the team.
- Unexcused absences will result in lost playing time. If your athlete will ever miss practices, PARENTS please inform the coaches well ahead of time.
 - Too many excused absences will also result in lost play time (if you're not there, you don't know what's going on).

INJURIES



- Football is a contact sport, and while we teach players proper technique to stay safe, injuries may still happen.
- There is a difference between injured and soreness.
 - If a player has pain that persists, we and the parents should take that seriously and a doctor visit may be necessary.
 - Coaches will provide an injury form, that form needs to be returned or an athlete cannot practice.
 - **IF injured for an extended period of time, being at practice is still mandatory ***
- Concussions:
 - Please refer to the CONCUSSIONS section in your contract.
 - We highly recommend that you contact your health provider to get a baseline concussion test done.

PARENTS



Any parents that wish to volunteer this year:

There will be a **GOOGLE SHEETS** to sign up for the Chain Gang. We need 3 volunteers every home game. These volunteers are pivotal to get the games to start on time.

During games, please refrain from yelling at the referees. Understand that there will always be disagreements with the refs, but allow us as coaches to handle those. We would rather face the consequences than having any family members be banned from KUSD events.

EQUIPMENT



What WE provide:

- Helmet w/ face mask and chin strap
- Shoulder pads
- Knee pads
- Practice jersey & pants
- Game jersey & pants

What YOU provide:

- Padded Girdle (Amazon, Dick's, etc.)
- Mouth guard (buy extra, trust us)
- Athletic clothing (shorts, t-shirts, socks, shoes)
- Water bottle
- Combination Lock
- Shoes with molded cleats (no detachable or metal cleats)

ALL equipment we provide will be expected to be returned at the end of the season. Otherwise you will be charged, prices can be found in the contract.

TEAM CONTRACT



You have all been given team contracts on your way in. Much of the information has been covered in this presentation. Please read through one more time as players and parents.

The contract must be returned by the first practice on Monday, August 10th.

KEY DATES



- All sign ups on Infinite Campus and Physical paperwork due by Friday, August 7th
- Thursday & Friday, July 1-2: Indian Trail Youth Camp from 5:00-7:00 pm
- Monday, August 10th: First practice @ 4:00-6:30 pm
- Thursday, August 27th: Scrimmage (date subject to change)
- Thursday, September 3rd: First Game @ 5:15pm (date subject to change)

All other games will be on Wednesdays @ 5:15pm, full schedule will come to you as soon as it's announced.

SUMMER WORKOUTS



This summer, Coach Alioto and Coach Straka will host summer workouts to help Mahone students stay conditioned over break.

Starting Tuesday, June 23rd: ***Weight Lifting*** in the Mahone Gym every Tues from 6-7:30pm

Starting Thursday, June 25th: ***Outdoor Conditioning*** at the Mahone Field by the bottom parking lot every Thurs from 6-7:30pm

MEDIA DAY



!!NEW TRADITION ALERT!!

This year on picture day (date TBD), we will use a backdrop and allow the players to have fun with their teammates for some “media day” photos.

