

Mahone Track Cut Criteria

Due to the number of students who join track and the limited number of events in which athletes are able to compete, Mahone will be instituting Cut Criteria for the team. All student-athletes are expected to work to their maximum potential and put their best effort into the practice workouts. Missing any/multiple criteria categories is grounds for being cut from the team at the discretion of the coaches.

Sprinters

1. Sprinters must be able to complete full practice workouts at each and every practice.
2. Sprinters must attend practices on a regular/daily basis.

Distance

1. Distance runners must be able to complete full practice workouts at each and every practice.
2. Distance runners must attend practices on a regular/daily basis.

Field Events

1. Field Event participants must be able to complete full practice workouts at each and every practice.
2. Field Event participants must attend practices on a regular/daily basis.

My signature below indicates I have read, understand, and accept the Mahone Track Cut Criteria as stated above.

Parent/Guardian Signature _____ Date _____

Parent/Guardian Name Printed _____

Athlete Signature _____ Date _____

Athlete Name Printed _____