

WK 1

Lake View Tech February 6-10, 2017

	Monday 2/6/17	Tuesday 2/7/17	Wednesday 2/8/17	Thursday 2/9/17	Friday 2/10/17
Entrees	Choose 1 Entrée Daily				
	Mini Corn Dogs	Chicken Nuggets w/Roll	Chicken Teriyaki w/ Rice and Dinner Roll	Taco Bar	Meatball Bomber
	Chicken Patty Sandwich	Hamburger	Garlic Cheese Bread	Mini Corn Dogs	Hamburger
	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls
	Sub Sandwich	Sub Sandwich	Sub Sandwich	Sub Sandwich	Sub Sandwich
	Wrap	Wrap	Wrap	Wrap	Wrap
	Yogurt Parfait	Yogurt Parfait	Yogurt Parfait	Yogurt Parfait	Yogurt Parfait
		Cheeseburger		Spicy Chicken Patty Sandwich	Mini Pizza Bagels
					Cheeseburger
	<i> pudding with all meals</i>		<i> pudding with all meals</i>		
Sides	<i>All Fruits & Veggies are 1/2 c. servings unless otherwise noted</i>				
	Choose up to 2 Veggies plus 2 fruit daily. On Tues & Friday Choose up to 2 Veggies plus 2 Fruit or 1 Fruit & 1 Juice				
	Roasted Potatoes Corn Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Tots Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Sweet Potato Tots Tots Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Roasted Potatoes Refried Beans Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Tots Side Salad Fresh Veggies Fresh Fruit Canned Fruit
Milk	Choose 1 serving per day. Skim white milk, 1 % white milk or Skim Chocolate milk offered daily				

Tech

Average Weekly Totals:
772.52 Kcal
8.00 % Sat. Fat
1102.69 mg NA

This institution is an equal opportunity provider.

WK 2

Lake View Tech February 13-17, 2017

						Monday 2/13/17	Tuesday 2/14/17	Wednesday 2/15/17	Thursday 2/16/17	Friday 2/17/17	
Entrees	Choose 1 Entrée Daily										
	Chipolte Chicken Sandwich	BBQ Pork Rib Sandwich	Pizza Dippers w/Marinara	Chicken Egg Rolls	Turkey & Gravy w/Dinner Roll & Chocolate Chip Gripz						
	Chicken Patty Sandwich	Hamburger	Garlic Cheese Bread	Mini Corn Dogs	Hamburger						
	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls						
	Sub Sandwich	Sub Sandwich	Sub Sandwich	Sub Sandwich	Sub Sandwich						
	Wrap	Wrap	Wrap	Wrap	Wrap						
	Yogurt Parfait	Yogurt Parfait	Yogurt Parfait	Yogurt Parfait	Yogurt Parfait						
		Cheeseburger		Spicy Chicken Patty Sandwich	Mini Pizza Bagels						
					Cheeseburger						
				<i>All Meals Include Pudding Cup</i>							
	Sides	<i>All Fruits & Veggies are 1/2 c. servings unless otherwise noted</i>									
Choose up to 2 Veggies plus 2 fruit daily. On Tues & Friday Choose up to 2 Veggies plus 2 Fruit or 1 Fruit & 1 Juice											
	Baked Beans Roasted Potatoes Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Tots Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Tots Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Roasted Potatoes Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Mashed Potatoes Green Beans Tots Side Salad Fresh Veggies Fresh Fruit Canned Fruit						
Milk	Choose 1 serving per day. Skim white milk, 1 % white milk or Skim Chocolate milk offered daily										

WK 3

Lake View Tech February 20-24, 2017

	Monday 2/20/17	Tuesday 2/21/17	Wednesday 2/22/17	Thursday 2/23/17	Friday 2/24/17	
Entrees	Choose 1 Entrée Daily					
	Hot Dog on a Bun	Macaroni & Cheese w/Dinner Roll	Orange Chicken w/Rice & Roll	Chicken & Mashed Potato Combo w/Dinner Roll	Quesadilla w/salsa	
	Chicken Patty Sandwich	Hamburger	Garlic Cheese Bread	Mini Corn Dogs	Hamburger	
	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls	
	Sub Sandwich	Sub Sandwich	Sub Sandwich	Sub Sandwich	Sub Sandwich	
	Wrap	Wrap	Wrap	Wrap	Wrap	
	Yogurt Parfait	Yogurt Parfait	Yogurt Parfait	Yogurt Parfait	Yogurt Parfait	
		Cheeseburger		Spicy Chicken Patty Sandwich	Mini Pizza Bagels	
					Cheeseburger	
	<i>All Meals Include Pudding Cup</i>			<i>All Meals Include Pudding Cup</i>		
Sides	<i>All Fruits & Veggies are 1/2 c. servings unless otherwise noted</i>					
	Choose up to 2 Veggies plus 2 fruit daily. On Tues & Friday Choose up to 2 Veggies plus 2 Fruit or 1 Fruit & 1 Juice					
	Roasted Potatoes Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Tots Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Tots Bean Salad Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Roasted Potatoes Corn Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Tots Green Beans Side Salad Fresh Veggies Fresh Fruit Canned Fruit	
Milk	Choose 1 serving per day. Skim white milk, 1 % white milk or Skim Chocolate milk offered daily					

Tech

Average Weekly Totals:
762.63 Kcal
9.00 % Sat. Fat
1095.49 mg NA

This institution is an equal opportunity provider.

WK 1

Lake View Tech February 27-March 3, 2017

						Monday 2/27/17	Tuesday 2/28/17	Wednesday 3/1/17	Thursday 3/2/17	Friday 3/3/17
Entrees	Choose 1 Entrée Daily									
	Mini Corn Dogs	Chicken Nuggets w/Roll	Chicken Teriyaki w/ Rice and Dinner Roll	Taco Bar	Meatball Bomber					
	Chicken Patty Sandwich	Hamburger	Garlic Cheese Bread	Mini Corn Dogs	Hamburger					
	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls					
	Sub Sandwich	Sub Sandwich	Sub Sandwich	Sub Sandwich	Sub Sandwich					
	Wrap	Wrap	Wrap	Wrap	Wrap					
	Yogurt Parfait	Yogurt Parfait	Yogurt Parfait	Yogurt Parfait	Yogurt Parfait					
		Cheeseburger		Spicy Chicken Patty Sandwich	Mini Pizza Bagels					
					Cheeseburger					
		<i> pudding with all meals</i>		<i> pudding with all meals</i>						
Sides	<i>All Fruits & Veggies are 1/2 c. servings unless otherwise noted</i>									
	Choose up to 2 Veggies plus 2 fruit daily. On Tues & Friday Choose up to 2 Veggies plus 2 Fruit or 1 Fruit & 1 Juice									
	Roasted Potatoes Corn Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Tots Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Sweet Potato Tots Tots Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Roasted Potatoes Refried Beans Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Tots Side Salad Fresh Veggies Fresh Fruit Canned Fruit					
Milk	Choose 1 serving per day. Skim white milk, 1 % white milk or Skim Chocolate milk offered daily									

Tech

Average Weekly Totals:
772.52 Kcal
8.00 % Sat. Fat
1102.69 mg NA

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WK 2

Lake View Tech March 6-10, 2017

	Monday 3/6/17	Tuesday 3/7/17	Wednesday 3/8/17	Thursday 3/9/17	Friday 3/10/17
Entrees	Choose 1 Entrée Daily				
	Chipolte Chicken Sandwich	BBQ Pork Rib Sandwich	Pizza Dippers w/Marinara	Chicken Egg Rolls	Turkey & Gravy w/Dinner Roll & Chocolate Chip Gripz
	Chicken Patty Sandwich	Hamburger	Garlic Cheese Bread	Mini Corn Dogs	Hamburger
	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls
	Sub Sandwich	Sub Sandwich	Sub Sandwich	Sub Sandwich	Sub Sandwich
	Wrap	Wrap	Wrap	Wrap	Wrap
	Yogurt Parfait	Yogurt Parfait	Yogurt Parfait	Yogurt Parfait	Yogurt Parfait
		Cheeseburger		Spicy Chicken Patty Sandwich	Mini Pizza Bagels
					Cheeseburger
				<i>All Meals Include Pudding Cup</i>	
	Sides	<i>All Fruits & Veggies are 1/2 c. servings unless otherwise noted</i>			
Choose up to 2 Veggies plus 2 fruit daily. On Tues & Friday Choose up to 2 Veggies plus 2 Fruit or 1 Fruit & 1 Juice					
	Baked Beans Roasted Potatoes Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Tots Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Tots Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Roasted Potatoes Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Mashed Potatoes Green Beans Tots Side Salad Fresh Veggies Fresh Fruit Canned Fruit
Milk	Choose 1 serving per day. Skim white milk, 1 % white milk or Skim Chocolate milk offered daily				

WK 3

Lake View Tech March 13-17, 2017

	Monday 3/13/17	Tuesday 3/14/17	Wednesday 3/15/17	Thursday 3/16/17	Friday 3/17/17	
Entrees	17-Mar					
	Hot Dog on a Bun	Macaroni & Cheese w/Dinner Roll	Orange Chicken w/Rice & Roll	Chicken & Mashed Potato Combo w/Dinner Roll	Quesadilla w/salsa	
	Chicken Patty Sandwich	Hamburger	Garlic Cheese Bread	Mini Corn Dogs	Hamburger	
	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls	
	Sub Sandwich	Sub Sandwich	Sub Sandwich	Sub Sandwich	Sub Sandwich	
	Wrap	Wrap	Wrap	Wrap	Wrap	
	Yogurt Parfait	Yogurt Parfait	Yogurt Parfait	Yogurt Parfait	Yogurt Parfait	
		Cheeseburger		Spicy Chicken Patty Sandwich	Mini Pizza Bagels	
					Cheeseburger	
	<i>All Meals Include Pudding Cup</i>			<i>All Meals Include Pudding Cup</i>		
	Sides	<small>All Fruits & Veggies are 1/2 c. servings unless otherwise noted</small>				
Choose up to 2 Veggies plus 2 fruit daily. On Tues & Friday Choose up to 2 Veggies plus 2 Fruit or 1 Fruit & 1 Juice						
	Roasted Potatoes Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Tots Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Tots Bean Salad Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Roasted Potatoes Corn Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Tots Green Beans Side Salad Fresh Veggies Fresh Fruit Canned Fruit	
Milk	Choose 1 serving per day. Skim white milk, 1 % white milk or Skim Chocolate milk offered daily					

Tech

Average Weekly Totals:
762.63 Kcal
9.00 % Sat. Fat
1095.49 mg NA

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WK 1

Lake View Tech March 20-24, 2017

						Monday 3/20/17	Tuesday 3/21/17	Wednesday 3/22/17	Thursday 3/23/17	Friday 3/24/17
Entrees	Choose 1 Entrée Daily									
		Mini Corn Dogs	Chicken Nuggets w/Roll	Chicken Teriyaki w/ Rice and Dinner Roll	Taco Bar	Meatball Bomber				
		Chicken Patty Sandwich	Hamburger	Garlic Cheese Bread	Mini Corn Dogs	Hamburger				
		Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls				
		Sub Sandwich	Sub Sandwich	Sub Sandwich	Sub Sandwich	Sub Sandwich				
		Wrap	Wrap	Wrap	Wrap	Wrap				
		Yogurt Parfait	Yogurt Parfait	Yogurt Parfait	Yogurt Parfait	Yogurt Parfait				
			Cheeseburger		Spicy Chicken Patty Sandwich	Mini Pizza Bagels				
						Cheeseburger				
		<i> pudding with all meals</i>		<i> pudding with all meals</i>						
Sides	<i>All Fruits & Veggies are 1/2 c. servings unless otherwise noted</i>									
	Choose up to 2 Veggies plus 2 fruit daily. On Tues & Friday Choose up to 2 Veggies plus 2 Fruit or 1 Fruit & 1 Juice									
	Roasted Potatoes Corn Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Tots Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Sweet Potato Tots Tots Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Roasted Potatoes Refried Beans Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Tots Side Salad Fresh Veggies Fresh Fruit Canned Fruit					
Milk	Choose 1 serving per day. Skim white milk, 1 % white milk or Skim Chocolate milk offered daily									

Tech

Average Weekly Totals:
772.52 Kcal
8.00 % Sat. Fat
1102.69 mg NA

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WK 2

Lake View Tech March 27-31, 2017

						Monday 3/27/17	Tuesday 3/28/17	Wednesday 3/29/17	Thursday 3/30/17	Friday 3/31/17	
Entrees	Choose 1 Entrée Daily										
	Chipolte Chicken Sandwich	BBQ Pork Rib Sandwich	Pizza Dippers w/Marinara	Chicken Egg Rolls	Turkey & Gravy w/Dinner Roll & Chocolate Chip Gripz						
	Chicken Patty Sandwich	Hamburger	Garlic Cheese Bread	Mini Corn Dogs	Hamburger						
	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls						
	Sub Sandwich	Sub Sandwich	Sub Sandwich	Sub Sandwich	Sub Sandwich						
	Wrap	Wrap	Wrap	Wrap	Wrap						
	Yogurt Parfait	Yogurt Parfait	Yogurt Parfait	Yogurt Parfait	Yogurt Parfait						
		Cheeseburger		Spicy Chicken Patty Sandwich	Mini Pizza Bagels						
					Cheeseburger						
				<i>All Meals Include Pudding Cup</i>							
	Sides	<i>All Fruits & Veggies are 1/2 c. servings unless otherwise noted</i>									
Choose up to 2 Veggies plus 2 fruit daily. On Tues & Friday Choose up to 2 Veggies plus 2 Fruit or 1 Fruit & 1 Juice											
	Baked Beans Roasted Potatoes Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Tots Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Tots Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Roasted Potatoes Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Mashed Potatoes Green Beans Tots Side Salad Fresh Veggies Fresh Fruit Canned Fruit						
Milk	Choose 1 serving per day. Skim white milk, 1 % white milk or Skim Chocolate milk offered daily										

WK 3

Lake View Tech April 3-7, 2017

						Monday 4/3/17	Tuesday 4/4/17	Wednesday 4/5/17	Thursday 4/6/17	Friday 4/7/17
Entrees	Choose 1 Entrée Daily									
	Hot Dog on a Bun	Macaroni & Cheese w/Dinner Roll	Orange Chicken w/Rice & Roll	Chicken & Mashed Potato Combo w/Dinner Roll	Quesadilla w/salsa					
	Chicken Patty Sandwich	Hamburger	Garlic Cheese Bread	Mini Corn Dogs	Hamburger					
	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls					
	Sub Sandwich	Sub Sandwich	Sub Sandwich	Sub Sandwich	Sub Sandwich					
	Wrap	Wrap	Wrap	Wrap	Wrap					
	Yogurt Parfait	Yogurt Parfait	Yogurt Parfait	Yogurt Parfait	Yogurt Parfait					
		Cheeseburger		Spicy Chicken Patty Sandwich	Mini Pizza Bagels					
					Cheeseburger					
	<i>All Meals Include Pudding Cup</i>					<i>All Meals Include Pudding Cup</i>				
Sides	<i>All Fruits & Veggies are 1/2 c. servings unless otherwise noted</i>					Choose up to 2 Veggies plus 2 fruit daily. On Tues & Friday Choose up to 2 Veggies plus 2 Fruit or 1 Fruit & 1 Juice				
	Roasted Potatoes Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Tots Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Tots Bean Salad Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Roasted Potatoes Corn Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Tots Green Beans Side Salad Fresh Veggies Fresh Fruit Canned Fruit					
Milk	Choose 1 serving per day. Skim white milk, 1 % white milk or Skim Chocolate milk offered daily									

Tech

Average Weekly Totals:
762.63 Kcal
9.00 % Sat. Fat
1095.49 mg NA

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WK 1

Lake View Tech April 10-14, 2017

						Monday 4/10/17	Tuesday 4/11/17	Wednesday 4/12/17	Thursday 4/13/17	Friday 4/14/17
Entrees	Choose 1 Entrée Daily									
		Mini Corn Dogs	Chicken Nuggets w/Roll	Chicken Teriyaki w/ Rice and Dinner Roll	Taco Bar	Good Friday				
		Chicken Patty Sandwich	Hamburger	Garlic Cheese Bread	Mini Corn Dogs	Spring Break				
		Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls	April 14-23 No Students Report				
		Sub Sandwich	Sub Sandwich	Sub Sandwich	Sub Sandwich					
		Wrap	Wrap	Wrap	Wrap					
		Yogurt Parfait	Yogurt Parfait	Yogurt Parfait	Yogurt Parfait					
			Cheeseburger		Spicy Chicken Patty Sandwich					
		<i> pudding with all meals</i>		<i> pudding with all meals</i>						
Sides	<i>All Fruits & Veggies are 1/2 c. servings unless otherwise noted</i>									
	Choose up to 2 Veggies plus 2 fruit daily. On Tues & Friday Choose up to 2 Veggies plus 2 Fruit or 1 Fruit & 1 Juice									
	Roasted Potatoes Corn Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Tots Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Sweet Potato Tots Tots Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Roasted Potatoes Refried Beans Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Tots Side Salad Fresh Veggies Fresh Fruit Canned Fruit					
Milk	Choose 1 serving per day. Skim white milk, 1 % white milk or Skim Chocolate milk offered daily									

Tech

Average Weekly Totals:
772.52 Kcal
8.00 % Sat. Fat
1102.69 mg NA

This institution is an equal opportunity provider.

WK 2

Lake View Tech April 24-28, 2017

	Monday 4/24/17	Tuesday 4/25/17	Wednesday 4/26/17	Thursday 4/27/17	Friday 4/28/17
Entrees	Choose 1 Entrée Daily				
	Chipolte Chicken Sandwich	BBQ Pork Rib Sandwich	Pizza Dippers w/Marinara	Chicken Egg Rolls	Turkey & Gravy w/Dinner Roll & Chocolate Chip Gripz
	Chicken Patty Sandwich	Hamburger	Garlic Cheese Bread	Mini Corn Dogs	Hamburger
	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls
	Sub Sandwich	Sub Sandwich	Sub Sandwich	Sub Sandwich	Sub Sandwich
	Wrap	Wrap	Wrap	Wrap	Wrap
	Yogurt Parfait	Yogurt Parfait	Yogurt Parfait	Yogurt Parfait	Yogurt Parfait
		Cheeseburger		Spicy Chicken Patty Sandwich	Mini Pizza Bagels
					Cheeseburger
				<i>All Meals Include Pudding Cup</i>	
Sides	<i>All Fruits & Veggies are 1/2 c. servings unless otherwise noted</i>				
	Choose up to 2 Veggies plus 2 fruit daily. On Tues & Friday Choose up to 2 Veggies plus 2 Fruit or 1 Fruit & 1 Juice				
	Baked Beans Roasted Potatoes Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Tots Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Tots Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Roasted Potatoes Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Mashed Potatoes Green Beans Tots Side Salad Fresh Veggies Fresh Fruit Canned Fruit
Milk	Choose 1 serving per day. Skim white milk, 1 % white milk or Skim Chocolate milk offered daily				

WK 3

Lake View Tech May 1-5, 2017

						Monday 5/1/17	Tuesday 5/2/17	Wednesday 5/3/17	Thursday 5/4/17	Friday 5/5/17	
Entrees	Choose 1 Entrée Daily										
	Hot Dog on a Bun	Macaroni & Cheese w/Dinner Roll	Orange Chicken w/Rice & Roll	Chicken & Mashed Potato Combo w/Dinner Roll	Quesadilla w/salsa						
	Chicken Patty Sandwich	Hamburger	Garlic Cheese Bread	Mini Corn Dogs	Hamburger						
	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls						
	Sub Sandwich	Sub Sandwich	Sub Sandwich	Sub Sandwich	Sub Sandwich						
	Wrap	Wrap	Wrap	Wrap	Wrap						
	Yogurt Parfait	Yogurt Parfait	Yogurt Parfait	Yogurt Parfait	Yogurt Parfait						
		Cheeseburger		Spicy Chicken Patty Sandwich	Mini Pizza Bagels						
					Cheeseburger						
	<i>All Meals Include Pudding Cup</i>			<i>All Meals Include Pudding Cup</i>							
Sides	<i>All Fruits & Veggies are 1/2 c. servings unless otherwise noted</i>										
	Choose up to 2 Veggies plus 2 fruit daily. On Tues & Friday Choose up to 2 Veggies plus 2 Fruit or 1 Fruit & 1 Juice										
Roasted Potatoes Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Tots Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Tots Bean Salad Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Roasted Potatoes Corn Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Tots Green Beans Side Salad Fresh Veggies Fresh Fruit Canned Fruit							
Milk	Choose 1 serving per day. Skim white milk, 1 % white milk or Skim Chocolate milk offered daily										

Tech

Average Weekly Totals:
762.63 Kcal
9.00 % Sat. Fat
1095.49 mg NA

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WK 1

Lake View Tech May 8-12, 2017

						Monday 5/8/17	Tuesday 5/9/17	Wednesday 5/10/17	Thursday 5/11/17	Friday 5/12/17
Entrees	Choose 1 Entrée Daily									
	Mini Corn Dogs	Chicken Nuggets w/Roll	Chicken Teriyaki w/ Rice and Dinner Roll	Taco Bar	Meatball Bomber					
	Chicken Patty Sandwich	Hamburger	Garlic Cheese Bread	Mini Corn Dogs	Hamburger					
	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls					
	Sub Sandwich	Sub Sandwich	Sub Sandwich	Sub Sandwich	Sub Sandwich					
	Wrap	Wrap	Wrap	Wrap	Wrap					
	Yogurt Parfait	Yogurt Parfait	Yogurt Parfait	Yogurt Parfait	Yogurt Parfait					
		Cheeseburger		Spicy Chicken Patty Sandwich	Mini Pizza Bagels					
					Cheeseburger					
		<i> pudding with all meals</i>		<i> pudding with all meals</i>						
Sides	<i>All Fruits & Veggies are 1/2 c. servings unless otherwise noted</i>									
	Choose up to 2 Veggies plus 2 fruit daily. On Tues & Friday Choose up to 2 Veggies plus 2 Fruit or 1 Fruit & 1 Juice									
	Roasted Potatoes Corn Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Tots Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Sweet Potato Tots Tots Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Roasted Potatoes Refried Beans Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Tots Side Salad Fresh Veggies Fresh Fruit Canned Fruit					
Milk	Choose 1 serving per day. Skim white milk, 1 % white milk or Skim Chocolate milk offered daily									

Tech

Average Weekly Totals:
772.52 Kcal
8.00 % Sat. Fat
1102.69 mg NA

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WK 2

Lake View Tech May 15-19, 2017

						Monday 5/15/17	Tuesday 5/16/17	Wednesday 5/17/17	Thursday 5/18/17	Friday 5/19/17	
Entrees	Choose 1 Entrée Daily										
	Chipolte Chicken Sandwich	BBQ Pork Rib Sandwich	Pizza Dippers w/Marinara	Chicken Egg Rolls	Turkey & Gravy w/Dinner Roll & Chocolate Chip Gripz						
	Chicken Patty Sandwich	Hamburger	Garlic Cheese Bread	Mini Corn Dogs	Hamburger						
	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls						
	Sub Sandwich	Sub Sandwich	Sub Sandwich	Sub Sandwich	Sub Sandwich						
	Wrap	Wrap	Wrap	Wrap	Wrap						
	Yogurt Parfait	Yogurt Parfait	Yogurt Parfait	Yogurt Parfait	Yogurt Parfait						
		Cheeseburger		Spicy Chicken Patty Sandwich	Mini Pizza Bagels						
					Cheeseburger						
				<i>All Meals Include Pudding Cup</i>							
Sides	<i>All Fruits & Veggies are 1/2 c. servings unless otherwise noted</i>										
	Choose up to 2 Veggies plus 2 fruit daily. On Tues & Friday Choose up to 2 Veggies plus 2 Fruit or 1 Fruit & 1 Juice										
	Baked Beans Roasted Potatoes Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Tots Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Tots Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Roasted Potatoes Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Mashed Potatoes Green Beans Tots Side Salad Fresh Veggies Fresh Fruit Canned Fruit						
Milk	Choose 1 serving per day. Skim white milk, 1 % white milk or Skim Chocolate milk offered daily										

WK 3

Lake View Tech May 22-26, 2017

		Monday 5/22/17	Tuesday 5/23/17	Wednesday 5/24/17	Thursday 5/25/17	Friday 5/26/17
Entrees	Choose 1 Entrée Daily					
	Hot Dog on a Bun	Macaroni & Cheese w/Dinner Roll	Orange Chicken w/Rice & Roll	Chicken & Mashed Potato Combo w/Dinner Roll	Quesadilla w/salsa	
	Chicken Patty Sandwich	Hamburger	Garlic Cheese Bread	Mini Corn Dogs	Hamburger	
	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls	
	Sub Sandwich	Sub Sandwich	Sub Sandwich	Sub Sandwich	Sub Sandwich	
	Wrap	Wrap	Wrap	Wrap	Wrap	
	Yogurt Parfait	Yogurt Parfait	Yogurt Parfait	Yogurt Parfait	Yogurt Parfait	
		Cheeseburger		Spicy Chicken Patty Sandwich	Mini Pizza Bagels	
					Cheeseburger	
	<i>All Meals Include Pudding Cup</i>			<i>All Meals Include Pudding Cup</i>		
	<i>All Fruits & Veggies are 1/2 c. servings unless otherwise noted</i>					
	Sides	Choose up to 2 Veggies plus 2 fruit daily. On Tues & Friday Choose up to 2 Veggies plus 2 Fruit or 1 Fruit & 1 Juice				
Roasted Potatoes Side Salad Fresh Veggies Fresh Fruit Canned Fruit		Tots Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Tots Bean Salad Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Roasted Potatoes Corn Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Tots Green Beans Side Salad Fresh Veggies Fresh Fruit Canned Fruit	
Milk	Choose 1 serving per day. Skim white milk, 1 % white milk or Skim Chocolate milk offered daily					

Tech

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9.00 % Sat. Fat
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WK 1

Lake View Tech May 29-June 2, 2017

						Monday 5/29/17	Tuesday 5/30/17	Wednesday 5/31/17	Thursday 6/1/17	Friday 6/2/17
Entrees	Choose 1 Entrée Daily									
	Mini Corn Dogs	Chicken Nuggets w/Roll	Chicken Teriyaki w/ Rice and Dinner Roll	Taco Bar	Meatball Bomber					
	Chicken Patty Sandwich	Hamburger	Garlic Cheese Bread	Mini Corn Dogs	Hamburger					
	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls					
	Sub Sandwich	Sub Sandwich	Sub Sandwich	Sub Sandwich	Sub Sandwich					
	Wrap	Wrap	Wrap	Wrap	Wrap					
	Yogurt Parfait	Yogurt Parfait	Yogurt Parfait	Yogurt Parfait	Yogurt Parfait					
		Cheeseburger		Spicy Chicken Patty Sandwich	Mini Pizza Bagels					
					Cheeseburger					
		<i> pudding with all meals</i>		<i> pudding with all meals</i>						
Sides	<i>All Fruits & Veggies are 1/2 c. servings unless otherwise noted</i>									
	Choose up to 2 Veggies plus 2 fruit daily. On Tues & Friday Choose up to 2 Veggies plus 2 Fruit or 1 Fruit & 1 Juice									
	Roasted Potatoes Corn Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Tots Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Sweet Potato Tots Tots Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Roasted Potatoes Refried Beans Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Tots Side Salad Fresh Veggies Fresh Fruit Canned Fruit					
Milk	Choose 1 serving per day. Skim white milk, 1 % white milk or Skim Chocolate milk offered daily									

Tech

Average Weekly Totals:
772.52 Kcal
8.00 % Sat. Fat
1102.69 mg NA

This institution is an equal opportunity provider.

WK 2

Lake View Tech June 5-9, 2017

	Monday 6/5/17	Tuesday 6/6/17	Wednesday 6/7/17	Thursday 6/8/17	Friday 6/9/17
Entrees	Choose 1 Entrée Daily				
	Cooks Choice	Cooks Choice	Cooks Choice	Cooks Choice	No lunches served
Sides	<small>All Fruits & Veggies are 1/2 c. servings unless otherwise noted</small>				
	Choose up to 2 Veggies plus 2 fruit daily. On Tues & Friday Choose up to 2 Veggies plus 2 Fruit or 1 Fruit & 1 Juice				
	Baked Beans Roasted Potatoes Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Tots Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Tots Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Roasted Potatoes Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Mashed Potatoes Green Beans Tots Side Salad Fresh Veggies Fresh Fruit Canned Fruit
Milk	Choose 1 serving per day. Skim white milk, 1 % white milk or Skim Chocolate milk offered daily				

Tech

Average Weekly Totals:
 750.86 Kcal
 8.00 % Sat. Fat
 1191.43 mg NA

This institution is an equal opportunity provider.