

Headstart PreK Menu September 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Labor Day 4	String Cheese Yogurt, 4oz Dinner Roll Fruit Carrots Milk 5	Hamburger MG Bun Tots Apple Slices Milk 6	WG Cheese Quesadilla Salsa Fruit Milk 7	8
Hot Dog MG Bun Tots Fruit Milk 11	Cheese Pizza Cucumber Peaches Milk 12	WG Chicken Nuggets Orange Romaine Salad Milk 13	Soft Shell Taco Tortilla Shell, Beef Shredded Cheese Carrots Applesauce Cup Milk 14	15
Mini Corn Dogs Fruit Broccoli Milk 18	Cheese Pizza Celery Pinapple Milk 19	Pizza Dippers with Marinara Apple Slices Milk 20	Pasta w/meat Sauce Pear Romaine Salad Milk 21	22
Ravioli Celery Pears WG Pretzel Stick Milk 25	Hamburger MG Bun Tots Apple Slices Milk 26	Chicken Nuggets Corn Orange Milk 27	Chicken Teriyaki on Rice carrots Applesauce Cup Milk 28	Menu Subject to Change 29
This institution is an equal opportunity provider.				

Headstart PreK Menu - October 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WG Cheese Quesadilla Broccoli Fruit Cocktail Milk 2	Cheese Pizza Romaine Salad Peaches Milk 3	Topsy Turvy Yogurt, Sting Cheese Pancakes Apple Slices Celery Sticks Milk 4	Chicken and Gravy Mashed Potatoes Pear Giant Goldfish Crax Milk 5	6
Hot Dog on MG Bun Corn Peaches Milk 9	Hamburger on MG Bun Tots Apple Slices Milk 10	WG Chicken nuggets Fruit Cocktail Romaine Salad Milk 11	Soft Shell Taco Tortilla, Beef Shredded Cheese Applesauce Cup Carrots	13
Mini Corn Dogs Pineapple Broccoli Milk 16	Topsy Turvy French Toast Sticks Yogurt Tator Tots Orange Milk 17	Hamburger on MG Bun Tots Apple Slices Milk 18	WG Cheese Quesadilla Salsa Fruit Milk 19	20
Cheese Pizza Celery Pinapple Milk 23	Macaroni & Cheese carrots Fruit Milk 24	Topsy Turvy Yogurt, String Cheese Pancakes Apple Slices Celery Sticks Milk 25	Early Release 26	No Elementary 27
Hot Dog on MG Bun Tots Fruit Milk 30	Cheese Pizza Cucumber Peaches Milk 31			Menu Subject to Change

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Headstart PreK Menu - November 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		WG Chicken Nuggets Orange Romaine Salad Milk 1	Soft Shell Taco Tortilla Shell, Beef Shredded Cheese Carrots, Applesauce Cup Milk 2	3
Mini Corn Dogs Fruit Broccoli Milk 6	Cheese Pizza Celery Pinapple Milk 7	Pizza Dippers with Marinara Apple Slices Milk 8	Pasta w/Meat Sauce Pear Romaine Salad Milk 9	10
Ravioli Celery Pears WG Pretzel Stick Milk 13	Hamburger on MG Bun Tots Apple Slices Milk 14	Chicken Nuggets Orange Milk 15	Corn Chicken Teriyaki on Rice Carrots Applesauce Cup Milk 16	17
Topsy Turvy French Toast Sticks Yogurt Tator Tots Fruit Milk 20	Cheese Pizza Carrots Apple Slices Milk 21	Early Release 22	Thanksgiving Recess 23	Thanksgiving Recess 24
WG Cheese Quesadilla Broccoli Strawberry Cup Milk 27	Cheese Pizza Romaine Salad Peaches Milk 28	Topsy Turvy Yogurt String Cheese Pancakes Apple Slices Sticks Milk 29	Celery Chicken and Gravy Mashed Potatoes Pear Giant Goldfish Crax Milk 30	Menu Subject to Change

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Headstart PreK Lunch Menu - December 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Hot Dog ON MG Bun Corn Peaches Milk 4	Hamburger on MG Bun Tots Apple Slices Milk 5	WG Chicken nuggets Fruit Cocktail Romaine Salad Milk 6	Soft Shell Taco Tortilla Beef Shredded Cheese Applesauce Cup Carrots Milk 7	8
Mini Corn Dogs Pineapple Broccoli Milk 11	French Toast Sticks Yogurt Tator Tots Syrup Orange Milk 12	Hamburger on MG Bun Tots Apple Slices Milk 13	WG Cheese Quesadilla Salsa Fruit Milk 14	15
Yogurt String Cheese Pancakes Strawberry Cup Celery Sticks Milk 18	Cheese Pizza Romaine Salad Peaches Milk 19	Winter Recess 2017- 2018 20	21	Menu Subject to Change
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Headstart Pre K Lunch Menu - January 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Cheese Pizza Cucumber Applesauce cup Milk	WG Chicken Nuggets Fruit Romaine Salad Milk	
1	2	3	4	5
Mini Corn Dogs Fruit Broccoli Milk	Cheese Pizza Celery Pineapple Milk	Pizza Dippers with Marinara Apple Slices Milk	Pasta w/Meat Sauce Pear Romaine Salad Milk	
8	9	10	11	12
District Closed Martin Luther King Jr. Day	Ravioli Celery, Pear WG Pretzel Stick Milk	Hamburger on MG Bun Tots Apple Slices Milk	Chicken Nuggets Corn Orange Milk	
15	16	17	18	19
WG Cheese Quesadilla Broccoli Fruit Cocktail Milk	Cheese Pizza Romaine Salad Peaches Milk	Topsy Turvy Yogurt, String Cheese Pancakes Apple Slices Celery Sticks Milk	Chicken and Gravy Mashed Potatoes Pear Giant Goldfish Crax Milk	
22	23	24	25	26
Hot Dog on MG Bun Corn Peaches Milk	Hamburger on MG Bun Tots Apple Slices Milk	WG Chicken nuggets Fruit Cocktail Romaine Salad Milk		
29	30	31		Menu Subject to Change

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Headstart PreK Lunch Menu - February 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			Soft Shell Taco Tortilla Beef Shredded Cheese Applesauce Cup Carrots	2
Mini Corn Dogs Pineapple Broccoli Milk 5	Topsy Turvy French Toast Sticks Yogurt Tator Tots, Orange Milk 6	Hamburger on MG Bun Tots Apple Slices Milk 7	WG Cheese Quesadilla Salsa Fruit Milk 8	9
Hot Dog on MG Bun Tots Fruit Milk 12	Cheese Pizza Cucumber Peaches Milk 13	WG Chicken Nuggets Orange Romaine Salad Milk 14	Soft Shell Taco Tortilla Shell, Beef Shredded Cheese Carrots Applesauce Cup Milk 15	16
Mini Corn Dogs Fruit Broccoli Milk 19	Cheese Pizza Celery Pineapple Milk 20	Pizza Dippers Marinara Apple Slices Milk 21	Early Release 22	23
Ravioli Celery Pears WG Pretzel Stick Milk 26	Hamburger on MG Bun Tots Apple Slices Milk 27	Chicken Nuggets Corn Orange Milk 28		Menu Subject to Change

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Headstart PreK Lunch Menu - March 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			Chicken Teriyaki on Rice carrots Applesauce Cup Milk 1	2
WG Cheese Quesadilla Broccoli Fruit Cocktail Milk 5	Cheese Pizza Romaine Salad Peaches Milk 6	Topsy Turvy Yogurt, String Cheese Pancakes Apple Slices Celery Sticks Milk 7	Chicken and Gravy Mashed Potatoes Pear Giant Goldfish Crax Milk 8	9
Hot Dog on Bun Corn Peaches Milk 12	Hamburger on MG Bun Tots Apple Slices Milk 13	WG Chicken nuggets Fruit Cocktail Romaine Salad Milk 14	Soft Shell Taco Tortilla, Beef Shredded Cheese Applesauce Carrots	16
Mini Corn Dogs Pineapple Broccoli Milk 19	Topsy Turvy French Toast Sticks Yogurt Tots Orange Milk 20	Hamburger on MG Bun Tots Apple Slices Milk 21	WG Cheese Quesadilla Salsa Fruit Milk 22	23
Hot Dog on MG Bun Tots Fruit Milk 26	Cheese Pizza Cucumber Peaches Milk 27	WG Chicken Nuggets Orange Romaine Salad Milk 28	Soft Shell Taco Tortilla Shell, Beef Shredded Cheese Carrots Apple Slices Milk 29	Menu Subject to Change

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Headstart PreK Menu - April 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Spring Break 2	Spring Break 3	Spring Break 4	Spring Break 5	Spring Break 6
Mini Corn Dogs Fruit Cup Broccoli Milk 9	Cheese Pizza Celery Pinapple Milk 10	Pizza Dippers with Marinara Apple Slices Milk 11	Pasta w/Meat Sauce Pear Romaine Salad Milk 12	
Ravioli Celery Pears WG Pretzel Stick Milk 16	Hamburger on MG Bun Tots Apple Slices Milk 17	Chicken Nuggets Corn Orange Milk 18	Chicken Teriyaki on Rice Carrots Applesauce Cup Milk 19	
WG Cheese Quesadilla Broccoli Fruit Cocktail Milk 23	Cheese Pizza Romaine Salad Peaches Milk 24	Topsy Turvy Yogurt String Cheese Pancakes Apple Slices Celery Sticks Milk 25	Chicken and Gravy Mashed Potatoes Pear Giant Goldfish Crax Milk 26	
Hot Dog on MG Bun Corn peaches Milk 30				

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Headstart PreK Lunch Menu - May 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Hamburger on MG Bun Tots Apple Slices Milk 1	WG Chicken nuggets Fruit Cocktail Romaine Salad Milk 2	Soft Shell Taco Tortilla, Beef Shredded Cheese Applesauce Cup Carrots 4	
Mini Corn Dogs Pineapple Broccoli Milk 7	French Toast Sticks Yogurt Tator Tots Orange Milk 8	Hamburger on MG Bun Tots Apple Slices Milk 9	WG Cheese Quesadilla Salsa Fruit Milk 10	11
Hot Dog on MG Bun Tots Fruit Milk 14	Cheese Pizza Cucumber Peaches Milk 15	WG Chicken Nuggets Orange Romaine Salad Milk 16	Soft Shell Taco Tortilla Shell, Beef Shredded Cheese Carrots Applesauce Cup Milk 17	18
Mini Corn Dogs Fruit Broccoli Milk 21	Cheese Pizza Celery Pinapple Milk 22	Pizza Dippers with Marinara Apple Slices Milk 23	Pasta w/Meat Sauce Pear Romaine Salad Milk 24	25
Memorial Day 28	Hamburger on MG Bun Tots Apple Slices Milk 29	Chicken Nuggets Strawberry Cup Milk 30	Corn Chicken Teriyaki on Rice Carrots Applesauce Cup Milk 31	Menu Subject to Change

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Headstart PreK Lunch June 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WG Cheese Quesadilla Broccoli Fruit Cocktail Milk 4	Cheese Pizza Romaine Salad Peaches Milk 5	Topsy Turvy Yogurt String Cheese Pancakes Apple Slices Celery Sticks Milk 6	Chicken and Gravy Mashed Potatoes Pear Giant Goldfish Crax Milk 7	Menu Subject to Change 8

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