


# May Lunch Menu \*Meals Subject to Change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Weekly Average
	<p>1 <b>Choice A</b> Cheeseburger on MG Bun Tator Tots Carrot Coins Apple Slices</p> <p><b>Choice B</b> Veggie Cheeseburger on MG Bun Tator Tots Carrot Coins Apple Slices</p>	<p>2 <b>Choice A</b> Chicken Nuggets WG Pretzel Stick Fruit Cocktail Romaine Salad w/Tomatoes</p> <p><b>Choice B</b> Cheese &amp; Crackers Fruit Cocktail Romaine Salad w/ Tomatoes</p>	<p>3 <b>Choice A</b> Soft Shell Taco Beef &amp; Shredded Cheese Black Bean Salsa Apple Slices Giant Goldfish Graham Cracker</p> <p><b>Choice B</b> Bean &amp; Cheese Burrito Black Bean Salsa Carrots Apple Slices Giant Goldfish Graham Cracker</p>	<p>4 *Ham &amp; Cheese Sandwich Carrots Cucumbers Chilled Fruit</p> <p>No Vegetarian Meal</p>	<p><u>Calories</u> 605.39</p> <p><u>Saturated Fat</u> 9.0%</p> <p><u>NA</u> 1051.17mg</p>
<p>7 <b>Choice A</b> Mini Corn Dogs Baked Beans Pineapple Broccoli</p> <p><b>Choice B</b> Pizza Dippers w/ Marinara Pineapple Broccoli Hummus</p>	<p>8 <b>Topsy Turvy</b> French Toast Sticks Syrup Tator Tots Orange Cucumbers</p>	<p>9 <b>Choice A</b> Hamburger on MG Bun Tator Tots Carrot Coins Apple Slices</p> <p><b>Choice B</b> Veggie Burger on MG Bun Tator Tots Carrot Coins Apple Slices</p>	<p>10 Cheese Quesadilla Salsa Carrot Sticks Chilled Fruit</p>	<p>11 Turkey &amp; Cheese Sandwich Zucchini Coins Cherry Tomatoes Chilled Fruit</p> <p>No Vegetarian Meal</p>	<p><u>Calories</u> 586.48</p> <p><u>Saturated Fat</u> 8.0%</p> <p><u>NA</u> 966.95mg</p>
<p>14 <b>Choice A</b> Hot Dog on MG Bun Tator Tots Celery Sticks Chilled Fruit</p> <p><b>Choice B</b> Grilled Cheese Tator Tots Celery Sticks Chilled Fruit</p>	<p>15 Cheese Pizza Carrot Sticks Cucumbers Chilled Peaches</p>	<p>16 <b>Choice A</b> Chicken Nuggets WG Pretzel Sticks Orange Romaine Salad w/ tomatoes</p> <p><b>Choice B</b> String Cheese &amp; Crackers Orange Romaine Salad w/ tomatoes</p>	<p>17 <b>Choice A</b> Soft Shell Taco Beef, Shredded Cheese Black Bean Salsa Apple Slices Giant Goldfish Graham Cracker</p> <p><b>Choice B</b> Bean &amp; Cheese Burrito Carrot Sticks Black Bean Salsa Apple Slices Giant Goldfish Graham Cracker</p>	<p>18 <b>Munchable Lunch</b> String Cheese Yogurt Dinner Roll Grapes Carrot Coins Celery Sticks</p> <p>No Vegetarian Meal</p>	<p><u>Calories</u> 587.29</p> <p><u>Saturated Fat</u> 9.0%</p> <p><u>NA</u> 906.59mg</p>
<p>21 <b>Choice A</b> Mini Corn Dogs Tator Tots Broccoli Chilled Fruit</p> <p><b>Choice B</b> Pancakes Veggie Sausage Patty Tots Chilled Fruit Broccoli</p>	<p>22 Cheese Pizza Cherry Tomatoes Celery Pineapple</p>	<p>23 Pizza Dippers w/ Marinara Apple Slices Bean Salad</p>	<p>24 <b>Choice A</b> Pasta w/ Meat Sauce Pear Romaine Salad <b>Happy Birthday Cupcake</b></p> <p><b>Choice B</b> Pasta w/ Marinara and Cheese Pear Romaine Salad <b>Happy Birthday Cupcake</b></p>	<p>25</p>	<p><u>Calories</u> 595.34kcal</p> <p><u>Saturated Fat</u> 9.0% Sat Fat</p> <p><u>NA</u> 938.34 mg NA</p>
<p>28 Memorial Day</p> 	<p>29 <b>Choice A</b> Hamburger on MG Bun Tator Tots Carrot Coins Apple Slices</p> <p><b>Choice B</b> Veggie Burger on MG Bun Tator Tots Carrot Coins Apple Slices</p>	<p>30 <b>Choice A</b> Chicken Nuggets Corn Bean Salad Strawberry Cup</p> <p><b>Choice B</b> Grilled Cheese Tator Tots Bean Salad Strawberry Cup</p>	<p>31 <b>Choice A</b> Chicken Teriyaki on Rice Broccoli Carrots Grapes Giant Goldfish Graham Cracker</p> <p><b>Choice B</b> Sunbutter Sandwich Broccoli Carrots Grapes Giant Goldfish Graham Cracker</p>	<p>All breads, tortillas, pancakes, pastas etc. are whole grain rich.</p> <p>*Contains Pork</p> <p>Skim White, Skim Chocolate, and 1% White Milk available daily.</p> <p>A variety of low-fat or fat-free condiments (ranch, French, mustard, ketchup, BBQ, honey mustard) are available daily.</p>	