


April Lunch Menu *Meals Subject to Change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Weekly Average
2 Spring Break	3 Spring Break	4 Spring Break 	5 Spring Break	6 Spring Break	Calories Saturated Fat NA
9 Choice A Mini Corn Dogs Tator Tots Fruit Cup Broccoli Choice B Pancakes, Syrup Veggie Sausage Patty Tator Tots Fruit Cup Broccoli	10 Cheese Pizza Cucumbers Cherry Tomatoes Chilled Pineapple	11 Pizza Dippers w/ Marinara Apple Slices Bean Salad	12 Choice A Shells w/ Meat Sauce Romaine Salad Pear Happy Birthday Cupcake Choice B Shells w/ Marinara Sauce Shredded Cheese Romaine Salad Pear Happy Birthday Cupcake	13 *Ham & Cheese Sandwich Carrot & Zucchini Coins Chilled Fruit No Vegetarian Menu	Calories 595.34 kcal Saturated Fat 9.0% Sat Fat NA 938.34 mg NA
16 Choice A Ravioli Cherry Tomatoes Celery Chilled Pears Pretzel Stick Choice B Mini Cheese Pizza Bagels Cherry Tomatoes Celery Chilled Pears	17 Choice A Hamburger on Bun Tator Tots Carrot Coins Apple Slices Choice B Veggie Burger on Bun Tator Tots Carrot Coins Apple Slices	18 Choice A Chicken Nuggets Corn Bean Salad Fresh Orange Choice B Grilled Cheese Sandwich Tator Tots Bean Salad Fresh Orange	19 Choice A Chicken Teriyaki on Rice Broccoli Carrots Grapes Giant Goldfish Graham Cracker Choice B Sun Butter Sandwich Broccoli Carrots Grapes Giant Goldfish Graham Cracker	20 Turkey & Cheese Sandwich Zucchini Coins Cherry Tomatoes Chilled Fruit No Vegetarian Menu	Calories 583.81 kcal Saturated Fat 8.0% Sat Fat NA 1019.59mg NA
23 Cheese Quesadilla Black Bean Salsa Broccoli Fruit Cocktail	24 Cheese Pizza Romaine Salad Cherry Tomatoes Chilled Peaches	25 Topsy Turvy Yogurt Pancakes Syrup Apple Slices Carrot Sticks Celery Sticks	26 Choice A Chicken & Gravy Mashed Potatoes Fresh Pear Celery Sticks Giant Goldfish Graham Cracker Happy Birthday Cupcake Choice B Southwest Veggie Bowl Fresh Pear Celery Sticks Giant Goldfish Graham Cracker Happy Birthday Cupcake	27 Munchable Lunch String Cheese Yogurt Dinner Roll Grapes Carrot Coins Zucchini	Calories 623.47kcal Saturated Fat 7.00% NA 855.12mg
30 Choice A Hot Dog on MG Bun Corn Celery Sticks Chilled Peaches Choice B Grilled Cheese Tator Tots Celery Sticks Chilled Peaches	Skim White, Skim Chocolate, and 1% White Milk available daily. A variety of low-fat or fat-free condiments (ranch, French, mustard, ketchup, BBQ, honey mustard) are available daily.	All breads, tortillas, pancakes, pastas etc. are whole grain rich. *Contains Pork			